

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
M	1	Goerke, Nils	73 Triabolos Hamburg	0:16:44 h	1	0:44:48 h	1	1:01:32 h	1	0:36:54 h	1	1:38:26,7 h	M AK 4	1
M	2	Deneke, Tilman	78 Kaifu Tri Team	0:17:43 h	3	0:49:49 h	18	1:07:32 h	3	0:39:26 h	4	1:46:58,3 h	M AK 3	4
B	3	Langfeld, Peter	72 BSG Siemens	0:18:27 h	7	---	---	---	---	---	---	1:47:09,0 h	M AK 4	6
	4	Wiebe, Nicholas	75 PSV Eutin	0:17:42 h	2	0:51:54 h	36	1:09:36 h	21	0:37:37 h	2	1:47:13,5 h	M AK 4	9
M	5	Glück, Christian	81 TT HSU Hamburg	0:18:08 h	4	0:51:15 h	31	1:09:23 h	16	0:39:03 h	3	1:48:26,8 h	M AK 2	64
M	6	Uhlrich, Christian	72 Tri-Michels Hamburg	0:18:12 h	5	0:50:44 h	26	1:08:56 h	7	0:39:53 h	5	1:48:49,3 h	M AK 4	231
M	7	Dicke, Benjamin	83 Tri Michels Hamburg	---	---	---	---	1:06:24 h	2	0:42:39 h	16	1:49:03,4 h	M AK 2	206
M	8	Radke, Dirk	68 Kaifu Tri Team Hamburg	---	---	---	---	1:08:53 h	6	0:40:38 h	7	1:49:31,0 h	M Sen1	10
M	9	tychsen, frederik	75 Tri Michels Hamburg	---	---	---	---	1:07:38 h	4	0:42:25 h	15	1:50:03,5 h	M AK 4	180
M	10	gehrke, stefan	72 Triabolos Hamburg e.V.	0:19:30 h	9	0:48:21 h	6	1:07:51 h	5	0:42:20 h	13	1:50:11,8 h	M AK 4	91
M	11	Hoffmann, Lennart	81 Kaifu Tri Team	0:18:21 h	6	0:50:44 h	25	1:09:05 h	8	0:41:32 h	9	1:50:37,4 h	M AK 2	75
M	12	Hüppe, Stefan	69 TSH Team Bergamont	0:19:04 h	8	0:50:20 h	22	1:09:24 h	17	0:41:56 h	10	1:51:20,4 h	M Sen1	156
M	13	Schröder, Björn	81 Triabolos Triathlon Hamburg	0:19:31 h	10	0:50:31 h	23	1:10:02 h	22	0:41:21 h	8	1:51:23,3 h	M AK 2	54
	14	Ludewig, Frithjof	84 SG Zoll	0:20:27 h	19	0:49:04 h	10	1:09:31 h	18	0:42:10 h	12	1:51:41,2 h	M AK 2	102
M	15	Jacobsen, Thilo	73 Tri Michels Hamburg e.V.	0:19:50 h	13	0:49:26 h	14	1:09:16 h	14	0:43:28 h	18	1:52:44,8 h	M AK 4	40
B	16	Kohlmann, Carsten	65 BSG NDR	0:20:45 h	26	0:48:33 h	8	1:09:18 h	15	0:44:10 h	22	1:53:28,0 h	M Sen2	119
	17	Niedieck, Olav	69 SG Wasserratten Norderstedt	0:21:49 h	59	0:47:17 h	2	1:09:06 h	9	0:44:24 h	26	1:53:30,7 h	M Sen1	69
	18	Lauk, Jörn	60 SG Wasserratten Norderstedt	0:19:48 h	12	0:49:27 h	15	1:09:15 h	12	0:44:28 h	29	1:53:43,1 h	M Sen3	60
	19	Engel, Dirk	66 Möllner SV	0:20:43 h	24	0:48:51 h	9	1:09:34 h	20	0:44:25 h	27	1:53:59,8 h	M Sen1	133
	20	Bruhn, Marc	75 SG Wasserratten Norderstedt	0:20:46 h	27	0:48:30 h	7	1:09:16 h	13	0:44:59 h	34	1:54:15,1 h	M AK 4	162
M	21	Klingemann, Werner	59 Triabolos Triathlon Hamburg	0:20:02 h	15	0:51:10 h	30	1:11:12 h	28	0:43:23 h	17	1:54:35,7 h	M Sen3	96
M	22	Schlüter, Bernd	63 Triabolos Hamburg	0:21:20 h	42	0:49:37 h	17	1:10:57 h	25	0:43:54 h	20	1:54:51,7 h	M Sen2	255
M	23	Reimer, Henrik	87 Kaifu Tri Team	0:21:23 h	46	0:47:49 h	4	1:09:12 h	11	0:45:59 h	38	1:55:11,1 h	M AK 1	138
M	24	houtrouw, enno	77 tri-michels hamburg	0:20:32 h	23	0:50:16 h	21	1:10:48 h	23	0:44:34 h	31	1:55:22,6 h	M AK 3	137
M	25	Wetzel, Ingo	64 Triabolos Hamburg	0:21:41 h	51	0:47:28 h	3	1:09:09 h	10	0:46:19 h	40	1:55:28,9 h	M Sen2	236
	26	Bruhnke, Olaf	69 Medeco Klinik Hamburg	0:20:03 h	16	0:53:17 h	52	1:13:20 h	40	0:42:22 h	14	1:55:42,8 h	M Sen1	186
	27	Ziegler, Jan	65 USC Kiel	0:20:28 h	20	0:52:31 h	45	1:12:59 h	38	0:44:00 h	21	1:56:59,8 h	M Sen2	244
	28	Pietschak, Bernd	75 TSH Team Bergamont	0:21:19 h	41	0:48:13 h	5	1:09:32 h	19	0:47:31 h	59	1:57:03,5 h	M AK 4	7
M	29	Bergau, Lars	78 Triathlon Team Hamburg e.V.	0:20:25 h	18	0:52:30 h	43	1:12:55 h	36	0:44:19 h	25	1:57:14,5 h	M AK 3	17
M	30	Heller, Hauke	89 Triabolos Hamburg e.V.	0:19:31 h	11	0:57:32 h	96	1:17:03 h	67	0:40:33 h	6	1:57:36,7 h	M AK 1	52
M	31	Lupke, Anne	80 Triabolos Hamburg	0:20:44 h	25	0:50:38 h	24	1:11:22 h	30	0:46:29 h	41	1:57:51,1 h	W AK 3	14
M	32	Hinterberg, Dominik	65 Triabolos Hamburg e.V.	0:21:33 h	48	0:49:19 h	11	1:10:52 h	24	0:46:59 h	48	1:57:51,5 h	M Sen2	30
	33	Wilde, Peter	81 Team Velocifer	0:20:56 h	30	0:53:30 h	56	1:14:26 h	46	0:43:45 h	19	1:58:11,5 h	M AK 2	237
	34	Klewer, Michael	77 Tri Fun Güstrow	0:21:42 h	53	0:51:53 h	35	1:13:35 h	42	0:44:41 h	32	1:58:16,0 h	M AK 3	110
	35	Brell, Michael	65 SG Wasserratten Norderstedt	0:21:49 h	58	0:49:19 h	12	1:11:08 h	26	0:47:13 h	52	1:58:21,4 h	M Sen2	65
	36	Brüggmann, Frank	66 triabolos	0:20:04 h	17	0:54:31 h	64	1:14:35 h	50	0:44:13 h	23	1:58:48,1 h	M Sen1	215
	37	Hein, Timo	76 Tri-EMTV	0:21:02 h	35	0:53:25 h	54	1:14:27 h	47	0:44:34 h	30	1:59:01,7 h	M AK 3	129
	38	Schneider, Sebastian	68 Tri Michels Hamburg	0:20:01 h	14	0:57:07 h	92	1:17:08 h	71	0:41:58 h	11	1:59:06,2 h	M Sen1	230
M	39	Faix, Stefan	68 FC St. Pauli Triathlon	0:21:32 h	47	0:49:37 h	16	1:11:09 h	27	0:48:03 h	63	1:59:12,6 h	M Sen1	174
M	40	Popanda, Kai	67 Triabolos Hamburg e.V.	0:21:15 h	38	0:51:09 h	29	1:12:24 h	32	0:47:09 h	50	1:59:33,7 h	M Sen1	41

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
B	41 Kairies, Matthias Christoph	72	BSG Commerzbank Hamburg	0:22:15 h	70	0:49:57 h	19	1:12:12 h	31	0:47:28 h	57	1:59:40,0 h	M AK 4	131
M	42 Roeger, Frank	68	Kaifu Tri Team	0:21:22 h	44	0:51:07 h	28	1:12:29 h	33	0:47:20 h	55	1:59:49,7 h	M Sen1	256
M	43 Koziol, Rüdiger	65	Triabolos Hamburg e.V.	0:21:55 h	65	0:49:20 h	13	1:11:15 h	29	0:48:38 h	70	1:59:53,9 h	M Sen2	78
	44 Lierow, Wolfgang	70	BSG Otto	0:20:31 h	22	0:52:18 h	41	1:12:49 h	35	0:47:15 h	54	2:00:04,7 h	M Sen1	184
M	45 vom Hofe, Björn	79	Tri Michels Hamburg	0:21:18 h	40	0:51:38 h	33	1:12:56 h	37	0:47:15 h	53	2:00:11,3 h	M AK 3	109
M	46 Ihns, Thomas	62	Tri Michels	0:21:17 h	39	0:51:48 h	34	1:13:05 h	39	0:47:11 h	51	2:00:16,0 h	M Sen2	176
M	47 Kaminsky, Thorsten	70	Triabolos Hamburg e.V.	0:20:30 h	21	0:53:29 h	55	1:13:59 h	43	0:46:30 h	42	2:00:29,2 h	M Sen1	18
M	48 Hübner, Julia	82	Mach3Sportzentrum	0:22:24 h	73	0:52:05 h	37	1:14:29 h	48	0:46:34 h	44	2:01:03,1 h	W AK 2	224
B	49 Milewski, Marek	67	BSG SG Stern	0:22:25 h	74	0:50:10 h	20	1:12:35 h	34	0:48:44 h	71	2:01:19,8 h	M Sen1	68
M	50 Studt, Oliver	69	HNT-Triathlon	0:21:00 h	32	0:55:44 h	82	1:16:44 h	62	0:44:53 h	33	2:01:37,6 h	M Sen1	253
M	51 Schaar, Bjoern	71	TSG Bergedorf Tri Bandits	0:22:03 h	66	0:52:37 h	46	1:14:40 h	51	0:47:01 h	49	2:01:41,7 h	M AK 4	192
	52 Gerlach, Stephan	72	Tri-Michels Hamburg	0:21:01 h	33	0:55:37 h	81	1:16:38 h	61	0:45:09 h	35	2:01:47,9 h	M AK 4	105
M	53 Behrens, Christopher	84	Tri Michels Hamburg	0:21:01 h	34	0:55:05 h	75	1:16:06 h	54	0:45:46 h	37	2:01:52,9 h	M AK 2	191
	54 Hümmecke, Manfred	53	Tri Team TuS Holtenau	0:21:06 h	36	0:55:56 h	84	1:17:02 h	64	0:45:28 h	36	2:02:30,5 h	M Sen4	93
M	55 Klein, Ruediger	77	Triabolos Triathlon Hamburg	0:21:48 h	56	0:52:59 h	48	1:14:47 h	52	0:47:54 h	62	2:02:41,6 h	M AK 3	167
M	56 Bück, Christian	81	TS-Harburg Team Bergamont	0:22:29 h	76	0:51:02 h	27	1:13:31 h	41	0:49:20 h	82	2:02:51,9 h	M AK 2	248
	57 Meier, René	77	Triabolos Hamburg	0:22:43 h	84	0:51:37 h	32	1:14:20 h	44	0:48:52 h	75	2:03:12,0 h	M AK 3	265
M	58 Seemann, Gunar	77	TuS Holstein-Quickborn	0:22:09 h	68	0:55:15 h	76	1:17:24 h	78	0:46:02 h	39	2:03:26,4 h	M AK 3	20
M	59 Bruszauskas, Ralf	80	Triabolos Hamburg	0:21:22 h	45	0:54:52 h	71	1:16:14 h	57	0:47:29 h	58	2:03:43,9 h	M AK 3	234
	60 Neumann, Uwe	73	Team Erdinger Alkoholfrei	0:21:41 h	52	0:55:26 h	77	1:17:07 h	70	0:46:42 h	47	2:03:49,5 h	M AK 4	38
B	61 Baur, Gernot	64	BSG SG Stern	0:21:14 h	37	0:53:09 h	49	1:14:23 h	45	0:49:54 h	89	2:04:17,7 h	M Sen2	67
	62 Beerbaum, sonja	72	Trisport Schwerin	0:20:49 h	28	0:55:31 h	80	1:16:20 h	58	0:48:04 h	64	2:04:24,3 h	W AK 4	13
B	63 Marten, Dieter	57	BSG NDR	0:20:58 h	31	0:59:05 h	118	1:20:03 h	94	0:44:26 h	28	2:04:29,9 h	M Sen3	123
	64 Fröhling, Thomas	68	Hamburger Laufladen	0:21:50 h	61	0:54:33 h	65	1:16:23 h	59	0:48:08 h	65	2:04:31,1 h	M Sen1	45
M	65 Wagner, Steve	81	Triathlon Triabolos Hamburg	0:23:46 h	103	0:53:16 h	51	1:17:02 h	65	0:47:50 h	61	2:04:52,1 h	M AK 2	158
B	66 Pfefferkorn, Julien	80	BSG Airbus HH	0:23:11 h	92	0:54:00 h	59	1:17:11 h	74	0:47:43 h	60	2:04:54,5 h	M AK 3	24
	67 Jacobsen, Matthias	65	Wasserratten	0:21:52 h	62	0:52:42 h	47	1:14:34 h	49	0:50:33 h	95	2:05:07,4 h	M Sen2	11
	68 Urbatsch, Markus	68	Hamburg	0:21:20 h	43	0:59:40 h	124	1:21:00 h	102	0:44:16 h	24	2:05:16,8 h	M Sen1	261
M	69 Thom, Marcus	69	TSH Team Bergamont	0:21:45 h	54	0:54:06 h	60	1:15:51 h	53	0:49:31 h	83	2:05:22,3 h	M Sen1	196
M	70 Cotterell, Maike	73	Lebensfitness	0:22:23 h	71	0:54:45 h	69	1:17:08 h	72	0:48:27 h	67	2:05:35,7 h	W AK 4	235
	71 Hentzien, René	69	Vaf Hamburg	0:24:05 h	112	0:54:56 h	73	1:19:01 h	86	0:47:21 h	56	2:06:22,1 h	M Sen1	139
B	72 Ahrens, Reiner	60	BSG Generali	0:24:08 h	117	0:53:20 h	53	1:17:28 h	79	0:49:00 h	78	2:06:28,3 h	M Sen3	58
M	73 Pfaffe, Andreas	62	Tri Michels Hamburg	0:20:55 h	29	0:59:01 h	117	1:19:56 h	93	0:46:38 h	46	2:06:34,7 h	M Sen2	233
M	74 Goetze, Kay	77	Triabolos Hamburg e.V.	0:21:34 h	49	0:56:25 h	87	1:17:59 h	82	0:48:44 h	72	2:06:43,3 h	M AK 3	77
	75 Diekmann, Dennis	82	Hamburg	0:23:35 h	100	0:56:39 h	88	1:20:14 h	96	0:46:33 h	43	2:06:47,4 h	M AK 2	115
M	76 Helbig, Leana	81	Triabolos Triathlon Hamburg	0:21:48 h	57	0:58:27 h	108	1:20:15 h	97	0:46:36 h	45	2:06:51,2 h	W AK 2	98
	77 Sandmann, Lars	75	Hamburg	0:22:25 h	75	0:54:40 h	67	1:17:05 h	68	0:49:48 h	86	2:06:53,8 h	M AK 4	160
	78 Hummel, Frank	66	Tri-Bandits TSG Bergedorf	0:23:53 h	106	0:53:13 h	50	1:17:06 h	69	0:49:57 h	91	2:07:03,1 h	M Sen1	262
M	79 Steinkühler, Thomas	57	TuS Holstein Quickborn	0:22:42 h	83	---	---	---	---	---	---	2:07:12,7 h	M Sen3	227
	80 Notemann, Thomas	67	Kaifu TriTeam	0:23:05 h	89	0:54:10 h	61	1:17:15 h	76	0:50:02 h	92	2:07:17,5 h	M Sen1	82

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.	
	81	Kasper, Matthias	64	TT HSU Hamburg BW	0:23:15 h	94	0:53:46 h	58	1:17:01 h	63	0:50:25 h	94	2:07:26,5 h	M Sen2	189
M	82	Prätsch, Dr. Ulrich	47	TSG Bergedorf	0:23:51 h	105	0:52:17 h	40	1:16:08 h	55	0:51:31 h	102	2:07:39,0 h	M Sen5	47
	83	Kahlke, Ulf	64	Triabolos Hamburg	0:22:30 h	77	0:53:42 h	57	1:16:12 h	56	0:51:31 h	103	2:07:43,7 h	M Sen2	264
B	84	Reuschlein, Katja	78	BSG Beiersdorf	0:21:54 h	64	0:57:39 h	98	1:19:33 h	90	0:48:12 h	66	2:07:45,8 h	W AK 3	106
M	85	Uhlig, Vanessa	78	Kaifu Tri Team e.V.	0:23:14 h	93	0:54:30 h	63	1:17:44 h	80	0:50:12 h	93	2:07:56,6 h	W AK 3	153
	86	Hildebrandt, Dirk	63	RVB-Hamburg e.V.	0:22:35 h	81	0:54:46 h	70	1:17:21 h	77	0:51:02 h	99	2:08:23,0 h	M Sen2	83
B	87	Jux, Michael	66	BSG SG Stern	0:22:23 h	72	0:57:21 h	94	1:19:44 h	91	0:48:55 h	76	2:08:39,8 h	M Sen1	61
M	88	Roiss, Mika	79	Triabolos Hamburg	0:24:32 h	123	0:55:53 h	83	1:20:25 h	98	0:48:48 h	73	2:09:13,0 h	M AK 3	240
M	89	Hojabri, Kuroschi	63	MSV Hamburger Ärzte	0:23:54 h	107	0:57:04 h	91	1:20:58 h	101	0:48:56 h	77	2:09:54,6 h	M Sen2	238
M	90	Habekost, Martin	65	Triabolos Hamburg e.V.	0:21:35 h	50	0:58:30 h	110	1:20:05 h	95	0:49:54 h	88	2:09:59,1 h	M Sen2	26
	91	Sanders, Karsten	66	BSG Hamburger Laufladen	0:21:53 h	63	0:59:23 h	122	1:21:16 h	105	0:49:06 h	79	2:10:22,4 h	M Sen1	95
	92	Breitenstein, Andre	67	Generali Versicherungen	0:22:34 h	80	0:58:42 h	112	1:21:16 h	106	0:49:07 h	80	2:10:23,0 h	M Sen1	146
M	93	Zill, Mirko	69	Triabolos Hamburg e.V.	0:24:01 h	110	0:52:31 h	44	1:16:32 h	60	0:53:54 h	121	2:10:26,0 h	M Sen1	21
	94	Graubner, Rolf	55	Team Triathlon Hamburger H	0:24:41 h	125	0:54:33 h	66	1:19:14 h	87	0:51:24 h	101	2:10:38,4 h	M Sen4	122
	95	Reger, Lars	70	NXP Semiconductors	0:22:32 h	79	0:58:29 h	109	1:21:01 h	103	0:49:42 h	85	2:10:43,6 h	M Sen1	168
B	96	Berka, Thomas	62	BSG Siemens	0:23:08 h	90	0:55:05 h	74	1:18:13 h	83	0:52:48 h	113	2:11:01,5 h	M Sen2	51
	97	Longatti, Alima	75	Triabolos	0:23:23 h	97	0:54:55 h	72	1:18:18 h	85	0:52:48 h	114	2:11:06,3 h	W AK 4	141
	98	Wolf, Stephan	70	Ellerau	0:24:53 h	129	0:52:16 h	39	1:17:09 h	73	0:54:14 h	124	2:11:23,8 h	M Sen1	136
	99	Neuendorf, Martin	85	Kaifu Tri Team	0:22:36 h	82	0:57:18 h	93	1:19:54 h	92	0:51:46 h	105	2:11:40,9 h	M AK 2	29
M	100	Goldberg, Monika	73	Team Triathlon HAmBurger H	0:23:59 h	109	0:55:28 h	78	1:19:27 h	88	0:52:34 h	111	2:12:01,4 h	W AK 4	204
	101	Boy, Andreas	78	Kaifu-Tri-Team e.V	0:25:11 h	132	0:56:15 h	86	1:21:26 h	108	0:51:07 h	100	2:12:33,5 h	M AK 3	147
	102	Nentwig, Karin	59	Team Triathlon Hamburger H	0:22:09 h	69	1:01:14 h	131	1:23:23 h	119	0:49:14 h	81	2:12:37,1 h	W Sen3	120
B	103	Konrad, Thomas	67	BSG NDR	0:23:47 h	104	0:58:55 h	115	1:22:42 h	114	0:49:57 h	90	2:12:39,0 h	M Sen1	121
	104	da Cruz, Paulo	69	Triabolos Hamburg e.V.	0:22:57 h	88	0:57:32 h	97	1:20:29 h	100	0:52:19 h	107	2:12:48,0 h	M Sen1	187
	105	Grünrock, Axel	63	SG Wasserratten Norderstedt	0:23:16 h	95	0:58:50 h	113	1:22:06 h	111	0:50:50 h	96	2:12:56,6 h	M Sen2	149
	106	Buchholz, Uwe	68	BSG Generali	0:22:45 h	86	1:01:57 h	137	1:24:42 h	128	0:48:28 h	68	2:13:10,6 h	M Sen1	171
M	107	Croissier, René	50	TuS Holstein Quickborn	0:23:30 h	98	0:56:58 h	89	1:20:28 h	99	0:53:02 h	116	2:13:30,5 h	M Sen5	50
	108	Bruners, Wolfgang	65	Philips PLG	0:22:04 h	67	1:02:08 h	138	1:24:12 h	125	0:49:53 h	87	2:14:05,4 h	M Sen2	103
M	109	Meyer, Thomas	68	Triabolos Hamburg e.V.	0:23:36 h	101	0:57:43 h	100	1:21:19 h	107	0:52:53 h	115	2:14:12,3 h	M Sen1	86
	110	Heins, Christian	61	BSG Radsport Zentrum Hamt	0:24:46 h	127	0:52:27 h	42	1:17:13 h	75	0:57:03 h	145	2:14:16,4 h	M Sen2	44
	111	Hof, Frederik-Jan	79	Triabolos Hamburg	0:23:10 h	91	0:54:43 h	68	1:17:53 h	81	0:56:24 h	143	2:14:17,4 h	M AK 3	266
	112	Wenrich, Alexander	66	BSG Generali	0:24:28 h	121	0:57:44 h	101	1:22:12 h	113	0:52:28 h	108	2:14:40,4 h	M Sen1	81
M	113	Engelberg, Mareike	81	Kaifu Tri Team	0:24:03 h	111	0:55:29 h	79	1:19:32 h	89	0:55:31 h	136	2:15:03,7 h	W AK 2	260
	114	Ehrich, Sven	70	TV Fischbek	0:21:47 h	55	1:04:43 h	148	1:26:30 h	136	0:48:50 h	74	2:15:20,6 h	M Sen1	97
	115	Gaab, Oliver	77	Triabolos Hamburg e.V.	0:24:52 h	128	0:52:11 h	38	1:17:03 h	66	0:58:52 h	152	2:15:55,0 h	M AK 3	19
	116	Sülberg, Lutz	81	LG Schönggeist	0:21:50 h	60	1:05:34 h	152	1:27:24 h	141	0:48:36 h	69	2:16:00,3 h	M AK 2	108
	117	Faßhauer, Stephan	72	FC St Pauli Triathlon	0:24:05 h	114	1:00:14 h	128	1:24:19 h	126	0:51:55 h	106	2:16:14,3 h	M AK 4	124
B	118	Dreyer, Daniel	74	BSG SG Stern	0:22:44 h	85	0:59:06 h	119	1:21:50 h	110	0:54:40 h	126	2:16:30,7 h	M AK 4	252
	119	Herrmann, Michael	61	vFL Pinneberg	0:23:19 h	96	1:04:06 h	143	1:27:25 h	142	0:49:41 h	84	2:17:06,6 h	M Sen2	84
B	120	Kamrad, Hubert	55	BSG SG Stern	0:24:18 h	119	0:57:26 h	95	1:21:44 h	109	0:55:28 h	135	2:17:12,5 h	M Sen4	74

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
	121 Kurz, Christian	83	Verein Aktive Freizeit (VAF)	0:24:05 h	113	0:58:03 h	106	1:22:08 h	112	0:55:10 h	132	2:17:18,0 h	M AK 2	217
M	122 Parge, Sabine	64	Triabolos Hamburg e.V.	0:24:31 h	122	1:01:14 h	132	1:25:45 h	132	0:51:36 h	104	2:17:21,0 h	W Sen2	144
B	123 Wolf, Martin	79	BSG TÜV NORD	0:25:46 h	141	0:57:43 h	99	1:23:29 h	121	0:54:00 h	122	2:17:29,5 h	M AK 3	27
	124 Lehmann, Thomas	58	Norderstedt	0:25:13 h	134	0:59:18 h	121	1:24:31 h	127	0:53:14 h	117	2:17:45,7 h	M Sen3	31
	125 Merta, Stefan	66	Generali	0:22:31 h	78	1:04:17 h	144	1:26:48 h	138	0:50:58 h	98	2:17:46,8 h	M Sen1	155
	126 Günther, Britt	67	Tri EMTV	0:24:57 h	130	0:58:19 h	107	1:23:16 h	117	0:54:53 h	128	2:18:09,9 h	W Sen1	213
M	127 Meyer, Juliane	80	Triabolos Hamburg	0:24:33 h	124	0:58:52 h	114	1:23:25 h	120	0:54:51 h	127	2:18:16,0 h	W AK 3	259
	128 Rohde, Rüdiger	54	werk3	0:26:12 h	151	0:57:49 h	102	1:24:01 h	124	0:54:57 h	129	2:18:58,1 h	M Sen4	175
	129 Schröder, Ralf	63	SG Wasserratten Norderstedt	0:25:25 h	136	0:57:53 h	104	1:23:18 h	118	0:55:43 h	139	2:19:01,8 h	M Sen2	63
	130 Ramm, Jürgen	60	Team Erdinger Alkoholfrei	0:25:27 h	138	0:58:30 h	111	1:23:57 h	123	0:55:06 h	131	2:19:03,4 h	M Sen3	221
M	131 Dake, Swantje	78	Triabolos Hamburg	0:25:45 h	140	1:00:07 h	127	1:25:52 h	133	0:53:33 h	119	2:19:25,9 h	W AK 3	239
	132 Peckmann, Carsten	67	BSG Tchibo	0:26:03 h	146	0:59:34 h	123	1:25:37 h	131	0:54:03 h	123	2:19:40,6 h	M Sen1	195
M	133 Fitzl, Nils-Peter	85	Tri Seppels	0:24:06 h	116	0:57:00 h	90	1:21:06 h	104	0:59:05 h	153	2:20:11,7 h	M AK 2	165
	134 Kohlermann, Kay	69	RG Uni Hamburg	---	---	---	---	1:28:24 h	146	0:52:32 h	109	2:20:56,1 h	M Sen1	172
	135 Kazmierczak, Jörn	62	Hamburg	0:27:02 h	156	0:56:11 h	85	1:23:13 h	116	0:58:01 h	149	2:21:14,2 h	M Sen2	257
	136 Möller, Wolfgang	56	SuS Waldenau	0:24:22 h	120	1:03:16 h	141	1:27:38 h	143	0:53:41 h	120	2:21:19,3 h	M Sen3	212
	137 Hommes, Daniel	80	Hamburg	0:24:06 h	115	1:01:50 h	136	1:25:56 h	134	0:55:37 h	138	2:21:33,8 h	M AK 3	92
	138 Henge, Hans Jürgen	65	Hamburg	0:25:25 h	135	1:01:16 h	133	1:26:41 h	137	0:55:03 h	130	2:21:44,7 h	M Sen2	126
	139 Wandschneider, Dirk	63	BSG AIRBUS HH	0:24:08 h	118	1:05:03 h	149	1:29:11 h	147	0:52:39 h	112	2:21:50,1 h	M Sen2	57
	140 Peters, Jürgen	51	Henstedt-Ulzburg	0:25:53 h	142	0:57:52 h	103	1:23:45 h	122	0:58:10 h	150	2:21:55,3 h	M Sen4	114
	141 Baier, Michael	74	Triabolos	0:27:28 h	159	0:59:54 h	126	1:27:22 h	140	0:55:13 h	133	2:22:35,0 h	M AK 4	143
M	142 Kunst, Sabine	70	Triabolos Hamburg e.V.	0:26:06 h	147	1:00:43 h	129	1:26:49 h	139	0:56:04 h	141	2:22:53,4 h	W Sen1	23
	143 Nielsen, Holger	57	Heede	0:26:00 h	144	1:03:44 h	142	1:29:44 h	151	0:53:18 h	118	2:23:02,2 h	M Sen3	178
	144 Streich, Torsten	58	BMTV	0:26:07 h	148	0:59:07 h	120	1:25:14 h	130	0:57:51 h	147	2:23:05,6 h	M Sen3	249
	145 Grothues, Katrin	84	Otto GmbH	0:25:41 h	139	1:06:31 h	155	1:32:12 h	156	0:50:57 h	97	2:23:09,3 h	W AK 2	90
B	146 Schaumann, Oliver	63	BSG Airbus HH	0:24:59 h	131	0:57:55 h	105	1:22:54 h	115	1:00:27 h	157	2:23:21,1 h	M Sen2	116
	147 pitzke, christian	65	I K E A Moorfleet	0:23:41 h	102	1:04:40 h	147	1:28:21 h	145	0:56:06 h	142	2:24:27,9 h	M Sen2	154
	148 Kurtze, Michael	55	Team Daniel Unger Sports	0:26:46 h	153	1:00:58 h	130	1:27:44 h	144	0:57:43 h	146	2:25:27,3 h	M Sen4	88
	149 Peithmann, Norbert	58	BSG Fernseh Peithmann	0:26:35 h	152	0:59:44 h	125	1:26:19 h	135	0:59:32 h	155	2:25:51,9 h	M Sen3	46
M	150 Küster, Siegfried	48	TuS Holstein Quickborn	0:23:32 h	99	1:07:19 h	158	1:30:51 h	154	0:55:15 h	134	2:26:06,1 h	M Sen5	48
B	151 Tokarek, Thomas	59	BSG Siemens	0:22:55 h	87	1:11:20 h	166	1:34:15 h	165	0:52:34 h	110	2:26:49,2 h	M Sen3	135
	152 Stenzel, Michael	67	Triabolos Hamburg e.V	0:27:09 h	157	1:02:39 h	139	1:29:48 h	152	0:57:54 h	148	2:27:42,2 h	M Sen1	161
B	153 Treu, Michael	64	BSG SG Stern	0:25:12 h	133	1:08:13 h	161	1:33:25 h	160	0:54:25 h	125	2:27:50,6 h	M Sen2	66
M	154 Dohrn, Frank	58	AMTV Hamburg	0:27:56 h	162	1:01:20 h	134	1:29:16 h	149	0:59:08 h	154	2:28:24,2 h	M Sen3	62
B	155 weskamm, rüdiger	55	bsg siemens	0:26:09 h	150	0:58:58 h	116	1:25:07 h	129	1:03:30 h	166	2:28:37,3 h	M Sen4	22
	156 Kindling, Dirk	70	Neu Wulmstorf	0:26:02 h	145	1:07:04 h	156	1:33:06 h	159	0:55:37 h	137	2:28:43,5 h	M Sen1	72
	157 Richter, Ole	57	Tri Michels Hamburg	0:26:08 h	149	1:07:28 h	159	1:33:36 h	162	0:55:53 h	140	2:29:29,0 h	M Sen3	243
M	158 Kranz, Uwe	42	TuS Holstein Quickborn	---	---	---	---	1:29:28 h	150	1:00:24 h	156	2:29:52,4 h	M Sen6	226
	159 Wittke, Mitja	81	BSG Kurt Gaden	0:25:56 h	143	1:07:39 h	160	1:33:35 h	161	0:56:51 h	144	2:30:26,2 h	M AK 2	246
	160 Braren, Ingke	74	Triabolos	0:24:42 h	126	1:04:32 h	146	1:29:14 h	148	1:01:58 h	161	2:31:12,6 h	W AK 4	55

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
161	Kruse, Peter	73	Triabolos	0:28:07 h	164	1:05:33 h	151	1:33:40 h	163	0:58:12 h	151	2:31:52,9 h	M AK 4	53
162	Ott, Gunnar	78	Ellerau	0:26:47 h	154	1:06:12 h	154	1:32:59 h	158	1:00:30 h	158	2:33:29,3 h	M AK 3	219
163	Krüger, Anke	79	TSV Quellenhaupt Bornhöved	0:28:46 h	166	1:01:29 h	135	1:30:15 h	153	1:04:41 h	170	2:34:56,1 h	W AK 3	112
164	Leifeld, Jürgen	68	SG Wasserratten Norderstedt	0:25:26 h	137	1:05:38 h	153	1:31:04 h	155	1:03:53 h	169	2:34:57,0 h	M Sen1	258
165	Kleinat, Maik	82	Team Triathlon Hamburger H	0:30:42 h	172	1:05:23 h	150	1:36:05 h	169	1:00:37 h	159	2:36:42,8 h	M AK 2	117
166	Hardie, Peter	54	Lufthansa Sport Verein	0:27:01 h	155	1:08:39 h	162	1:35:40 h	168	1:01:07 h	160	2:36:47,0 h	M Sen4	245
167	Hümmecke, Ursula	60	TSV Altenholz	---	---	---	---	1:35:02 h	166	1:02:16 h	163	2:37:18,0 h	W Sen3	142
168	Thalheim, Thomas	56	RVB-Hamburg e.V.	0:28:19 h	165	1:07:07 h	157	1:35:26 h	167	1:03:41 h	167	2:39:07,7 h	M Sen3	181
169	Nasner-Plantholz, Christian	69	Hamburg	0:29:06 h	168	1:03:07 h	140	1:32:13 h	157	1:07:17 h	172	2:39:30,4 h	M Sen1	218
B	170 Sievers, Susanne	67	ERGOsports Hamburg	0:29:14 h	169	1:04:27 h	145	1:33:41 h	164	1:08:50 h	175	2:42:31,0 h	W Sen1	214
	171 Eppich, Kristin	79	BSG OTTO	0:28:06 h	163	1:12:12 h	170	1:40:18 h	172	1:02:59 h	165	2:43:17,9 h	W AK 3	134
	172 Meyer, Joachim	56	BSG SG Stern	0:27:38 h	160	1:12:56 h	171	1:40:34 h	173	1:03:52 h	168	2:44:26,1 h	M Sen3	71
B	173 Ahrens, Sabine	60	BSG Generali	0:31:10 h	174	1:11:03 h	165	1:42:13 h	176	1:02:57 h	164	2:45:10,6 h	W Sen3	59
M	174 Gerlach, Marc Daniel	87	TuS Holstein Quickborn	0:23:55 h	108	0:54:20 h	62	1:18:15 h	84	1:28:20 h	181	2:46:35,2 h	M AK 1	170
	175 Dammann, Sven	72	LG Schöngeist	0:28:48 h	167	1:11:25 h	167	1:40:13 h	171	1:07:31 h	173	2:47:44,4 h	M AK 4	150
	176 Fröhlich, Angela	58	SV Friedrichsgabe	0:27:24 h	158	1:18:33 h	175	1:45:57 h	181	1:02:02 h	162	2:47:59,9 h	W Sen3	211
M	177 Behnke, Rolf	58	TUS Holstein Quickborn	0:31:04 h	173	1:08:51 h	163	1:39:55 h	170	1:09:29 h	176	2:49:24,5 h	M Sen3	80
	178 Fischer, Marc	76	Hamburg	0:27:53 h	161	1:16:03 h	174	1:43:56 h	177	1:06:23 h	171	2:50:19,6 h	M AK 3	127
M	179 Dieg, Michael	48	werk3triathlon Hamburg	0:29:19 h	170	1:11:33 h	168	1:40:52 h	174	1:10:53 h	177	2:51:45,0 h	M Sen5	73
	180 Stoll, Timo	72	Brackel	0:31:34 h	175	1:09:45 h	164	1:41:19 h	175	1:12:15 h	179	2:53:34,8 h	M AK 4	157
B	181 Probst, Helmut	39	BSG E.ON/Hanse	0:33:50 h	177	1:11:59 h	169	1:45:49 h	180	1:08:46 h	174	2:54:35,0 h	M Sen7	39
	182 Zietemann, Frank	40	Werk3	0:30:39 h	171	1:14:41 h	173	1:45:20 h	178	1:11:18 h	178	2:56:38,5 h	M Sen7	242
M	183 Lange, Wolfgang	42	TuS Holstein Quickborn	0:32:04 h	176	1:13:35 h	172	1:45:39 h	179	1:18:11 h	180	3:03:50,4 h	M Sen6	183