

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.	
M	1	Fritzenschaft, Julian	91	Triabolos Hamburg	0:17:53 h	2	0:51:56 h	1	1:09:49 h	1	0:38:34 h	3	1:48:23 h	M 20	63
M	2	Herber, Philipp	89	TTS Tri Team Hamburg	0:17:54 h	3	0:53:07 h	4	1:11:01 h	2	0:39:32 h	4	1:50:33 h	M 20	71
	3	Macintosh, Dan	86	TTS Tri Team Hamburg	0:17:38 h	1	0:56:50 h	18	1:14:28 h	9	0:36:56 h	1	1:51:24 h	M 30	48
	4	Müller, Simon	96	Tri-Sport Lübeck	0:18:08 h	4	0:56:27 h	14	1:14:35 h	10	0:37:09 h	2	1:51:44 h	M 20	52
M	5	Siegmund, Alexander	90	TTS Tri Team Hamburg	0:19:03 h	7	0:52:29 h	2	1:11:32 h	3	0:40:58 h	7	1:52:30 h	M 20	70
	6	Secker, Matthias	82	Triabolos Hamburg	0:19:04 h	8	0:53:42 h	6	1:12:46 h	5	0:39:57 h	5	1:52:43 h	M 35	99
M	7	Best, Ruben	90	Triabolos Hamburg	0:19:43 h	13	0:54:00 h	8	1:13:43 h	7	0:40:14 h	6	1:53:57 h	M 20	67
	8	bruhnke, olaf	69	Triabolos Hamburg	0:19:37 h	12	0:55:30 h	10	1:15:07 h	13	0:41:19 h	8	1:56:26 h	M 45	172
	9	Röhrken, Golo	88	TTS Tri Team Hamburg	0:19:22 h	9	0:53:09 h	5	1:12:31 h	4	0:44:34 h	17	1:57:05 h	M 30	65
	10	Gehse, Frank	67	SG Wasserratten Nordersted	0:19:34 h	10	0:53:50 h	7	1:13:24 h	6	0:43:53 h	14	1:57:17 h	M 50	186
	11	Ziegenbein, Timo	79	SV Großhansdorf	0:18:49 h	6	0:56:05 h	13	1:14:54 h	11	0:42:28 h	9	1:57:22 h	M 35	111
M	12	Stürznickel, Julian	93	TTS Tri Team Hamburg	0:19:53 h	14	0:55:07 h	9	1:15:00 h	12	0:43:05 h	12	1:58:05 h	M 20	60
M	13	Kretz, Philip	86	FC St. Pauli Triathlon	0:18:22 h	5	0:59:30 h	31	1:17:52 h	18	0:42:37 h	10	2:00:29 h	M 30	85
M	14	Dannehl, Jan	69	Triabolos Hamburg	0:20:38 h	17	0:57:37 h	22	1:18:15 h	19	0:43:44 h	13	2:01:59 h	M 45	173
	15	Kampa, Pawel	80	Otto Wulff Tri Team	0:21:17 h	26	0:55:54 h	11	1:17:11 h	14	0:45:08 h	20	2:02:19 h	M 35	104
	16	Kragh, Morten	83	TriAs Flensburg	0:20:33 h	16	0:57:18 h	21	1:17:51 h	17	0:44:46 h	19	2:02:37 h	M 35	94
	17	Niedieck, Olav	69	SG Wasserratten Nordersted	0:21:38 h	32	0:52:41 h	3	1:14:19 h	8	0:49:09 h	47	2:03:28 h	M 45	176
M	18	Jähniq, Maximilian	89	TuS Holstein Quickborn	0:20:54 h	20	0:56:50 h	18	1:17:44 h	16	0:46:24 h	27	2:04:08 h	M 20	72
M	19	Gallastegi, Xabier	87	FC St. Pauli Triathlon	0:20:57 h	22	0:56:43 h	16	1:17:40 h	15	0:46:40 h	28	2:04:20 h	M 30	76
B	20	Sie Too, Luca	96	BSG Siemens	0:20:03 h	15	1:00:27 h	39	1:20:30 h	30	0:44:13 h	16	2:04:43 h	M 20	54
	21	Meier, Bent	93	PETER LULA RACING TEAM	0:20:47 h	19	1:01:56 h	47	1:22:43 h	37	0:42:40 h	11	2:05:23 h	M 20	59
	22	Schmidt, Lukas	96	TV Schießel	0:21:06 h	24	1:00:23 h	38	1:21:29 h	35	0:44:02 h	15	2:05:31 h	M 20	53
M	23	Rath, Marcel	82	HT16 Triathlon Team Hambur	0:20:56 h	21	0:58:38 h	29	1:19:34 h	20	0:46:45 h	29	2:06:19 h	M 35	98
	24	Mireisz, Bernhard	78	Laufen in Lübeck	0:21:19 h	28	0:59:38 h	32	1:20:57 h	31	0:45:51 h	24	2:06:48 h	M 40	115
	25	Krüger, Marcel	95	SCI Itzehoe	0:20:58 h	23	1:00:14 h	35	1:21:12 h	32	0:45:44 h	23	2:06:56 h	M 20	56
	26	Steinke, Philipp	79	SG Wasserratten Nordersted	0:22:09 h	41	0:57:59 h	23	1:20:08 h	25	0:46:56 h	31	2:07:04 h	M 35	110
	27	Van der Bent, Cecile	85	TTS Tri Team Hamburg	0:22:02 h	40	0:58:14 h	26	1:20:16 h	28	0:46:52 h	30	2:07:08 h	W 30	9
	28	Modrow, Niklas	94	TT HSU Hamburg	0:21:42 h	34	0:58:32 h	27	1:20:14 h	26	0:47:31 h	36	2:07:45 h	M 20	239
	29	Rheinheimer, Marc	87	FC St. Pauli Triathlon	0:20:46 h	18	1:01:45 h	44	1:22:31 h	36	0:45:15 h	22	2:07:46 h	M 30	81
	30	Radtke, Holger	71	SV Großhansdorf	0:21:18 h	27	1:02:16 h	52	1:23:34 h	42	0:44:35 h	18	2:08:09 h	M 45	160
	31	Hempfling, Niklas	96	Hamburg	0:23:12 h	61	1:00:14 h	35	1:23:26 h	41	0:45:09 h	21	2:08:35 h	M 20	51
	32	Bruhn, Marc	75	SG Wasserratten Nordersted	0:21:32 h	31	0:58:08 h	24	1:19:40 h	21	0:49:03 h	44	2:08:43 h	M 40	130
	33	Weinert, Andreas	74	HNT Hamburg	0:22:47 h	54	1:00:36 h	40	1:23:23 h	40	0:45:56 h	25	2:09:19 h	M 40	142
M	34	Strehl, Bettina	74	TTS Tri Team Hamburg	0:22:49 h	56	0:56:59 h	20	1:19:48 h	23	0:49:33 h	52	2:09:21 h	W 40	25
	35	ROTARIU, IULIAN	86	KOELLN-REISIEK	0:23:09 h	60	0:58:10 h	25	1:21:19 h	33	0:48:15 h	39	2:09:34 h	M 30	87
	36	wunderlich, marcus	80	Triabolos Hamburg	0:23:13 h	63	0:56:46 h	17	1:19:59 h	24	0:49:45 h	56	2:09:44 h	M 35	106
	37	Müller, René	76	Triabolos Hamburg	0:23:13 h	63	1:00:37 h	41	1:23:50 h	44	0:45:58 h	26	2:09:48 h	M 40	127
	38	Mehn, Michael	93	TT HSU Hamburg	0:21:42 h	34	0:58:32 h	27	1:20:14 h	26	0:49:37 h	53	2:09:51 h	M 20	58
	39	Frick, Axel	62	Trimaniacs	0:21:21 h	29	1:01:41 h	43	1:23:02 h	38	0:47:01 h	34	2:10:03 h	M 55	211
	40	Kröning, Wolfgang	64	Team Erdinger Alkoholfrei	0:22:25 h	45	0:59:00 h	30	1:21:25 h	34	0:49:00 h	43	2:10:25 h	M 50	204

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
B	41 Milewski, Marek	67	SG Stern Hamburg	0:23:46 h	72	0:55:54 h	11	1:19:40 h	21	0:51:01 h	61	2:10:41 h	M 50	189
	42 Duschka, Robert	82	Triabolos Hamburg	0:23:40 h	71	0:56:37 h	15	1:20:17 h	29	0:51:12 h	63	2:11:29 h	M 35	96
M	43 Hennecke, Anke	76	Kaifu Tri Team	0:22:14 h	43	1:02:08 h	48	1:24:22 h	46	0:47:32 h	37	2:11:54 h	W 40	20
B	44 Klindworth, Jürgen	59	SG Stern Hamburg	0:22:46 h	53	1:02:13 h	50	1:24:59 h	52	0:46:56 h	31	2:11:55 h	M 55	223
B	45 Matzke, Herwig	72	BSG Philips LG	0:21:39 h	33	1:03:24 h	61	1:25:03 h	53	0:46:58 h	33	2:12:01 h	M 45	151
M	46 Kolpatzik, Knut	67	Triabolos Hamburg	0:22:42 h	51	1:01:50 h	46	1:24:32 h	48	0:48:57 h	42	2:13:29 h	M 50	188
	47 Näder, Marco	71	Hamburg	0:21:53 h	38	1:04:35 h	71	1:26:28 h	57	0:47:10 h	35	2:13:38 h	M 45	159
	48 Plumeyer, Tino	82	ETV-Kanu-Kiel	0:21:28 h	30	1:03:21 h	59	1:24:49 h	50	0:49:06 h	45	2:13:55 h	M 35	97
	49 Detlefs, Mirko	70	LG Albatros Kiel	0:23:00 h	59	1:01:26 h	42	1:24:26 h	47	0:49:46 h	57	2:14:12 h	M 45	165
M	50 Helbig, Leana	81	Kaifu Tri Team	0:22:47 h	54	1:01:45 h	44	1:24:32 h	48	0:49:48 h	58	2:14:20 h	W 35	15
	51 Thele, Tobias	78	SG Wasserratten Nordersted	0:22:39 h	47	1:03:23 h	60	1:26:02 h	56	0:48:48 h	41	2:14:50 h	M 40	118
	51 Zachert, Mario	72	SG Wasserratten Nordersted	0:25:21 h	96	1:00:13 h	34	1:25:34 h	55	0:49:16 h	48	2:14:50 h	M 45	153
	53 Neumann, Uwe	73	Lentförden	0:21:51 h	37	1:04:42 h	76	1:26:33 h	58	0:49:56 h	59	2:16:29 h	M 45	143
M	54 Claudius, Stephan	59	MC Pirate e.V.	0:22:37 h	46	1:02:13 h	50	1:24:50 h	51	0:51:57 h	65	2:16:47 h	M 55	222
	55 Henkel, Patrick	71	Hamburg	0:24:21 h	84	1:03:40 h	63	1:28:01 h	63	0:49:19 h	49	2:17:20 h	M 45	156
M	56 Haberstock, Philipp	71	Triabolos Hamburg	0:21:16 h	25	1:02:41 h	56	1:23:57 h	45	0:53:35 h	73	2:17:32 h	M 45	155
	57 Pirrwitz, Fabian	97	SG Wasserratten Nordersted	0:19:35 h	11	1:03:45 h	64	1:23:20 h	39	0:54:13 h	77	2:17:33 h	M 20	50
	58 Laing, Anika	85	FC St. Pauli Triathlon	0:21:42 h	34	1:06:25 h	91	1:28:07 h	65	0:49:29 h	51	2:17:36 h	W 30	8
	59 Gebauer, Sebastian	97	TRI EMTV Elmshorn	0:23:17 h	65	1:06:00 h	88	1:29:17 h	74	0:48:34 h	40	2:17:51 h	M 20	49
	60 Laurisch, Wolf	72	Tri Michels Hamburg	0:22:50 h	57	1:02:34 h	54	1:25:24 h	54	0:53:25 h	72	2:18:49 h	M 45	150
	61 Feidler, David	70	Insel e.V.	0:23:48 h	73	1:06:09 h	90	1:29:57 h	78	0:49:06 h	45	2:19:03 h	M 45	166
	62 Stuhr, Isabel	73	SG Wasserratten Nordersted	0:24:10 h	82	1:05:42 h	84	1:29:52 h	76	0:49:28 h	50	2:19:20 h	W 45	28
M	63 Albes, Borge	71	TuS Holstein Quickborn	0:23:18 h	66	1:05:32 h	82	1:28:50 h	72	0:51:10 h	62	2:20:00 h	M 45	154
M	64 DERRIEN, Alexandre	81	FC St. Pauli Triathlon	0:23:12 h	61	1:06:46 h	98	1:29:58 h	79	0:50:22 h	60	2:20:20 h	M 35	100
	65 Westerfeld, Sabine	66	Team Erdinger Alkoholfrei	0:24:08 h	80	1:04:37 h	73	1:28:45 h	71	0:52:32 h	68	2:21:17 h	W 50	40
	66 Jacobsen, Matthias	65	SG Wasserratten Nordersted	0:24:40 h	90	1:03:50 h	65	1:28:30 h	67	0:52:55 h	71	2:21:25 h	M 50	199
M	67 Wolf, Stephan	70	TuS Holstein Quickborn	0:23:55 h	75	0:59:48 h	33	1:23:43 h	43	0:57:54 h	101	2:21:37 h	M 45	171
	68 Kohlermann, Kay	69	Hamburg	0:22:41 h	49	1:06:28 h	93	1:29:09 h	73	0:52:39 h	69	2:21:48 h	M 45	175
	69 Mohr, Henning	65	Tri Warriors	0:22:39 h	47	1:04:37 h	73	1:27:16 h	60	0:54:47 h	79	2:22:03 h	M 50	201
	70 von Thienen, Nils	77	Triathlon Team Hamburg	0:22:13 h	42	1:06:28 h	93	1:28:41 h	69	0:53:51 h	76	2:22:32 h	M 40	123
	71 Wandschneider, Dirk	63	SG Wasserratten Nordersted	0:24:06 h	78	1:09:05 h	114	1:33:11 h	104	0:49:39 h	54	2:22:50 h	M 55	210
	72 Orloff, Sven	81	Hamburger SV Triathlon	0:24:22 h	85	1:07:35 h	107	1:31:57 h	97	0:51:12 h	63	2:23:09 h	M 35	101
	73 Draak, Christian	75	FC Voran Ohe	0:24:23 h	86	1:03:01 h	58	1:27:24 h	61	0:56:06 h	88	2:23:30 h	M 40	131
	74 Lück, Ronald	75	BSG EDEKA	0:22:14 h	43	1:08:31 h	113	1:30:45 h	87	0:52:47 h	70	2:23:32 h	M 40	133
	75 Schierhorn, Ingo	70	Team Triathlon Hamburger H	0:24:23 h	86	1:06:53 h	101	1:31:16 h	89	0:52:31 h	67	2:23:47 h	M 45	170
	76 Bartram, Lennart	95	Quickborn	0:22:55 h	58	1:05:47 h	85	1:28:42 h	70	0:55:20 h	85	2:24:02 h	M 20	55
M	77 Neudörffer, Cordula	71	TuS Holstein Quickborn	0:28:13 h	139	1:02:16 h	52	1:30:29 h	85	0:53:39 h	74	2:24:08 h	W 45	30
	78 Reinecke, Tim	76	Henstedt Ulzburg	0:23:29 h	68	1:06:48 h	100	1:30:17 h	84	0:54:48 h	80	2:25:05 h	M 40	128
	79 Schlatter, Elvira	66	Tri Endurance Germany	0:25:33 h	102	1:04:33 h	70	1:30:06 h	82	0:55:04 h	83	2:25:10 h	W 50	39
	80 Wolfram, Frank	71	Henstedt Ulzburg	0:23:39 h	70	1:08:00 h	111	1:31:39 h	94	0:53:41 h	75	2:25:20 h	M 45	162

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
81	drechsler, ingmar	69	BSG Johann-Comenius-Schu	0:23:23 h	67	1:05:13 h	77	1:28:36 h	68	0:57:10 h	97	2:25:46 h	M 45	174
82	Colmsee, Volker	70	TV Scheessel	0:25:27 h	98	1:02:10 h	49	1:27:37 h	62	0:58:16 h	107	2:25:53 h	M 45	164
83	Hollstein, Christina	87	Tri-Sport Lübeck	0:24:08 h	80	1:06:25 h	91	1:30:33 h	86	0:55:28 h	86	2:26:01 h	W 30	6
84	Hümmecke, Manfred	53	TUS Holtenau Kiel	0:24:50 h	91	1:06:33 h	95	1:31:23 h	92	0:54:53 h	81	2:26:16 h	M 65	232
85	Möller, Walter	71	Team Erdinger Alkoholfrei	0:25:55 h	110	1:04:09 h	67	1:30:04 h	81	0:56:26 h	90	2:26:30 h	M 45	158
M 85	Odefey, Lars	70	TuS Holstein Quickborn	0:25:54 h	108	1:04:09 h	67	1:30:03 h	80	0:56:27 h	91	2:26:30 h	M 45	169
87	Ottow, Heiko	67	Triabolos Hamburg	0:24:34 h	88	1:03:34 h	62	1:28:08 h	66	0:58:27 h	109	2:26:35 h	M 50	191
88	Peschke, Daniel	79	Blau-Weiß Buchholz e.V.	0:24:05 h	77	1:07:27 h	105	1:31:32 h	93	0:55:12 h	84	2:26:44 h	M 35	109
M 89	Ruff, Anne	94	TTS Tri Team Hamburg	0:24:12 h	83	1:05:41 h	83	1:29:53 h	77	0:57:04 h	96	2:26:57 h	W 20	2
90	Hamann, Heiko	74	Wattenbek	0:25:24 h	97	1:02:38 h	55	1:28:02 h	64	0:59:18 h	114	2:27:20 h	M 40	137
91	Gräff, Bernd	86	Hamburg	0:25:34 h	103	1:03:52 h	66	1:29:26 h	75	0:57:56 h	102	2:27:22 h	M 30	83
91	Lorenzen, Niels	75	Ahrensburg	0:25:56 h	111	1:07:08 h	103	1:33:04 h	103	0:54:18 h	78	2:27:22 h	M 40	132
M 93	Schultz, Eva	84	FC St. Pauli Triathlon	0:24:55 h	92	1:08:08 h	112	1:33:03 h	101	0:54:59 h	82	2:28:02 h	W 30	11
94	jovanovich, marco	80	TT HSU Hamburg	0:22:45 h	52	1:15:44 h	149	1:38:29 h	130	0:49:41 h	55	2:28:10 h	M 35	103
95	Brauer, Steffen	86	#burning_legs	0:23:52 h	74	1:12:35 h	134	1:36:27 h	119	0:52:09 h	66	2:28:36 h	M 30	82
96	Weiß, Dennis	77	Haseldorf	0:27:32 h	131	1:04:18 h	69	1:31:50 h	95	0:57:15 h	99	2:29:05 h	M 40	124
97	Unterbrink, Sören	84	SG Wasserratten Nordersted	0:26:27 h	117	1:00:20 h	37	1:26:47 h	59	1:03:03 h	134	2:29:50 h	M 30	91
98	Völling, Jens	66	TRI EMTV Elmshorn	0:26:18 h	114	1:06:45 h	97	1:33:03 h	101	0:56:58 h	94	2:30:01 h	M 50	196
99	Schmidt, Marco	71	Triabolos Hamburg	0:27:33 h	132	1:06:46 h	98	1:34:19 h	109	0:55:53 h	87	2:30:12 h	M 45	161
100	Hamann, Jan	83	Tri Michels Hamburg	0:25:57 h	112	1:05:57 h	87	1:31:54 h	96	0:58:32 h	110	2:30:26 h	M 35	93
101	Vollhardt, Ulli	58	Team Erdinger Alkoholfrei	0:25:36 h	106	1:05:27 h	80	1:31:03 h	88	1:00:00 h	117	2:31:03 h	M 60	227
102	Bustorff, Lars	87	Hamburg	0:23:59 h	76	1:10:28 h	123	1:34:27 h	110	0:56:45 h	93	2:31:12 h	M 30	74
M 103	Spijker, Rüdiger	60	Tri Michels Hamburg	0:26:31 h	118	1:05:50 h	86	1:32:21 h	100	0:58:53 h	112	2:31:14 h	M 55	221
104	Jensen, Olaf	68	Norderstedt	0:27:06 h	127	1:07:46 h	109	1:34:52 h	111	0:56:34 h	92	2:31:26 h	M 50	178
105	Thele, Nicole	80	SG Wasserratten Nordersted	0:26:40 h	119	1:04:41 h	75	1:31:21 h	90	1:00:44 h	121	2:32:05 h	W 35	16
106	Rohlfs, Dirk	67	Hamburger Laufladen	0:21:59 h	39	1:13:07 h	137	1:35:06 h	114	0:57:30 h	100	2:32:36 h	M 50	192
107	Wiens, Gerrit	84	BSG Sparkasse Südholstein	0:24:06 h	78	1:06:02 h	89	1:30:08 h	83	1:02:42 h	131	2:32:50 h	M 30	92
B 108	Schaumann, Oliver	63	BSG Airbus SG Hamburg	0:27:33 h	132	1:04:36 h	72	1:32:09 h	99	1:01:12 h	126	2:33:21 h	M 55	209
109	Slowik, Joscha	95	Tri Warriors	0:22:41 h	49	1:09:25 h	116	1:32:06 h	98	1:01:18 h	127	2:33:24 h	M 20	57
M 110	Gebauer, Monika	68	Kaifu Tri Team / Team Erdinger	0:26:10 h	113	1:10:27 h	122	1:36:37 h	120	0:57:11 h	98	2:33:48 h	W 50	33
B 111	Plönsky, Katja	77	BSG Lufthansa Sportverein	0:28:13 h	139	1:07:45 h	108	1:35:58 h	118	0:58:45 h	111	2:34:43 h	W 40	19
112	Neumann, Dirk	67	Trimaniacs	0:25:04 h	94	1:12:51 h	136	1:37:55 h	125	0:56:58 h	94	2:34:53 h	M 50	190
113	Wulff, Björn	77	Bönningstedt	0:28:40 h	148	1:05:23 h	79	1:34:03 h	107	1:01:32 h	129	2:35:35 h	M 40	125
B 114	Braeuer, Karsten	72	SG Stern Hamburg	0:25:28 h	99	1:12:00 h	131	1:37:28 h	122	0:58:10 h	105	2:35:38 h	M 45	147
B 115	Mehring, Robert	74	SG Stern Hamburg	0:27:28 h	129	1:07:30 h	106	1:34:58 h	112	1:00:56 h	122	2:35:54 h	M 40	140
116	Mordhorst, Claus	65	Kaifu Tri Team	0:28:13 h	139	1:05:30 h	81	1:33:43 h	106	1:03:45 h	138	2:37:28 h	M 50	202
117	Moehl, Johannes	84	Hamburg	0:26:26 h	116	1:11:25 h	127	1:37:51 h	123	0:59:54 h	116	2:37:45 h	M 30	90
118	Puritz, Robert	86	Norderstedt	0:28:14 h	142	1:07:08 h	103	1:35:22 h	116	1:02:53 h	132	2:38:15 h	M 30	86
B 119	Warnecke-Jerol, Margret	61	SG Stern Hamburg	0:27:05 h	126	1:07:55 h	110	1:35:00 h	113	1:03:21 h	137	2:38:21 h	W 55	46
120	Goebel, Robert	67	BSG Commerzbank	0:29:10 h	150	1:06:40 h	96	1:35:50 h	117	1:03:13 h	136	2:39:03 h	M 50	187

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
B	121 Jux, Michael	66	SG Stern Hamburg	0:27:44 h	135	1:10:24 h	121	1:38:08 h	126	1:01:00 h	123	2:39:08 h	M 50	193
	122 Altrock, Andreas	67	SG Haspa	0:25:35 h	105	1:17:23 h	155	1:42:58 h	143	0:56:11 h	89	2:39:09 h	M 50	184
	123 Schümamm, Rebecca	92	Hamburg	0:25:01 h	93	1:14:06 h	140	1:39:07 h	132	1:00:03 h	118	2:39:10 h	W 20	4
	124 Nüske, Andreas	68	BSG DG HYP	0:23:30 h	69	1:17:29 h	156	1:40:59 h	138	0:58:14 h	106	2:39:13 h	M 50	181
	125 Hanßen, Harald	61	BSG Hamburg Wasser	0:27:12 h	128	1:06:53 h	101	1:34:05 h	108	1:05:21 h	143	2:39:26 h	M 55	215
	126 Seidel, Petra	74	Hamburg	0:26:25 h	115	1:15:25 h	147	1:41:50 h	141	0:58:25 h	108	2:40:15 h	W 40	24
B	127 Kittler, Holger	65	SG Stern Hamburg	0:25:34 h	103	1:13:22 h	138	1:38:56 h	131	1:01:20 h	128	2:40:16 h	M 50	200
	128 Hertzfel, Steffen	85	Tornesch	0:25:10 h	95	1:15:35 h	148	1:40:45 h	137	0:59:51 h	115	2:40:36 h	M 30	88
	129 Vogt, Michelle	94	TT HSU Hamburg	0:29:01 h	149	1:10:30 h	124	1:39:31 h	133	1:01:07 h	124	2:40:38 h	W 20	3
	130 Henkis, Claas	84	SG Wasserratten Nordersted	0:28:36 h	147	1:11:11 h	126	1:39:47 h	134	1:01:09 h	125	2:40:56 h	M 30	89
	131 Riedel, Carsten	60	Trimaniacs	0:28:35 h	146	1:09:19 h	115	1:37:54 h	124	1:03:04 h	135	2:40:58 h	M 55	220
	132 Dahl, Kerstin	74	TS Harburg	0:34:06 h	163	1:19:18 h	159	1:53:24 h	163	0:47:36 h	38	2:41:00 h	W 40	22
	133 Weigmann, Carsten	73	BSG Johann-Comenius-Schu	0:24:36 h	89	1:13:52 h	139	1:38:28 h	129	1:02:54 h	133	2:41:22 h	M 45	146
	134 Kappenberg, Andreas	66	Commerzbank AG	0:27:29 h	130	1:12:28 h	133	1:39:57 h	135	1:01:45 h	130	2:41:42 h	M 50	194
	135 Tokarek, Thomas	59	Team Erdinger Alkoholfrei	0:25:36 h	106	1:09:42 h	117	1:35:18 h	115	1:06:25 h	146	2:41:43 h	M 55	225
M	136 Habekost, Martin	65	Triabolos Hamburg	0:25:54 h	108	1:11:02 h	125	1:36:56 h	121	1:04:49 h	142	2:41:45 h	M 50	198
	137 Reimann, Tim	87	Hamburg	0:26:51 h	121	1:17:09 h	152	1:44:00 h	149	0:58:05 h	103	2:42:05 h	M 30	80
	138 Reimann, Stefan	87	Hamburg	0:26:51 h	121	1:17:10 h	153	1:44:01 h	150	0:58:05 h	103	2:42:06 h	M 30	79
	139 Graupner, Jens	63	TZM	0:26:51 h	121	1:16:42 h	151	1:43:33 h	147	0:58:53 h	112	2:42:26 h	M 55	208
	140 Beringer, Hans-Werner	55	Trias Bad Schwartau	0:28:15 h	143	1:14:44 h	143	1:42:59 h	145	1:00:06 h	119	2:43:05 h	M 60	228
M	141 Prätsch, Dr. Ulrich	47	Triabolos Hamburg	0:28:33 h	145	1:02:48 h	57	1:31:21 h	90	1:12:34 h	157	2:43:55 h	M 70	237
	142 Multhaup, Jens	91	Triabolos Hamburg	0:25:30 h	100	1:18:07 h	157	1:43:37 h	148	1:00:19 h	120	2:43:56 h	M 20	64
	143 Wenzlawe, Maja	72	Triathlon Team Buxtehude	0:27:51 h	137	1:10:17 h	120	1:38:08 h	126	1:06:17 h	145	2:44:25 h	W 45	29
	144 Krüger, Jana	84	Triabolos Hamburg	0:27:33 h	132	1:12:50 h	135	1:40:23 h	136	1:04:24 h	140	2:44:47 h	W 30	10
	145 Kusters, Stephan	68	Blau-Weiß Buchholz e.V.	0:26:43 h	120	1:11:35 h	130	1:38:18 h	128	1:06:52 h	148	2:45:10 h	M 50	179
	146 Gehle, Tobias	74	Barmstedter MTV	0:28:25 h	144	1:05:15 h	78	1:33:40 h	105	1:12:11 h	156	2:45:51 h	M 40	136
	147 Michl, Holger	68	SV Großhansdorf	0:29:56 h	151	1:11:26 h	128	1:41:22 h	139	1:06:06 h	144	2:47:28 h	M 50	180
	148 Herrmann, Michael	61	BSG Deutsche Bank	0:30:22 h	155	1:14:06 h	140	1:44:28 h	151	1:06:49 h	147	2:51:17 h	M 55	216
	149 bartl, thomas	65	SG Wasserratten Nordersted	0:30:15 h	153	1:11:31 h	129	1:41:46 h	140	1:09:32 h	153	2:51:18 h	M 50	197
	150 Janßen, Uwe	60	TuS Holstein Quickborn	0:26:53 h	124	1:20:05 h	160	1:46:58 h	155	1:04:26 h	141	2:51:24 h	M 55	218
	151 Birkenfeld, Florian	75	KölnTriathlon e.V.	0:28:11 h	138	1:14:47 h	145	1:42:58 h	143	1:09:42 h	154	2:52:40 h	M 40	129
	152 Neufelnd, Dieter	48	SG Wasserratten Nordersted	0:30:00 h	152	1:14:45 h	144	1:44:45 h	152	1:08:12 h	150	2:52:57 h	M 70	236
	153 Hölcher, Harm	74	Barmstedter MTV	0:31:16 h	159	1:14:33 h	142	1:45:49 h	154	1:07:51 h	149	2:53:40 h	M 40	138
	154 Niedieck, Henrik	73	SG Wasserratten Nordersted	0:32:51 h	161	1:10:10 h	118	1:43:01 h	146	1:11:52 h	155	2:54:53 h	M 45	144
	155 overkamp, ines	64	BSG Commerzbank	0:27:44 h	135	1:23:39 h	163	1:51:23 h	159	1:03:54 h	139	2:55:17 h	W 50	43
B	156 Janssen, Dr. Stefan	62	BSG SG HSH Nordbank	0:32:52 h	162	1:15:16 h	146	1:48:08 h	156	1:08:37 h	151	2:56:45 h	M 55	212
M	157 Wieneke, Reiner	51	HTB von 1865	0:35:13 h	164	1:10:12 h	119	1:45:25 h	153	1:15:30 h	158	3:00:55 h	M 65	234
	158 Sievers, Susanne	67	Sport-Club Itzehoe	0:30:36 h	156	1:12:11 h	132	1:42:47 h	142	1:18:48 h	161	3:01:35 h	W 50	36
	159 Nino, Annette	69	Buchholz	0:30:38 h	157	1:26:18 h	165	1:56:56 h	165	1:08:41 h	152	3:05:37 h	W 45	32
	160 Rieger, Michael	65	SG Wasserratten Nordersted	0:30:16 h	154	1:20:13 h	161	1:50:29 h	158	1:17:18 h	159	3:07:47 h	M 50	203

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischen- zeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Alters- klasse	Start- Nr.
161	Kamrad, Hubert	55	HNT Hamburg	0:30:57 h	158	1:17:14 h	154	1:48:11 h	157	1:21:39 h	164	3:09:50 h	M 60	229
162	Johne, Michael	78	Halstenbek	0:26:53 h	124	1:26:04 h	164	1:52:57 h	162	1:18:58 h	162	3:11:55 h	M 40	114
163	Bertram, Dimitri	87	Quickborn	0:25:32 h	101	1:28:15 h	166	1:53:47 h	164	1:18:32 h	160	3:12:19 h	M 30	73
164	Rebmann, Stefan	60	SG Wasserratten Nordersted	0:35:14 h	165	1:16:35 h	150	1:51:49 h	161	1:21:20 h	163	3:13:09 h	M 55	219
165	Plönsky, Wolfgang	53	BSG Lufthansa Sportverein	0:38:38 h	166	1:22:15 h	162	2:00:53 h	166	1:21:48 h	165	3:22:41 h	M 65	233
166	eggens, markus	72	moorreege	0:32:18 h	160	1:19:16 h	158	1:51:34 h	160	1:34:13 h	166	3:25:47 h	M 45	148
167	Freund, Udo	38	Lauftreff Öjendorf	0:47:24 h	167	1:34:47 h	167	2:22:11 h	167	1:47:41 h	167	4:09:52 h	M 80	238