

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.	
M	1	Kores, Robert	86	ProEnzym Tri Team Hamburg	0:17:35 h	4	0:51:21 h	1	1:08:56 h	1	0:39:31 h	3	1:48:27 h	MAK 3	64
M	2	Schröter, Max	93	ProEnzym Tri Team Hamburg	0:16:56 h	1	0:53:58 h	5	1:10:54 h	3	0:38:05 h	2	1:48:59 h	MAK 1	75
M	3	Herber, Philipp	89	ProEnzym Tri Team Hamburg	0:17:34 h	3	0:53:27 h	3	1:11:01 h	4	0:39:44 h	4	1:50:45 h	MAK 2	198
S	4	95-94-93		Grube, Grube, Rips	0:18:07 h	5	0:55:57 h	9	1:14:04 h	5	0:37:49 h	1	1:51:53 h	Staffel-M	418
M	5	Fritzenschaft, Julian	91	ProEnzym Tri Team Hamburg	0:17:18 h	2	0:51:48 h	2	1:09:06 h	2	0:43:04 h	14	1:52:10 h	MAK 2	199
	6	Gehse, Frank	67	SG Wasserratten Nordersted	0:18:11 h	6	0:56:15 h	10	1:14:26 h	9	0:42:13 h	8	1:56:39 h	M Sen2	85
M	7	Wezyk, Hendrik von	81	Triabolos	0:18:47 h	12	0:55:35 h	8	1:14:22 h	8	0:42:40 h	11	1:57:02 h	MAK 4	31
M	8	Höfeler, Thormen	92	Triabolos Hamburg e.V.	0:18:47 h	12	0:55:31 h	7	1:14:18 h	7	0:43:07 h	15	1:57:25 h	MAK 1	88
B	9	Langfeld, Peter	72	BSG Siemens	0:18:43 h	9	0:57:28 h	17	1:16:11 h	11	0:42:03 h	7	1:58:14 h	M Sen1	94
S	10	The Flash		Schütt, Mund, Reimann	0:21:43 h	72	0:56:43 h	13	1:18:26 h	17	0:40:29 h	5	1:58:55 h	Staffel-M	438
	11	Pielbusch, Sebastian	81	1.FC Kaiserslautern	0:18:57 h	14	0:59:04 h	26	1:18:01 h	15	0:42:50 h	12	2:00:51 h	MAK 4	223
M	12	Fiermann, Christian	73	TuS Holstein Quickborn	0:19:26 h	20	0:57:09 h	16	1:16:35 h	13	0:44:38 h	20	2:01:13 h	M Sen1	78
	13	Teichert, Max	87	Triabolos	0:19:07 h	17	0:59:49 h	29	1:18:56 h	20	0:42:25 h	10	2:01:21 h	MAK 2	235
M	14	chavet, francois	80	Triabolos Hamburg e.V.	0:19:06 h	16	0:57:07 h	15	1:16:13 h	12	0:45:10 h	24	2:01:23 h	MAK 4	132
	15	Niedieck, Olav	69	SG Wasserratten Nordersted	0:20:33 h	41	0:53:37 h	4	1:14:10 h	6	0:47:21 h	39	2:01:31 h	M Sen2	57
	16	Zander, Malte	80	SC Itzehoe	0:18:33 h	7	1:00:24 h	32	1:18:57 h	22	0:43:15 h	16	2:02:12 h	MAK 4	2
S	17	TT HSU HH		Mehn, Modrow	0:18:46 h	10	1:00:26 h	33	1:19:12 h	24	0:43:25 h	17	2:02:37 h	Staffel-M	428
	18	Kampa, Pawel	80	Otto Wulff Bauunternehmung	0:20:18 h	37	0:56:47 h	14	1:17:05 h	14	0:45:58 h	29	2:03:03 h	MAK 4	165
S	19	HSU / Uni Bw Hamburg		Noltensmeier, Malzan	0:18:36 h	8	1:01:42 h	53	1:20:18 h	31	0:42:55 h	13	2:03:13 h	Staffel-M	432
	20	Borgmann, Daniel	85	Triabolos Triathlon Hamburg	0:19:23 h	19	1:01:48 h	54	1:21:11 h	41	0:42:22 h	9	2:03:33 h	MAK 3	9
S	21	LG Elmshorn und Ex		Grundt, Naumann, Pahl	0:20:12 h	33	0:55:11 h	6	1:15:23 h	10	0:48:28 h	51	2:03:51 h	Staffel-M	419
	22	Krüger, Marcel	95	SC Itzehoe	0:19:22 h	18	1:00:50 h	40	1:20:12 h	30	0:43:43 h	19	2:03:55 h	MAK 1	71
M	23	hennecke, anke	76	Kaifu Tri Team	0:19:38 h	27	1:00:57 h	42	1:20:35 h	37	0:45:10 h	24	2:05:45 h	W Sen1	92
M	24	Jähnig, Maximilian	89	TuS Holstein Quickborn	0:19:32 h	26	0:59:27 h	28	1:18:59 h	23	0:46:51 h	36	2:05:50 h	MAK 2	140
	25	Hafemann, Jonas	83	Tri-Bandits	0:20:26 h	39	0:58:30 h	23	1:18:56 h	20	0:47:12 h	37	2:06:08 h	MAK 3	189
B	26	Ohagen, Hendrik	77	BSG Philips LG Hamburg	0:20:18 h	37	1:00:00 h	31	1:20:18 h	31	0:45:58 h	29	2:06:16 h	MAK 4	63
S	27	ndr-sinfonieorchester		rocholl, Uwe	0:20:01 h	29	1:00:26 h	33	1:20:27 h	35	0:45:51 h	28	2:06:18 h	Staffel-M	436
M	28	Jacobsen, Thilo	73	Tri Michels Hamburg	0:20:15 h	35	0:58:23 h	22	1:18:38 h	18	0:48:09 h	48	2:06:47 h	M Sen1	128
S	29	Jan & Jan		Boysen, Rösener	0:19:03 h	15	1:01:28 h	48	1:20:31 h	36	0:46:34 h	34	2:07:05 h	Staffel-M	413
S	30	ARC		Boubakeur, Hettfleisch, Hettfl	0:22:07 h	81	1:03:52 h	72	1:25:59 h	76	0:41:17 h	6	2:07:16 h	Staffel-M	412
	31	Semdner, Martin	81	Zarrentin triathlon/ Reformha	0:20:36 h	44	0:58:45 h	24	1:19:21 h	25	0:48:05 h	46	2:07:26 h	MAK 4	96
S	32	Old Duo Düsentrieb		Matzen, Schirmer	0:21:53 h	76	0:57:33 h	18	1:19:26 h	26	0:48:17 h	50	2:07:43 h	Staffel-M	427
M	33	Oettinger, Christian	67	Triabolos Hamburg e.V.	0:19:28 h	23	1:03:34 h	68	1:23:02 h	50	0:44:45 h	21	2:07:47 h	M Sen2	107
	34	Ifang, Malte	83	TUS Breitscheid	0:20:33 h	41	1:00:54 h	41	1:21:27 h	45	0:46:31 h	33	2:07:58 h	MAK 3	201
S	35	good old boys		Spaja, Groth	0:23:58 h	124	0:56:37 h	12	1:20:35 h	37	0:47:41 h	41	2:08:16 h	Staffel-M	441
	36	Warneck, Marco	78	Tri Endurance Germany	0:19:28 h	23	1:01:41 h	52	1:21:09 h	40	0:47:31 h	40	2:08:40 h	MAK 4	43
M	37	Ahrens, Hans-Björn	79	Team Triathlon Hamburger H	0:19:43 h	28	1:01:19 h	47	1:21:02 h	39	0:47:54 h	45	2:08:56 h	MAK 4	27
M	38	Rath, Marcel	82	Triathlon Team Hamburg	0:20:48 h	46	1:00:28 h	36	1:21:16 h	42	0:47:46 h	42	2:09:02 h	MAK 3	23
	39	Weinrich-Mory, Arne	73	Zippel's Läuferwelt Norderste	0:19:29 h	25	1:05:09 h	82	1:24:38 h	64	0:44:53 h	22	2:09:31 h	M Sen1	89
B	40	Klindworth, Jürgen	59	BSG SG Stern Hamburg	0:20:52 h	47	1:02:30 h	60	1:23:22 h	54	0:46:10 h	31	2:09:32 h	M Sen4	55

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.	
B	41	Polster, Malte	76	BSG TÜV NORD	0:20:36 h	44	1:03:41 h	69	1:24:17 h	57	0:45:22 h	27	2:09:39 h	M Sen1	98
B	42	Friese, Hauke	85	BSG Siemens	0:21:34 h	66	0:56:32 h	11	1:18:06 h	16	0:51:49 h	83	2:09:55 h	MAK 3	209
M	43	Bastian, Jens	63	Triathlon Club Alstertal	0:20:32 h	40	0:59:50 h	30	1:20:22 h	33	0:49:38 h	58	2:10:00 h	M Sen3	234
M	44	Dierks, Sebastian	78	TuS Holstein Quickborn	0:21:07 h	61	0:58:57 h	25	1:20:04 h	27	0:50:23 h	65	2:10:27 h	MAK 4	137
S	45	TSV Dörverden		Precht, Weyer	0:19:27 h	21	1:03:48 h	70	1:23:15 h	53	0:47:52 h	44	2:11:07 h	Staffel-M	434
M	46	Rosenkranz, Sebastian	76	ProEnzym Tri Team Hamburg	0:20:52 h	47	0:59:15 h	27	1:20:07 h	29	0:51:03 h	73	2:11:10 h	M Sen1	22
M	47	Krull, Annika	88	Triabolos Hamburg e.V.	0:18:46 h	10	1:09:01 h	124	1:27:47 h	86	0:43:25 h	17	2:11:12 h	W AK 2	108
	48	Brell, Michael	65	SG Wasserratten Nordersted	0:22:23 h	87	0:57:42 h	20	1:20:05 h	28	0:51:13 h	76	2:11:18 h	M Sen3	192
B	49	Milewski, Marek	67	BSG SG Stern Hamburg	0:22:40 h	91	0:57:45 h	21	1:20:25 h	34	0:50:55 h	72	2:11:20 h	M Sen2	58
S	50	Quickies		Ludwig, Kaschke	0:20:08 h	32	1:04:24 h	77	1:24:32 h	60	0:46:49 h	35	2:11:21 h	Staffel-M	425
	51	Mireisz, Bernhard	78	Chefs Culinar	0:20:35 h	43	1:03:16 h	65	1:23:51 h	56	0:47:46 h	42	2:11:37 h	MAK 4	149
M	52	Neudörffer, Cordula	71	TuS Holstein Quickborn	0:20:56 h	50	1:02:16 h	59	1:23:12 h	52	0:48:38 h	52	2:11:50 h	W Sen2	170
	53	Frick, Axel	62	Trimaniacs	0:20:14 h	34	1:01:06 h	43	1:21:20 h	44	0:50:31 h	67	2:11:51 h	M Sen3	37
	53	Stockmann, Thomas	80	FC St. Pauli Triathlon	0:21:26 h	63	1:03:07 h	63	1:24:33 h	62	0:47:18 h	38	2:11:51 h	MAK 4	205
	55	Kröning, Wolfgang	64	Team Erdinger Alkoholfrei	0:21:06 h	60	1:00:49 h	39	1:21:55 h	46	0:50:00 h	61	2:11:55 h	M Sen3	56
	56	Klewer, Michael	77	Tri Fun Güstrow	0:22:10 h	82	1:01:37 h	50	1:23:47 h	55	0:48:53 h	53	2:12:40 h	MAK 4	53
	57	Schulze, Sven	78	Polizei-SV Eutin	0:20:59 h	54	1:01:11 h	44	1:22:10 h	48	0:50:40 h	68	2:12:50 h	MAK 4	233
S	58	Sport-Club Itzehoe		Wasmundt, Stölting, Koch	0:21:08 h	62	0:57:41 h	19	1:18:49 h	19	0:54:14 h	100	2:13:03 h	Staffel-W	408
	59	Eiduzzis, Daniel	77	Hamburger SV Triathlon	0:21:39 h	70	1:03:25 h	66	1:25:04 h	69	0:48:15 h	49	2:13:19 h	MAK 4	20
	60	Heiden, Lasse	79	USC Kiel	0:21:01 h	57	1:01:35 h	49	1:22:36 h	49	0:51:08 h	75	2:13:44 h	MAK 4	36
S	61	Laktatforscher		Sellin, Christian, Mathias	0:20:57 h	51	1:02:06 h	57	1:23:03 h	51	0:50:52 h	71	2:13:55 h	Staffel-M	440
	62	Dickow, Boris	71	TV Schießel	0:23:16 h	106	1:01:12 h	45	1:24:28 h	59	0:49:43 h	60	2:14:11 h	M Sen2	131
	63	Claudius, Stephan	59	Buxtehude	0:21:37 h	68	1:03:03 h	61	1:24:40 h	65	0:49:42 h	59	2:14:22 h	M Sen4	5
	64	Glaßmacher, Björn	76	Fortuna Düsseldorf Triathlon	0:21:00 h	56	1:04:07 h	73	1:25:07 h	71	0:49:18 h	55	2:14:25 h	M Sen1	134
	65	Hägermann, Moritz	91	Triabolos Hamburg e.V.	0:20:17 h	36	1:04:09 h	74	1:24:26 h	58	0:50:06 h	62	2:14:32 h	MAK 2	220
B	66	Danylow, Jesco Alexander	88	BSG Olympus	0:20:01 h	29	1:01:17 h	46	1:21:18 h	43	0:53:30 h	98	2:14:48 h	MAK 2	207
M	67	Helbig, Léana	81	ProEnzym Tri Team Hamburg	0:20:54 h	49	1:04:11 h	75	1:25:05 h	70	0:50:11 h	64	2:15:16 h	W AK 4	162
M	68	von der Fecht, Solveig	75	Laufwerk Hamburg e. V	0:21:54 h	77	1:04:39 h	80	1:26:33 h	79	0:49:37 h	57	2:16:10 h	W Sen1	222
	69	Grote, Stephan	83	Mach 3 Sportzentrum Hambu	0:22:50 h	95	1:03:08 h	64	1:25:58 h	75	0:50:42 h	69	2:16:40 h	MAK 3	144
	70	Feidler, David	70	Hamburg	0:21:35 h	67	1:05:55 h	94	1:27:30 h	82	0:49:11 h	54	2:16:41 h	M Sen2	65
	71	Liber, Jörg	63	SG Wasserratten Nordersted	0:20:58 h	52	1:03:49 h	71	1:24:47 h	68	0:52:07 h	88	2:16:54 h	M Sen3	24
M	72	Champion, Juliet	79	FC St. Pauli Triathlon	0:19:27 h	21	1:12:35 h	150	1:32:02 h	115	0:45:05 h	23	2:17:07 h	W AK 4	191
	73	Martens, Henning	72	Tri-Sport Lübeck	0:24:11 h	135	1:00:33 h	38	1:24:44 h	67	0:53:07 h	92	2:17:51 h	M Sen1	167
	74	Gehrke, Stefan	72	Triabolos Hamburg e.V.	0:24:10 h	131	1:00:31 h	37	1:24:41 h	66	0:53:11 h	95	2:17:52 h	M Sen1	41
	75	Foks, Benjamin	82	Tri Endurance Germany	0:21:42 h	71	1:00:27 h	35	1:22:09 h	47	0:55:46 h	113	2:17:55 h	MAK 3	197
	76	Schunck, Kolin	87	Team Triathlon Hamburger H	0:21:04 h	58	1:07:16 h	108	1:28:20 h	89	0:50:08 h	63	2:18:28 h	MAK 2	200
S	77	SG Wasserratten Norderste		Neuefeind, Neuefeind	0:23:54 h	119	1:09:25 h	127	1:33:19 h	125	0:45:14 h	26	2:18:33 h	Staffel-M	430
	78	Detlefs, Mirko	70	LG Albatros Kiel	0:23:56 h	122	1:03:27 h	67	1:27:23 h	81	0:51:31 h	78	2:18:54 h	M Sen2	215
M	79	Oediger, Florian	79	FC St. Pauli Triathlon	0:20:02 h	31	1:07:53 h	113	1:27:55 h	87	0:51:04 h	74	2:18:59 h	MAK 4	229
M	80	Thom, Marcus	69	TS Harburg	0:21:31 h	65	1:04:21 h	76	1:25:52 h	74	0:53:12 h	96	2:19:04 h	M Sen2	44

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
S	81 Karkowski, Axel	68	Hamburger SV Triathlon	0:21:55 h	78	1:04:32 h	78	1:26:27 h	77	0:52:50 h	91	2:19:17 h	M Sen2	154
	82 triabolos triathlon hamburg		Wehrmann, Wehrmann, Weh	0:20:58 h	52	1:07:47 h	112	1:28:45 h	94	0:50:45 h	70	2:19:30 h	Staffel-M	443
	83 Borgman, Henrik	76	SV Poseidon	0:22:37 h	90	1:01:59 h	56	1:24:36 h	63	0:54:58 h	106	2:19:34 h	M Sen1	114
	84 Schwerin, Adrian	84	BSG TK	0:22:46 h	93	1:06:36 h	101	1:29:22 h	98	0:50:25 h	66	2:19:47 h	M AK 3	120
	85 Jensen, Olaf	68	Canon beActive	0:22:40 h	91	1:05:42 h	93	1:28:22 h	90	0:51:46 h	82	2:20:08 h	M Sen2	112
M	86 Pille, Bernd	63	Turnerschaft Harburg	0:22:12 h	84	1:05:26 h	88	1:27:38 h	85	0:53:10 h	94	2:20:48 h	M Sen3	74
	87 Hamann, Jan	83	Tri Michels Hamburg	0:21:29 h	64	1:07:09 h	106	1:28:38 h	92	0:52:18 h	90	2:20:56 h	MAK 3	8
M	88 Habekost, Martin	65	Triabolos Hamburg e.V.	0:22:47 h	94	1:07:05 h	103	1:29:52 h	102	0:51:23 h	77	2:21:15 h	M Sen3	139
	88 Döring, Matthias	64	25469 Halstenbek	0:23:41 h	113	1:05:20 h	87	1:29:01 h	97	0:52:14 h	89	2:21:15 h	M Sen3	225
S	90 BauCon		Conrad, Biermann, Hoch	0:23:55 h	121	1:11:08 h	143	1:35:03 h	137	0:46:22 h	32	2:21:25 h	Staffel-M	415
S	91 TuS Holstein Quickborn 2		Seemann, Hartung	0:20:59 h	54	1:04:52 h	81	1:25:51 h	73	0:55:45 h	112	2:21:36 h	Staffel-M	439
	92 Fröhling, Thomas	68	Hamburger Laufladen	0:21:50 h	75	1:07:59 h	114	1:29:49 h	100	0:51:53 h	85	2:21:42 h	M Sen2	106
M	93 Dabelstein, Lutz-Stephan	61	Triabolos Hamburg e.V.	0:22:59 h	101	1:05:14 h	83	1:28:13 h	88	0:53:57 h	99	2:22:10 h	M Sen4	26
M	94 Hölscher, Nadine	85	Triathlon Club Alstertal	0:22:10 h	82	1:05:27 h	89	1:27:37 h	84	0:55:13 h	109	2:22:50 h	W AK 3	86
B	95 Jux, Michael	66	BSG SG Stern Hamburg	0:23:42 h	115	1:05:16 h	86	1:28:58 h	96	0:54:22 h	101	2:23:20 h	M Sen3	60
S	96 JoJo 2016		Gundelach, Kirste	0:24:05 h	128	1:01:38 h	51	1:25:43 h	72	0:57:38 h	131	2:23:21 h	Staffel-M	420
	97 Werner, André	92	Hamburg	0:22:03 h	79	1:09:47 h	132	1:31:50 h	113	0:51:43 h	81	2:23:33 h	MAK 1	46
	98 Jenß, Jan Ole	71	Tri Endurance Germany	0:21:04 h	58	1:06:31 h	100	1:27:35 h	83	0:56:11 h	119	2:23:46 h	M Sen2	110
B	99 Naumann, Helge	69	OTTO aktiv sport	0:23:25 h	109	1:03:06 h	62	1:26:31 h	78	0:57:26 h	128	2:23:57 h	M Sen2	178
	100 Schlopsnies, Jörg	66	Hamburg	0:21:44 h	73	1:10:45 h	140	1:32:29 h	117	0:51:38 h	79	2:24:07 h	M Sen3	38
B	101 Hahn, Tanja	67	BSG Beiersdorf	0:24:10 h	131	1:05:14 h	83	1:29:24 h	99	0:54:55 h	104	2:24:19 h	W Sen2	232
	102 Vandrei, Dirk	69	Hamburger SV Triathlon	0:22:35 h	89	1:01:57 h	55	1:24:32 h	60	1:00:07 h	143	2:24:39 h	M Sen2	221
B	103 Lieske, Christoph	81	BSG Philips LG Hamburg	0:22:04 h	80	1:06:29 h	99	1:28:33 h	91	0:56:09 h	118	2:24:42 h	MAK 4	90
	104 Schwalbe, Timo	77	Tri-Sport Lübeck	0:24:11 h	135	1:05:38 h	91	1:29:49 h	100	0:54:59 h	107	2:24:48 h	MAK 4	166
M	105 Borsutzky, Georg	70	Tri Michels Hamburg	0:21:38 h	69	1:05:38 h	91	1:27:16 h	80	0:57:48 h	132	2:25:04 h	M Sen2	104
S	106 ED-X		Münz, Schirren, von Thienen	0:22:32 h	88	1:13:21 h	153	1:35:53 h	144	0:49:19 h	56	2:25:12 h	Staffel-M	429
S	107 TuS Holstein Quickborn 1		Wolters, Kranz, Wolters	0:24:14 h	140	1:06:04 h	96	1:30:18 h	104	0:55:26 h	111	2:25:44 h	Staffel-M	444
	108 Wauer, Christian	83	Hamburg	0:22:12 h	84	1:08:54 h	120	1:31:06 h	109	0:54:55 h	104	2:26:01 h	MAK 3	125
	109 Wezyk, Isabelle von	86	Triabolos Hamburg e.V.	0:23:17 h	107	1:11:25 h	145	1:34:42 h	134	0:51:38 h	79	2:26:20 h	W AK 3	49
	110 Hinner, Birgit	80	Team Erdinger Alkoholfrei	0:24:04 h	127	1:09:15 h	126	1:33:19 h	125	0:53:09 h	93	2:26:28 h	W AK 4	204
	111 Pfaffe, Andreas	62	Hamburger SV Triathlon	0:22:53 h	97	1:07:07 h	105	1:30:00 h	103	0:56:56 h	125	2:26:56 h	M Sen3	73
	112 Möller, Walter	71	Club Mud	0:24:10 h	131	1:07:14 h	107	1:31:24 h	110	0:55:48 h	114	2:27:12 h	M Sen2	153
	113 Schröer, Gunar	65	Ellerau	0:23:57 h	123	1:08:35 h	116	1:32:32 h	118	0:54:49 h	102	2:27:21 h	M Sen3	224
S	114 Landfrauen		Kayser, Hermann, Rohlfing	0:25:12 h	150	1:14:25 h	162	1:39:37 h	159	0:48:06 h	47	2:27:43 h	Staffel-W	407
S	115 Nordische Pedalritter		Dempzin, Ludwig	0:25:46 h	158	1:04:38 h	79	1:30:24 h	105	0:57:34 h	129	2:27:58 h	Staffel-M	416
S	116 HT16 Triathlon Team Hamt		Peemöller, Erbert, Peemöller	0:22:15 h	86	1:11:02 h	142	1:33:17 h	123	0:55:02 h	108	2:28:19 h	Staffel-M	433
	117 Smidt, André	73	Kaifu Tri Team	0:23:40 h	112	1:09:52 h	133	1:33:32 h	127	0:54:53 h	103	2:28:25 h	M Sen1	103
	118 Westerfeld, Sabine	66	TTS-Hamburg	0:23:54 h	119	1:08:51 h	119	1:32:45 h	120	0:55:50 h	115	2:28:35 h	W Sen3	84
	119 Wulf, Gunnar	71	Hamburg	0:23:01 h	102	1:09:38 h	130	1:32:39 h	119	0:56:00 h	117	2:28:39 h	M Sen2	164
	120 Herrmann, Michael	61	BSG Deutsche Bank	0:23:09 h	104	1:14:29 h	163	1:37:38 h	149	0:51:57 h	86	2:29:35 h	M Sen4	138

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.	
	121	Gödelt, Björn	87	Hamburg	0:23:10 h	105	1:13:39 h	155	1:36:49 h	146	0:53:23 h	97	2:30:12 h	MAK 2	156
	122	Femerling, Lisa	93	Team Erdinger Alkoholfrei	0:24:03 h	125	1:14:31 h	164	1:38:34 h	154	0:51:50 h	84	2:30:24 h	W AK 1	115
S	123	Alsternasen		Mangelsdorff, Arndt	0:24:58 h	146	1:06:06 h	97	1:31:04 h	108	0:59:39 h	140	2:30:43 h	Staffel-M	426
	124	Skroblin, Joachim	59	Spiridon Club Bad Oldesloe	0:24:11 h	135	1:09:25 h	127	1:33:36 h	128	0:57:10 h	126	2:30:46 h	M Sen4	211
S	125	SG Wasserratten Norderste		Klingenberg, Klingenberg, Kli	0:36:32 h	190	1:02:09 h	58	1:38:41 h	155	0:52:06 h	87	2:30:47 h	Staffel-M	423
M	126	Ehrlich, Stefan	78	Triathlon Club Alstertal	0:21:47 h	74	1:06:57 h	102	1:28:44 h	93	1:02:04 h	158	2:30:48 h	MAK 4	81
M	127	Mordhorst, Claus	65	Kaifu Tri Team	0:23:24 h	108	1:05:27 h	89	1:28:51 h	95	1:02:01 h	157	2:30:52 h	M Sen3	6
M	127	Gebauer, Monika	68	Kaifu Tri Team	0:24:20 h	142	1:08:57 h	121	1:33:17 h	123	0:57:35 h	130	2:30:52 h	W Sen2	19
	129	drechsler, ingmar	69	betriebssportgruppe jcs	0:22:51 h	96	1:11:15 h	144	1:34:06 h	131	0:57:20 h	127	2:31:26 h	M Sen2	52
	130	Otten, Jörg	66	Team Erdinger Alkoholfrei	0:25:48 h	159	1:05:15 h	85	1:31:03 h	107	1:00:37 h	145	2:31:40 h	M Sen3	202
	131	Reinhold, Katja	77	BSG Lufthansa Sportverein F	0:25:53 h	160	1:09:53 h	134	1:35:46 h	143	0:55:57 h	116	2:31:43 h	W AK 4	80
	132	Klewer, Anke	79	TSV Quellenhaupt Bornhövec	0:24:30 h	143	1:10:36 h	138	1:35:06 h	138	0:56:45 h	122	2:31:51 h	W AK 4	42
	133	Meyer, Michael	73	TV Scheeßel	0:23:53 h	118	1:09:13 h	125	1:33:06 h	122	0:58:48 h	137	2:31:54 h	M Sen1	100
	134	takuyuki, okano	73	Halstenbek	0:23:41 h	113	1:10:33 h	136	1:34:14 h	132	0:57:52 h	134	2:32:06 h	M Sen1	66
S	135	Kruse / Köhler		Köhler, Kruse	0:25:09 h	149	1:08:38 h	117	1:33:47 h	130	0:58:24 h	136	2:32:11 h	Staffel-M	424
M	135	Lüders, Kerstin	63	Tri Michels Hamburg	0:23:05 h	103	1:12:38 h	151	1:35:43 h	142	0:56:28 h	121	2:32:11 h	W Sen3	95
M	137	Spijker, Rüdiger	60	Tri Michels Hamburg	0:25:17 h	152	1:06:22 h	98	1:31:39 h	112	1:01:30 h	153	2:33:09 h	M Sen4	48
	138	Graupner, Jens	63	TZM	0:24:14 h	140	1:13:42 h	156	1:37:56 h	151	0:55:16 h	110	2:33:12 h	M Sen3	212
B	139	Odefey, Lars	70	BSG SG HSH Nordbank	0:24:09 h	130	1:07:16 h	108	1:31:25 h	111	1:02:10 h	159	2:33:35 h	M Sen2	141
S	140	Die fantastischen Zwei		Hillebrand, Ellert	0:23:38 h	111	1:10:05 h	135	1:33:43 h	129	0:59:56 h	141	2:33:39 h	Staffel-M	422
B	141	Warnecke-Jerol, Margret	61	BSG SG Stern Hamburg	0:25:16 h	151	1:07:06 h	104	1:32:22 h	116	1:01:28 h	152	2:33:50 h	W Sen4	227
	142	Lowalt, Andreas	70	Hamburg	0:25:04 h	147	1:09:39 h	131	1:34:43 h	135	1:00:43 h	147	2:35:26 h	M Sen2	76
	143	Beringer, Hans-Werner	55	Trias Bad Schwartau	0:25:19 h	153	1:12:24 h	148	1:37:43 h	150	0:57:49 h	133	2:35:32 h	M Sen5	181
	144	Hanßen, Harald	61		0:25:07 h	148	1:05:55 h	94	1:31:02 h	106	1:05:12 h	171	2:36:14 h	M Sen4	217
M	145	Champion, Alan	56	FC St. Pauli Triathlon	0:23:50 h	117	1:08:09 h	115	1:31:59 h	114	1:04:35 h	169	2:36:34 h	M Sen5	190
	146	Hamprecht, Markus	67	Ahrensburg	0:26:22 h	163	1:08:57 h	121	1:35:19 h	140	1:01:16 h	151	2:36:35 h	M Sen2	72
M	147	Sievers, Marc	81	Kaifu Tri Team	0:27:05 h	168	1:08:57 h	121	1:36:02 h	145	1:00:35 h	144	2:36:37 h	MAK 4	30
M	148	Holste, Thorsten	60	FC St. Pauli Triathlon	0:24:10 h	131	1:15:45 h	171	1:39:55 h	161	0:56:47 h	123	2:36:42 h	M Sen4	155
	149	Weigmann, Carsten	73	BSG Johann-Comenius-Schu	0:24:13 h	139	1:15:43 h	170	1:39:56 h	162	0:56:48 h	124	2:36:44 h	M Sen1	15
	150	Nüske, Andreas	68	BSG DG HYP	0:22:57 h	100	1:17:31 h	176	1:40:28 h	163	0:56:17 h	120	2:36:45 h	M Sen2	163
	151	Sprick, Alexander	72	Appen	0:23:45 h	116	1:14:16 h	160	1:38:01 h	152	0:58:49 h	138	2:36:50 h	M Sen1	206
B	152	Müller, Hans-Werner	51	BSG SG Stern Hamburg	0:27:39 h	171	1:07:38 h	111	1:35:17 h	139	1:01:59 h	156	2:37:16 h	M Sen6	33
S	153	Hauptsache Spaß		Wagner, Steffens	0:25:34 h	156	1:08:42 h	118	1:34:16 h	133	1:03:03 h	162	2:37:19 h	Staffel-M	442
	154	Thron, Matthias	80	TSG Bergedorf	0:22:56 h	99	1:12:01 h	147	1:34:57 h	136	1:02:25 h	161	2:37:22 h	MAK 4	77
	155	Konkel, Konstantin	88	TÜV NORD	0:22:53 h	97	1:14:16 h	160	1:37:09 h	148	1:00:42 h	146	2:37:51 h	MAK 2	158
M	156	Denecke, Nadine	79	Triabolas Hamburg e.V.	0:26:31 h	164	1:10:34 h	137	1:37:05 h	147	1:01:09 h	148	2:38:14 h	W AK 4	11
S	157	Stadtpark Team		Schliephake, Wagener, Wilde	0:23:36 h	110	1:11:48 h	146	1:35:24 h	141	1:03:03 h	162	2:38:27 h	Staffel-M	437
	158	Brill, Franziska	94	Tri-AG HSU-HH	0:24:12 h	138	1:15:36 h	169	1:39:48 h	160	0:59:09 h	139	2:38:57 h	W AK 1	208
	159	Riedel, Carsten	60	Trimaniacs	0:25:33 h	155	1:07:20 h	110	1:32:53 h	121	1:07:08 h	175	2:40:01 h	M Sen4	54
	160	Rehder, Miriam	77	Hamburg	0:25:31 h	154	1:13:30 h	154	1:39:01 h	157	1:01:09 h	148	2:40:10 h	W AK 4	157

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
	161 Tralau, Lars	75	BSG Johann-Comenius-Schu	0:24:03 h	125	1:14:38 h	165	1:38:41 h	155	1:01:34 h	154	2:40:15 h	M Sen1	93
	162 Mackeprang, Norbert	58	LG POWER-Schnecken Kiel	0:24:37 h	145	1:19:20 h	180	1:43:57 h	174	0:58:17 h	135	2:42:14 h	M Sen4	127
	163 Boeder, Bernd	63	Halstenbek	0:27:37 h	170	1:10:55 h	141	1:38:32 h	153	1:04:09 h	168	2:42:41 h	M Sen3	136
M	164 Hohmeier, Maike	73	Kaifu Tri Team	0:28:24 h	176	1:10:42 h	139	1:39:06 h	158	1:03:45 h	167	2:42:51 h	W Sen1	122
	165 Haraldson, Torsten	65	Chelsea FC	0:24:30 h	143	1:17:14 h	175	1:41:44 h	167	1:02:14 h	160	2:43:58 h	M Sen3	219
	166 Ramm, Martin	78	Travenbrück	0:24:06 h	129	1:17:01 h	174	1:41:07 h	166	1:03:31 h	164	2:44:38 h	MAK 4	186
	167 Mackeprang, Kerstin	62	LG POWER-Schnecken Kiel	0:25:55 h	161	1:18:30 h	178	1:44:25 h	177	1:01:38 h	155	2:46:03 h	W Sen3	126
S	168 Drauf los		Basedow, Rodenhagen	0:26:17 h	162	1:16:27 h	173	1:42:44 h	172	1:03:39 h	165	2:46:23 h	Staffel-M	409
S	169 SG Wasserratten Norderste		Niedieck, Niedieck, Niedieck	0:31:34 h	186	1:09:29 h	129	1:41:03 h	165	1:06:26 h	173	2:47:29 h	Staffel-M	431
	170 Scheffler, Sebastian	67	Kaifu Tri Team	0:26:32 h	165	1:16:05 h	172	1:42:37 h	171	1:05:02 h	170	2:47:39 h	M Sen2	231
B	171 Jerol, Peter	58	BSG SG Stern Hamburg	0:28:24 h	176	1:13:51 h	157	1:42:15 h	170	1:05:39 h	172	2:47:54 h	M Sen4	226
	172 Oldehaver, Katja	65	SG Wasserratten Nordersted	0:29:44 h	180	1:17:59 h	177	1:47:43 h	182	1:01:13 h	150	2:48:56 h	W Sen3	50
B	173 Wiens, Jochen	64	BSG SG Stern Hamburg	0:26:57 h	166	1:14:59 h	166	1:41:56 h	168	1:07:26 h	177	2:49:22 h	M Sen3	45
S	174 TuS Holstein Quickborn 3		Bumann, +, Behnke	0:30:44 h	183	1:15:03 h	167	1:45:47 h	178	1:03:40 h	166	2:49:27 h	Staffel-M	414
S	175 TriDuett		Denkena, Denkena, Denkena	0:25:37 h	157	1:24:11 h	187	1:49:48 h	184	0:59:57 h	142	2:49:45 h	Staffel-M	417
M	176 Dohrn, Frank	58	AMTV Hamburg	0:30:29 h	181	1:13:52 h	158	1:44:21 h	176	1:07:27 h	178	2:51:48 h	M Sen4	119
	177 Kolodzie, Thomas	71	Hamburg	0:27:28 h	169	1:19:07 h	179	1:46:35 h	179	1:06:26 h	173	2:53:01 h	M Sen2	25
	178 Weser, Joerg	64	SG Wasserratten Nordersted	0:30:42 h	182	1:13:17 h	152	1:43:59 h	175	1:10:03 h	182	2:54:02 h	M Sen3	18
	179 Sievers, Susanne	67	SC Itzehoe	0:28:26 h	178	1:12:33 h	149	1:40:59 h	164	1:14:37 h	187	2:55:36 h	W Sen2	109
	180 Kruse, Jens	69	Tornesch	0:27:01 h	167	1:15:09 h	168	1:42:10 h	169	1:13:34 h	185	2:55:44 h	M Sen2	40
	181 Bestmann, Sascha	80	TSV Kattendorf	0:27:53 h	173	1:19:45 h	182	1:47:38 h	180	1:08:39 h	180	2:56:17 h	MAK 4	68
	182 Pinger, Stefan	73	SuS Waldenau	0:27:54 h	174	1:19:44 h	181	1:47:38 h	180	1:08:40 h	181	2:56:18 h	M Sen1	59
	183 Witte, Michaela	64	Ahrensburg	0:28:23 h	175	1:20:51 h	183	1:49:14 h	183	1:07:14 h	176	2:56:28 h	W Sen3	29
	184 Petereit, Sven	75	Hamburger SV Triathlon	0:28:59 h	179	1:13:57 h	159	1:42:56 h	173	1:14:01 h	186	2:56:57 h	M Sen1	230
B	185 Machate, Sabine	57	BSG Laufwerk/BSV HH	0:31:04 h	185	1:23:24 h	186	1:54:28 h	185	1:08:29 h	179	3:02:57 h	W Sen4	187
	186 Beringer, Elke	56	Trias Bad Schwartau	0:27:40 h	172	1:29:40 h	190	1:57:20 h	189	1:10:03 h	182	3:07:23 h	W Sen5	182
B	187 Wolf, Uta	78	BSG TK	0:33:24 h	187	1:23:05 h	185	1:56:29 h	188	1:15:45 h	188	3:12:14 h	W AK 4	105
S	188 Innerer Schweinehund		Bork, Bork, Wiening	0:36:07 h	189	1:24:15 h	188	2:00:22 h	190	1:12:46 h	184	3:13:08 h	Staffel-M	411
	189 Just, Claudia	64	SG Wasserratten Nordersted	0:33:49 h	188	1:21:52 h	184	1:55:41 h	187	1:18:15 h	189	3:13:56 h	W Sen3	133
	190 Loss, Christian	66	Tri Endurance Germany	0:31:01 h	184	1:24:17 h	189	1:55:18 h	186	1:26:24 h	190	3:21:42 h	M Sen3	148