

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.	
M	1	Kores, Robert	86	TTHH	0:18:51 h	10	0:53:24 h	2	1:12:15 h	2	0:40:07 h	5	1:52:22,0 h	M AK 2	158
M	2	Tippner, Jens	74	Triabolos Hamburg	0:17:45 h	1	0:55:26 h	10	1:13:11 h	4	0:39:29 h	1	1:52:40,7 h	M AK 4	197
	3	Herber, Philipp	89	Kaifu-Tri-Team	0:17:58 h	2	0:52:56 h	1	1:10:54 h	1	0:42:10 h	13	1:53:04,3 h	M AK 1	49
M	4	Hoffmann, Lennart	81	Kaifu Tri Team	0:18:05 h	3	0:56:22 h	20	1:14:27 h	7	0:39:43 h	2	1:54:10,1 h	M AK 3	133
M	5	Schuster, Jens	70	Kaifu-Tri-Team	0:18:10 h	4	0:54:32 h	4	1:12:42 h	3	0:41:38 h	11	1:54:20,2 h	M Sen1	65
	6	Langfeld, Peter	72	BSG Siemens	0:18:52 h	11	0:55:10 h	7	1:14:02 h	6	0:40:35 h	7	1:54:37,2 h	M AK 4	191
M	7	Glück, Christian	81	TT HSU Hamburg	0:18:34 h	6	0:57:22 h	25	1:15:56 h	14	0:40:02 h	4	1:55:58,1 h	M AK 3	66
	8	Wiebe, Nicholas	75	PSV Eutin / Gerbracht-Racing	0:18:46 h	7	0:57:43 h	31	1:16:29 h	19	0:39:47 h	3	1:56:16,2 h	M AK 4	194
	9	Orthmann, Volker	66	Tri Team Neumünster	0:18:33 h	5	0:55:27 h	11	1:14:00 h	5	0:42:34 h	16	1:56:34,4 h	M Sen2	257
	10	Korba, Wojtek	72	TS Harburg Team Bergamont	0:19:12 h	16	0:57:38 h	30	1:16:50 h	23	0:40:10 h	6	1:57:00,6 h	M AK 4	121
M	11	Kuhl, Christian	69	Mach3Sportzentrum Hamburg	0:20:08 h	24	0:55:44 h	15	1:15:52 h	13	0:41:09 h	10	1:57:01,8 h	M Sen1	20
M	12	Weßling, Bengt	78	Kaifu Tri Team	0:20:24 h	28	0:55:39 h	13	1:16:03 h	15	0:42:13 h	15	1:58:16,5 h	M AK 3	152
M	13	Ahrens, Hans-Björn	79	Team Triathlon Hamburger H	0:18:51 h	9	0:58:31 h	38	1:17:22 h	24	0:40:59 h	8	1:58:21,3 h	M AK 3	24
	14	Niedieck, Olav	69	SG Wasserratten Norderstedt	0:20:32 h	29	0:53:56 h	3	1:14:28 h	8	0:44:07 h	21	1:58:35,2 h	M Sen1	113
	15	König, Lars	74	SG Athletico Büdelsdorf	0:18:56 h	12	0:57:46 h	32	1:16:42 h	21	0:42:37 h	17	1:59:19,4 h	M AK 4	127
	16	Schröter, Stefan	73	SG Wasserratten Norderstedt	0:20:37 h	34	0:56:03 h	16	1:16:40 h	20	0:42:46 h	18	1:59:26,1 h	M AK 4	1
	17	Tödtloff, Sven	66	TriTeam Neumünster	0:19:40 h	21	0:55:26 h	9	1:15:06 h	11	0:44:34 h	27	1:59:40,5 h	M Sen2	31
M	18	Haberstock, Philipp	71	Triabolos Hamburg e.V.	0:19:09 h	13	0:58:42 h	39	1:17:51 h	28	0:42:12 h	14	2:00:03,8 h	M Sen1	203
M	19	Hamer, Steffen	74	Triabolos e.V	0:20:41 h	38	0:56:04 h	17	1:16:45 h	22	0:43:43 h	20	2:00:28,1 h	M AK 4	100
	20	Bruhnke, Olaf	69	Medeco Klinik Hamburg	0:19:29 h	18	0:59:02 h	41	1:18:31 h	34	0:41:57 h	12	2:00:28,8 h	M Sen1	67
M	21	Fischer, Michael	68	Triabolos Hamburg e.V.	0:20:46 h	40	0:55:43 h	14	1:16:29 h	18	0:44:24 h	24	2:00:53,9 h	M Sen1	155
M	22	Radke, Dirk	68	Kaifu tri team	0:19:39 h	20	0:56:30 h	21	1:16:09 h	16	0:44:48 h	29	2:00:57,5 h	M Sen1	23
M	23	gehrke, stefan	72	triabolos hamburg e.v.	0:19:40 h	22	0:55:03 h	6	1:14:43 h	10	0:46:15 h	38	2:00:58,5 h	M AK 4	109
B	24	Ludewig, Frithjof	84	SG Zoll	0:19:10 h	14	0:56:04 h	18	1:15:14 h	12	0:46:16 h	39	2:01:30,0 h	M AK 2	128
	25	Bruhnke, Eric	83	Medeco	0:20:22 h	27	0:57:15 h	24	1:17:37 h	26	0:44:09 h	22	2:01:46,7 h	M AK 2	176
M	26	Baas, Frank	75	Tri Michels Hamburg e.V.	0:19:26 h	17	0:56:52 h	22	1:16:18 h	17	0:45:48 h	35	2:02:06,2 h	M AK 4	71
	27	Lübbing, Ulrich	69	Tri Michels Hamburg	0:19:46 h	23	0:57:54 h	34	1:17:40 h	27	0:44:56 h	31	2:02:36,2 h	M Sen1	108
M	28	Trocha, Benjamin	80	Triabolos Triathlon Hamburg	0:20:45 h	39	0:57:33 h	28	1:18:18 h	33	0:44:26 h	26	2:02:44,5 h	M AK 3	14
	29	Engel, Dirk	66	Möllner SV	0:20:33 h	30	0:57:27 h	26	1:18:00 h	30	0:45:30 h	33	2:03:30,9 h	M Sen2	40
M	30	Hüppe, Stefan	69	TSH Team Bergamont	0:19:11 h	15	1:00:51 h	57	1:20:02 h	39	0:43:43 h	19	2:03:45,7 h	M Sen1	61
M	31	Schmitz, Ralph	67	Kaifu Tri Team	0:19:37 h	19	0:55:00 h	5	1:14:37 h	9	0:49:30 h	71	2:04:07,3 h	M Sen1	103
	32	Wichmann, Oliver	81	BSG Kurt Gaden	0:18:47 h	8	1:04:48 h	112	1:23:35 h	57	0:41:01 h	9	2:04:36,7 h	M AK 3	30
M	33	Dohse, Michael	78	Triabolos Hamburg	0:21:03 h	44	0:57:11 h	23	1:18:14 h	32	0:46:55 h	45	2:05:09,0 h	M AK 3	27
	34	Liber, Jörg	63	SG Wasserratten Norderstedt	0:20:09 h	25	1:01:06 h	59	1:21:15 h	42	0:44:20 h	23	2:05:35,1 h	M Sen2	29
M	35	Oettinger, Christian	67	Triabolos Hamburg	0:20:37 h	35	0:58:22 h	36	1:18:59 h	35	0:46:56 h	46	2:05:55,7 h	M Sen1	169
	36	Behrens, Christopher	84	Tri Michels Hamburg	0:20:12 h	26	0:57:51 h	33	1:18:03 h	31	0:48:00 h	57	2:06:03,8 h	M AK 2	80
	37	Pelkner, Ingo	73	Triabolos Hamburg	0:22:10 h	69	0:59:38 h	44	1:21:48 h	45	0:44:25 h	25	2:06:13,3 h	M AK 4	207
M	38	Schenk, Lutz	78	Triabolos Hamburg e.V.	0:21:01 h	42	1:00:43 h	55	1:21:44 h	43	0:44:47 h	28	2:06:31,6 h	M AK 3	47
M	39	Hinterberg, Dominik	65	Triabolos Hamburg e.V.	0:21:41 h	58	0:56:17 h	19	1:17:58 h	29	0:48:34 h	66	2:06:32,8 h	M Sen2	7

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
	40 Haberfelder, Fabian	82	Tri Michels Hamburg	0:20:38 h	36	0:58:25 h	37	1:19:03 h	36	0:47:50 h	55	2:06:53,4 h	M AK 2	163
M	41 Klingemann, Werner	59	Triabolos Hamburg e.V.	0:21:41 h	57	1:01:26 h	62	1:23:07 h	52	0:44:54 h	30	2:08:01,1 h	M Sen3	42
	42 Unger, Eike	65	Ratzeburger SV Triathlon	0:21:32 h	53	1:00:19 h	49	1:21:51 h	47	0:46:24 h	40	2:08:15,1 h	M Sen2	110
B	43 Kairies, Matthias Christoph	72	BSG Commerzbank	0:21:50 h	60	0:57:30 h	27	1:19:20 h	37	0:49:39 h	76	2:08:59,7 h	M AK 4	5
	44 Jacobsen, Matthias	65	SG Wasserratten Norderstedt	0:21:02 h	43	1:01:03 h	58	1:22:05 h	49	0:47:17 h	49	2:09:22,2 h	M Sen2	187
M	45 vom Hofe, Björn	79	Tri Michels Hamburg	0:21:49 h	59	1:00:06 h	46	1:21:55 h	48	0:47:33 h	51	2:09:28,1 h	M AK 3	44
	46 Pietschak, Bernd	75	TSH Team Bergamont	0:22:09 h	66	0:55:14 h	8	1:17:23 h	25	0:52:06 h	112	2:09:29,2 h	M AK 4	97
M	47 Hübner, Julia	82	Mach3Sportzentrum Hamburg	0:22:32 h	81	0:59:16 h	43	1:21:48 h	46	0:47:43 h	53	2:09:31,1 h	W AK 2	213
B	48 Milewski, Marek	67	SG Stern Hamburg	0:22:18 h	73	0:57:36 h	29	1:19:54 h	38	0:49:53 h	82	2:09:47,9 h	M Sen1	53
	49 Simon, Wolfgang	52	VfL Wolfsburg	0:21:33 h	54	1:00:33 h	52	1:22:06 h	50	0:48:18 h	63	2:10:24,4 h	M Sen4	114
	50 Kaland, Bernd	56	Appen	0:21:28 h	51	1:02:19 h	73	1:23:47 h	59	0:46:41 h	43	2:10:28,4 h	M Sen4	261
	51 Hümmecke, Manfred	53	TuS Holstenau	0:21:13 h	48	1:02:56 h	83	1:24:09 h	65	0:46:31 h	41	2:10:40,2 h	M Sen4	190
	52 Studt, Oliver	69	HNT-Triathlon	0:20:35 h	32	1:04:13 h	104	1:24:48 h	74	0:45:53 h	36	2:10:41,1 h	M Sen1	70
	53 Burrichter, Niels	65	Kiebitzreihe	0:21:17 h	49	1:03:49 h	98	1:25:06 h	78	0:45:44 h	34	2:10:50,3 h	M Sen2	123
M	54 Pohl, Bernd	62	TSG Bergedorf	0:20:52 h	41	1:03:28 h	93	1:24:20 h	67	0:46:35 h	42	2:10:55,5 h	M Sen2	131
	55 Heyer, Thomas	72	RV Endspurt Hamburg	0:22:35 h	86	0:59:12 h	42	1:21:47 h	44	0:49:50 h	79	2:11:37,1 h	M AK 4	160
	56 Bruhn, Marc	75	SG Wasserratten Norderstedt	0:20:34 h	31	1:03:25 h	91	1:23:59 h	62	0:47:56 h	56	2:11:55,2 h	M AK 4	68
M	57 Kraft, Philipp	73	TuS Holstein Quickborn	0:22:52 h	90	1:02:23 h	76	1:25:15 h	82	0:46:42 h	44	2:11:57,9 h	M AK 4	51
	58 Haupt, Andreas	79	Hamburg	0:21:05 h	46	1:04:03 h	100	1:25:08 h	79	0:47:01 h	48	2:12:09,9 h	M AK 3	180
	59 Postner, Marc	67	1. WV Wunstorf	0:23:31 h	108	1:00:22 h	51	1:23:53 h	60	0:48:22 h	64	2:12:15,8 h	M Sen1	104
B	60 Mosler, Rene	72	BSG Commerzbank	0:22:53 h	91	0:58:18 h	35	1:21:11 h	41	0:51:07 h	94	2:12:18,0 h	M AK 4	54
M	61 Helbig, Leana	81	Triabolos Hamburg	0:21:04 h	45	1:05:19 h	119	1:26:23 h	95	0:46:03 h	37	2:12:26,0 h	W AK 3	247
M	62 Berndt, Sarah	84	TSH Team Bergamont	0:21:55 h	61	1:03:15 h	87	1:25:10 h	81	0:47:28 h	50	2:12:38,0 h	W AK 2	243
	63 Gerlach, Stephan	72	Tri Michels Hamburg	0:20:36 h	33	1:04:25 h	106	1:25:01 h	76	0:47:40 h	52	2:12:41,3 h	M AK 4	144
	64 Beerbaum, Sonja	72	Tri Sport Schwerin	0:21:24 h	50	1:03:08 h	86	1:24:32 h	69	0:48:12 h	62	2:12:44,5 h	W AK 4	217
M	65 Seemann, Gunar	77	TuS Holstein Quickborn	0:22:52 h	89	1:02:57 h	84	1:25:49 h	88	0:46:58 h	47	2:12:47,1 h	M AK 3	3
	66 Junot, Etienne	77	Hamburg	0:22:58 h	96	1:02:11 h	71	1:25:09 h	80	0:47:46 h	54	2:12:55,2 h	M AK 3	167
	67 Schillag, René	74	Triabolos	0:22:21 h	75	1:01:07 h	60	1:23:28 h	55	0:49:32 h	73	2:13:00,7 h	M AK 4	93
B	68 Baur, Gernot	64	SG Stern Hamburg	0:21:30 h	52	1:02:07 h	70	1:23:37 h	58	0:49:52 h	80	2:13:29,1 h	M Sen2	45
	69 Laude, Niels	75	Tangstedt	0:21:34 h	56	1:02:33 h	79	1:24:07 h	64	0:49:31 h	72	2:13:38,7 h	M AK 4	168
	70 Trippler, Sven	82	Triabolos Triathlon e.V.	0:25:30 h	164	0:58:49 h	40	1:24:19 h	66	0:49:57 h	84	2:14:16,3 h	M AK 2	15
	71 Knauer, Olaf	67	Triabolos Triathlon Hamburg	0:22:56 h	95	1:01:45 h	65	1:24:41 h	72	0:49:35 h	74	2:14:16,9 h	M Sen1	204
M	72 Neudörffer, Cordula	71	TuS Holstein Quickborn	0:22:32 h	82	1:03:39 h	96	1:26:11 h	92	0:48:06 h	59	2:14:17,2 h	W Sen1	224
	73 Wolthausen, Thorsten	71	TSH Team Bergamont	0:22:09 h	67	1:03:56 h	99	1:26:05 h	90	0:48:12 h	61	2:14:17,8 h	M Sen1	177
	74 Böttger, Martin	71	AIRBUS SG	0:22:12 h	72	1:03:17 h	88	1:25:29 h	83	0:48:53 h	67	2:14:22,5 h	M Sen1	159
	75 Draak, Christian	75	BSG Siemens	0:22:46 h	87	1:00:46 h	56	1:23:32 h	56	0:51:03 h	92	2:14:35,3 h	M AK 4	151
	76 Fröhling, Thomas	68	BSG Hamburger Laufladen	0:21:34 h	55	1:04:07 h	102	1:25:41 h	85	0:49:00 h	68	2:14:41,5 h	M Sen1	35
	77 Wille, Niklas	85	Seevetal	0:22:01 h	62	1:07:37 h	140	1:29:38 h	121	0:45:05 h	32	2:14:43,5 h	M AK 2	186
M	78 Jähmig, Maximilian	89	TuS Holstein Quickborn	0:22:11 h	70	1:01:49 h	67	1:24:00 h	63	0:50:46 h	90	2:14:46,6 h	M AK 1	4

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
	79	Hildebrandt, Dirk	63 TUS Harsefeld	0:22:55 h	94	1:01:45 h	64	1:24:40 h	71	0:50:46 h	91	2:15:26,7 h	M Sen2	43
	80	Müller, Karsten	69 Triabolos HH	0:22:53 h	92	1:00:21 h	50	1:23:14 h	53	0:52:16 h	115	2:15:30,8 h	M Sen1	260
M	81	Goetze, Kay	77 Triabolos Hamburg e.V.	0:22:20 h	74	1:03:22 h	89	1:25:42 h	87	0:49:50 h	78	2:15:32,9 h	M AK 3	21
M	82	Habekost, Martin	65 Triabolos Hamburg e.V.	0:22:10 h	68	1:05:16 h	118	1:27:26 h	104	0:48:10 h	60	2:15:36,5 h	M Sen2	22
M	83	da Cruz, Paulo	69 Triabolos Hamburg	0:22:28 h	77	1:04:07 h	103	1:26:35 h	98	0:49:04 h	69	2:15:39,4 h	M Sen1	41
	84	Vollhardt, Ulrich	58 Triabolos Hamburg e.V.	0:24:06 h	123	1:00:15 h	48	1:24:21 h	68	0:51:29 h	97	2:15:50,6 h	M Sen3	134
	85	Kolpatzik, Knut	67 Hamburg	0:22:33 h	83	1:03:37 h	95	1:26:10 h	91	0:49:52 h	81	2:16:02,3 h	M Sen1	81
	86	Paulsmeier, Kai	73 Lübeck	0:22:30 h	78	1:03:45 h	97	1:26:15 h	93	0:49:55 h	83	2:16:10,2 h	M AK 4	171
	87	Stadler, Konrad	67 Hildener AT	0:24:12 h	130	0:59:44 h	45	1:23:56 h	61	0:52:29 h	116	2:16:25,0 h	M Sen1	136
	88	Höcker, Sven	81 Triabolos Hamburg	0:22:34 h	85	1:06:06 h	127	1:28:40 h	113	0:48:06 h	58	2:16:46,8 h	M AK 3	209
B	89	Manke, Dirk	71 Philips LG	0:23:38 h	111	1:02:00 h	69	1:25:38 h	84	0:51:30 h	98	2:17:08,9 h	M Sen1	175
	90	Cotterell, Maike	73 Tri Team Schwarme	0:23:30 h	107	1:02:33 h	80	1:26:03 h	89	0:51:21 h	96	2:17:24,1 h	W AK 4	244
	91	Breitenstein, Andre	67 BSG Generali Versicherunger	0:22:34 h	84	1:06:37 h	131	1:29:11 h	117	0:48:22 h	65	2:17:33,8 h	M Sen1	142
M	92	Heins, Christian	61 BSG Hamburg Wasser	0:23:25 h	106	1:01:37 h	63	1:25:02 h	77	0:52:37 h	117	2:17:39,6 h	M Sen3	122
	93	Borsutzky, Georg	70 Tri-Michels	0:22:59 h	97	1:04:55 h	115	1:27:54 h	109	0:49:49 h	77	2:17:43,9 h	M Sen1	115
	94	Faßhauer, Stephan	72 Hamburg	0:22:08 h	64	1:02:27 h	78	1:24:35 h	70	0:53:14 h	125	2:17:49,3 h	M AK 4	148
	95	Longatti, Alima	75 Triabolos	0:24:04 h	119	1:02:20 h	75	1:26:24 h	96	0:51:38 h	101	2:18:02,4 h	W AK 4	223
	96	Schulz, Marcus	81 BMTV	0:24:14 h	131	1:00:40 h	54	1:24:54 h	75	0:53:12 h	124	2:18:06,1 h	M AK 3	13
M	97	Prätsch, Dr. Ulrich	47 TSG Bergedorf	0:23:19 h	101	1:01:24 h	61	1:24:43 h	73	0:53:39 h	129	2:18:22,7 h	M Sen5	36
M	98	Spijker, Rüdiger	60 Tri-Michels Hamburg e.V.	0:23:22 h	103	1:04:31 h	110	1:27:53 h	108	0:50:45 h	89	2:18:38,7 h	M Sen3	87
	99	Hinrichs, Helge	67 Team Trionik	0:24:47 h	147	1:01:58 h	68	1:26:45 h	99	0:51:55 h	108	2:18:40,9 h	M Sen1	149
	100	Sanders, Karsten	66 Hamburger Laufladen	0:22:07 h	63	1:04:49 h	113	1:26:56 h	100	0:51:46 h	103	2:18:42,8 h	M Sen2	179
	101	Fritzenschaft, Joachim	54 Tri Michels	0:24:08 h	125	1:02:20 h	74	1:26:28 h	97	0:52:56 h	121	2:19:24,2 h	M Sen4	38
M	102	Ihns, Thomas	62 Tri Michels	0:20:40 h	37	1:05:02 h	116	1:25:42 h	86	0:53:42 h	130	2:19:24,7 h	M Sen2	161
	103	David, Hauke	64 Henstedt-Ulzburg	0:24:44 h	145	1:03:05 h	85	1:27:49 h	107	0:51:57 h	109	2:19:46,8 h	M Sen2	101
	104	Mordhorst, Claus	65 Kaifu Tri Team	0:23:38 h	110	1:02:41 h	81	1:26:19 h	94	0:53:36 h	128	2:19:55,1 h	M Sen2	9
M	105	Meyer, Juliane	80 Triabolos Hamburg e.V.	0:23:40 h	113	1:03:27 h	92	1:27:07 h	101	0:52:59 h	122	2:20:06,2 h	W AK 3	239
	106	wenrich, alexander	66 BSG Generali	0:24:35 h	142	1:04:23 h	105	1:28:58 h	115	0:51:14 h	95	2:20:12,9 h	M Sen2	129
B	107	Godemann, Bastian	80 BSG Generali	0:24:35 h	143	1:06:01 h	126	1:30:36 h	127	0:49:37 h	75	2:20:13,4 h	M AK 3	73
	108	Bannick, Claus	80 BMTV	0:24:14 h	132	1:04:32 h	111	1:28:46 h	114	0:51:36 h	100	2:20:22,4 h	M AK 3	17
	109	Lierow, Wolfgang	70 BSG Otto	0:21:06 h	47	1:02:13 h	72	1:23:19 h	54	0:57:09 h	157	2:20:28,9 h	M Sen1	173
	110	Schubert, Alexander	74 Triabolos e.V	0:25:21 h	159	1:02:25 h	77	1:27:46 h	106	0:52:44 h	120	2:20:30,0 h	M AK 4	143
	111	Bondzio, Hendrik	72 Triabolos Hamburg	0:25:25 h	162	1:05:38 h	120	1:31:03 h	131	0:50:40 h	88	2:21:43,0 h	M AK 4	117
M	112	Pfaffe, Andreas	62 HSV Hamburg Triathlon	0:22:31 h	80	1:07:28 h	139	1:29:59 h	122	0:52:01 h	110	2:22:00,1 h	M Sen2	19
	113	Grünrock, Axel	63 SG Wasserratten Norderstedt	0:23:17 h	100	1:07:11 h	135	1:30:28 h	126	0:51:34 h	99	2:22:02,3 h	M Sen2	199
M	114	Wiese, Michael	57 Triabolos	0:24:08 h	126	1:03:22 h	90	1:27:30 h	105	0:54:34 h	135	2:22:04,7 h	M Sen3	170
	115	Mocigemba, Nicole	73 Triabolos Triathlon Hamburg	0:24:33 h	141	1:05:45 h	121	1:30:18 h	123	0:51:47 h	104	2:22:05,4 h	W AK 4	235
M	116	Peemöller, Hans-Hermann	54 Ht 16	0:22:12 h	71	1:07:13 h	136	1:29:25 h	119	0:52:44 h	119	2:22:09,6 h	M Sen4	94
	117	Reimer, Jörg	68 SG Wasserratten	0:27:05 h	181	1:00:06 h	47	1:27:11 h	102	0:55:01 h	139	2:22:12,7 h	M Sen1	182

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
B	118	Goldberg, Monika	73 BSG NDR	0:24:24 h	134	1:04:04 h	101	1:28:28 h	111	0:53:47 h	133	2:22:15,1 h	W AK 4	246
B	119	Zeiser, Tobias	60 SG Stern Hamburg	0:24:05 h	121	1:06:31 h	129	1:30:36 h	128	0:51:48 h	105	2:22:24,1 h	M Sen3	57
	120	nentwig, karin	59 hamburger hochschulen	0:22:08 h	65	1:09:23 h	159	1:31:31 h	135	0:51:04 h	93	2:22:35,0 h	W Sen3	237
M	121	Vitzthum, Harm	68 FC St. Pauli	0:22:30 h	79	1:00:35 h	53	1:23:05 h	51	0:59:42 h	171	2:22:47,2 h	M Sen1	69
M	122	Croissier, René	50 TuS Holstein Quickborn	0:24:32 h	138	1:04:27 h	107	1:28:59 h	116	0:54:20 h	134	2:23:19,5 h	M Sen5	2
	123	Ehrenberg, Frank	59 SG Deutsche Bank	0:23:22 h	104	1:08:25 h	147	1:31:47 h	137	0:51:52 h	107	2:23:39,6 h	M Sen3	79
M	124	Sievers, Marc	81 Kaifu Tri Team	0:25:16 h	155	1:05:49 h	122	1:31:05 h	133	0:52:39 h	118	2:23:44,8 h	M AK 3	75
	125	Lorengel, Gerhard	64 LTV Kiel-Ost	0:25:00 h	150	1:05:53 h	123	1:30:53 h	130	0:53:08 h	123	2:24:01,2 h	M Sen2	77
M	126	Gerlach, Marc Daniel	87 TuS Holstein Quickborn	0:25:36 h	170	1:02:55 h	82	1:28:31 h	112	0:56:23 h	151	2:24:54,7 h	M AK 1	172
	127	Herrmann, Michael	61 Deutsche Bank	0:22:47 h	88	1:11:58 h	178	1:34:45 h	155	0:50:10 h	85	2:24:55,7 h	M Sen3	63
	128	Felger, Fritz	59 Hamburg	0:24:17 h	133	1:08:59 h	156	1:33:16 h	149	0:51:50 h	106	2:25:06,2 h	M Sen3	99
	129	Lüders, Kerstin	63 Tri Michels	0:23:05 h	98	1:11:33 h	176	1:34:38 h	154	0:50:30 h	87	2:25:08,3 h	W Sen2	214
	130	GÜNTHER, Britt	67 Tri EMTV Elmshorn	0:24:31 h	137	1:05:56 h	124	1:30:27 h	125	0:55:00 h	138	2:25:27,3 h	W Sen1	236
	131	Grube, Claudia	63 SG Wasserratten Norderstedt	0:24:09 h	127	1:09:21 h	158	1:33:30 h	150	0:52:03 h	111	2:25:33,9 h	W Sen2	227
	132	Warkentien, Bernd	64 Triabolos Hamburg e.V.	0:24:09 h	128	1:05:04 h	117	1:29:13 h	118	0:56:23 h	150	2:25:36,0 h	M Sen2	32
	133	Kohlermann, Kay	69 RG Uni Hamburg	0:23:37 h	109	1:12:00 h	179	1:35:37 h	161	0:50:15 h	86	2:25:52,1 h	M Sen1	145
M	134	Buroh, Nikolai	67 Triabolos Hamburg eV	0:26:30 h	179	1:01:47 h	66	1:28:17 h	110	0:57:37 h	159	2:25:54,7 h	M Sen1	118
	135	Steffenhagen, Diana	85 SG Wasserratten Norderstedt	0:25:31 h	165	1:05:59 h	125	1:31:30 h	134	0:54:40 h	136	2:26:10,3 h	W AK 2	248
	136	Panzer, Stefan	61 TSV Hittfeld	0:23:42 h	115	1:09:02 h	157	1:32:44 h	145	0:53:44 h	132	2:26:28,5 h	M Sen3	208
B	137	Merta, Stefan	66 BSG Generali	0:22:25 h	76	1:14:49 h	194	1:37:14 h	177	0:49:22 h	70	2:26:36,1 h	M Sen2	130
M	138	Kunst, Sabine	70 Triabolos Hamburg e.V.	0:24:47 h	146	1:06:45 h	133	1:31:32 h	136	0:55:12 h	141	2:26:44,6 h	W Sen1	218
B	139	Wandschneider, Dirk	63 BSG Airbus HH	0:24:07 h	124	1:11:27 h	175	1:35:34 h	160	0:51:41 h	102	2:27:15,3 h	M Sen2	74
M	140	Trowitzsch, Katharina	79 Tribalolos Hamburg	0:23:40 h	114	1:10:29 h	164	1:34:09 h	153	0:53:24 h	126	2:27:33,0 h	W AK 3	253
	141	Rohde, Rüdiger	54 werk3	0:25:51 h	171	1:04:54 h	114	1:30:45 h	129	0:56:55 h	155	2:27:40,5 h	M Sen4	56
M	142	Steinkühler, Thomas	57 TuS Holstein Quickborn	0:22:55 h	93	1:04:28 h	108	1:27:23 h	103	1:00:59 h	175	2:28:22,7 h	M Sen3	139
	143	Peithmann, Norbert	58 Hamburg	0:25:03 h	152	1:08:56 h	155	1:33:59 h	152	0:54:44 h	137	2:28:43,4 h	M Sen3	125
	144	Kracht, Bastian	77 Hamburg	0:23:44 h	116	1:08:51 h	153	1:32:35 h	143	0:56:17 h	149	2:28:52,7 h	M AK 3	55
M	145	Röhling, Stefan	62 Team Triathlon Hamburger H	0:24:58 h	148	1:04:30 h	109	1:29:28 h	120	0:59:31 h	168	2:28:59,1 h	M Sen2	210
	146	Schmidt, Axel	58 BSG Orthopädie Norderstedt	0:24:03 h	118	1:12:54 h	185	1:36:57 h	176	0:52:13 h	114	2:29:10,4 h	M Sen3	166
B	147	Schaumann, Oliver	63 Airbus SG HH	0:25:14 h	154	1:07:26 h	138	1:32:40 h	144	0:56:48 h	153	2:29:28,9 h	M Sen2	178
	148	Naervig-Jensen, Philipp	81 Hamburg	0:24:33 h	139	1:07:25 h	137	1:31:58 h	139	0:57:47 h	161	2:29:45,2 h	M AK 3	198
	149	Niebelschuetz, Gerd	62 Grong IL	0:24:09 h	129	1:12:31 h	183	1:36:40 h	173	0:53:27 h	127	2:30:07,6 h	M Sen2	202
	150	Siems, Holger	65 BSG Hamburg Wasser	0:25:22 h	160	1:12:38 h	184	1:38:00 h	182	0:52:08 h	113	2:30:08,4 h	M Sen2	262
B	151	Kamrad, Hubert	55 SG Stern Hamburg	0:24:27 h	135	1:06:37 h	130	1:31:04 h	132	0:59:07 h	165	2:30:11,3 h	M Sen4	33
	152	Niedieck, Henrik	73 SG Wasserratten	0:28:52 h	197	1:03:33 h	94	1:32:25 h	142	0:58:34 h	164	2:30:59,7 h	M AK 4	124
	153	Kurz, Christian	83 VAF Hamburg	0:27:50 h	189	1:08:14 h	146	1:36:04 h	166	0:55:35 h	143	2:31:39,6 h	M AK 2	50
M	154	Hentzien, René	69 VAF Hamburg	0:27:51 h	190	1:08:12 h	145	1:36:03 h	165	0:55:37 h	144	2:31:40,7 h	M Sen1	102
	155	Jakobs, Gerrit	78 hamburg	0:23:39 h	112	1:08:36 h	150	1:32:15 h	140	0:59:32 h	169	2:31:47,8 h	M AK 3	201
	156	Vieth, Arne	73 Ellerau	0:24:59 h	149	1:11:09 h	170	1:36:08 h	168	0:55:48 h	145	2:31:56,8 h	M AK 4	138

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
B	157 Lohmann, Rolf Michael	60	SG Stern Hamburg	0:25:18 h	157	1:12:57 h	186	1:38:15 h	183	0:53:43 h	131	2:31:58,9 h	M Sen3	64
	158 Pitzke, Christian	65	BSG IKEA MOORFLEET	0:23:13 h	99	1:13:19 h	188	1:36:32 h	170	0:55:34 h	142	2:32:06,5 h	M Sen2	58
	159 Beyer, Stephanie	79	HSU	0:27:26 h	186	1:08:32 h	149	1:35:58 h	163	0:56:16 h	148	2:32:14,9 h	W AK 3	252
	160 Milz, André	61	BSG Hamburger Hochschuler	0:25:02 h	151	1:09:59 h	162	1:35:01 h	156	0:57:43 h	160	2:32:44,5 h	M Sen3	105
	161 Olmos Pino, Mario Antonio	64	Tri-Michels Hamburg	0:25:24 h	161	1:07:51 h	144	1:33:15 h	148	0:59:34 h	170	2:32:49,0 h	M Sen2	256
	162 Wieck, Andreas	58	BSG Beiersdorf AG	0:24:06 h	122	1:12:07 h	180	1:36:13 h	169	0:57:04 h	156	2:33:17,3 h	M Sen3	26
	163 Gebauer, Monika	68	Kaltenkirchen	0:25:17 h	156	1:11:22 h	171	1:36:39 h	172	0:56:52 h	154	2:33:31,0 h	W Sen1	216
	164 Schröder, Ralf	63	SG Wasserratten Norderstedt	0:26:28 h	177	1:06:43 h	132	1:33:11 h	147	1:00:22 h	172	2:33:33,9 h	M Sen2	62
	165 Böhler, Eugen	69	TSG Bergedorf	0:23:20 h	102	1:08:29 h	148	1:31:49 h	138	1:01:47 h	180	2:33:36,2 h	M Sen1	119
	166 Leifels, Gabi	66	BSG Siemens	0:25:28 h	163	1:12:28 h	182	1:37:56 h	181	0:56:08 h	147	2:34:04,6 h	W Sen2	245
	167 Lang, Joachim	64	TRI EMTV Elmshorn	0:25:10 h	153	1:07:43 h	142	1:32:53 h	146	1:01:26 h	177	2:34:19,4 h	M Sen2	174
	168 Goebel, Robert	67	BSG Commerzbank	0:26:17 h	174	1:07:38 h	141	1:33:55 h	151	1:00:46 h	174	2:34:41,5 h	M Sen1	25
B	169 Goebel, Petra	69	BSG Siemens	0:26:17 h	173	1:12:19 h	181	1:38:36 h	185	0:56:07 h	146	2:34:43,1 h	W Sen1	251
	170 peckmann, carsten	67	bsg tchibo	0:25:34 h	168	1:11:02 h	168	1:36:36 h	171	0:58:18 h	163	2:34:54,1 h	M Sen1	86
M	171 Parge, Sabine	64	Triabolos Hamburg e.V.	0:26:21 h	175	1:11:07 h	169	1:37:28 h	180	0:57:30 h	158	2:34:58,1 h	W Sen2	212
	172 Sylvester, Olaf	66	TSV Brekendorf	0:25:20 h	158	1:11:25 h	172	1:36:45 h	174	0:58:16 h	162	2:35:01,6 h	M Sen2	10
	173 Breitenstein, Kerstin	71	Triabolos	0:27:08 h	183	1:08:54 h	154	1:36:02 h	164	0:59:10 h	166	2:35:12,7 h	W Sen1	250
	174 Nielsen, Holger	57	Heede	0:25:34 h	167	1:14:38 h	192	1:40:12 h	189	0:55:09 h	140	2:35:21,0 h	M Sen3	11
	175 Wittke, Mitja	81	Triabolos Hamburg e.V.	0:24:36 h	144	1:15:38 h	196	1:40:14 h	190	0:56:27 h	152	2:36:41,6 h	M AK 3	28
	176 Wördehoff, Karsten	73	Hamburg	0:25:35 h	169	1:10:30 h	165	1:36:05 h	167	1:01:37 h	178	2:37:42,0 h	M AK 4	156
	177 Peters, Jürgen	51	Werk3 Triathlon Hamburg	0:28:04 h	191	1:10:14 h	163	1:38:18 h	184	0:59:27 h	167	2:37:45,3 h	M Sen5	135
M	178 Strokosch, Michael	70	Kaifu Tri Team	0:23:56 h	117	1:06:28 h	128	1:30:24 h	124	1:07:45 h	196	2:38:09,4 h	M Sen1	181
	179 Gäbert, Jana Lisa	80	Tri Michels Hamburg	0:25:33 h	166	1:09:54 h	161	1:35:27 h	159	1:02:43 h	182	2:38:10,3 h	W AK 3	240
	180 Thron, Matthias	80	Hamburg	0:24:33 h	140	1:07:50 h	143	1:32:23 h	141	1:05:48 h	193	2:38:11,8 h	M AK 3	12
	181 Niebuhr, Jens	69	SG Wasserratten Norderstedt	0:26:29 h	178	1:08:43 h	152	1:35:12 h	158	1:04:14 h	188	2:39:26,9 h	M Sen1	164
	182 Scheidel, Mona	70	SG Wasserratten Norderstedt	0:28:06 h	192	1:06:56 h	134	1:35:02 h	157	1:05:00 h	192	2:40:02,4 h	W Sen1	259
	183 Böhnstedt, Andreas	72	Hamburg	0:23:23 h	105	1:13:26 h	190	1:36:49 h	175	1:04:05 h	187	2:40:54,8 h	M AK 4	147
M	184 Möller, Vibeke	81	Triabolos Hamburg	0:27:40 h	188	1:09:37 h	160	1:37:17 h	178	1:04:27 h	189	2:41:44,6 h	W AK 3	215
	185 Stoll, Timo	72	VFL-Jesteburg	0:28:19 h	194	1:11:26 h	173	1:39:45 h	188	1:02:34 h	181	2:42:19,5 h	M AK 4	112
	186 Lüdtkke, Marika	79	BSG Generali	0:27:07 h	182	1:14:39 h	193	1:41:46 h	194	1:00:43 h	173	2:42:29,4 h	W AK 3	222
	187 Leifeld, Jürgen	68	Wasserratten Norderstedt	0:25:52 h	172	1:13:03 h	187	1:38:55 h	186	1:04:37 h	190	2:43:32,3 h	M Sen1	205
M	188 Dohrn, Frank	58	AMTV Hamburg	0:30:04 h	203	1:10:36 h	166	1:40:40 h	191	1:03:48 h	185	2:44:28,8 h	M Sen3	106
B	189 Hahn, Marion	54	BSG Siemens	0:28:10 h	193	1:15:28 h	195	1:43:38 h	196	1:01:23 h	176	2:45:01,7 h	W Sen4	234
	190 Kemp, Alexander	78	RVA Stade	0:24:28 h	136	0:55:34 h	12	1:20:02 h	40	1:25:31 h	211	2:45:33,7 h	M AK 3	8
	191 Lauer, Birte	76	Kölln Team	0:27:04 h	180	1:08:41 h	151	1:35:45 h	162	1:10:23 h	200	2:46:08,0 h	W AK 4	211
	192 Bennewitz, Ralf	67	Hamburg	0:24:05 h	120	1:13:19 h	189	1:37:24 h	179	1:08:55 h	198	2:46:19,3 h	M Sen1	185
	193 Rühmann, Henrik	69	Elmshorn	0:27:25 h	185	1:11:47 h	177	1:39:12 h	187	1:09:49 h	199	2:49:01,8 h	M Sen1	95
B	194 Hardie, Peter	54	Lufthansa SV	0:27:22 h	184	1:19:07 h	203	1:46:29 h	199	1:03:44 h	184	2:50:13,5 h	M Sen4	189
M	195 Krohn, Daniela	84	AMTV Hamburg	0:29:06 h	199	1:20:02 h	205	1:49:08 h	205	1:01:43 h	179	2:50:51,2 h	W AK 2	229

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
B	196 Eppich, Kristin	79	BSG OTTO aktiv Triathlon	0:26:26 h	176	1:18:32 h	202	1:44:58 h	197	1:05:55 h	194	2:50:53,1 h	W AK 3	225
	197 Plantholz, Daniela	73	Hamburg	0:29:31 h	200	1:17:51 h	199	1:47:22 h	202	1:03:52 h	186	2:51:14,0 h	W AK 4	228
	198 Petersen, Karin	61	Triabolos Hamburg e.V.	0:28:46 h	196	1:21:58 h	207	1:50:44 h	206	1:02:55 h	183	2:53:39,4 h	W Sen3	220
B	199 Wolf, Uta	78	BSG TK	0:30:56 h	209	1:17:54 h	200	1:48:50 h	204	1:05:00 h	191	2:53:50,4 h	W AK 3	241
	200 Lee, Jane C.	73	Tri Michels Hamburg e.V.	0:29:49 h	202	1:13:43 h	191	1:43:32 h	195	1:11:14 h	201	2:54:46,2 h	W AK 4	221
M	201 Ramelow, Holger	65	AMTV Hamburg	0:30:26 h	205	1:16:24 h	197	1:46:50 h	200	1:08:11 h	197	2:55:01,3 h	M Sen2	90
B	202 Sievers, Susanne	67	BSG ERGOsports BSVHH	0:29:33 h	201	1:11:26 h	174	1:40:59 h	192	1:14:32 h	206	2:55:31,0 h	W Sen1	230
	203 Nasner-Plantholz, Christian	69	Hamburg	0:30:10 h	204	1:10:53 h	167	1:41:03 h	193	1:14:41 h	207	2:55:44,5 h	M Sen1	85
	204 Bridstrup, Jens	71	TSV Kronshagen	0:28:34 h	195	1:17:44 h	198	1:46:18 h	198	1:14:31 h	205	3:00:49,2 h	M Sen1	120
M	205 Behnke, Rolf	58	TuS Holstein Quickborn	0:30:38 h	206	1:18:09 h	201	1:48:47 h	203	1:12:15 h	203	3:01:02,6 h	M Sen3	34
B	206 Haubrich, Gerhard	43	Philips LG	0:27:34 h	187	1:19:42 h	204	1:47:16 h	201	1:14:06 h	204	3:01:22,1 h	M Sen6	59
	207 Pohl, Katja	69	TSG Bergedorf	0:30:49 h	207	1:25:45 h	210	1:56:34 h	210	1:07:03 h	195	3:03:37,8 h	W Sen1	233
	208 Stender, Martin	64	Lufthansa SV/BSV HH	0:33:01 h	210	1:23:16 h	209	1:56:17 h	209	1:11:15 h	202	3:07:32,2 h	M Sen2	157
M	209 Zietemann, Frank	40	Werk 3 Triathlon Hamburg	0:28:53 h	198	1:22:38 h	208	1:51:31 h	207	1:19:08 h	209	3:10:39,5 h	M Sen7	193
	210 Böhler, Olga	69	TSG Bergedorf	0:30:50 h	208	1:21:42 h	206	1:52:32 h	208	1:19:35 h	210	3:12:07,8 h	W Sen1	232
	211 Freund, Udo	38	e.on/Hanse	0:36:13 h	211	1:27:22 h	211	2:03:35 h	211	1:18:04 h	208	3:21:39,0 h	M Sen7	153