

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
M	1	Fritzenschaft, Julian	91	ProEnzym Tri Team Hamburg	0:17:59 h	1	0:45:46 h	1	1:03:45 h	1	0:36:52 h	1:40:37 h	MAK 2	65
M	2	Siegmund, Alexander	90	ProEnzym Tri Team Hamburg	0:18:37 h	3	0:46:20 h	2	1:04:57 h	2	0:39:43 h	1:44:40 h	MAK 2	73
M	3	Röhrken, Golo	88	ProEnzym Tri Team Hamburg	0:18:37 h	3	0:46:23 h	3	1:05:00 h	3	0:40:34 h	1:45:34 h	MAK 2	76
M	4	Onas, Malte	91	ProEnzym Tri Team Hamburg	0:18:38 h	5	0:48:11 h	9	1:06:49 h	7	0:39:39 h	1:46:28 h	MAK 2	67
M	5	Heller, Hauke Claas	89	ProEnzym Tri Team Hamburg	0:19:16 h	10	0:46:44 h	5	1:06:00 h	4	0:40:36 h	1:46:36 h	MAK 2	74
S	6	Team Nor - Quick		Schröter, Grube, Pirrwitz	0:19:07 h	8	0:47:25 h	6	1:06:32 h	5	0:41:15 h	1:47:47 h	Staffel-M	434
M	7	Gehrke, Stefan	72	Triabolos Triathlon HH	0:18:38 h	5	0:48:06 h	8	1:06:44 h	6	0:41:55 h	1:48:39 h	M Sen2	169
B	8	Langfeld, Peter	72	BSG Siemens	0:18:51 h	7	0:49:28 h	14	1:08:19 h	10	0:41:26 h	1:49:45 h	M Sen2	171
B	9	Ludewig, Frithjof	84	BSG SG Zoll Hamburg	0:20:06 h	17	0:47:38 h	7	1:07:44 h	8	0:42:32 h	1:50:16 h	MAK 3	91
S	10	LG Elmshorn & Ex		Grundt, Schmitz, Schmitz	0:19:48 h	12	0:48:22 h	10	1:08:10 h	9	0:42:29 h	1:50:39 h	Staffel-M	422
M	11	Bruhne, Olaf	69	Triabolos Triathlon HH	0:19:17 h	11	0:50:13 h	21	1:09:30 h	12	0:41:19 h	1:50:49 h	M Sen2	200
	12	Sedelmaier, Frank	77	Triathlon Team Hamburger H	0:19:58 h	16	0:50:08 h	19	1:10:06 h	14	0:41:16 h	1:51:22 h	M Sen1	135
M	13	Kretz, Philip	86	Triathlon Team Hamburg	0:18:35 h	2	0:52:52 h	54	1:11:27 h	20	0:40:12 h	1:51:39 h	MAK 3	85
M	14	Konczalla, Leonie	91	Kaifu Tri Team	0:19:54 h	14	0:49:52 h	17	1:09:46 h	13	0:43:02 h	1:52:48 h	W AK 2	3
	15	nahnsen, björn	77	SV Enge-Sande	0:19:14 h	9	0:52:41 h	51	1:11:55 h	23	0:41:15 h	1:53:10 h	M Sen1	132
M	16	Radke, Dirk	68	Kaifu Tri Team	0:19:53 h	13	0:50:34 h	26	1:10:27 h	16	0:43:02 h	1:53:29 h	M Sen2	215
B	17	van der Bent, Cecile	85	BSG Lufthansa SV	0:21:03 h	33	0:50:23 h	22	1:11:26 h	19	0:42:22 h	1:53:48 h	W AK 3	11
B	18	Sie Too, Luca	96	BSG Siemens	0:20:39 h	26	0:51:56 h	39	1:12:35 h	27	0:41:53 h	1:54:28 h	MAK 1	62
M	19	Kaßner, Ulrich	80	Triabolos Triathlon HH	0:20:32 h	22	0:49:46 h	15	1:10:18 h	15	0:44:25 h	1:54:43 h	MAK 4	112
M	20	Jähmig, Maximilian	89	TuS Holstein Quickborn	0:20:59 h	31	0:51:28 h	34	1:12:27 h	26	0:42:43 h	1:55:10 h	MAK 2	75
M	21	Liebendoerfer, Christine	81	Triabolos Triathlon HH	0:21:34 h	44	0:49:46 h	15	1:11:20 h	18	0:43:53 h	1:55:13 h	W AK 4	15
	22	Niedieck, Olav	69	SG Wasserratten Nordersted	0:21:51 h	58	0:46:40 h	4	1:08:31 h	11	0:47:09 h	1:55:40 h	M Sen2	205
M	23	Biermann, Christian	73	TuS Holstein Quickborn	0:20:25 h	21	0:50:27 h	24	1:10:52 h	17	0:45:17 h	1:56:09 h	M Sen1	157
M	24	Möller gen. Riepe, Sebastia	76	Open Sports Triathlon e.V.	0:19:55 h	15	0:52:51 h	53	1:12:46 h	30	0:43:35 h	1:56:21 h	M Sen1	141
M	25	Hennecke, Anke	76	Kaifu Tri Team	0:20:33 h	24	0:51:31 h	35	1:12:04 h	24	0:44:40 h	1:56:44 h	W Sen1	26
S	26	TT HSU HH		Mehn, Modrow	0:21:05 h	34	0:50:37 h	28	1:11:42 h	21	0:45:08 h	1:56:50 h	Staffel-M	439
S	27	Heavy Boys		Domscheit, Reinecke	0:20:22 h	20	0:54:27 h	77	1:14:49 h	48	0:42:06 h	1:56:55 h	Staffel-M	420
M	28	Hofmeister, Dennis	79	Triabolos Triathlon HH	0:20:38 h	25	0:52:21 h	45	1:12:59 h	33	0:44:54 h	1:57:53 h	MAK 4	115
M	29	Rath, Marcel	82	Triathlon Team Hamburg	0:21:17 h	38	0:51:05 h	30	1:12:22 h	25	0:45:37 h	1:57:59 h	MAK 4	101
	30	Zachert, Mario	72	SG Wasserratten Nordersted	0:20:56 h	29	0:53:53 h	70	1:14:49 h	48	0:43:15 h	1:58:04 h	M Sen2	177
B	31	Decker, Christian	71	BSG Airbus	0:20:41 h	27	0:53:33 h	63	1:14:14 h	42	0:44:01 h	1:58:15 h	M Sen2	179
	32	Foks, Benjamin	82	Tri Endurance Germany	0:21:47 h	52	0:50:50 h	29	1:12:37 h	28	0:45:49 h	1:58:26 h	MAK 4	98
	33	Bos, Peter	69	Hamburg	0:20:57 h	30	0:53:04 h	57	1:14:01 h	41	0:44:26 h	1:58:27 h	M Sen2	199
	34	Wiedenhofer, Marco	70	Escheburg	0:20:48 h	28	0:52:23 h	46	1:13:11 h	38	0:45:17 h	1:58:28 h	M Sen2	197
B	35	Friese, Hauke	85	BSG Siemens Triathlon	0:23:48 h	106	0:49:11 h	12	1:12:59 h	33	0:45:31 h	1:58:30 h	MAK 3	88
	36	Müller, René	76	Triabolos Triathlon HH	0:22:12 h	66	0:52:54 h	56	1:15:06 h	51	0:44:01 h	1:59:07 h	M Sen1	142
	37	Graage, Jörg	69	SV Enge-Sande	0:21:07 h	37	0:52:19 h	44	1:13:26 h	39	0:45:52 h	1:59:18 h	M Sen2	202
S	38	Old Duo Düsentrieb		Matzen, Schirmer	0:22:13 h	67	0:50:34 h	26	1:12:47 h	31	0:46:39 h	1:59:26 h	Staffel-M	423
	39	Leidecker, Ingo	74	BSG Commerzbank Hamburg	0:21:52 h	59	0:50:00 h	18	1:11:52 h	22	0:47:58 h	1:59:50 h	M Sen1	155
	40	Schlüter, Bernd	63	Triabolos Triathlon HH	0:21:06 h	36	0:53:35 h	64	1:14:41 h	47	0:45:14 h	1:59:55 h	M Sen3	252

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
M	41 Oettinger, Christian	67	Triabolos Triathlon HH	0:21:26 h	41	0:51:36 h	37	1:13:02 h	35	0:46:54 h	53	1:59:56 h	M Sen3	224
	42 Werner, André	92	Hamburg	0:21:50 h	56	0:53:38 h	66	1:15:28 h	59	0:44:29 h	31	1:59:57 h	MAK 2	64
M	43 Haberstock, Philipp	71	Triabolos Triathlon HH	0:20:09 h	18	0:52:33 h	49	1:12:42 h	29	0:47:25 h	62	2:00:07 h	M Sen2	181
	44 Weinrich-Mory, Arne	73	Zippel's Läuferwelt Norderste	0:20:32 h	22	0:54:53 h	85	1:15:25 h	56	0:44:43 h	33	2:00:08 h	M Sen1	168
B	45 Polster, Malte	76	BSG TÜV NORD	0:21:22 h	39	0:54:44 h	81	1:16:06 h	66	0:44:19 h	28	2:00:25 h	M Sen1	143
	46 Mörschel, Stefan	81	TuS Holstein Quickborn	0:20:11 h	19	0:55:28 h	90	1:15:39 h	62	0:45:24 h	41	2:01:03 h	MAK 4	108
	47 Bruhn, Marc	75	SG Wasserratten Nordersted	0:21:47 h	52	0:51:09 h	31	1:12:56 h	32	0:48:25 h	72	2:01:21 h	M Sen1	147
	48 Brunkhorst, Michael	90	Tus Harsefeld	0:22:09 h	64	0:53:18 h	60	1:15:27 h	58	0:46:04 h	48	2:01:31 h	MAK 2	69
	49 Plumeyer, Tino	82	ETV-Kanu-Kiel	0:21:26 h	41	0:54:27 h	77	1:15:53 h	64	0:45:46 h	44	2:01:39 h	MAK 4	100
B	50 Kostelnik, Mathias	80	BSG SG Stern Hamburg	0:21:48 h	54	0:53:30 h	62	1:15:18 h	53	0:46:23 h	50	2:01:41 h	MAK 4	113
M	51 Bastian, Jens	63	Triathlon Club Alstertal	0:21:41 h	47	0:52:49 h	52	1:14:30 h	46	0:47:21 h	60	2:01:51 h	M Sen3	247
	52 Baum, Laurin	92	SG Wasserratten Nordersted	0:21:33 h	43	0:53:35 h	64	1:15:08 h	52	0:46:55 h	54	2:02:03 h	MAK 2	277
	53 Schulze, Sven	78	Trias Bad Schwartau	0:21:34 h	44	0:51:33 h	36	1:13:07 h	36	0:49:07 h	80	2:02:14 h	MAK 4	126
M	54 Schunck, Kolin	87	Team Triathlon Hamburger H	0:21:41 h	47	0:53:40 h	67	1:15:21 h	54	0:46:57 h	56	2:02:18 h	MAK 3	82
B	55 Kohlmann, Carsten	65	BSG NDR	0:23:33 h	96	0:51:26 h	33	1:14:59 h	50	0:47:22 h	61	2:02:21 h	M Sen3	234
	56 Rheker, Maximilian	92	Hamburg	0:21:58 h	60	0:53:23 h	61	1:15:21 h	54	0:47:19 h	59	2:02:40 h	MAK 2	63
B	57 Milewski, Marek	67	BSG SG Stern Hamburg	0:23:52 h	107	0:49:16 h	13	1:13:08 h	37	0:49:43 h	86	2:02:51 h	M Sen3	223
M	58 Strehl, Bettina	74	Tri Michels Hamburg	0:22:04 h	61	0:52:15 h	43	1:14:19 h	43	0:48:39 h	73	2:02:58 h	W Sen1	27
	59 Kröning, Wolfgang	64	Team Erdinger Alkoholfrei	0:22:18 h	69	0:52:05 h	41	1:14:23 h	44	0:48:57 h	76	2:03:20 h	M Sen3	244
M	60 Kolpatzik, Knut	67	Triabolos Triathlon HH	0:21:50 h	56	0:55:04 h	88	1:16:54 h	73	0:46:33 h	51	2:03:27 h	M Sen3	219
	61 Laurisch, Wolf	72	Tri Michels Hamburg	0:21:43 h	49	0:54:33 h	79	1:16:16 h	67	0:47:28 h	63	2:03:44 h	M Sen2	172
	62 Duschka, Robert	82	Triabolos Triathlon HH	0:23:03 h	82	0:51:22 h	32	1:14:25 h	45	0:49:40 h	85	2:04:05 h	MAK 4	97
S	63 ED-X		Münz, Wegner, Kuhn	0:22:48 h	75	0:53:53 h	70	1:16:41 h	69	0:47:32 h	65	2:04:13 h	Staffel-M	411
	64 Hermann, Henning	86	Hamburg	0:21:39 h	46	0:57:42 h	116	1:19:21 h	89	0:46:08 h	49	2:05:29 h	MAK 3	84
M	65 Vieth, Arne	73	Triabolos Triathlon HH	0:21:49 h	55	0:58:49 h	127	1:20:38 h	104	0:45:12 h	37	2:05:50 h	M Sen1	166
	66 Langfeld, Martin	63	BSG Siemens	0:21:44 h	51	0:56:41 h	103	1:18:25 h	80	0:47:31 h	64	2:05:56 h	M Sen3	250
S	67 Duo Norderstedt/Tangstedt		von der Fecht, Liebler	0:23:44 h	104	0:50:08 h	19	1:13:52 h	40	0:52:35 h	122	2:06:27 h	Staffel-W	400
M	68 Ludolph, Andreas	69	TS Harburg	0:21:02 h	32	1:00:18 h	143	1:21:20 h	109	0:45:08 h	35	2:06:28 h	M Sen2	204
	68 Claudius, Stephan	59	Buxtehude	0:22:11 h	65	0:53:46 h	69	1:15:57 h	65	0:50:31 h	97	2:06:28 h	M Sen4	259
S	70 Die Hebbelsträßler		Böttger, Schäning, Schäning	0:27:51 h	178	0:54:48 h	82	1:22:39 h	116	0:44:07 h	27	2:06:46 h	Staffel-M	408
	71 Schmidt, Lukas	96	TV Scheessel	0:23:25 h	92	0:57:36 h	114	1:21:01 h	108	0:45:47 h	45	2:06:48 h	MAK 1	61
	72 von Thienen, Nils	77	Triathlon Team Hamburg	0:21:24 h	40	0:56:22 h	100	1:17:46 h	76	0:49:04 h	78	2:06:50 h	M Sen1	136
S	73 TTS-Ladies Hamburg		Haberfelder, Vahl, Langer	0:24:28 h	118	0:55:33 h	91	1:20:01 h	94	0:46:55 h	54	2:06:56 h	Staffel-W	401
	74 Grebe, Marco	81	Butterberghexen	0:21:43 h	49	0:57:41 h	115	1:19:24 h	90	0:47:41 h	66	2:07:05 h	MAK 4	106
M	75 Oediger, Florian	79	FC St. Pauli Triathlon	0:21:05 h	34	0:56:16 h	99	1:17:21 h	75	0:49:58 h	90	2:07:19 h	MAK 4	117
	76 Schneider, Jakob	68	TEAM ALBERT SWISS 21	0:23:18 h	87	0:56:51 h	106	1:20:09 h	97	0:47:17 h	58	2:07:26 h	M Sen2	216
	77 Baum, Sebastian	81	Berufsfeuerwehr Wismar	0:23:16 h	85	0:55:36 h	94	1:18:52 h	86	0:48:44 h	75	2:07:36 h	MAK 4	105
	78 Dickow, Boris	71	Team Erdinger Alkoholfrei	0:24:35 h	120	0:51:44 h	38	1:16:19 h	68	0:51:22 h	107	2:07:41 h	M Sen2	180
B	79 Zielke, Uta	71	BSG Beiersdorf	0:23:37 h	97	0:53:12 h	59	1:16:49 h	70	0:50:56 h	101	2:07:45 h	W Sen2	31
	80 Krause, Matthias	79	Hamburger SC	0:23:40 h	100	0:56:27 h	101	1:20:07 h	96	0:47:43 h	67	2:07:50 h	MAK 4	116

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
	81 Jacobsen, Matthias	65	SG Wasserratten Norderstedt	0:23:00 h	80	0:54:17 h	75	1:17:17 h	74	0:50:34 h	99	2:07:51 h	M Sen3	233
	81 Priester, Tilman	58	SG Wasserratten Norderstedt	0:23:00 h	80	0:54:48 h	82	1:17:48 h	77	0:50:03 h	92	2:07:51 h	M Sen4	266
M	83 Frey, Gereon	78	Triabolos Triathlon HH	0:25:14 h	135	0:53:08 h	58	1:18:22 h	79	0:49:48 h	87	2:08:10 h	M AK 4	123
	84 Schütt, Torsten	72	Quickborn	0:23:17 h	86	0:52:30 h	48	1:15:47 h	63	0:52:38 h	123	2:08:25 h	M Sen2	175
	85 Draak, Christian	75	FC Voran Ohe	0:22:48 h	75	0:54:03 h	73	1:16:51 h	71	0:51:36 h	109	2:08:27 h	M Sen1	148
	86 Joram, Alexander	91	Team Erdinger Alkoholfrei	0:24:00 h	112	0:52:52 h	54	1:16:52 h	72	0:51:39 h	110	2:08:31 h	MAK 2	66
	87 Sönksen, Sören	85	SV Enge-Sande	0:23:41 h	102	0:51:56 h	39	1:15:37 h	60	0:52:55 h	124	2:08:32 h	M AK 3	89
S	88 SG Wasserratten Norderste		Neuefeind, Neuefeind, Neufe	0:25:01 h	130	1:01:31 h	158	1:26:32 h	154	0:42:13 h	15	2:08:45 h	Staffel-M	432
	89 Pototzki, Frank	69	Triabolos Triathlon HH	0:22:58 h	78	0:56:04 h	96	1:19:02 h	87	0:49:51 h	88	2:08:53 h	M Sen2	207
	90 Feidler, David	70	Insel e.V.	0:22:20 h	70	0:58:13 h	122	1:20:33 h	102	0:49:00 h	77	2:09:33 h	M Sen2	193
	91 Zimmermann, Dörte	89	SG Elbe	0:22:07 h	62	0:58:48 h	126	1:20:55 h	106	0:48:40 h	74	2:09:35 h	W AK 2	53
	92 Möller, Walter	71	Team Erdinger Alkoholfrei	0:23:40 h	100	0:56:06 h	97	1:19:46 h	92	0:50:26 h	96	2:10:12 h	M Sen2	186
	93 Steinke, Philipp	79	Norderstedt	0:23:19 h	89	0:57:02 h	107	1:20:21 h	99	0:50:18 h	94	2:10:39 h	MAK 4	120
	94 Martens, Henning	72	Tri-Sport Lübeck	0:26:04 h	150	0:52:24 h	47	1:18:28 h	81	0:52:18 h	119	2:10:46 h	M Sen2	173
	95 drechsler, ingmar	69	jcs betriebssportgruppe	0:22:33 h	72	0:56:13 h	98	1:18:46 h	84	0:52:10 h	117	2:10:56 h	M Sen2	201
	96 Gödel, Björn	87	SV TRICITY Darmstadt	0:23:18 h	87	0:57:17 h	109	1:20:35 h	103	0:50:23 h	95	2:10:58 h	MAK 3	81
	97 Duschka, Susann	83	Triabolos Triathlon HH	0:23:55 h	109	0:57:44 h	117	1:21:39 h	113	0:49:28 h	84	2:11:07 h	W AK 3	13
	98 Reinhard, Lucas	91	TT HSU HH	0:25:51 h	145	0:53:59 h	72	1:19:50 h	93	0:51:20 h	105	2:11:10 h	MAK 2	68
	99 Borgman, Henrik	76	SV Poseidon	0:23:23 h	91	0:52:14 h	42	1:15:37 h	60	0:55:38 h	144	2:11:15 h	M Sen1	139
S	100 good old boys		Groth, Spaja	0:24:59 h	129	0:50:27 h	24	1:15:26 h	57	0:55:50 h	147	2:11:16 h	Staffel-M	413
	101 Oldehaver, Ulrich	67	Norderstedt	0:23:56 h	110	0:57:29 h	113	1:21:25 h	112	0:49:55 h	89	2:11:20 h	M Sen3	225
	102 Kudlinski, Jakob	81	Hamburg	0:23:27 h	94	1:00:18 h	143	1:23:45 h	126	0:47:55 h	69	2:11:40 h	MAK 4	107
	103 Schwarz, Piet	79	Lütjensee	0:22:08 h	63	1:01:21 h	156	1:23:29 h	121	0:48:19 h	71	2:11:48 h	MAK 4	119
	104 Lück, Ronald	75	EDEKA	0:22:21 h	71	0:59:00 h	129	1:21:21 h	110	0:50:33 h	98	2:11:54 h	M Sen1	150
B	105 Hahn, Tanja	67	BSG Beiersdorf	0:24:31 h	119	0:55:35 h	92	1:20:06 h	95	0:52:05 h	115	2:12:11 h	W Sen3	36
	106 Schlopsnies, Jörg	66	Hamburg	0:22:56 h	77	1:01:54 h	165	1:24:50 h	142	0:47:44 h	68	2:12:34 h	M Sen3	231
	107 Meybauer, Hans-Peter	67	Team Helaba	0:24:40 h	123	0:55:52 h	95	1:20:32 h	101	0:52:19 h	120	2:12:51 h	M Sen3	222
S	108 TuS Holstein Quickborn Du		Seemann, Seemann, Hartung	0:25:28 h	143	0:53:45 h	68	1:19:13 h	88	0:53:58 h	129	2:13:11 h	Staffel-M	440
M	109 Hölscher, Nadine	85	Triathlon Club Alstertal	0:23:19 h	89	0:55:27 h	89	1:18:46 h	84	0:54:26 h	134	2:13:12 h	W AK 3	9
	110 Mohr, Henning	65	Golden Eagle Box Gym Elms	0:23:44 h	104	0:56:38 h	102	1:20:22 h	100	0:53:25 h	127	2:13:47 h	M Sen3	235
	111 henkel, patrick	71	hamburg	0:25:09 h	132	0:59:30 h	131	1:24:39 h	139	0:49:13 h	81	2:13:52 h	M Sen2	182
	112 Mordhorst, Claus	65	Kaifu Tri Team	0:25:14 h	135	0:54:24 h	76	1:19:38 h	91	0:54:15 h	133	2:13:53 h	M Sen3	236
	113 Hamann, Jan	83	Tri Michels Hamburg	0:24:42 h	125	0:58:02 h	120	1:22:44 h	117	0:51:12 h	103	2:13:56 h	MAK 3	95
	114 Carstensen, Eike	69	SV Enge-Sande	0:23:39 h	99	1:01:08 h	152	1:24:47 h	141	0:49:14 h	83	2:14:01 h	W Sen2	33
	115 Carstensen, Torben	87	BSG TÜV NORD	0:23:11 h	83	1:01:54 h	165	1:25:05 h	144	0:49:04 h	78	2:14:09 h	MAK 3	79
M	116 Gebauer, Monika	68	Kaifu Tri Team	0:24:48 h	127	0:57:13 h	108	1:22:01 h	114	0:52:19 h	120	2:14:20 h	W Sen2	35
	117 Zabel, Kai	71	Tri-EMTV BSG Justiz HH	0:22:59 h	79	0:59:53 h	136	1:22:52 h	119	0:51:31 h	108	2:14:23 h	M Sen2	191
M	118 Wiese, Michael	57	Triabolos Triathlon HH	0:25:54 h	146	0:54:55 h	86	1:20:49 h	105	0:54:13 h	132	2:15:02 h	M Sen5	270
	119 Petersen, Marco	67	24340 Eckernförde	0:24:19 h	115	1:00:04 h	140	1:24:23 h	136	0:50:45 h	100	2:15:08 h	M Sen3	226
S	120 TSV Dörverden		Precht, Odefey, Odefey	0:28:13 h	182	0:50:23 h	22	1:18:36 h	83	0:56:44 h	151	2:15:20 h	Staffel-M	435

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
	121 Femerling, Lisa	93	Team Erdinger Alkoholfrei	0:23:59 h	111	0:59:40 h	132	1:23:39 h	123	0:51:53 h	112	2:15:32 h	W AK 1	1
	122 Becker, Erik	77	Poyenberg	0:22:37 h	73	1:01:35 h	161	1:24:12 h	133	0:51:21 h	106	2:15:33 h	M Sen1	128
B	123 Thomsen, Andreas	73	BSG Stadtwerke Norderstedt	0:24:22 h	116	0:59:59 h	138	1:24:21 h	135	0:51:15 h	104	2:15:36 h	M Sen1	165
	124 Stamer, Heiko	59	Norderstedt	0:23:26 h	93	1:02:26 h	170	1:25:52 h	149	0:50:01 h	91	2:15:53 h	M Sen4	262
S	125 TuS-Promis Hemdingen/Qu		Croissier, Sass, Engelbrecht-	0:28:34 h	185	0:55:35 h	92	1:24:09 h	130	0:51:51 h	111	2:16:00 h	Staffel-M	446
	126 Mönch, Niclas	88		0:23:53 h	108	1:00:04 h	140	1:23:57 h	128	0:52:16 h	118	2:16:13 h	MAK 2	278
	127 Laing, Anika	85	FC St. Pauli Triathlon	0:25:05 h	131	1:01:13 h	153	1:26:18 h	152	0:50:04 h	93	2:16:22 h	W AK 3	10
M	128 Habekost, Martin	65	Triabolos Triathlon HH	0:23:38 h	98	1:00:49 h	148	1:24:27 h	138	0:52:02 h	113	2:16:29 h	M Sen3	232
M	129 Ehlert, Jörg	66	Tri Michels Hamburg	0:24:01 h	113	0:57:21 h	112	1:21:22 h	111	0:55:29 h	141	2:16:51 h	M Sen3	227
	130 Ritzmann, Katja	79	TRI EMTV Elmshorn	0:25:09 h	132	1:00:01 h	139	1:25:10 h	145	0:52:04 h	114	2:17:14 h	W AK 4	20
	130 Hoelscher, Niels	72	TRI EMTV Elmshorn	0:23:43 h	103	0:54:50 h	84	1:18:33 h	82	0:58:41 h	160	2:17:14 h	M Sen2	170
S	130 Dynamic Duo		Sangkuhl, Sangkuhl	0:22:13 h	67	1:05:48 h	181	1:28:01 h	165	0:49:13 h	81	2:17:14 h	Staffel-M	410
	133 Wiedenhofer, Andre	77	Escheburg	0:22:38 h	74	1:01:34 h	160	1:24:12 h	133	0:53:04 h	126	2:17:16 h	M Sen1	138
	134 Schwalbe, Timo	77	Tri-Sport Lübeck	0:24:49 h	128	0:57:18 h	110	1:22:07 h	115	0:55:21 h	139	2:17:28 h	M Sen1	134
S	135 Ellerauer Trio		Eley, Ahlf, Harder	0:25:17 h	140	0:52:38 h	50	1:17:55 h	78	0:59:49 h	169	2:17:44 h	Staffel-M	412
	136 Schierhorn, Ingo	70	Team Triathlon Hamburger H	0:25:10 h	134	1:00:32 h	147	1:25:42 h	148	0:52:07 h	116	2:17:49 h	M Sen2	196
S	137 arc		boubakeur, boubakeur, sandc	0:25:58 h	148	0:55:00 h	87	1:20:58 h	107	0:56:57 h	152	2:17:55 h	Staffel-M	402
	138 Weiß, Dennis	77	Triabolos Triathlon HH	0:26:07 h	152	0:54:06 h	74	1:20:13 h	98	0:57:54 h	157	2:18:07 h	M Sen1	137
S	139 QAB		Wendt, Wendt, Krüger	0:29:31 h	187	0:54:37 h	80	1:24:08 h	129	0:54:07 h	130	2:18:15 h	Staffel-M	424
	140 okano, takuyuki	73	Hamburg	0:24:45 h	126	0:58:42 h	125	1:23:27 h	120	0:55:21 h	139	2:18:48 h	M Sen1	161
	141 Kintzel, Andreas	66	Team Erdinger Alkoholfrei	0:26:07 h	152	0:58:03 h	121	1:24:10 h	131	0:54:44 h	135	2:18:54 h	M Sen3	228
M	142 Schultz, Eva	84	Triathlon Club Alstertal	0:24:24 h	117	0:59:16 h	130	1:23:40 h	125	0:55:32 h	143	2:19:12 h	W AK 3	12
B	143 Recht, Janette	81	BSG HSH Nordbank	0:25:14 h	135	1:02:55 h	171	1:28:09 h	168	0:51:11 h	102	2:19:20 h	W AK 4	17
	144 Lobach, Bente	81	Mach3Sportzentrum	0:25:55 h	147	0:58:55 h	128	1:24:50 h	142	0:55:42 h	146	2:20:32 h	W AK 4	16
M	145 Lüders, Kerstin	63	Tri Michels Hamburg	0:24:36 h	121	1:01:16 h	155	1:25:52 h	149	0:54:50 h	136	2:20:42 h	W Sen3	48
	146 Reddehase, Alexander	82	Triabolos Triathlon HH	0:23:15 h	84	1:00:24 h	146	1:23:39 h	123	0:57:08 h	153	2:20:47 h	MAK 4	102
	147 Gräff, Bernd	86	Hamburg	0:26:07 h	152	0:56:44 h	104	1:22:51 h	118	0:58:14 h	159	2:21:05 h	MAK 3	83
	148 Moehl, Johannes	84	Hamburg	0:25:15 h	138	1:01:24 h	157	1:26:39 h	155	0:54:50 h	136	2:21:29 h	MAK 3	92
	149 Puritz, Robert	86	Norderstedt	0:25:48 h	144	0:58:01 h	119	1:23:49 h	127	0:57:52 h	156	2:21:41 h	MAK 3	86
B	150 Sievers, Jörg	65	BSG HSH Nordbank	0:24:41 h	124	1:04:09 h	177	1:28:50 h	170	0:53:27 h	128	2:22:17 h	M Sen3	240
	151 Sterling, Achim	71	media@home Sterling	0:24:18 h	114	1:05:03 h	180	1:29:21 h	171	0:52:59 h	125	2:22:20 h	M Sen2	190
	152 Hanßen, Harald	61	BSG Hamburg Wasser	0:26:12 h	156	0:57:20 h	111	1:23:32 h	122	0:59:03 h	165	2:22:35 h	M Sen4	254
B	153 Mehring, Robert	74	BSG SG Stern Hamburg	0:26:41 h	164	0:59:41 h	134	1:26:22 h	153	0:56:14 h	149	2:22:36 h	M Sen1	156
	154 Bustorff, Lars	87	Hamburg	0:23:29 h	95	1:01:44 h	163	1:25:13 h	146	0:57:29 h	154	2:22:42 h	MAK 3	78
	155 Christiansen, Nina	88	SV Enge-Sande	0:26:14 h	157	1:00:59 h	149	1:27:13 h	158	0:55:39 h	145	2:22:52 h	W AK 2	5
M	156 Spijker, Rüdiger	60	Tri Michels Hamburg	0:26:14 h	157	0:57:56 h	118	1:24:10 h	131	0:58:46 h	163	2:22:56 h	M Sen4	258
	157 Thele, Nicole	80	SG Wasserratten Norderstedt	0:28:26 h	183	0:56:49 h	105	1:25:15 h	147	0:58:10 h	158	2:23:25 h	W AK 4	18
B	158 Konrad, Thomas	67	BSG NDR	0:27:50 h	176	0:59:45 h	135	1:27:35 h	161	0:56:00 h	148	2:23:35 h	M Sen3	220
	159 Knuth, Günther	51	TSV Glinde	0:28:37 h	186	0:58:38 h	124	1:27:15 h	159	0:56:38 h	150	2:23:53 h	M Sen6	272
S	160 Hauptsache Spaß		Wagner, Steffens, Gronau	0:26:27 h	161	0:58:13 h	122	1:24:40 h	140	0:59:38 h	166	2:24:18 h	Staffel-M	416

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
	161 Graupner, Jens	63	TZM	0:26:42 h	166	1:03:56 h	176	1:30:38 h	175	0:54:12 h	131	2:24:50 h	M Sen3	249
	162 Kampf, Mirko	71	Triabolos Triathlon HH	0:27:17 h	171	0:59:40 h	132	1:26:57 h	156	0:58:42 h	161	2:25:39 h	M Sen2	183
M	163 Holste, Thorsten	60	FC St. Pauli Triathlon	0:26:24 h	160	1:01:39 h	162	1:28:03 h	166	0:57:42 h	155	2:25:45 h	M Sen4	257
	164 Wenzlawe, Maja	72	Triathlon Team Buxtehude	0:26:05 h	151	0:59:54 h	137	1:25:59 h	151	1:00:00 h	171	2:25:59 h	W Sen2	29
	165 Weigmann, Carsten	73	BSG JCS Thesdorf	0:24:37 h	122	1:03:08 h	173	1:27:45 h	162	0:59:41 h	167	2:27:26 h	M Sen1	167
	166 Reese, Matthias	66	MoLiMa-Runners	0:25:26 h	142	1:02:00 h	167	1:27:26 h	160	1:00:28 h	173	2:27:54 h	M Sen3	230
S	167 SG Stern Hamburg		Wendt, Radou, Wendt	0:26:41 h	164	1:01:13 h	153	1:27:54 h	164	1:00:11 h	172	2:28:05 h	Staffel-M	425
S	168 DaBaMa		Blockus, Grewe, Kirchhoff	0:27:25 h	172	1:00:22 h	145	1:27:47 h	163	1:01:35 h	176	2:29:22 h	Staffel-M	407
	169 Sprick, Alexander	72	Appen	0:26:02 h	149	1:02:06 h	168	1:28:08 h	167	1:01:48 h	177	2:29:56 h	M Sen2	176
	170 Schneider, Eike	82	Barmbekexpress	0:27:12 h	170	1:03:14 h	174	1:30:26 h	174	0:59:43 h	168	2:30:09 h	MAK 4	103
	171 Möller, Andre	72	BSG Energie SV	0:25:15 h	138	1:06:44 h	183	1:31:59 h	178	0:58:43 h	162	2:30:42 h	M Sen2	174
	172 Draak, Claudia	73	media@home Sterling	0:26:23 h	159	1:03:23 h	175	1:29:46 h	172	1:01:04 h	175	2:30:50 h	W Sen1	28
	173 Lingslebe, Uwe	84	Hamburg	0:26:08 h	155	1:01:02 h	151	1:27:10 h	157	1:03:44 h	183	2:30:54 h	MAK 3	90
	174 Altrock, Andreas	67	no pain	0:27:04 h	169	1:10:00 h	192	1:37:04 h	189	0:55:30 h	142	2:32:34 h	M Sen3	217
	175 Schümann, Rebecca	92	Hamburg	0:26:39 h	163	1:06:59 h	184	1:33:38 h	182	0:59:54 h	170	2:33:32 h	W AK 2	2
	176 Lindstaedt, Nico	83	Steinkirchen	0:26:37 h	162	1:12:07 h	193	1:38:44 h	193	0:54:50 h	136	2:33:34 h	MAK 3	96
S	177 SG Wasserratten Norderste		Niedieck, Niedieck, Rebmanr	0:35:20 h	194	0:49:06 h	11	1:24:26 h	137	1:09:10 h	190	2:33:36 h	Staffel-M	433
	178 Hartleben, Patrick	82	Hamburg	0:27:42 h	174	1:07:49 h	185	1:35:31 h	185	0:58:47 h	164	2:34:18 h	MAK 4	99
	178 Weser, Joerg	64	SG Wasserratten Nordersted	0:27:54 h	179	1:02:21 h	169	1:30:15 h	173	1:04:03 h	184	2:34:18 h	M Sen3	245
B	180 Wiens, Jochen	64	BSG SG Stern Hamburg	0:27:37 h	173	1:05:49 h	182	1:33:26 h	181	1:03:01 h	180	2:36:27 h	M Sen3	246
	181 Stubbe, Corinna	89	Ahlerstedt	0:27:57 h	180	1:07:59 h	186	1:35:56 h	186	1:00:49 h	174	2:36:45 h	W AK 2	4
	182 Hollstein, Christina	87	Tri-Sport Lübeck	0:26:54 h	167	1:04:39 h	179	1:31:33 h	177	1:05:13 h	185	2:36:46 h	W AK 3	8
	183 Nielsen, Holger	57	Seegurken Elmshorn	0:26:54 h	167	1:08:16 h	187	1:35:10 h	184	1:01:57 h	178	2:37:07 h	M Sen5	268
	184 Altrock, Jan	96	no pain	0:25:19 h	141	1:02:55 h	171	1:28:14 h	169	1:10:52 h	193	2:39:06 h	MAK 1	60
S	184 TuS Holstein Quickborn Tric		Mertelsmann, Bumann, Behn	0:31:54 h	189	1:01:31 h	158	1:33:25 h	180	1:05:41 h	186	2:39:06 h	Staffel-M	445
S	186 Vater und Sohn		Plönsky, Plönsky	0:27:43 h	175	1:08:32 h	188	1:36:15 h	187	1:03:41 h	182	2:39:56 h	Staffel-M	437
	187 Witte, Michaela	64	Team Erdinger Alkoholfrei	0:28:11 h	181	1:09:02 h	189	1:37:13 h	190	1:02:45 h	179	2:39:58 h	W Sen3	47
	188 Gröndahl, Yvonne	76	Ramelsloh	0:27:50 h	176	1:09:23 h	191	1:37:13 h	190	1:03:13 h	181	2:40:26 h	W Sen1	25
	189 Wildner, Thomas	61	Hamburg	0:32:17 h	191	1:04:09 h	177	1:36:26 h	188	1:05:44 h	187	2:42:10 h	M Sen4	256
M	190 Dohrn, Frank	58	AMTV Hamburg	0:32:20 h	193	1:01:53 h	164	1:34:13 h	183	1:07:58 h	188	2:42:11 h	M Sen4	264
M	191 Wieneke, Reiner	51	HTB von 1865	0:32:14 h	190	1:01:01 h	150	1:33:15 h	179	1:09:22 h	191	2:42:37 h	M Sen6	274
	192 Müller, Hans-Werner	51	SG Stern Hamburg	0:30:53 h	188	1:00:15 h	142	1:31:08 h	176	1:11:40 h	194	2:42:48 h	M Sen6	273
	193 Moustaki, Maria	66	TriAs Flensburg	0:28:26 h	183	1:09:19 h	190	1:37:45 h	192	1:08:31 h	189	2:46:16 h	W Sen3	40
	194 Michaels, Stephan	66	AMTV Hamburg	0:32:18 h	192	1:12:14 h	194	1:44:32 h	194	1:09:57 h	192	2:54:29 h	M Sen3	229