

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.	
M	1	Fritzenschaft, Julian	91	Triabolos Hamburg	0:17:53 h	2	0:51:56 h	1	1:09:49 h	1	0:38:34 h	3	1:48:23 h	M 20	63
M	2	Herber, Philipp	89	TTS Tri Team Hamburg	0:17:54 h	3	0:53:07 h	5	1:11:01 h	2	0:39:32 h	4	1:50:33 h	M 20	71
	3	Macintosh, Dan	86	TTS Tri Team Hamburg	0:17:38 h	1	0:56:50 h	22	1:14:28 h	11	0:36:56 h	1	1:51:24 h	M 30	48
	4	Müller, Simon	96	Tri-Sport Lübeck	0:18:08 h	4	0:56:27 h	18	1:14:35 h	12	0:37:09 h	2	1:51:44 h	M 20	52
M	5	Siegmund, Alexander	90	TTS Tri Team Hamburg	0:19:03 h	8	0:52:29 h	2	1:11:32 h	4	0:40:58 h	7	1:52:30 h	M 20	70
	6	Secker, Matthias	82	Triabolos Hamburg	0:19:04 h	9	0:53:42 h	7	1:12:46 h	6	0:39:57 h	5	1:52:43 h	M 35	99
M	7	Best, Ruben	90	Triabolos Hamburg	0:19:43 h	15	0:54:00 h	10	1:13:43 h	8	0:40:14 h	6	1:53:57 h	M 20	67
S	8	SG Wasserratten Norderste		Schröter, Wischmann, Grube	0:18:41 h	6	0:52:47 h	4	1:11:28 h	3	0:44:09 h	19	1:55:37 h	Staffel-M	437
	9	bruhnke, olaf	69	Triabolos Hamburg	0:19:37 h	14	0:55:30 h	13	1:15:07 h	15	0:41:19 h	8	1:56:26 h	M 45	172
	10	Röhrken, Golo	88	TTS Tri Team Hamburg	0:19:22 h	10	0:53:09 h	6	1:12:31 h	5	0:44:34 h	21	1:57:05 h	M 30	65
	11	Gehse, Frank	67	SG Wasserratten Nordersted	0:19:34 h	12	0:53:50 h	8	1:13:24 h	7	0:43:53 h	17	1:57:17 h	M 50	186
	12	Ziegenbein, Timo	79	SV Großhansdorf	0:18:49 h	7	0:56:05 h	17	1:14:54 h	13	0:42:28 h	9	1:57:22 h	M 35	111
M	13	Stürznickel, Julian	93	TTS Tri Team Hamburg	0:19:53 h	16	0:55:07 h	11	1:15:00 h	14	0:43:05 h	13	1:58:05 h	M 20	60
S	14	LG Elmshorn & Ex		Grundt, Schmitz	0:19:25 h	11	0:55:59 h	16	1:15:24 h	16	0:43:28 h	15	1:58:52 h	Staffel-M	430
S	15	Sportfreunde Wigger		Precht, Wigger, Hellmigk	0:20:31 h	19	0:53:56 h	9	1:14:27 h	10	0:44:58 h	24	1:59:25 h	Staffel-M	436
M	16	Kretz, Philip	86	FC St. Pauli Triathlon	0:18:22 h	5	0:59:30 h	37	1:17:52 h	21	0:42:37 h	10	2:00:29 h	M 30	85
M	17	Dannehl, Jan	69	Triabolos Hamburg	0:20:38 h	21	0:57:37 h	26	1:18:15 h	22	0:43:44 h	16	2:01:59 h	M 45	173
	18	Kampa, Pawel	80	Otto Wulff Tri Team	0:21:17 h	31	0:55:54 h	14	1:17:11 h	17	0:45:08 h	25	2:02:19 h	M 35	104
S	19	TTS Tri Team Hamburg		Heller, Hassfurther	0:24:12 h	91	0:55:29 h	12	1:19:41 h	26	0:42:50 h	12	2:02:31 h	Staffel-M	442
	20	Kragh, Morten	83	TriAs Flensburg	0:20:33 h	20	0:57:18 h	25	1:17:51 h	20	0:44:46 h	23	2:02:37 h	M 35	94
	21	Niedieck, Olav	69	SG Wasserratten Nordersted	0:21:38 h	38	0:52:41 h	3	1:14:19 h	9	0:49:09 h	57	2:03:28 h	M 45	176
M	22	Jähmig, Maximilian	89	TuS Holstein Quickborn	0:20:54 h	25	0:56:50 h	22	1:17:44 h	19	0:46:24 h	32	2:04:08 h	M 20	72
M	23	Gallastegi, Xabier	87	FC St. Pauli Triathlon	0:20:57 h	27	0:56:43 h	20	1:17:40 h	18	0:46:40 h	33	2:04:20 h	M 30	76
S	24	Heavy-Boys		Domscheit, Reinecke	0:20:30 h	18	1:00:51 h	50	1:21:21 h	38	0:43:12 h	14	2:04:33 h	Staffel-M	409
B	25	Sie Too, Luca	96	BSG Siemens	0:20:03 h	17	1:00:27 h	47	1:20:30 h	34	0:44:13 h	20	2:04:43 h	M 20	54
	26	Meier, Bent	93	PETER LULA RACING TEAM	0:20:47 h	24	1:01:56 h	58	1:22:43 h	43	0:42:40 h	11	2:05:23 h	M 20	59
	27	Schmidt, Lukas	96	TV Schießel	0:21:06 h	29	1:00:23 h	46	1:21:29 h	40	0:44:02 h	18	2:05:31 h	M 20	53
M	28	Rath, Marcel	82	HT16 Triathlon Team Hambur	0:20:56 h	26	0:58:38 h	33	1:19:34 h	23	0:46:45 h	34	2:06:19 h	M 35	98
	29	Mireisz, Bernhard	78	Laufen in Lübeck	0:21:19 h	34	0:59:38 h	38	1:20:57 h	35	0:45:51 h	29	2:06:48 h	M 40	115
	30	Krüger, Marcel	95	SCI Itzehoe	0:20:58 h	28	1:00:14 h	43	1:21:12 h	36	0:45:44 h	28	2:06:56 h	M 20	56
	31	Steinke, Philipp	79	SG Wasserratten Nordersted	0:22:09 h	48	0:57:59 h	27	1:20:08 h	29	0:46:56 h	36	2:07:04 h	M 35	110
	32	Van der Bent, Cecile	85	TTS Tri Team Hamburg	0:22:02 h	47	0:58:14 h	30	1:20:16 h	32	0:46:52 h	35	2:07:08 h	W 30	9
	33	Modrow, Niklas	94	TT HSU Hamburg	0:21:42 h	41	0:58:32 h	31	1:20:14 h	30	0:47:31 h	42	2:07:45 h	M 20	239
	34	Rheinheimer, Marc	87	FC St. Pauli Triathlon	0:20:46 h	23	1:01:45 h	55	1:22:31 h	42	0:45:15 h	27	2:07:46 h	M 30	81
	35	Radtke, Holger	71	SV Großhansdorf	0:21:18 h	33	1:02:16 h	63	1:23:34 h	48	0:44:35 h	22	2:08:09 h	M 45	160
	36	Hempfling, Niklas	96	Hamburg	0:23:12 h	69	1:00:14 h	43	1:23:26 h	47	0:45:09 h	26	2:08:35 h	M 20	51
	37	Bruhn, Marc	75	SG Wasserratten Nordersted	0:21:32 h	37	0:58:08 h	28	1:19:40 h	24	0:49:03 h	54	2:08:43 h	M 40	130
	38	Weinert, Andreas	74	HNT Hamburg	0:22:47 h	62	1:00:36 h	48	1:23:23 h	46	0:45:56 h	30	2:09:19 h	M 40	142
M	39	Strehl, Bettina	74	TTS Tri Team Hamburg	0:22:49 h	64	0:56:59 h	24	1:19:48 h	27	0:49:33 h	62	2:09:21 h	W 40	25
	40	ROTARIU, IULIAN	86	KOELLN-REISIEK	0:23:09 h	68	0:58:10 h	29	1:21:19 h	37	0:48:15 h	47	2:09:34 h	M 30	87

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
41	wunderlich, marcus	80	Triabolos Hamburg	0:23:13 h	71	0:56:46 h	21	1:19:59 h	28	0:49:45 h	66	2:09:44 h	M 35	106
42	Müller, René	76	Triabolos Hamburg	0:23:13 h	71	1:00:37 h	49	1:23:50 h	50	0:45:58 h	31	2:09:48 h	M 40	127
43	Mehn, Michael	93	TT HSU Hamburg	0:21:42 h	41	0:58:32 h	31	1:20:14 h	30	0:49:37 h	63	2:09:51 h	M 20	58
44	Frick, Axel	62	Trimaniacs	0:21:21 h	35	1:01:41 h	54	1:23:02 h	44	0:47:01 h	39	2:10:03 h	M 55	211
S 45	Old Duo Düsentrieb		Matzen, Schirmer	0:22:37 h	53	0:59:15 h	36	1:21:52 h	41	0:48:31 h	48	2:10:23 h	Staffel-M	432
46	Kröning, Wolfgang	64	Team Erdinger Alkoholfrei	0:22:25 h	52	0:59:00 h	35	1:21:25 h	39	0:49:00 h	52	2:10:25 h	M 50	204
B 47	Milewski, Marek	67	SG Stern Hamburg	0:23:46 h	80	0:55:54 h	14	1:19:40 h	24	0:51:01 h	72	2:10:41 h	M 50	189
48	Duschka, Robert	82	Triabolos Hamburg	0:23:40 h	79	0:56:37 h	19	1:20:17 h	33	0:51:12 h	74	2:11:29 h	M 35	96
M 49	Hennecke, Anke	76	Kaifu Tri Team	0:22:14 h	50	1:02:08 h	59	1:24:22 h	52	0:47:32 h	43	2:11:54 h	W 40	20
B 50	Klindworth, Jürgen	59	SG Stern Hamburg	0:22:46 h	61	1:02:13 h	61	1:24:59 h	58	0:46:56 h	36	2:11:55 h	M 55	223
B 51	Matzke, Herwig	72	BSG Philips LG	0:21:39 h	39	1:03:24 h	72	1:25:03 h	59	0:46:58 h	38	2:12:01 h	M 45	151
S 52	Trio vonüberallher		von der Fecht, Liebler, Willarr	0:25:34 h	115	0:59:59 h	41	1:25:33 h	61	0:47:07 h	40	2:12:40 h	Staffel-W	400
S 53	Helden der Nation		Kaschke, Ludwig	0:21:41 h	40	1:04:07 h	79	1:25:48 h	63	0:47:37 h	45	2:13:25 h	Staffel-M	410
M 54	Kolpatzik, Knut	67	Triabolos Hamburg	0:22:42 h	59	1:01:50 h	57	1:24:32 h	54	0:48:57 h	51	2:13:29 h	M 50	188
55	Näder, Marco	71	Hamburg	0:21:53 h	45	1:04:35 h	84	1:26:28 h	65	0:47:10 h	41	2:13:38 h	M 45	159
56	Plumeyer, Tino	82	ETV-Kanu-Kiel	0:21:28 h	36	1:03:21 h	70	1:24:49 h	56	0:49:06 h	55	2:13:55 h	M 35	97
57	Detlefs, Mirko	70	LG Albatros Kiel	0:23:00 h	67	1:01:26 h	52	1:24:26 h	53	0:49:46 h	67	2:14:12 h	M 45	165
M 58	Helbig, Leana	81	Kaifu Tri Team	0:22:47 h	62	1:01:45 h	55	1:24:32 h	54	0:49:48 h	69	2:14:20 h	W 35	15
59	Thele, Tobias	78	SG Wasserratten Nordersted	0:22:39 h	55	1:03:23 h	71	1:26:02 h	64	0:48:48 h	50	2:14:50 h	M 40	118
59	Zachert, Mario	72	SG Wasserratten Nordersted	0:25:21 h	108	1:00:13 h	42	1:25:34 h	62	0:49:16 h	58	2:14:50 h	M 45	153
61	Neumann, Uwe	73	Lentförhden	0:21:51 h	44	1:04:42 h	89	1:26:33 h	66	0:49:56 h	70	2:16:29 h	M 45	143
M 62	Claudius, Stephan	59	MC Pirate e.V.	0:22:37 h	53	1:02:13 h	61	1:24:50 h	57	0:51:57 h	77	2:16:47 h	M 55	222
63	Henkel, Patrick	71	Hamburg	0:24:21 h	94	1:03:40 h	74	1:28:01 h	72	0:49:19 h	59	2:17:20 h	M 45	156
M 64	Haberstock, Philipp	71	Triabolos Hamburg	0:21:16 h	30	1:02:41 h	67	1:23:57 h	51	0:53:35 h	87	2:17:32 h	M 45	155
65	Pirwitz, Fabian	97	SG Wasserratten Nordersted	0:19:35 h	13	1:03:45 h	75	1:23:20 h	45	0:54:13 h	91	2:17:33 h	M 20	50
66	Laing, Anika	85	FC St. Pauli Triathlon	0:21:42 h	41	1:06:25 h	106	1:28:07 h	74	0:49:29 h	61	2:17:36 h	W 30	8
67	Gebauer, Sebastian	97	TRI EMTV Elmshorn	0:23:17 h	73	1:06:00 h	103	1:29:17 h	84	0:48:34 h	49	2:17:51 h	M 20	49
68	Laurisch, Wolf	72	Tri Michels Hamburg	0:22:50 h	65	1:02:34 h	65	1:25:24 h	60	0:53:25 h	85	2:18:49 h	M 45	150
69	Feidler, David	70	Insel e.V.	0:23:48 h	81	1:06:09 h	105	1:29:57 h	89	0:49:06 h	55	2:19:03 h	M 45	166
70	Stuhr, Isabel	73	SG Wasserratten Nordersted	0:24:10 h	90	1:05:42 h	99	1:29:52 h	87	0:49:28 h	60	2:19:20 h	W 45	28
M 71	Albes, Borge	71	TuS Holstein Quickborn	0:23:18 h	74	1:05:32 h	97	1:28:50 h	81	0:51:10 h	73	2:20:00 h	M 45	154
M 72	DERRIEN, Alexandre	81	FC St. Pauli Triathlon	0:23:12 h	69	1:06:46 h	113	1:29:58 h	90	0:50:22 h	71	2:20:20 h	M 35	100
73	Westerfeld, Sabine	66	Team Erdinger Alkoholfrei	0:24:08 h	88	1:04:37 h	86	1:28:45 h	80	0:52:32 h	80	2:21:17 h	W 50	40
74	Jacobsen, Matthias	65	SG Wasserratten Nordersted	0:24:40 h	101	1:03:50 h	76	1:28:30 h	76	0:52:55 h	84	2:21:25 h	M 50	199
M 75	Wolf, Stephan	70	TuS Holstein Quickborn	0:23:55 h	83	0:59:48 h	40	1:23:43 h	49	0:57:54 h	121	2:21:37 h	M 45	171
76	Kohlermann, Kay	69	Hamburg	0:22:41 h	57	1:06:28 h	108	1:29:09 h	83	0:52:39 h	81	2:21:48 h	M 45	175
77	Mohr, Henning	65	Tri Warriors	0:22:39 h	55	1:04:37 h	86	1:27:16 h	69	0:54:47 h	93	2:22:03 h	M 50	201
78	von Thienen, Nils	77	Triathlon Team Hamburg	0:22:13 h	49	1:06:28 h	108	1:28:41 h	78	0:53:51 h	90	2:22:32 h	M 40	123
S 79	TuS Holstein Quickborn 2		Seemann, Hartung	0:25:56 h	124	1:01:09 h	51	1:27:05 h	68	0:55:42 h	101	2:22:47 h	Staffel-M	444
80	Wandschneider, Dirk	63	SG Wasserratten Nordersted	0:24:06 h	86	1:09:05 h	133	1:33:11 h	117	0:49:39 h	64	2:22:50 h	M 55	210

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
S	81 ED-Team 3		Plotzke, Doss, Hippenstiel	0:24:23 h	96	1:08:51 h	131	1:33:14 h	118	0:49:46 h	67	2:23:00 h	Staffel-M	407
	82 Orloff, Sven	81	Hamburger SV Triathlon	0:24:22 h	95	1:07:35 h	123	1:31:57 h	109	0:51:12 h	74	2:23:09 h	M 35	101
	83 Draak, Christian	75	FC Voran Ohe	0:24:23 h	96	1:03:01 h	69	1:27:24 h	70	0:56:06 h	104	2:23:30 h	M 40	131
	84 Lück, Ronald	75	BSG EDEKA	0:22:14 h	50	1:08:31 h	130	1:30:45 h	98	0:52:47 h	83	2:23:32 h	M 40	133
	85 Schierhorn, Ingo	70	Team Triathlon Hamburger H	0:24:23 h	96	1:06:53 h	116	1:31:16 h	100	0:52:31 h	79	2:23:47 h	M 45	170
	86 Bartram, Lennart	95	Quickborn	0:22:55 h	66	1:05:47 h	100	1:28:42 h	79	0:55:20 h	99	2:24:02 h	M 20	55
M	87 Neudörffer, Cordula	71	TuS Holstein Quickborn	0:28:13 h	157	1:02:16 h	63	1:30:29 h	96	0:53:39 h	88	2:24:08 h	W 45	30
S	88 RUNBIKEFUN		Stock, Gleßmann	0:20:39 h	22	1:14:45 h	165	1:35:24 h	134	0:49:00 h	52	2:24:24 h	Staffel-M	434
S	89 Dynamic Duo		Sangkuhl, Sangkuhl	0:21:17 h	31	1:15:14 h	168	1:36:31 h	140	0:48:13 h	46	2:24:44 h	Staffel-M	404
	90 Reinecke, Tim	76	Henstedt Ulzburg	0:23:29 h	76	1:06:48 h	115	1:30:17 h	95	0:54:48 h	94	2:25:05 h	M 40	128
	91 Schlatter, Elvira	66	Tri Endurance Germany	0:25:33 h	114	1:04:33 h	83	1:30:06 h	93	0:55:04 h	97	2:25:10 h	W 50	39
	92 Wolfram, Frank	71	Henstedt Ulzburg	0:23:39 h	78	1:08:00 h	127	1:31:39 h	106	0:53:41 h	89	2:25:20 h	M 45	162
	93 drechsler, ingmar	69	BSG Johann-Comenius-Schu	0:23:23 h	75	1:05:13 h	91	1:28:36 h	77	0:57:10 h	115	2:25:46 h	M 45	174
	94 Colmsee, Volker	70	TV Scheessel	0:25:27 h	110	1:02:10 h	60	1:27:37 h	71	0:58:16 h	127	2:25:53 h	M 45	164
	95 Hollstein, Christina	87	Tri-Sport Lübeck	0:24:08 h	88	1:06:25 h	106	1:30:33 h	97	0:55:28 h	100	2:26:01 h	W 30	6
S	95 The Flashs		Schütt, Reimann, Reimann	0:28:45 h	167	1:05:29 h	95	1:34:14 h	124	0:51:47 h	76	2:26:01 h	Staffel-M	438
S	97 ED-Team 2		Hermann, Münz, Lars	0:31:05 h	184	1:01:27 h	53	1:32:32 h	113	0:53:31 h	86	2:26:03 h	Staffel-M	406
	98 Hümmecke, Manfred	53	TUS Holtenau Kiel	0:24:50 h	102	1:06:33 h	110	1:31:23 h	104	0:54:53 h	95	2:26:16 h	M 65	232
	99 Möller, Walter	71	Team Erdinger Alkoholfrei	0:25:55 h	123	1:04:09 h	80	1:30:04 h	92	0:56:26 h	106	2:26:30 h	M 45	158
M	99 Odefey, Lars	70	TuS Holstein Quickborn	0:25:54 h	121	1:04:09 h	80	1:30:03 h	91	0:56:27 h	107	2:26:30 h	M 45	169
	101 Ottow, Heiko	67	Triabolos Hamburg	0:24:34 h	99	1:03:34 h	73	1:28:08 h	75	0:58:27 h	129	2:26:35 h	M 50	191
	102 Peschke, Daniel	79	Blau-Weiß Buchholz e.V.	0:24:05 h	85	1:07:27 h	120	1:31:32 h	105	0:55:12 h	98	2:26:44 h	M 35	109
M	103 Ruff, Anne	94	TTS Tri Team Hamburg	0:24:12 h	91	1:05:41 h	98	1:29:53 h	88	0:57:04 h	114	2:26:57 h	W 20	2
	104 Hamann, Heiko	74	Wattenbek	0:25:24 h	109	1:02:38 h	66	1:28:02 h	73	0:59:18 h	134	2:27:20 h	M 40	137
	105 Gräff, Bernd	86	Hamburg	0:25:34 h	115	1:03:52 h	77	1:29:26 h	85	0:57:56 h	122	2:27:22 h	M 30	83
	105 Lorenzen, Niels	75	Ahrensburg	0:25:56 h	124	1:07:08 h	118	1:33:04 h	116	0:54:18 h	92	2:27:22 h	M 40	132
M	107 Schultz, Eva	84	FC St. Pauli Triathlon	0:24:55 h	103	1:08:08 h	128	1:33:03 h	114	0:54:59 h	96	2:28:02 h	W 30	11
	108 jovanovich, marco	80	TT HSU Hamburg	0:22:45 h	60	1:15:44 h	172	1:38:29 h	151	0:49:41 h	65	2:28:10 h	M 35	103
S	109 Unser kleiner Laufftreff		Burmester, Hellmuth, Steinha	0:27:17 h	144	1:04:03 h	78	1:31:20 h	101	0:56:56 h	111	2:28:16 h	Staffel-M	448
	110 Brauer, Steffen	86	#burning_legs	0:23:52 h	82	1:12:35 h	155	1:36:27 h	139	0:52:09 h	78	2:28:36 h	M 30	82
S	111 ED-Team 1		Ramirez, Bergmann, Wegner	0:24:16 h	93	1:11:58 h	151	1:36:14 h	138	0:52:40 h	82	2:28:54 h	Staffel-M	405
	112 Weiß, Dennis	77	Haseldorf	0:27:32 h	148	1:04:18 h	82	1:31:50 h	107	0:57:15 h	117	2:29:05 h	M 40	124
	113 Unterbrink, Sören	84	SG Wasserratten Nordersted	0:26:27 h	131	1:00:20 h	45	1:26:47 h	67	1:03:03 h	155	2:29:50 h	M 30	91
	114 Völling, Jens	66	TRI EMTV Elmshorn	0:26:18 h	128	1:06:45 h	112	1:33:03 h	114	0:56:58 h	112	2:30:01 h	M 50	196
	115 Schmidt, Marco	71	Triabolos Hamburg	0:27:33 h	149	1:06:46 h	113	1:34:19 h	125	0:55:53 h	103	2:30:12 h	M 45	161
	116 Hamann, Jan	83	Tri Michels Hamburg	0:25:57 h	126	1:05:57 h	102	1:31:54 h	108	0:58:32 h	130	2:30:26 h	M 35	93
	117 Vollhardt, Ulli	58	Team Erdinger Alkoholfrei	0:25:36 h	119	1:05:27 h	94	1:31:03 h	99	1:00:00 h	137	2:31:03 h	M 60	227
	118 Bustorff, Lars	87	Hamburg	0:23:59 h	84	1:10:28 h	142	1:34:27 h	126	0:56:45 h	110	2:31:12 h	M 30	74
M	119 Spijker, Rüdiger	60	Tri Michels Hamburg	0:26:31 h	132	1:05:50 h	101	1:32:21 h	112	0:58:53 h	132	2:31:14 h	M 55	221
	120 Jensen, Olaf	68	Norderstedt	0:27:06 h	142	1:07:46 h	125	1:34:52 h	127	0:56:34 h	109	2:31:26 h	M 50	178

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
S	121 TuS Holstein Quickborn 3		Kranz, Odefey, Engelbrecht-H	0:27:18 h	145	1:08:29 h	129	1:35:47 h	135	0:55:51 h	102	2:31:38 h	Staffel-M	445
	122 Thele, Nicole	80	SG Wasserratten Nordersted	0:26:40 h	133	1:04:41 h	88	1:31:21 h	102	1:00:44 h	142	2:32:05 h	W 35	16
	123 Rohlfs, Dirk	67	Hamburger Laufladen	0:21:59 h	46	1:13:07 h	158	1:35:06 h	131	0:57:30 h	119	2:32:36 h	M 50	192
	124 Wiens, Gerrit	84	BSG Sparkasse Südholstein	0:24:06 h	86	1:06:02 h	104	1:30:08 h	94	1:02:42 h	152	2:32:50 h	M 30	92
B	125 Schaumann, Oliver	63	BSG Airbus SG Hamburg	0:27:33 h	149	1:04:36 h	85	1:32:09 h	111	1:01:12 h	147	2:33:21 h	M 55	209
	126 Slowik, Joscha	95	Tri Warriors	0:22:41 h	57	1:09:25 h	135	1:32:06 h	110	1:01:18 h	148	2:33:24 h	M 20	57
M	127 Gebauer, Monika	68	Kaifu Tri Team / Team Erdinge	0:26:10 h	127	1:10:27 h	141	1:36:37 h	141	0:57:11 h	116	2:33:48 h	W 50	33
S	128 BSG Sparkasse Südholstei		Marquardt, Meyer-Lomborg, F	0:25:19 h	107	1:08:54 h	132	1:34:13 h	123	1:00:18 h	140	2:34:31 h	Staffel-M	402
B	129 Plönsky, Katja	77	BSG Lufthansa Sportverein	0:28:13 h	157	1:07:45 h	124	1:35:58 h	137	0:58:45 h	131	2:34:43 h	W 40	19
	130 Neumann, Dirk	67	Trimaniacs	0:25:04 h	105	1:12:51 h	157	1:37:55 h	146	0:56:58 h	112	2:34:53 h	M 50	190
S	131 SG Wasserratten Norderste		Lauk, Neufeind, Oberlies	0:31:18 h	186	1:07:30 h	121	1:38:48 h	152	0:56:28 h	108	2:35:16 h	Staffel-W	408
S	132 TuS Holstein Quickborn 5		Hillebrand, Priester	0:29:45 h	173	0:59:42 h	39	1:29:27 h	86	1:05:54 h	168	2:35:21 h	Staffel-M	418
	133 Wulff, Björn	77	Bönningstedt	0:28:40 h	166	1:05:23 h	93	1:34:03 h	121	1:01:32 h	150	2:35:35 h	M 40	125
B	134 Braeuer, Karsten	72	SG Stern Hamburg	0:25:28 h	111	1:12:00 h	152	1:37:28 h	143	0:58:10 h	125	2:35:38 h	M 45	147
B	135 Mehring, Robert	74	SG Stern Hamburg	0:27:28 h	146	1:07:30 h	121	1:34:58 h	128	1:00:56 h	143	2:35:54 h	M 40	140
S	136 Bürgermeister-Staffel		Sass, Klingenberg	0:30:03 h	176	0:58:51 h	34	1:28:54 h	82	1:07:56 h	176	2:36:50 h	Staffel-M	439
	137 Mordhorst, Claus	65	Kaifu Tri Team	0:28:13 h	157	1:05:30 h	96	1:33:43 h	120	1:03:45 h	160	2:37:28 h	M 50	202
	138 Moehl, Johannes	84	Hamburg	0:26:26 h	130	1:11:25 h	147	1:37:51 h	144	0:59:54 h	136	2:37:45 h	M 30	90
	139 Puritz, Robert	86	Norderstedt	0:28:14 h	160	1:07:08 h	118	1:35:22 h	133	1:02:53 h	153	2:38:15 h	M 30	86
B	140 Warnecke-Jerol, Margret	61	SG Stern Hamburg	0:27:05 h	141	1:07:55 h	126	1:35:00 h	129	1:03:21 h	158	2:38:21 h	W 55	46
	141 Goebel, Robert	67	BSG Commerzbank	0:29:10 h	169	1:06:40 h	111	1:35:50 h	136	1:03:13 h	157	2:39:03 h	M 50	187
B	142 Jux, Michael	66	SG Stern Hamburg	0:27:44 h	152	1:10:24 h	140	1:38:08 h	147	1:01:00 h	144	2:39:08 h	M 50	193
	143 Altrock, Andreas	67	SG Haspa	0:25:35 h	118	1:17:23 h	180	1:42:58 h	165	0:56:11 h	105	2:39:09 h	M 50	184
	144 Schümann, Rebecca	92	Hamburg	0:25:01 h	104	1:14:06 h	161	1:39:07 h	154	1:00:03 h	138	2:39:10 h	W 20	4
	145 Nüske, Andreas	68	BSG DG HYP	0:23:30 h	77	1:17:29 h	181	1:40:59 h	160	0:58:14 h	126	2:39:13 h	M 50	181
	146 Hanßen, Harald	61	BSG Hamburg Wasser	0:27:12 h	143	1:06:53 h	116	1:34:05 h	122	1:05:21 h	166	2:39:26 h	M 55	215
	147 Seidel, Petra	74	Hamburg	0:26:25 h	129	1:15:25 h	170	1:41:50 h	163	0:58:25 h	128	2:40:15 h	W 40	24
B	148 Kittler, Holger	65	SG Stern Hamburg	0:25:34 h	115	1:13:22 h	159	1:38:56 h	153	1:01:20 h	149	2:40:16 h	M 50	200
S	149 TuS Holstein Quickborn 1		Croissier, Wolters, Behnke	0:30:09 h	177	1:04:52 h	90	1:35:01 h	130	1:05:34 h	167	2:40:35 h	Staffel-M	443
	150 Hertzfel, Steffen	85	Tornesch	0:25:10 h	106	1:15:35 h	171	1:40:45 h	159	0:59:51 h	135	2:40:36 h	M 30	88
	151 Vogt, Michelle	94	TT HSU Hamburg	0:29:01 h	168	1:10:30 h	143	1:39:31 h	155	1:01:07 h	145	2:40:38 h	W 20	3
	152 Henkis, Claas	84	SG Wasserratten Nordersted	0:28:36 h	165	1:11:11 h	146	1:39:47 h	156	1:01:09 h	146	2:40:56 h	M 30	89
	153 Riedel, Carsten	60	Trimaniacs	0:28:35 h	164	1:09:19 h	134	1:37:54 h	145	1:03:04 h	156	2:40:58 h	M 55	220
	154 Dahl, Kerstin	74	TS Harburg	0:34:06 h	191	1:19:18 h	184	1:53:24 h	191	0:47:36 h	44	2:41:00 h	W 40	22
S	155 TuS Holstein Quickborn 4		Behneke, Bumann, Harder	0:32:21 h	188	1:11:08 h	145	1:43:29 h	169	0:57:33 h	120	2:41:02 h	Staffel-M	447
S	156 DaBaMa		Blockus, Grewe, Kirchhoff	0:27:00 h	140	1:17:02 h	175	1:44:02 h	174	0:57:17 h	118	2:41:19 h	Staffel-M	403
	157 Weigmann, Carsten	73	BSG Johann-Comenius-Schu	0:24:36 h	100	1:13:52 h	160	1:38:28 h	150	1:02:54 h	154	2:41:22 h	M 45	146
	158 Kappenberg, Andreas	66	Commerzbank AG	0:27:29 h	147	1:12:28 h	154	1:39:57 h	157	1:01:45 h	151	2:41:42 h	M 50	194
	159 Tokarek, Thomas	59	Team Erdinger Alkoholfrei	0:25:36 h	119	1:09:42 h	136	1:35:18 h	132	1:06:25 h	171	2:41:43 h	M 55	225
M	160 Habekost, Martin	65	Triabolos Hamburg	0:25:54 h	121	1:11:02 h	144	1:36:56 h	142	1:04:49 h	165	2:41:45 h	M 50	198

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
161	Reimann, Tim	87	Hamburg	0:26:51 h	135	1:17:09 h	177	1:44:00 h	172	0:58:05 h	123	2:42:05 h	M 30	80
162	Reimann, Stefan	87	Hamburg	0:26:51 h	135	1:17:10 h	178	1:44:01 h	173	0:58:05 h	123	2:42:06 h	M 30	79
163	Graupner, Jens	63	TZM	0:26:51 h	135	1:16:42 h	174	1:43:33 h	170	0:58:53 h	132	2:42:26 h	M 55	208
164	Beringer, Hans-Werner	55	Trias Bad Schwartau	0:28:15 h	161	1:14:44 h	164	1:42:59 h	167	1:00:06 h	139	2:43:05 h	M 60	228
M 165	Prätsch, Dr. Ulrich	47	Triabolos Hamburg	0:28:33 h	163	1:02:48 h	68	1:31:21 h	102	1:12:34 h	184	2:43:55 h	M 70	237
166	Multhaupt, Jens	91	Triabolos Hamburg	0:25:30 h	112	1:18:07 h	182	1:43:37 h	171	1:00:19 h	141	2:43:56 h	M 20	64
167	Wenzlawe, Maja	72	Triathlon Team Buxtehude	0:27:51 h	154	1:10:17 h	139	1:38:08 h	147	1:06:17 h	170	2:44:25 h	W 45	29
168	Krüger, Jana	84	Triabolos Hamburg	0:27:33 h	149	1:12:50 h	156	1:40:23 h	158	1:04:24 h	162	2:44:47 h	W 30	10
169	Kusters, Stephan	68	Blau-Weiß Buchholz e.V.	0:26:43 h	134	1:11:35 h	150	1:38:18 h	149	1:06:52 h	173	2:45:10 h	M 50	179
170	Gehle, Tobias	74	Barmstedter MTV	0:28:25 h	162	1:05:15 h	92	1:33:40 h	119	1:12:11 h	183	2:45:51 h	M 40	136
171	Michl, Holger	68	SV Großhansdorf	0:29:56 h	174	1:11:26 h	148	1:41:22 h	161	1:06:06 h	169	2:47:28 h	M 50	180
172	Herrmann, Michael	61	BSG Deutsche Bank	0:30:22 h	180	1:14:06 h	161	1:44:28 h	175	1:06:49 h	172	2:51:17 h	M 55	216
173	bartl, thomas	65	SG Wasserratten Nordersted	0:30:15 h	178	1:11:31 h	149	1:41:46 h	162	1:09:32 h	180	2:51:18 h	M 50	197
174	Janßen, Uwe	60	TuS Holstein Quickborn	0:26:53 h	138	1:20:05 h	185	1:46:58 h	180	1:04:26 h	163	2:51:24 h	M 55	218
175	Birkenfeld, Florian	75	KölnTriathlon e.V.	0:28:11 h	156	1:14:47 h	167	1:42:58 h	165	1:09:42 h	181	2:52:40 h	M 40	129
176	Neuefeind, Dieter	48	SG Wasserratten Nordersted	0:30:00 h	175	1:14:45 h	165	1:44:45 h	176	1:08:12 h	177	2:52:57 h	M 70	236
177	Hölscher, Harm	74	Barmstedter MTV	0:31:16 h	185	1:14:33 h	163	1:45:49 h	178	1:07:51 h	175	2:53:40 h	M 40	138
S 178	BSG Sparkasse Südholstei		Petersen, Bielenberg, Marqu	0:29:39 h	172	1:20:37 h	187	1:50:16 h	184	1:03:34 h	159	2:53:50 h	Staffel-M	401
S 179			Neu Wulmstorf	0:29:35 h	171	1:17:03 h	176	1:46:38 h	179	1:07:47 h	174	2:54:25 h	Staffel-M	413
180	Niedieck, Henrik	73	SG Wasserratten Nordersted	0:32:51 h	189	1:10:10 h	137	1:43:01 h	168	1:11:52 h	182	2:54:53 h	M 45	144
181	overkamp, ines	64	BSG Commerzbank	0:27:44 h	152	1:23:39 h	191	1:51:23 h	186	1:03:54 h	161	2:55:17 h	W 50	43
B 182	Janssen, Dr. Stefan	62	BSG SG HSH Nordbank	0:32:52 h	190	1:15:16 h	169	1:48:08 h	181	1:08:37 h	178	2:56:45 h	M 55	212
S 183	Rennschnecken		Gerckens, Molatta	0:29:30 h	170	1:22:48 h	190	1:52:18 h	189	1:04:28 h	164	2:56:46 h	Staffel-M	433
M 184	Wieneke, Reiner	51	HTB von 1865	0:35:13 h	192	1:10:12 h	138	1:45:25 h	177	1:15:30 h	185	3:00:55 h	M 65	234
185	Sievers, Susanne	67	Sport-Club Itzehoe	0:30:36 h	181	1:12:11 h	153	1:42:47 h	164	1:18:48 h	188	3:01:35 h	W 50	36
186	Nino, Annette	69	Buchholz	0:30:38 h	182	1:26:18 h	193	1:56:56 h	193	1:08:41 h	179	3:05:37 h	W 45	32
187	Rieger, Michael	65	SG Wasserratten Nordersted	0:30:16 h	179	1:20:13 h	186	1:50:29 h	185	1:17:18 h	186	3:07:47 h	M 50	203
S 188	Mochborn		Moch, Moch, Moch	0:28:00 h	155	1:21:22 h	188	1:49:22 h	183	1:19:38 h	190	3:09:00 h	Staffel-M	431
189	Kamrad, Hubert	55	HNT Hamburg	0:30:57 h	183	1:17:14 h	179	1:48:11 h	182	1:21:39 h	192	3:09:50 h	M 60	229
190	Johne, Michael	78	Halstenbek	0:26:53 h	138	1:26:04 h	192	1:52:57 h	190	1:18:58 h	189	3:11:55 h	M 40	114
191	Bertram, Dimitri	87	Quickborn	0:25:32 h	113	1:28:15 h	194	1:53:47 h	192	1:18:32 h	187	3:12:19 h	M 30	73
192	Rebmann, Stefan	60	SG Wasserratten Nordersted	0:35:14 h	193	1:16:35 h	173	1:51:49 h	188	1:21:20 h	191	3:13:09 h	M 55	219
193	Plönsky, Wolfgang	53	BSG Lufthansa Sportverein	0:38:38 h	194	1:22:15 h	189	2:00:53 h	194	1:21:48 h	193	3:22:41 h	M 65	233
194	eggens, markus	72	moorreege	0:32:18 h	187	1:19:16 h	183	1:51:34 h	187	1:34:13 h	194	3:25:47 h	M 45	148
195	Freund, Udo	38	Lauftreff Öjendorf	0:47:24 h	195	1:34:47 h	195	2:22:11 h	195	1:47:41 h	195	4:09:52 h	M 80	238