

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Start-Nr.
Altersklasse M AK 1													
B	1	Sie Too, Luca	96 BSG Siemens	0:20:39 h	1	0:51:56 h	1	1:12:35 h	1	0:41:53 h	1	1:54:28 h	62
	2	Schmidt, Lukas	96 TV Scheessel	0:23:25 h	2	0:57:36 h	2	1:21:01 h	2	0:45:47 h	2	2:06:48 h	61
	3	Altrock, Jan	96 no pain	0:25:19 h	3	1:02:55 h	3	1:28:14 h	3	1:10:52 h	3	2:39:06 h	60
Altersklasse M AK 2													
M	1	Fritzenschaft, Julian	91 ProEnzym Tri Team Hamburg	0:17:59 h	1	0:45:46 h	1	1:03:45 h	1	0:36:52 h	1	1:40:37 h	65
M	2	Siegmund, Alexander	90 ProEnzym Tri Team Hamburg	0:18:37 h	2	0:46:20 h	2	1:04:57 h	2	0:39:43 h	3	1:44:40 h	73
M	3	Röhrken, Golo	88 ProEnzym Tri Team Hamburg	0:18:37 h	2	0:46:23 h	3	1:05:00 h	3	0:40:34 h	4	1:45:34 h	76
M	4	Onas, Malte	91 ProEnzym Tri Team Hamburg	0:18:38 h	4	0:48:11 h	5	1:06:49 h	5	0:39:39 h	2	1:46:28 h	67
M	5	Heller, Hauke Claas	89 ProEnzym Tri Team Hamburg	0:19:16 h	5	0:46:44 h	4	1:06:00 h	4	0:40:36 h	5	1:46:36 h	74
M	6	Jähnig, Maximilian	89 TuS Holstein Quickborn	0:20:59 h	6	0:51:28 h	6	1:12:27 h	6	0:42:43 h	6	1:55:10 h	75
	7	Werner, André	92 Hamburg	0:21:50 h	8	0:53:38 h	11	1:15:28 h	10	0:44:29 h	7	1:59:57 h	64
	8	Brunkhorst, Michael	90 Tus Harsefeld	0:22:09 h	10	0:53:18 h	8	1:15:27 h	9	0:46:04 h	8	2:01:31 h	69
	9	Baum, Laurin	92 SG Wasserratten Norderstedt	0:21:33 h	7	0:53:35 h	10	1:15:08 h	7	0:46:55 h	9	2:02:03 h	277
	10	Rheker, Maximilian	92 Hamburg	0:21:58 h	9	0:53:23 h	9	1:15:21 h	8	0:47:19 h	10	2:02:40 h	63
	11	Joram, Alexander	91 Team Erdinger Alkoholfrei	0:24:00 h	12	0:52:52 h	7	1:16:52 h	11	0:51:39 h	12	2:08:31 h	66
	12	Reinhard, Lucas	91 TT HSU HH	0:25:51 h	13	0:53:59 h	12	1:19:50 h	12	0:51:20 h	11	2:11:10 h	68
	13	Mönch, Niclas	88	0:23:53 h	11	1:00:04 h	13	1:23:57 h	13	0:52:16 h	13	2:16:13 h	278
Altersklasse M AK 3													
B	1	Ludewig, Frithjof	84 BSG SG Zoll Hamburg	0:20:06 h	2	0:47:38 h	1	1:07:44 h	1	0:42:32 h	2	1:50:16 h	91
M	2	Kretz, Philip	86 Triathlon Team Hamburg	0:18:35 h	1	0:52:52 h	4	1:11:27 h	2	0:40:12 h	1	1:51:39 h	85
B	3	Friese, Hauke	85 BSG Siemens Triathlon	0:23:48 h	9	0:49:11 h	2	1:12:59 h	3	0:45:31 h	3	1:58:30 h	88
M	4	Schunck, Kolin	87 Team Triathlon Hamburger Hoc	0:21:41 h	4	0:53:40 h	5	1:15:21 h	4	0:46:57 h	5	2:02:18 h	82
	5	Hermann, Henning	86 Hamburg	0:21:39 h	3	0:57:42 h	8	1:19:21 h	6	0:46:08 h	4	2:05:29 h	84
	6	Sönksen, Sören	85 SV Enge-Sande	0:23:41 h	8	0:51:56 h	3	1:15:37 h	5	0:52:55 h	9	2:08:32 h	89
	7	Gödelt, Björn	87 SV TRICITY Darmstadt	0:23:18 h	6	0:57:17 h	7	1:20:35 h	7	0:50:23 h	7	2:10:58 h	81
	8	Hamann, Jan	83 Tri Michels Hamburg	0:24:42 h	10	0:58:02 h	10	1:22:44 h	8	0:51:12 h	8	2:13:56 h	95
	9	Carstensen, Torben	87 BSG TÜV NORD	0:23:11 h	5	1:01:54 h	14	1:25:05 h	11	0:49:04 h	6	2:14:09 h	79
	10	Gräff, Bernd	86 Hamburg	0:26:07 h	13	0:56:44 h	6	1:22:51 h	9	0:58:14 h	14	2:21:05 h	83
	11	Moehl, Johannes	84 Hamburg	0:25:15 h	11	1:01:24 h	12	1:26:39 h	13	0:54:50 h	10	2:21:29 h	92
	12	Puritz, Robert	86 Norderstedt	0:25:48 h	12	0:58:01 h	9	1:23:49 h	10	0:57:52 h	13	2:21:41 h	86
	13	Bustorff, Lars	87 Hamburg	0:23:29 h	7	1:01:44 h	13	1:25:13 h	12	0:57:29 h	12	2:22:42 h	78
	14	Lingslebe, Uwe	84 Hamburg	0:26:08 h	14	1:01:02 h	11	1:27:10 h	14	1:03:44 h	15	2:30:54 h	90
	15	Lindstaedt, Nico	83 Steinkirchen	0:26:37 h	15	1:12:07 h	15	1:38:44 h	15	0:54:50 h	10	2:33:34 h	96
Altersklasse M AK 4													
M	1	Kaßner, Ulrich	80 Triabolos Triathlon HH	0:20:32 h	2	0:49:46 h	1	1:10:18 h	1	0:44:25 h	1	1:54:43 h	112
M	2	Hofmeister, Dennis	79 Triabolos Triathlon HH	0:20:38 h	3	0:52:21 h	6	1:12:59 h	4	0:44:54 h	2	1:57:53 h	115
M	3	Rath, Marcel	82 Triathlon Team Hamburg	0:21:17 h	5	0:51:05 h	3	1:12:22 h	2	0:45:37 h	4	1:57:59 h	101

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Start-Nr.
	4 Foks, Benjamin	82	Tri Endurance Germany	0:21:47 h	9	0:50:50 h	2	1:12:37 h	3	0:45:49 h	6	1:58:26 h	98
	5 Mörschel, Stefan	81	TuS Holstein Quickborn	0:20:11 h	1	0:55:28 h	10	1:15:39 h	8	0:45:24 h	3	2:01:03 h	108
	6 Plumeyer, Tino	82	ETV-Kanu-Kiel	0:21:26 h	6	0:54:27 h	9	1:15:53 h	9	0:45:46 h	5	2:01:39 h	100
B	7 Kostelnik, Mathias	80	BSG SG Stern Hamburg	0:21:48 h	10	0:53:30 h	8	1:15:18 h	7	0:46:23 h	7	2:01:41 h	113
	8 Schulze, Sven	78	Trias Bad Schwartau	0:21:34 h	7	0:51:33 h	5	1:13:07 h	5	0:49:07 h	13	2:02:14 h	126
	9 Duschka, Robert	82	Triabolos Triathlon HH	0:23:03 h	12	0:51:22 h	4	1:14:25 h	6	0:49:40 h	14	2:04:05 h	97
	10 Grebe, Marco	81	Butterberghexen	0:21:43 h	8	0:57:41 h	15	1:19:24 h	13	0:47:41 h	8	2:07:05 h	106
M	11 Oediger, Florian	79	FC St. Pauli Triathlon	0:21:05 h	4	0:56:16 h	12	1:17:21 h	10	0:49:58 h	16	2:07:19 h	117
	12 Baum, Sebastian	81	Berufsfeuerwehr Wismar	0:23:16 h	14	0:55:36 h	11	1:18:52 h	12	0:48:44 h	12	2:07:36 h	105
	13 Krause, Matthias	79	Hamburger SC	0:23:40 h	17	0:56:27 h	13	1:20:07 h	14	0:47:43 h	9	2:07:50 h	116
M	14 Frey, Gereon	78	Triabolos Triathlon HH	0:25:14 h	18	0:53:08 h	7	1:18:22 h	11	0:49:48 h	15	2:08:10 h	123
	15 Steinke, Philipp	79	Norderstedt	0:23:19 h	15	0:57:02 h	14	1:20:21 h	15	0:50:18 h	17	2:10:39 h	120
	16 Kudlinski, Jakob	81	Hamburg	0:23:27 h	16	1:00:18 h	16	1:23:45 h	18	0:47:55 h	10	2:11:40 h	107
	17 Schwarz, Piet	79	Lütjensee	0:22:08 h	11	1:01:21 h	18	1:23:29 h	16	0:48:19 h	11	2:11:48 h	119
	18 Reddehase, Alexander	82	Triabolos Triathlon HH	0:23:15 h	13	1:00:24 h	17	1:23:39 h	17	0:57:08 h	18	2:20:47 h	102
	19 Schneider, Eike	82	Barmbekexpress	0:27:12 h	19	1:03:14 h	19	1:30:26 h	19	0:59:43 h	20	2:30:09 h	103
	20 Hartleben, Patrick	82	Hamburg	0:27:42 h	20	1:07:49 h	20	1:35:31 h	20	0:58:47 h	19	2:34:18 h	99
Altersklasse M Sen1													
	1 Sedelmaier, Frank	77	Triathlon Team Hamburger Hoc	0:19:58 h	3	0:50:08 h	2	1:10:06 h	1	0:41:16 h	2	1:51:22 h	135
	2 nahnsen, björn	77	SV Enge-Sande	0:19:14 h	1	0:52:41 h	6	1:11:55 h	4	0:41:15 h	1	1:53:10 h	132
M	3 Biermann, Christian	73	TuS Holstein Quickborn	0:20:25 h	4	0:50:27 h	3	1:10:52 h	2	0:45:17 h	8	1:56:09 h	157
M	4 Möller gen. Riepe, Sebastian	76	Open Sports Triathlon e.V.	0:19:55 h	2	0:52:51 h	7	1:12:46 h	5	0:43:35 h	3	1:56:21 h	141
	5 Müller, René	76	Triabolos Triathlon HH	0:22:12 h	11	0:52:54 h	8	1:15:06 h	7	0:44:01 h	4	1:59:07 h	142
	6 Leidecker, Ingo	74	BSG Commerzbank Hamburg	0:21:52 h	10	0:50:00 h	1	1:11:52 h	3	0:47:58 h	9	1:59:50 h	155
	7 Weinrich-Mory, Arne	73	Zippel's Läuferwelt Norderstedt	0:20:32 h	5	0:54:53 h	12	1:15:25 h	8	0:44:43 h	6	2:00:08 h	168
B	8 Polster, Malte	76	BSG TÜV NORD	0:21:22 h	6	0:54:44 h	11	1:16:06 h	10	0:44:19 h	5	2:00:25 h	143
	9 Bruhn, Marc	75	SG Wasserratten Norderstedt	0:21:47 h	8	0:51:09 h	4	1:12:56 h	6	0:48:25 h	10	2:01:21 h	147
M	10 Vieth, Arne	73	Triabolos Triathlon HH	0:21:49 h	9	0:58:49 h	16	1:20:38 h	14	0:45:12 h	7	2:05:50 h	166
	11 von Thienen, Nils	77	Triathlon Team Hamburg	0:21:24 h	7	0:56:22 h	13	1:17:46 h	12	0:49:04 h	11	2:06:50 h	136
	12 Draak, Christian	75	FC Voran Ohe	0:22:48 h	15	0:54:03 h	9	1:16:51 h	11	0:51:36 h	15	2:08:27 h	148
	13 Borgman, Henrik	76	SV Poseidon	0:23:23 h	16	0:52:14 h	5	1:15:37 h	9	0:55:38 h	19	2:11:15 h	139
	14 Lück, Ronald	75	EDEKA	0:22:21 h	12	0:59:00 h	17	1:21:21 h	15	0:50:33 h	12	2:11:54 h	150
	15 Becker, Erik	77	Poyenberg	0:22:37 h	13	1:01:35 h	21	1:24:12 h	18	0:51:21 h	14	2:15:33 h	128
B	16 Thomsen, Andreas	73	BSG Stadtwerke Norderstedt	0:24:22 h	17	0:59:59 h	19	1:24:21 h	20	0:51:15 h	13	2:15:36 h	165
	17 Wiedenhofer, Andre	77	Escheburg	0:22:38 h	14	1:01:34 h	20	1:24:12 h	18	0:53:04 h	16	2:17:16 h	138
	18 Schwalbe, Timo	77	Tri-Sport Lübeck	0:24:49 h	20	0:57:18 h	14	1:22:07 h	16	0:55:21 h	17	2:17:28 h	134
	19 Weiß, Dennis	77	Triabolos Triathlon HH	0:26:07 h	21	0:54:06 h	10	1:20:13 h	13	0:57:54 h	21	2:18:07 h	137
	20 okano, takuyuki	73	Hamburg	0:24:45 h	19	0:58:42 h	15	1:23:27 h	17	0:55:21 h	17	2:18:48 h	161
B	21 Mehring, Robert	74	BSG SG Stern Hamburg	0:26:41 h	22	0:59:41 h	18	1:26:22 h	21	0:56:14 h	20	2:22:36 h	156

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Start-Nr.
22	Weigmann, Carsten	73	BSG JCS Thesdorf	0:24:37 h	18	1:03:08 h	22	1:27:45 h	22	0:59:41 h	22	2:27:26 h	167
Altersklasse M Sen2													
M	1 Gehrke, Stefan	72	Triabolos Triathlon HH	0:18:38 h	1	0:48:06 h	2	1:06:44 h	1	0:41:55 h	3	1:48:39 h	169
B	2 Langfeld, Peter	72	BSG Siemens	0:18:51 h	2	0:49:28 h	3	1:08:19 h	2	0:41:26 h	2	1:49:45 h	171
M	3 Bruhnke, Olaf	69	Triabolos Triathlon HH	0:19:17 h	3	0:50:13 h	4	1:09:30 h	4	0:41:19 h	1	1:50:49 h	200
M	4 Radke, Dirk	68	Kaifu Tri Team	0:19:53 h	4	0:50:34 h	5	1:10:27 h	5	0:43:02 h	4	1:53:29 h	215
	5 Niedieck, Olav	69	SG Wasserratten Norderstedt	0:21:51 h	13	0:46:40 h	1	1:08:31 h	3	0:47:09 h	11	1:55:40 h	205
	6 Zachert, Mario	72	SG Wasserratten Norderstedt	0:20:56 h	8	0:53:53 h	14	1:14:49 h	11	0:43:15 h	5	1:58:04 h	177
B	7 Decker, Christian	71	BSG Airbus	0:20:41 h	6	0:53:33 h	13	1:14:14 h	10	0:44:01 h	6	1:58:15 h	179
	8 Bos, Peter	69	Hamburg	0:20:57 h	9	0:53:04 h	12	1:14:01 h	9	0:44:26 h	7	1:58:27 h	199
	9 Wiedenhofer, Marco	70	Escheburg	0:20:48 h	7	0:52:23 h	8	1:13:11 h	7	0:45:17 h	9	1:58:28 h	197
	10 Graage, Jörg	69	SV Enge-Sande	0:21:07 h	11	0:52:19 h	7	1:13:26 h	8	0:45:52 h	10	1:59:18 h	202
M	11 Haberstock, Philipp	71	Triabolos Triathlon HH	0:20:09 h	5	0:52:33 h	11	1:12:42 h	6	0:47:25 h	13	2:00:07 h	181
	12 Laurisch, Wolf	72	Tri Michels Hamburg	0:21:43 h	12	0:54:33 h	15	1:16:16 h	13	0:47:28 h	14	2:03:44 h	172
M	13 Ludolph, Andreas	69	TS Harburg	0:21:02 h	10	1:00:18 h	25	1:21:20 h	22	0:45:08 h	8	2:06:28 h	204
	14 Schneider, Jakob	68	TEAM ALBERT SWISS 21	0:23:18 h	19	0:56:51 h	20	1:20:09 h	20	0:47:17 h	12	2:07:26 h	216
	15 Dickow, Boris	71	Team Erdinger Alkoholfrei	0:24:35 h	23	0:51:44 h	6	1:16:19 h	14	0:51:22 h	19	2:07:41 h	180
	16 Schütt, Torsten	72	Quickborn	0:23:17 h	18	0:52:30 h	10	1:15:47 h	12	0:52:38 h	24	2:08:25 h	175
	17 Pototzki, Frank	69	Triabolos Triathlon HH	0:22:58 h	16	0:56:04 h	17	1:19:02 h	18	0:49:51 h	17	2:08:53 h	207
	18 Feidler, David	70	Insel e.V.	0:22:20 h	14	0:58:13 h	21	1:20:33 h	21	0:49:00 h	15	2:09:33 h	193
	19 Möller, Walter	71	Team Erdinger Alkoholfrei	0:23:40 h	20	0:56:06 h	18	1:19:46 h	19	0:50:26 h	18	2:10:12 h	186
	20 Martens, Henning	72	Tri-Sport Lübeck	0:26:04 h	28	0:52:24 h	9	1:18:28 h	15	0:52:18 h	23	2:10:46 h	173
	21 drechsler, ingmar	69	jcs betriebssportgruppe	0:22:33 h	15	0:56:13 h	19	1:18:46 h	17	0:52:10 h	22	2:10:56 h	201
	22 henkel, patrick	71	hamburg	0:25:09 h	24	0:59:30 h	22	1:24:39 h	24	0:49:13 h	16	2:13:52 h	182
	23 Zabel, Kai	71	Tri-EMTV BSG Justiz HH	0:22:59 h	17	0:59:53 h	24	1:22:52 h	23	0:51:31 h	20	2:14:23 h	191
	24 Hoelscher, Niels	72	TRI EMTV Elmshorn	0:23:43 h	21	0:54:50 h	16	1:18:33 h	16	0:58:41 h	26	2:17:14 h	170
	25 Schierhorn, Ingo	70	Team Triathlon Hamburger Hoc	0:25:10 h	25	1:00:32 h	26	1:25:42 h	25	0:52:07 h	21	2:17:49 h	196
	26 Sterling, Achim	71	media@home Sterling	0:24:18 h	22	1:05:03 h	28	1:29:21 h	28	0:52:59 h	25	2:22:20 h	190
	27 Kampf, Mirko	71	Triabolos Triathlon HH	0:27:17 h	29	0:59:40 h	23	1:26:57 h	26	0:58:42 h	27	2:25:39 h	183
	28 Sprick, Alexander	72	Appen	0:26:02 h	27	1:02:06 h	27	1:28:08 h	27	1:01:48 h	29	2:29:56 h	176
	29 Möller, Andre	72	BSG Energie SV	0:25:15 h	26	1:06:44 h	29	1:31:59 h	29	0:58:43 h	28	2:30:42 h	174
Altersklasse M Sen3													
	1 Schlüter, Bernd	63	Triabolos Triathlon HH	0:21:06 h	1	0:53:35 h	6	1:14:41 h	5	0:45:14 h	1	1:59:55 h	252
M	2 Oettinger, Christian	67	Triabolos Triathlon HH	0:21:26 h	2	0:51:36 h	3	1:13:02 h	1	0:46:54 h	3	1:59:56 h	224
M	3 Bastian, Jens	63	Triathlon Club Alstertal	0:21:41 h	3	0:52:49 h	5	1:14:30 h	4	0:47:21 h	4	2:01:51 h	247
B	4 Kohlmann, Carsten	65	BSG NDR	0:23:33 h	9	0:51:26 h	2	1:14:59 h	6	0:47:22 h	5	2:02:21 h	234
B	5 Milewski, Marek	67	BSG SG Stern Hamburg	0:23:52 h	12	0:49:16 h	1	1:13:08 h	2	0:49:43 h	9	2:02:51 h	223
	6 Kröning, Wolfgang	64	Team Erdinger Alkoholfrei	0:22:18 h	6	0:52:05 h	4	1:14:23 h	3	0:48:57 h	8	2:03:20 h	244
M	7 Kolpatzik, Knut	67	Triabolos Triathlon HH	0:21:50 h	5	0:55:04 h	9	1:16:54 h	7	0:46:33 h	2	2:03:27 h	219

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Start-Nr.	
8	Langfeld, Martin	63	BSG Siemens	0:21:44 h	4	0:56:41 h	12	1:18:25 h	9	0:47:31 h	6	2:05:56 h	250	
9	Jacobsen, Matthias	65	SG Wasserratten Norderstedt	0:23:00 h	8	0:54:17 h	7	1:17:17 h	8	0:50:34 h	11	2:07:51 h	233	
10	Oldehaver, Ulrich	67	Norderstedt	0:23:56 h	13	0:57:29 h	14	1:21:25 h	14	0:49:55 h	10	2:11:20 h	225	
11	Schlopsnies, Jörg	66	Hamburg	0:22:56 h	7	1:01:54 h	19	1:24:50 h	18	0:47:44 h	7	2:12:34 h	231	
12	Meybauer, Hans-Peter	67	Team Helaba	0:24:40 h	16	0:55:52 h	10	1:20:32 h	12	0:52:19 h	14	2:12:51 h	222	
13	Mohr, Henning	65	Golden Eagle Box Gym Elmshc	0:23:44 h	11	0:56:38 h	11	1:20:22 h	11	0:53:25 h	15	2:13:47 h	235	
14	Mordhorst, Claus	65	Kaifu Tri Team	0:25:14 h	18	0:54:24 h	8	1:19:38 h	10	0:54:15 h	18	2:13:53 h	236	
15	Petersen, Marco	67	24340 Eckernförde	0:24:19 h	15	1:00:04 h	17	1:24:23 h	16	0:50:45 h	12	2:15:08 h	226	
M	16	Habekost, Martin	65	Triabolos Triathlon HH	0:23:38 h	10	1:00:49 h	18	1:24:27 h	17	0:52:02 h	13	2:16:29 h	232
M	17	Ehlert, Jörg	66	Tri Michels Hamburg	0:24:01 h	14	0:57:21 h	13	1:21:22 h	13	0:55:29 h	20	2:16:51 h	227
18	Kintzel, Andreas	66	Team Erdinger Alkoholfrei	0:26:07 h	20	0:58:03 h	15	1:24:10 h	15	0:54:44 h	19	2:18:54 h	228	
B	19	Sievers, Jörg	65	BSG HSH Nordbank	0:24:41 h	17	1:04:09 h	23	1:28:50 h	21	0:53:27 h	16	2:22:17 h	240
B	20	Konrad, Thomas	67	BSG NDR	0:27:50 h	24	0:59:45 h	16	1:27:35 h	20	0:56:00 h	22	2:23:35 h	220
21	Graupner, Jens	63	TZM	0:26:42 h	21	1:03:56 h	22	1:30:38 h	23	0:54:12 h	17	2:24:50 h	249	
22	Reese, Matthias	66	MoLiMa-Runners	0:25:26 h	19	1:02:00 h	20	1:27:26 h	19	1:00:28 h	23	2:27:54 h	230	
23	Altrock, Andreas	67	no pain	0:27:04 h	22	1:10:00 h	25	1:37:04 h	25	0:55:30 h	21	2:32:34 h	217	
24	Weser, Joerg	64	SG Wasserratten Norderstedt	0:27:54 h	25	1:02:21 h	21	1:30:15 h	22	1:04:03 h	25	2:34:18 h	245	
B	25	Wiens, Jochen	64	BSG SG Stern Hamburg	0:27:37 h	23	1:05:49 h	24	1:33:26 h	24	1:03:01 h	24	2:36:27 h	246
26	Michaels, Stephan	66	AMTV Hamburg	0:32:18 h	26	1:12:14 h	26	1:44:32 h	26	1:09:57 h	26	2:54:29 h	229	
Altersklasse M Sen4														
1	Claudius, Stephan	59	Buxtehude	0:22:11 h	1	0:53:46 h	1	1:15:57 h	1	0:50:31 h	3	2:06:28 h	259	
2	Priester, Tilman	58	SG Wasserratten Norderstedt	0:23:00 h	2	0:54:48 h	2	1:17:48 h	2	0:50:03 h	2	2:07:51 h	266	
3	Stamer, Heiko	59	Norderstedt	0:23:26 h	3	1:02:26 h	7	1:25:52 h	5	0:50:01 h	1	2:15:53 h	262	
4	Hanßen, Harald	61	BSG Hamburg Wasser	0:26:12 h	4	0:57:20 h	3	1:23:32 h	3	0:59:03 h	6	2:22:35 h	254	
M	5	Spijker, Rüdiger	60	Tri Michels Hamburg	0:26:14 h	5	0:57:56 h	4	1:24:10 h	4	0:58:46 h	5	2:22:56 h	258
M	6	Holste, Thorsten	60	FC St. Pauli Triathlon	0:26:24 h	6	1:01:39 h	5	1:28:03 h	6	0:57:42 h	4	2:25:45 h	257
7	Wildner, Thomas	61	Hamburg	0:32:17 h	7	1:04:09 h	8	1:36:26 h	8	1:05:44 h	7	2:42:10 h	256	
M	8	Dohrn, Frank	58	AMTV Hamburg	0:32:20 h	8	1:01:53 h	6	1:34:13 h	7	1:07:58 h	8	2:42:11 h	264
Altersklasse M Sen5														
M	1	Wiese, Michael	57	Triabolos Triathlon HH	0:25:54 h	1	0:54:55 h	1	1:20:49 h	1	0:54:13 h	1	2:15:02 h	270
2	Nielsen, Holger	57	Seegurken Elmshorn	0:26:54 h	2	1:08:16 h	2	1:35:10 h	2	1:01:57 h	2	2:37:07 h	268	
Altersklasse M Sen6														
1	Knuth, Günther	51	TSV Glinde	0:28:37 h	1	0:58:38 h	1	1:27:15 h	1	0:56:38 h	1	2:23:53 h	272	
M	2	Wieneke, Reiner	51	HTB von 1865	0:32:14 h	3	1:01:01 h	3	1:33:15 h	3	1:09:22 h	2	2:42:37 h	274
3	Müller, Hans-Werner	51	SG Stern Hamburg	0:30:53 h	2	1:00:15 h	2	1:31:08 h	2	1:11:40 h	3	2:42:48 h	273	
Altersklasse W AK 1														
1	Femerling, Lisa	93	Team Erdinger Alkoholfrei	0:23:59 h	1	0:59:40 h	1	1:23:39 h	1	0:51:53 h	1	2:15:32 h	1	
Altersklasse W AK 2														

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Start-Nr.
M	1 Konczalla, Leonie	91	Kaifu Tri Team	0:19:54 h	1	0:49:52 h	1	1:09:46 h	1	0:43:02 h	1	1:52:48 h	3
	2 Zimmermann, Dörte	89	SG Elbe	0:22:07 h	2	0:58:48 h	2	1:20:55 h	2	0:48:40 h	2	2:09:35 h	53
	3 Christiansen, Nina	88	SV Enge-Sande	0:26:14 h	3	1:00:59 h	3	1:27:13 h	3	0:55:39 h	3	2:22:52 h	5
	4 Schümann, Rebecca	92	Hamburg	0:26:39 h	4	1:06:59 h	4	1:33:38 h	4	0:59:54 h	4	2:33:32 h	2
	5 Stubbe, Corinna	89	Ahlerstedt	0:27:57 h	5	1:07:59 h	5	1:35:56 h	5	1:00:49 h	5	2:36:45 h	4
Altersklasse W AK 3													
B	1 van der Bent, Cecile	85	BSG Lufthansa SV	0:21:03 h	1	0:50:23 h	1	1:11:26 h	1	0:42:22 h	1	1:53:48 h	11
	2 Duschka, Susann	83	Triabolos Triathlon HH	0:23:55 h	3	0:57:44 h	3	1:21:39 h	3	0:49:28 h	2	2:11:07 h	13
M	3 Hölscher, Nadine	85	Triathlon Club Alstertal	0:23:19 h	2	0:55:27 h	2	1:18:46 h	2	0:54:26 h	4	2:13:12 h	9
	4 Laing, Anika	85	FC St. Pauli Triathlon	0:25:05 h	5	1:01:13 h	5	1:26:18 h	5	0:50:04 h	3	2:16:22 h	10
M	5 Schultz, Eva	84	Triathlon Club Alstertal	0:24:24 h	4	0:59:16 h	4	1:23:40 h	4	0:55:32 h	5	2:19:12 h	12
	6 Hollstein, Christina	87	Tri-Sport Lübeck	0:26:54 h	6	1:04:39 h	6	1:31:33 h	6	1:05:13 h	6	2:36:46 h	8
Altersklasse W AK 4													
M	1 Liebendoerfer, Christine	81	Triabolos Triathlon HH	0:21:34 h	1	0:49:46 h	1	1:11:20 h	1	0:43:53 h	1	1:55:13 h	15
	2 Ritzmann, Katja	79	TRI EMTV Elmshorn	0:25:09 h	2	1:00:01 h	4	1:25:10 h	3	0:52:04 h	3	2:17:14 h	20
B	3 Recht, Janette	81	BSG HSH Nordbank	0:25:14 h	3	1:02:55 h	5	1:28:09 h	5	0:51:11 h	2	2:19:20 h	17
	4 Lobach, Bente	81	Mach3Sportzentrum	0:25:55 h	4	0:58:55 h	3	1:24:50 h	2	0:55:42 h	4	2:20:32 h	16
	5 Thele, Nicole	80	SG Wasserratten Norderstedt	0:28:26 h	5	0:56:49 h	2	1:25:15 h	4	0:58:10 h	5	2:23:25 h	18
Altersklasse W Sen1													
M	1 Hennecke, Anke	76	Kaifu Tri Team	0:20:33 h	1	0:51:31 h	1	1:12:04 h	1	0:44:40 h	1	1:56:44 h	26
M	2 Strehl, Bettina	74	Tri Michels Hamburg	0:22:04 h	2	0:52:15 h	2	1:14:19 h	2	0:48:39 h	2	2:02:58 h	27
	3 Draak, Claudia	73	media@home Sterling	0:26:23 h	3	1:03:23 h	3	1:29:46 h	3	1:01:04 h	3	2:30:50 h	28
	4 Gröndahl, Yvonne	76	Ramelsloh	0:27:50 h	4	1:09:23 h	4	1:37:13 h	4	1:03:13 h	4	2:40:26 h	25
Altersklasse W Sen2													
B	1 Zielke, Uta	71	BSG Beiersdorf	0:23:37 h	1	0:53:12 h	1	1:16:49 h	1	0:50:56 h	2	2:07:45 h	31
	2 Carstensen, Eike	69	SV Enge-Sande	0:23:39 h	2	1:01:08 h	4	1:24:47 h	3	0:49:14 h	1	2:14:01 h	33
M	3 Gebauer, Monika	68	Kaifu Tri Team	0:24:48 h	3	0:57:13 h	2	1:22:01 h	2	0:52:19 h	3	2:14:20 h	35
	4 Wenzlawe, Maja	72	Triathlon Team Buxtehude	0:26:05 h	4	0:59:54 h	3	1:25:59 h	4	1:00:00 h	4	2:25:59 h	29
Altersklasse W Sen3													
B	1 Hahn, Tanja	67	BSG Beiersdorf	0:24:31 h	1	0:55:35 h	1	1:20:06 h	1	0:52:05 h	1	2:12:11 h	36
M	2 Lüders, Kerstin	63	Tri Michels Hamburg	0:24:36 h	2	1:01:16 h	2	1:25:52 h	2	0:54:50 h	2	2:20:42 h	48
	3 Witte, Michaela	64	Team Erdinger Alkoholfrei	0:28:11 h	3	1:09:02 h	3	1:37:13 h	3	1:02:45 h	3	2:39:58 h	47
	4 Moustaki, Maria	66	TriAs Flensburg	0:28:26 h	4	1:09:19 h	4	1:37:45 h	4	1:08:31 h	4	2:46:16 h	40