

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.	
	1	de Lannoy, Marcel	90	Tri Endurance Germany	0:17:51 h	1	0:53:57 h	3	1:11:48 h	1	0:38:23 h	1	1:50:11 h	M AK 1	79
	2	Hübenthal, Eike	83	TSG Bergedorf / TriBandits	0:18:12 h	2	0:54:17 h	4	1:12:29 h	2	0:39:12 h	2	1:51:41 h	M AK 3	112
B	3	langfeld, peter	72	BSG Siemens	0:18:39 h	6	0:54:29 h	6	1:13:08 h	4	0:39:41 h	3	1:52:49 h	M Sen1	166
M	4	Günther, Fabian	94	Triabolos Hamburg	0:18:38 h	5	0:54:34 h	7	1:13:12 h	5	0:41:04 h	9	1:54:16 h	M AK 1	56
	5	Schuler, Martin	79	Triabolos Hamburg	0:19:00 h	10	0:54:19 h	5	1:13:19 h	6	0:41:08 h	10	1:54:27 h	M AK 4	59
	6	Nimczewski, Nils	85	Tri Endurance Germany	0:18:12 h	2	0:57:26 h	11	1:15:38 h	8	0:40:14 h	6	1:55:52 h	M AK 2	42
	7	Klindworth, Jan-Hinrich	88	Triathlon Team Braunschweig	0:19:24 h	12	0:53:35 h	2	1:12:59 h	3	0:42:59 h	16	1:55:58 h	M AK 2	29
	8	Gayer, Nils	85	Tri Endurance Germany	0:19:04 h	11	0:57:21 h	10	1:16:25 h	9	0:39:58 h	4	1:56:23 h	M AK 2	151
M	9	Wiebe, Nicholas	75	TriTeam Hamburg	0:18:41 h	7	0:58:47 h	19	1:17:28 h	12	0:40:09 h	5	1:57:37 h	M AK 4	7
	10	Glück, Christian	81	Triathlon Verein Berlin 09	0:18:42 h	8	0:59:09 h	20	1:17:51 h	15	0:40:14 h	6	1:58:05 h	M AK 3	73
	11	Schröter, Stefan	73	SG Wasserratten Norderstedt	0:20:02 h	19	0:57:40 h	13	1:17:42 h	13	0:42:16 h	11	1:59:58 h	M Sen1	1
M	12	Hesse, Daniel	80	Triabolos Hamburg	0:19:40 h	13	0:57:44 h	14	1:17:24 h	11	0:42:37 h	13	2:00:01 h	M AK 3	43
M	13	Lehmann, Sergej	86	TSG Bergedorf / TriBandits	0:18:20 h	4	1:01:15 h	26	1:19:35 h	20	0:40:39 h	8	2:00:14 h	M AK 2	57
M	14	Radke, Dirk	68	Kaifu Tri Team	0:19:41 h	14	0:58:21 h	17	1:18:02 h	16	0:42:57 h	15	2:00:59 h	M Sen2	35
	15	Niedieck, Olav	69	SG Wasserratten Norderstedt	0:21:57 h	35	0:53:08 h	1	1:15:05 h	7	0:46:08 h	31	2:01:13 h	M Sen2	2
M	16	Baas, Frank	75	Tri Michels Hamburg	0:19:59 h	18	0:56:59 h	8	1:16:58 h	10	0:44:20 h	21	2:01:18 h	M AK 4	25
M	17	Jacobsen, Thilo	73	Tri Michels Hamburg	0:20:32 h	23	0:58:05 h	16	1:18:37 h	17	0:43:14 h	17	2:01:51 h	M Sen1	28
M	18	Dannehl, Jan	69	Triabolos Hamburg	0:18:56 h	9	1:01:19 h	28	1:20:15 h	24	0:42:28 h	12	2:02:43 h	M Sen2	64
	19	Hafemann, Jonas	83	TSG Bergedorf / TriBandits	0:20:27 h	22	0:57:17 h	9	1:17:44 h	14	0:45:08 h	25	2:02:52 h	M AK 3	180
M	20	Ahrens, Hans-Björn	79	Team Triathlon Hamburger H	0:19:42 h	15	1:01:16 h	27	1:20:58 h	25	0:42:50 h	14	2:03:48 h	M AK 4	118
	21	Kröning, Wolfgang	64	Team Erdinger Alkoholfrei	0:20:37 h	25	0:59:18 h	21	1:19:55 h	21	0:44:06 h	20	2:04:01 h	M Sen3	119
M	22	Biermann, Christian	73	TuS Holstein Quickborn	0:19:52 h	17	0:59:20 h	22	1:19:12 h	18	0:46:06 h	29	2:05:18 h	M Sen1	14
M	23	Dohse, Michael	78	Tri Team Hamburg	0:20:11 h	20	0:59:49 h	23	1:20:00 h	22	0:45:25 h	26	2:05:25 h	M AK 4	137
	24	Klewer, Michael	77	Tri Fun Güstrow	0:21:39 h	30	1:00:37 h	24	1:22:16 h	28	0:43:24 h	18	2:05:40 h	M AK 4	149
M	25	Hüppe, Stefan	69	TS Harburg	0:19:51 h	16	1:02:55 h	33	1:22:46 h	29	0:43:41 h	19	2:06:27 h	M Sen2	157
	26	Frick, Axel	62	Trimaniacs	0:20:22 h	21	1:01:06 h	25	1:21:28 h	27	0:46:07 h	30	2:07:35 h	M Sen3	134
B	27	Milewski, Marek	66	BSG SG Stern Hamburg	0:22:19 h	43	0:57:49 h	15	1:20:08 h	23	0:47:38 h	43	2:07:46 h	M Sen2	111
	28	Ruth, Lothar	73	Hamburg	0:22:00 h	38	0:57:27 h	12	1:19:27 h	19	0:49:28 h	52	2:08:55 h	M Sen1	86
M	29	Hennecke, Anke	76	Kaifu Tri Team	0:21:16 h	28	1:03:31 h	39	1:24:47 h	35	0:44:47 h	23	2:09:34 h	W AK 4	153
	30	Liber, Jörg	63	SG Wasserratten Norderstedt	0:21:02 h	27	1:03:37 h	40	1:24:39 h	33	0:46:10 h	32	2:10:49 h	M Sen3	5
	31	Semdner, Martin	81	Tsv Empor Zarrentin Triathlor	0:21:43 h	31	1:03:03 h	35	1:24:46 h	34	0:46:27 h	34	2:11:13 h	M AK 3	177
M	32	Schmidt, Katharina	80	Triabolos Hamburg	0:21:54 h	33	1:03:22 h	37	1:25:16 h	36	0:46:01 h	28	2:11:17 h	W AK 3	54
	33	Roiss, Mika	79	Triabolos Hamburg	0:22:01 h	39	1:02:17 h	30	1:24:18 h	30	0:47:00 h	37	2:11:18 h	M AK 4	58
	34	Kastmann, Vanessa	79	Triabolos Hamburg	0:21:57 h	35	1:03:38 h	41	1:25:35 h	37	0:46:14 h	33	2:11:49 h	W AK 4	168
M	35	Klingemann, Werner	59	Triabolos Hamburg	0:21:55 h	34	1:02:39 h	32	1:24:34 h	32	0:47:18 h	41	2:11:52 h	M Sen4	102
M	36	Wolf, Stephan	70	TuS Holstein Quickborn	0:22:49 h	51	0:58:26 h	18	1:21:15 h	26	0:51:25 h	64	2:12:40 h	M Sen1	16
	37	Neumann, Uwe	73	Team Erdinger Alkoholfrei	0:22:08 h	41	1:06:10 h	51	1:28:18 h	47	0:44:24 h	22	2:12:42 h	M Sen1	81
	38	Müller, René	76	Lufthansa Sportverein	0:24:01 h	67	1:03:03 h	35	1:27:04 h	40	0:45:45 h	27	2:12:49 h	M AK 4	80
B	39	winkelmann, olaf	70	BSG Hamburg Wasser	0:22:13 h	42	1:03:38 h	41	1:25:51 h	38	0:48:30 h	46	2:14:21 h	M Sen1	122
	40	Bean, Richard	84	VAF	0:21:53 h	32	1:06:19 h	52	1:28:12 h	46	0:46:41 h	35	2:14:53 h	M AK 3	214

	Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
B	41	Jakobs, Gerrit	78	BSG HEK	0:22:01 h	39	1:02:31 h	31	1:24:32 h	31	0:50:33 h	59	2:15:05 h	M AK 4	198
M	42	Jähnig, Maximilian	89	TuS Holstein Quickborn	0:20:45 h	26	1:09:31 h	76	1:30:16 h	57	0:45:03 h	24	2:15:19 h	M AK 2	13
	43	Jacobsen, Matthias	65	SG Wasserratten Norderstedt	0:23:01 h	54	1:03:00 h	34	1:26:01 h	39	0:49:37 h	53	2:15:38 h	M Sen2	8
	44	Hildebrandt, Dirk	63	Verein Aktive Freizeit	0:22:42 h	48	1:04:30 h	44	1:27:12 h	42	0:48:42 h	47	2:15:54 h	M Sen3	67
	45	Wams, Martin	65	Hamburg	0:20:33 h	24	1:08:49 h	70	1:29:22 h	50	0:46:47 h	36	2:16:09 h	M Sen2	40
	46	Vieth, Arne	73	Triabolos Hamburg	0:22:38 h	46	1:06:54 h	56	1:29:32 h	51	0:47:01 h	38	2:16:33 h	M Sen1	26
	47	Leschik, Marius	89	TT HSU Hamburg	0:23:07 h	56	1:06:54 h	56	1:30:01 h	55	0:47:09 h	39	2:17:10 h	M AK 2	61
M	48	Jarren, Sabine	66	Triabolos Hamburg	0:22:59 h	53	1:04:34 h	45	1:27:33 h	45	0:49:46 h	55	2:17:19 h	W Sen2	224
	49	Heiden, Lasse	79	USC Kiel	0:22:46 h	50	1:07:34 h	63	1:30:20 h	58	0:47:14 h	40	2:17:34 h	M AK 4	97
	50	Hümmecke, Manfred	53	TUS Holtenau Kiel	0:23:05 h	55	1:05:26 h	47	1:28:31 h	48	0:49:07 h	49	2:17:38 h	M Sen5	152
	51	Karkowski, Axel	68	Hamburger SV Triathlon	0:23:48 h	64	1:03:23 h	38	1:27:11 h	41	0:50:46 h	61	2:17:57 h	M Sen2	24
B	52	Lieske, Christoph	81	BSG Philips LG	0:22:21 h	44	1:07:39 h	64	1:30:00 h	54	0:49:00 h	48	2:19:00 h	M AK 3	44
M	53	Betche, Josephin	93	Top-Tri-Team-Hamburg	0:21:28 h	29	1:05:58 h	50	1:27:26 h	44	0:51:47 h	66	2:19:13 h	W AK 1	70
M	54	Pille, Bernd	63	TSH Triathlon Team	0:22:44 h	49	1:06:55 h	58	1:29:39 h	52	0:49:44 h	54	2:19:23 h	M Sen3	78
	55	Kastmann, Jan	79	Triabolos Hamburg	0:25:26 h	82	1:01:56 h	29	1:27:22 h	43	0:52:30 h	68	2:19:52 h	M AK 4	167
	56	Feidler, David	70	Hamburg	0:24:18 h	70	1:07:39 h	64	1:31:57 h	64	0:48:00 h	44	2:19:57 h	M Sen1	131
M	57	da Cruz, Paulo	69	Triabolos Hamburg	0:22:36 h	45	1:10:09 h	80	1:32:45 h	68	0:48:01 h	45	2:20:46 h	M Sen2	141
	58	Grote, Stephan	83	Mach 3 Sportzentrum	0:23:56 h	65	1:06:58 h	59	1:30:54 h	59	0:50:51 h	62	2:21:45 h	M AK 3	17
	59	Mora Alvarez, David Fernan	73	BSG Commerzbank	0:22:40 h	47	1:10:15 h	81	1:32:55 h	72	0:49:20 h	51	2:22:15 h	M Sen1	217
	60	Isenberg, Verena	81	Triabolos Hamburg	0:22:57 h	52	1:09:11 h	73	1:32:08 h	65	0:50:14 h	56	2:22:22 h	W AK 3	32
	61	Schlatter, Elvira	66	Tri Endurance Germany	0:23:57 h	66	1:07:12 h	61	1:31:09 h	60	0:51:15 h	63	2:22:24 h	W Sen2	125
	62	Eichblatt, Mirko	75	Lufthansa Sportverein	0:24:46 h	73	1:04:15 h	43	1:29:01 h	49	0:53:28 h	70	2:22:29 h	M AK 4	108
M	63	Steinkühler, Thomas	57	TuS Holstein Quickborn	0:23:36 h	61	1:06:34 h	55	1:30:10 h	56	0:52:27 h	67	2:22:37 h	M Sen4	18
	64	Westerfeld, Sabine	66	Team Erdinger Alkoholfrei	0:23:36 h	61	1:10:20 h	82	1:33:56 h	76	0:49:15 h	50	2:23:11 h	W Sen2	109
	65	Skroblin, Joachim	59	Spiridon Oldesloe	0:23:20 h	59	1:09:26 h	75	1:32:46 h	70	0:50:27 h	58	2:23:13 h	M Sen4	215
M	66	Spijker, Rüdiger	60	Tri-Michels Hamburg	0:24:15 h	69	1:05:32 h	48	1:29:47 h	53	0:53:34 h	72	2:23:21 h	M Sen3	95
B	67	Hein, Kerstin	77	Athlético Bacardi	0:23:08 h	57	1:09:44 h	77	1:32:52 h	71	0:50:42 h	60	2:23:34 h	W AK 4	69
	68	Conrad, Bernd	72	hamburg	0:21:58 h	37	1:15:01 h	97	1:36:59 h	83	0:47:29 h	42	2:24:28 h	M Sen1	50
	69	Goebel, Robert	67	BSG Commerzbank	0:25:08 h	80	1:06:26 h	54	1:31:34 h	61	0:53:43 h	73	2:25:17 h	M Sen2	110
	70	Laurisch, Wolf	72		0:24:09 h	68	1:07:42 h	66	1:31:51 h	63	0:54:51 h	79	2:26:42 h	M Sen1	226
	71	Schönebeck, Susanne	74	SC Itzehoe	0:23:38 h	63	1:12:40 h	89	1:36:18 h	82	0:50:26 h	57	2:26:44 h	W Sen1	221
	72	GÜNTHER, Britt	67	Tri EMTV Elmshorn	0:24:51 h	76	1:09:04 h	72	1:33:55 h	75	0:53:26 h	69	2:27:21 h	W Sen2	39
B	73	Weskamm, Rüdiger	55	BSG Siemens	0:24:54 h	77	1:07:33 h	62	1:32:27 h	66	0:55:55 h	85	2:28:22 h	M Sen4	66
	74	Klewer, Anke	79	TSV Quellenhaupt Bornhöved	0:26:20 h	88	1:06:19 h	52	1:32:39 h	67	0:56:14 h	88	2:28:53 h	W AK 4	147
	75	Hölscher, Niels	72	Tri EMTV Elmshorn	0:25:33 h	83	1:07:49 h	68	1:33:22 h	73	0:55:35 h	82	2:28:57 h	M Sen1	230
	76	Buchholz, Thomas	84	BSG Commerzbank	0:25:08 h	80	1:10:05 h	79	1:35:13 h	78	0:54:07 h	75	2:29:20 h	M AK 3	45
M	77	Lüders, Kerstin	63	Tri-Michels Hamburg	0:24:39 h	71	1:11:03 h	83	1:35:42 h	80	0:54:02 h	74	2:29:44 h	W Sen3	99
	78	Rother, Jörg	66	Henstedt-Ulzburg	0:26:33 h	92	1:07:44 h	67	1:34:17 h	77	0:55:43 h	83	2:30:00 h	M Sen2	98
	79	Rohde, Rüdiger	54	BSG Laufwerk	0:27:02 h	99	1:08:33 h	69	1:35:35 h	79	0:54:26 h	76	2:30:01 h	M Sen5	197
	80	Peckmann, Carsten	67	Hamburg	0:25:53 h	85	1:12:54 h	91	1:38:47 h	88	0:51:29 h	65	2:30:16 h	M Sen2	163

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
	81 Otten, Jörg	66	Kastorf	0:26:29 h	91	1:07:06 h	60	1:33:35 h	74	0:58:19 h	93	2:31:54 h	M Sen2	188
	82 Stricker, Kai	82	RST Malente	0:26:34 h	94	1:09:14 h	74	1:35:48 h	81	0:56:08 h	87	2:31:56 h	M AK 3	55
	83 Neumann, Dirk	67	Trimaniacs	0:24:47 h	75	1:12:26 h	88	1:37:13 h	84	0:54:56 h	80	2:32:09 h	M Sen2	138
	84 Riedel, Carsten	60	Trimaniacs	0:26:58 h	98	1:05:47 h	49	1:32:45 h	68	0:59:34 h	95	2:32:19 h	M Sen3	136
M	85 Peemöller, Hans Hermann	54	HT 16	0:23:18 h	58	1:16:27 h	104	1:39:45 h	91	0:54:30 h	77	2:34:15 h	M Sen5	103
	86 Rohde, Eike	70	BSG Commerzbank	0:25:03 h	79	1:13:17 h	92	1:38:20 h	87	0:56:47 h	90	2:35:07 h	M Sen1	150
	87 Frick, Björn	92	Trimaniacs	0:26:28 h	90	1:13:54 h	94	1:40:22 h	95	0:54:48 h	78	2:35:10 h	M AK 1	135
	88 Oppermann, Timo	76	Triabolos Hamburg	0:26:25 h	89	1:05:10 h	46	1:31:35 h	62	1:04:00 h	107	2:35:35 h	M AK 4	107
	89 Schäfer, Felix	86	Triabolos Hamburg	0:23:21 h	60	1:16:53 h	105	1:40:14 h	94	0:56:34 h	89	2:36:48 h	M AK 2	220
B	90 Mehrkens, Hans-Werner	55	BSG Finanzamt Blankenese	0:24:46 h	73	1:16:00 h	100	1:40:46 h	96	0:56:03 h	86	2:36:49 h	M Sen4	87
	91 Stokloßa, Michael	83	Triabolos Hamburg	0:26:00 h	86	1:11:37 h	85	1:37:37 h	85	0:59:39 h	96	2:37:16 h	M AK 3	181
	92 Mock, Roland	58	Tri-Michels Hamburg	0:25:42 h	84	1:16:18 h	102	1:42:00 h	99	0:55:46 h	84	2:37:46 h	M Sen4	22
	93 Allonge, Andreas	68	SV Rot-Gelb Hamburg	0:28:56 h	108	1:09:54 h	78	1:38:50 h	89	0:59:55 h	97	2:38:45 h	M Sen2	205
	94 Förtsch, Reinhard	64	Tri Michels Hamburg	0:26:33 h	92	1:15:12 h	98	1:41:45 h	98	0:57:10 h	91	2:38:55 h	M Sen3	106
M	95 Holste, Thorsten	60	FC St. Pauli Triathlon	0:24:45 h	72	1:20:57 h	110	1:45:42 h	108	0:53:28 h	70	2:39:10 h	M Sen3	201
	96 Bange, Isabel	85	Lufthansa Sportverein	0:28:46 h	107	1:15:33 h	99	1:44:19 h	105	0:55:12 h	81	2:39:31 h	W AK 2	92
B	97 Warnecke-Jerol, Margret	61	BSG SG Stern Hamburg	0:26:34 h	94	1:11:34 h	84	1:38:08 h	86	1:01:30 h	102	2:39:38 h	W Sen3	126
B	98 Ehrenberg, Frank	59	BSG SG Deutsche Bank	0:24:55 h	78	1:17:06 h	106	1:42:01 h	100	0:58:04 h	92	2:40:05 h	M Sen4	183
M	99 Stenzel, Michael	67	Top-Tri-Team-Hamburg	0:27:47 h	103	1:12:11 h	87	1:39:58 h	92	1:01:06 h	99	2:41:04 h	M Sen2	113
B	100 Kamrad, Hubert	55	BSG SG Stern Hamburg	0:26:44 h	96	1:16:18 h	102	1:43:02 h	101	0:58:38 h	94	2:41:40 h	M Sen4	124
	101 kruse, jens	69	tornesch	0:26:13 h	87	1:13:24 h	93	1:39:37 h	90	1:02:52 h	106	2:42:29 h	M Sen2	37
	102 Neustädt, Mathias	81	Brunsbek	0:28:30 h	106	1:12:45 h	90	1:41:15 h	97	1:01:57 h	103	2:43:12 h	M AK 3	173
	103 Wiesmann, Thomas	64	SG Wasserratten Norderstedt	0:31:05 h	111	1:09:02 h	71	1:40:07 h	93	1:04:37 h	110	2:44:44 h	M Sen3	12
M	104 Kranz, Uwe	42	TuS Holstein Quickborn	0:27:30 h	100	1:16:06 h	101	1:43:36 h	103	1:02:19 h	105	2:45:55 h	M Sen7	19
	104 Wesselhöft, Axel	70	Triabolos Hamburg	0:31:54 h	113	1:11:54 h	86	1:43:48 h	104	1:02:07 h	104	2:45:55 h	M Sen1	47
	106 Thalheim, Thomas	56	RV Altona e.V.	0:27:49 h	104	1:17:10 h	107	1:44:59 h	106	1:01:14 h	100	2:46:13 h	M Sen4	62
B	107 Haubrich, Gerhard	43	BSG Philips LG	0:27:45 h	102	1:18:26 h	108	1:46:11 h	109	1:00:45 h	98	2:46:56 h	M Sen7	179
B	108 Wiens, Jochen	64	BSG SG Stern Hamburg	0:26:50 h	97	1:19:53 h	109	1:46:43 h	110	1:01:27 h	101	2:48:10 h	M Sen3	121
	109 Sievers, Susanne	67	Sport-Club Itzehoe	0:29:09 h	109	1:14:03 h	95	1:43:12 h	102	1:08:59 h	111	2:52:11 h	W Sen2	85
M	110 Hillebrand, Ralph	71	TuS Holstein Quickborn	0:27:36 h	101	1:21:08 h	111	1:48:44 h	111	1:04:29 h	109	2:53:13 h	M Sen1	20
	111 Boeder, Bernd	63	Halstenbek	0:30:13 h	110	1:14:59 h	96	1:45:12 h	107	1:09:08 h	112	2:54:20 h	M Sen3	207
	112 Drosihn, Sandra	81	Triabolos Hamburg	0:28:26 h	105	1:28:08 h	114	1:56:34 h	112	1:04:12 h	108	3:00:46 h	W AK 3	74
	113 Barnekow, Kirsten	67	SG Wasserratten Norderstedt	0:31:50 h	112	1:25:28 h	112	1:57:18 h	113	1:09:48 h	114	3:07:06 h	W Sen2	15
B	114 Wolf, Uta	78	BSG TK	0:32:58 h	114	1:26:10 h	113	1:59:08 h	114	1:09:46 h	113	3:08:54 h	W AK 4	209