

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
	1	Schröder-Groeneveld, Leif	89 Wittenseer Aktiv Team	0:17:29 h	1	0:51:45 h	1	1:09:14 h	1	0:38:02 h	2	1:47:16 h	M 30	870
	2	Best, Ruben	90 Triabolos Hamburg	0:18:29 h	5	0:52:58 h	6	1:11:27 h	5	0:38:00 h	1	1:49:27 h	M 20	873
	3	Schnetger, Patrick	87 Kaifu Tri Team	0:18:28 h	4	0:52:47 h	4	1:11:15 h	4	0:38:24 h	3	1:49:39 h	M 30	869
	4	Brüschke, Steven	87 Nils Goerke Training	0:17:58 h	3	0:53:58 h	8	1:11:56 h	7	0:38:41 h	5	1:50:37 h	M 30	852
M	5	Secker, Matthias	82 Triabolos Hamburg	0:18:30 h	6	0:53:42 h	7	1:12:12 h	8	0:38:37 h	4	1:50:49 h	M 35	847
M	6	Werle, Niels	90 TTS Tri Team Hamburg	0:18:34 h	10	0:52:55 h	5	1:11:29 h	6	0:39:38 h	7	1:51:07 h	M 20	887
M	7	Jolmes, Johannes	84 Triathlon Team Hamburg	0:17:46 h	2	0:55:36 h	14	1:13:22 h	9	0:39:07 h	6	1:52:29 h	M 35	835
M	8	Röhrken, Golo	88 Tri Team Hamburg	0:18:35 h	11	0:52:35 h	2	1:11:10 h	3	0:41:50 h	14	1:53:00 h	M 30	867
M	9	Siegmund, Alexander	90 TTS Tri Team Hamburg	0:18:30 h	6	0:52:38 h	3	1:11:08 h	2	0:41:57 h	16	1:53:05 h	M 20	885
M	10	Hempfling, Niklas	96 Triabolos Hamburg	0:18:31 h	8	0:56:11 h	17	1:14:42 h	13	0:39:52 h	8	1:54:34 h	M 20	879
	11	Ziegenbein, Timo	79 SV Großhansdorf	0:18:31 h	8	0:56:36 h	23	1:15:07 h	15	0:41:03 h	10	1:56:10 h	M 40	829
B	12	Langfeld, Peter	72 BSG Siemens	0:19:08 h	14	0:55:59 h	15	1:15:07 h	15	0:41:22 h	12	1:56:29 h	M 45	378
M	13	Koch, Fabian	81 Triabolos Hamburg	0:19:43 h	23	0:56:09 h	16	1:15:52 h	17	0:41:11 h	11	1:57:03 h	M 35	838
M	14	Bacmeister, Lucas	90 FC St. Pauli Triathlon	0:20:12 h	25	0:54:23 h	11	1:14:35 h	12	0:42:31 h	17	1:57:06 h	M 20	871
M	15	Huber, Alexander	88 TTS Tri Team Hamburg	0:18:47 h	13	0:57:09 h	26	1:15:56 h	19	0:41:25 h	13	1:57:21 h	M 30	860
M	16	Schick, Enrico	84 FC St. Pauli Triathlon / ELB F	0:19:38 h	18	0:54:06 h	10	1:13:44 h	11	0:44:18 h	22	1:58:02 h	M 35	846
M	16	Exner, Christian	85 FC St. Pauli Triathlon	0:19:19 h	15	0:56:52 h	24	1:16:11 h	20	0:41:51 h	15	1:58:02 h	M 30	854
M	18	Kores, Robert	86 TTS Tri Team Hamburg	0:19:38 h	18	0:54:03 h	9	1:13:41 h	10	0:45:41 h	34	1:59:22 h	M 30	863
M	19	Lobeda, Alexander	88 FC St.Pauli-Triathlon / Rocke	0:19:42 h	22	0:55:12 h	12	1:14:54 h	14	0:44:47 h	26	1:59:41 h	M 30	865
	20	Jaschik, Jannis	90 Tri-Sport Lübeck	0:21:09 h	36	0:55:26 h	13	1:16:35 h	21	0:44:59 h	30	2:01:34 h	M 20	881
	21	Gehse, Frank	67 SG Wasserratten Nordersted	0:19:35 h	17	0:56:19 h	21	1:15:54 h	18	0:45:47 h	38	2:01:41 h	M 50	334
	22	Steinke, Philipp	79 SG Wasserratten Nordersted	0:21:02 h	34	0:56:11 h	17	1:17:13 h	23	0:44:56 h	28	2:02:09 h	M 40	825
	23	Rath, Marcel	82 Hamburg	0:20:20 h	28	0:57:02 h	25	1:17:22 h	24	0:44:58 h	29	2:02:20 h	M 35	843
	24	Krüger, Daniel	92 LG Nordheide	0:19:39 h	21	1:00:09 h	35	1:19:48 h	30	0:42:41 h	18	2:02:29 h	M 20	882
	25	Rotariu, Iulian	86 Tri EMTV Elmshorn	0:20:24 h	29	0:56:35 h	22	1:16:59 h	22	0:45:37 h	33	2:02:36 h	M 30	868
M	26	Biermann, Christian	73 TuS Holstein Quickborn	0:20:44 h	31	0:57:15 h	27	1:17:59 h	25	0:44:42 h	24	2:02:41 h	M 45	364
M	27	Thiessen, Mathias	80 HNT Triathlon	0:19:20 h	16	1:03:41 h	68	1:23:01 h	41	0:40:08 h	9	2:03:09 h	M 35	848
M	28	Jakubowski, Dawid	87 TTS Tri Team Hamburg	0:19:43 h	23	0:58:26 h	31	1:18:09 h	26	0:45:19 h	32	2:03:28 h	M 30	862
M	29	Hennecke, Anke	76 Kaifu Tri Team	0:20:57 h	33	0:58:15 h	28	1:19:12 h	28	0:45:07 h	31	2:04:19 h	W 40	272
	30	Mireisz, Bernhard	78 Tri-Sport Lübeck	0:20:56 h	32	1:01:29 h	47	1:22:25 h	36	0:43:24 h	21	2:05:49 h	M 40	814
	31	Lorbacher, David	84 Triabolos Hamburg	0:18:44 h	12	1:01:40 h	52	1:20:24 h	32	0:45:46 h	37	2:06:10 h	M 35	841
	32	Werner, André	92 Hamburg	0:21:12 h	38	1:02:23 h	58	1:23:35 h	47	0:43:06 h	19	2:06:41 h	M 20	888
	33	Kock, Lars	70 FIKO Rostock	0:21:30 h	45	1:00:15 h	37	1:21:45 h	33	0:46:26 h	41	2:08:11 h	M 45	375
M	34	Schlüter, Bernd	63 Triabolos Hamburg	0:21:06 h	35	1:02:15 h	56	1:23:21 h	43	0:44:51 h	27	2:08:12 h	M 55	324
	35	Zebauer, Sebastian	97 Tri EMTV Elmshorn	0:20:15 h	26	1:03:20 h	66	1:23:35 h	47	0:44:45 h	25	2:08:20 h	M 20	876
	36	Zachert, Mario	72 SG Wasserratten Nordersted	0:21:54 h	52	1:01:05 h	40	1:22:59 h	40	0:45:45 h	36	2:08:44 h	M 45	803
	37	Rülke, Christian	70 FC St. Pauli Triathlon	0:22:05 h	56	0:59:50 h	33	1:21:55 h	35	0:47:38 h	49	2:09:33 h	M 45	389
	38	Möller, Ringo	74 Team Erdinger Alkoholfrei	0:23:07 h	82	1:00:00 h	34	1:23:07 h	42	0:46:34 h	42	2:09:41 h	M 45	384
	39	Bruhn, Marc	75 SG Wasserratten Nordersted	0:21:20 h	42	0:58:23 h	30	1:19:43 h	29	0:50:10 h	75	2:09:53 h	M 40	805
M	40	Günther, Sina	98 TTS Tri Team Hamburg	0:22:33 h	64	1:01:13 h	44	1:23:46 h	50	0:46:12 h	39	2:09:58 h	W 20	286

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
41	Reimann, Mirko	77	Team Erdinger Alkoholfrei	0:19:38 h	18	1:07:09 h	98	1:26:47 h	65	0:43:17 h	20	2:10:04 h	M 40	820
42	Rheker, Maximilian	92	Hamburg	0:21:31 h	46	1:01:08 h	43	1:22:39 h	37	0:47:28 h	47	2:10:07 h	M 20	884
43	Leidecker, Ingo	74	BSG Commerzbank	0:25:15 h	103	0:58:19 h	29	1:23:34 h	46	0:47:02 h	45	2:10:36 h	M 45	380
44	Ruth, Lothar	73	Hamburg	0:22:22 h	58	0:56:17 h	20	1:18:39 h	27	0:52:36 h	96	2:11:15 h	M 45	390
45	Frick, Axel	62	Trimaniacs	0:21:11 h	37	1:01:38 h	51	1:22:49 h	39	0:48:39 h	60	2:11:28 h	M 55	313
M 46	Gallastegi, Xabier	87	FC St. Pauli Triathlon	0:20:28 h	30	1:01:18 h	46	1:21:46 h	34	0:50:03 h	72	2:11:49 h	M 30	855
M 47	Dierks, Sebastian	78	TuS Holstein Quickborn	0:21:53 h	51	1:01:55 h	54	1:23:48 h	51	0:48:07 h	56	2:11:55 h	M 40	806
48	Borgman, Henrik	76	SV Poseidon	0:21:58 h	55	1:02:22 h	57	1:24:20 h	54	0:47:47 h	52	2:12:07 h	M 40	804
49	Hamann, Heiko	74	BSG EDEKA	0:24:05 h	93	0:56:12 h	19	1:20:17 h	31	0:52:02 h	90	2:12:19 h	M 45	371
M 50	Oettinger, Christian	67	Triabolos Hamburg	0:22:10 h	57	1:01:14 h	45	1:23:24 h	44	0:49:15 h	64	2:12:39 h	M 50	351
M 51	Kolpatzik, Knut	67	Triabolos Hamburg	0:22:35 h	66	1:02:27 h	60	1:25:02 h	57	0:48:00 h	55	2:13:02 h	M 50	343
52	Draak, Christian	75	Team Erdinger Alkoholfrei	0:22:28 h	62	1:01:31 h	48	1:23:59 h	53	0:49:23 h	65	2:13:22 h	M 40	807
M 53	Jähnig, Maximilian	89	TuS Holstein Quickborn	0:24:34 h	97	1:01:07 h	42	1:25:41 h	60	0:47:49 h	53	2:13:30 h	M 30	861
B 54	Milewski, Marek	67	BSG SG Stern Hamburg	0:24:19 h	94	0:58:26 h	31	1:22:45 h	38	0:50:49 h	81	2:13:34 h	M 50	346
M 55	strehl, bettina	74	TTS Tri Team Hamburg	0:22:57 h	76	1:00:31 h	38	1:23:28 h	45	0:50:10 h	75	2:13:38 h	W 45	266
56	Priester, Tilman	58	SG Wasserratten Norderstedt	0:22:38 h	67	1:01:06 h	41	1:23:44 h	49	0:50:19 h	78	2:14:03 h	M 60	306
M 57	von Laar, Sabine	66	Triabolos Hamburg	0:23:03 h	79	1:01:58 h	55	1:25:01 h	56	0:49:09 h	63	2:14:10 h	W 50	259
M 58	Oediger, Florian	79	FC St. Pauli Triathlon	0:20:19 h	27	1:06:03 h	85	1:26:22 h	64	0:47:51 h	54	2:14:13 h	M 40	815
B 59	Matzke, Herwig	72	BSG Philips LG	0:21:13 h	39	1:08:39 h	109	1:29:52 h	85	0:44:30 h	23	2:14:22 h	M 45	382
60	Domscheit, Nils	91	Triabolos Hamburg	0:21:46 h	50	1:02:53 h	62	1:24:39 h	55	0:49:48 h	70	2:14:27 h	M 20	875
61	Feidieker, Thomas	82	Bönningstedt	0:23:29 h	85	1:01:36 h	50	1:25:05 h	58	0:50:09 h	74	2:15:14 h	M 35	831
M 62	Neudörffer, Cordula	71	TuS Holstein Quickborn	0:22:33 h	64	1:03:17 h	65	1:25:50 h	61	0:49:27 h	66	2:15:17 h	W 45	263
63	Drechsler, Ingmar	69	BSG JCS-Thesdorf	0:22:25 h	60	1:02:54 h	63	1:25:19 h	59	0:50:50 h	82	2:16:09 h	M 50	332
63	von Thienen, Nils	77	Triathlon Team Hamburg	0:22:27 h	61	1:03:51 h	69	1:26:18 h	63	0:49:51 h	71	2:16:09 h	M 40	827
65	Neumann, Uwe	73	Team Erdinger Alkoholfrei	0:21:55 h	53	1:08:36 h	108	1:30:31 h	91	0:45:42 h	35	2:16:13 h	M 45	385
M 66	Laing, Anika	85	FC St. Pauli Triathlon	0:22:23 h	59	1:05:31 h	83	1:27:54 h	71	0:48:26 h	58	2:16:20 h	W 30	283
67	Balg, Jürgen	91	Tri-Sport-Team Verl	0:23:47 h	91	1:04:24 h	74	1:28:11 h	74	0:48:13 h	57	2:16:24 h	M 60	300
68	Cox, Daniel	90	Hamburg	0:23:00 h	78	1:06:17 h	87	1:29:17 h	79	0:47:21 h	46	2:16:38 h	M 20	874
B 69	Wenrich, Alexander	66	BSG Generali	0:23:43 h	89	1:04:21 h	72	1:28:04 h	73	0:48:43 h	61	2:16:47 h	M 50	362
70	Orloff, Sven	81	Triathlon Team Hamburg	0:22:45 h	72	1:06:40 h	94	1:29:25 h	82	0:47:32 h	48	2:16:57 h	M 35	842
71	Grotherr, Christoph	88	Hamburg	0:23:05 h	81	1:07:11 h	99	1:30:16 h	86	0:46:44 h	43	2:17:00 h	M 30	858
72	Adam, Markus	66	merkur-druck.com	0:22:54 h	75	1:06:27 h	89	1:29:21 h	80	0:47:43 h	51	2:17:04 h	M 50	327
M 73	Wolf, Stephan	70	TuS Holstein Quickborn	0:23:44 h	90	1:00:09 h	35	1:23:53 h	52	0:53:20 h	103	2:17:13 h	M 45	399
73	Grebe, Marco	81	Klein Nordende	0:21:26 h	44	1:08:58 h	114	1:30:24 h	90	0:46:49 h	44	2:17:13 h	M 35	833
75	Bartram, Lennart	95	Quickborn	0:22:28 h	62	1:04:46 h	78	1:27:14 h	69	0:50:08 h	73	2:17:22 h	M 20	872
76	Laurisch, Wolf	72	Tri Michels Hamburg	0:22:39 h	68	1:04:23 h	73	1:27:02 h	67	0:50:53 h	83	2:17:55 h	M 45	379
77	Ludolph, Andreas	69	TS Harburg	0:21:15 h	40	1:10:26 h	124	1:31:41 h	103	0:46:19 h	40	2:18:00 h	M 50	345
M 78	Haberstock, Philipp	71	Triabolos Hamburg	0:21:24 h	43	1:06:32 h	90	1:27:56 h	72	0:50:20 h	79	2:18:16 h	M 45	370
79	Jakobs, Gerrit	78	Hanseatic Tri Team	0:21:56 h	54	1:04:00 h	70	1:25:56 h	62	0:52:38 h	97	2:18:34 h	M 40	811
M 80	Hoch, Christoph	60	TuS Holstein Quickborn	0:21:33 h	47	1:08:47 h	111	1:30:20 h	88	0:48:43 h	61	2:19:03 h	M 55	316

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
	81	Stuhr, Isabel	73 SV Kravag	0:22:44 h	70	1:06:52 h	95	1:29:36 h	83	0:49:46 h	68	2:19:22 h	W 45	267
B	82	Wagner, Ingo	70 BSG SG Zoll Hamburg	0:22:42 h	69	1:07:41 h	104	1:30:23 h	89	0:49:43 h	67	2:20:06 h	M 45	397
	83	Schröder, Gunar	65 FC St. Pauli Triathlon	0:25:25 h	106	1:04:54 h	80	1:30:19 h	87	0:50:12 h	77	2:20:31 h	M 50	357
	84	Tietgen, Thomas	79 Team Erdinger Alkoholfrei	0:24:36 h	98	1:02:24 h	59	1:27:00 h	66	0:53:33 h	105	2:20:33 h	M 40	826
	85	Martens, Henning	72 Tri-Sport Lübeck	0:26:28 h	121	1:01:02 h	39	1:27:30 h	70	0:53:05 h	101	2:20:35 h	M 45	381
	85	Grünke, Björn	87 SV TriCity Darmstadt	0:22:49 h	73	1:05:56 h	84	1:28:45 h	75	0:51:50 h	88	2:20:35 h	M 30	891
	87	Klingemann, Werner	59 Triabolos Hamburg	0:23:38 h	86	1:07:31 h	101	1:31:09 h	98	0:49:46 h	68	2:20:55 h	M 60	305
	88	Schwalbe, Timo	77 Tri-Sport Lübeck	0:26:28 h	121	1:02:32 h	61	1:29:00 h	77	0:52:11 h	92	2:21:11 h	M 40	823
	89	Slowik, Joscha	95 Tri Warrior	0:25:44 h	112	1:07:35 h	102	1:33:19 h	110	0:48:28 h	59	2:21:47 h	M 20	886
	90	Weiß, Dennis	77 Haseldorf	0:25:29 h	107	1:04:18 h	71	1:29:47 h	84	0:52:10 h	91	2:21:57 h	M 40	828
	91	Kämpf, Stefan	80 Henstedt-Ulzburg	0:21:45 h	48	1:09:15 h	117	1:31:00 h	97	0:51:18 h	84	2:22:18 h	M 35	837
	92	Reddehase, Alexander	82 Triabolos Hamburg	0:22:52 h	74	1:06:32 h	90	1:29:24 h	81	0:53:03 h	99	2:22:27 h	M 35	844
	93	Lück, Ronald	75 BSG EDEKA	0:24:02 h	92	1:06:55 h	96	1:30:57 h	95	0:52:16 h	93	2:23:13 h	M 40	813
	94	Schierhorn, Ingo	70 Team Triathlon Hamburger H	0:24:24 h	95	1:07:37 h	103	1:32:01 h	104	0:51:35 h	86	2:23:36 h	M 45	392
	95	Wandschneider, Dirk	63 SG Wasserratten Norderstedt	0:23:04 h	80	1:09:17 h	118	1:32:21 h	106	0:51:25 h	85	2:23:46 h	M 55	326
	96	Hatje, Jendrik	90 Norderstedt	0:25:15 h	103	1:07:03 h	97	1:32:18 h	105	0:51:40 h	87	2:23:58 h	M 20	877
	97	Schultz, Eva	84 FC St. Pauli Triathlon	0:24:46 h	101	1:06:33 h	92	1:31:19 h	99	0:52:40 h	98	2:23:59 h	W 35	280
B	98	Mehring, Robert	74 BSG SG Stern Hamburg	0:26:39 h	127	1:04:47 h	79	1:31:26 h	101	0:53:04 h	100	2:24:30 h	M 45	383
	99	Schmidt, Florian	73 Triabolos Hamburg	0:27:13 h	139	1:01:52 h	53	1:29:05 h	78	0:55:43 h	116	2:24:48 h	M 45	393
M	100	Hassfurther, Ariane	91 Triathlon Team Hamburg	0:26:22 h	119	1:04:24 h	74	1:30:46 h	94	0:54:34 h	108	2:25:20 h	W 20	287
	101	Gräff, Bernd	86 Hamburg	0:26:03 h	115	1:02:56 h	64	1:28:59 h	76	0:56:45 h	119	2:25:44 h	M 30	857
	102	Altmann, Cindy	84 Open Sports Hamburg	0:22:59 h	77	1:12:17 h	135	1:35:16 h	115	0:50:31 h	80	2:25:47 h	W 35	275
M	103	Müller, Karsten	69 Triabolos Hamburg	0:25:32 h	109	1:05:08 h	82	1:30:40 h	92	0:55:28 h	114	2:26:08 h	M 50	348
	104	Lingelbach, Rainer	60 Triabolos Hamburg	0:25:31 h	108	1:01:34 h	49	1:27:05 h	68	0:59:27 h	141	2:26:32 h	M 55	890
M	105	Sturm, Volker	65 Kaifu Tri Team	0:22:44 h	70	1:08:56 h	113	1:31:40 h	102	0:55:10 h	112	2:26:50 h	M 50	358
M	106	Koch, Klaus	68 FC St. Pauli Triathlon	0:23:09 h	83	1:11:47 h	130	1:34:56 h	113	0:52:23 h	94	2:27:19 h	M 50	341
	107	Skroblin, Joachim	59 Spiridon Oldesloe	0:26:38 h	124	1:09:13 h	116	1:35:51 h	117	0:51:53 h	89	2:27:44 h	M 60	307
	108	Müller, Dean Tavis	91 Tri Adler Bor. Del.	0:21:16 h	41	1:13:54 h	144	1:35:10 h	114	0:53:07 h	102	2:28:17 h	M 20	883
	109	Hildebrandt, Maximilian	94 Hamburg	0:23:22 h	84	1:17:18 h	158	1:40:40 h	144	0:47:41 h	50	2:28:21 h	M 20	880
	110	Jensen, Olaf	68 Norderstedt	0:26:52 h	132	1:09:05 h	115	1:35:57 h	118	0:52:34 h	95	2:28:31 h	M 50	338
	111	Quatmann, Frank	75 TSV Eintracht Hittfeld	0:27:13 h	139	1:03:32 h	67	1:30:45 h	93	0:58:06 h	130	2:28:51 h	M 40	819
	112	Fromm, Sandra	79 Team Erdinger Alkoholfrei	0:27:04 h	136	1:06:12 h	86	1:33:16 h	109	0:55:50 h	117	2:29:06 h	W 40	271
	113	Krantz, Georg	81 Hamburg	0:26:22 h	119	1:04:37 h	76	1:30:59 h	96	0:58:39 h	135	2:29:38 h	M 35	839
	114	Henkel, Patrick	71 Dreier Truppe Hamburg	0:24:24 h	95	1:08:42 h	110	1:33:06 h	107	0:57:29 h	124	2:30:35 h	M 45	372
M	115	Jaekel, Sandra	75 Kaifu Tri Team	0:23:40 h	87	1:13:00 h	139	1:36:40 h	120	0:53:58 h	106	2:30:38 h	W 40	273
	116	Linnhoff, Dagmar	85 Hamburg	0:24:55 h	102	1:13:00 h	139	1:37:55 h	128	0:53:27 h	104	2:31:22 h	W 30	284
	117	Schmidt, Marco	71 Triabolos Hamburg	0:28:10 h	145	1:08:15 h	106	1:36:25 h	119	0:55:07 h	111	2:31:32 h	M 45	394
M	118	Lüders, Kerstin	63 Tri Michels Hamburg	0:24:41 h	100	1:12:14 h	134	1:36:55 h	124	0:54:51 h	109	2:31:46 h	W 55	253
	118	Lischke, Nils	88 Hamburg	0:21:45 h	48	1:15:44 h	153	1:37:29 h	125	0:54:17 h	107	2:31:46 h	M 30	864
	120	Eisenschmidt, Jan-Dierk	67 Hamburg	0:26:43 h	129	1:04:40 h	77	1:31:23 h	100	1:00:33 h	143	2:31:56 h	M 50	333

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
121	Vollhardt, Ulli	58	Team Erdinger Alkoholfrei	0:28:02 h	142	1:07:20 h	100	1:35:22 h	116	0:57:09 h	121	2:32:31 h	M 60	310
122	Puritz, Robert	86	Weekendworrior	0:26:50 h	131	1:06:33 h	92	1:33:23 h	111	0:59:14 h	139	2:32:37 h	M 30	866
123	Zabel, Kai	71	LG Elmshorn	0:26:38 h	124	1:12:01 h	133	1:38:39 h	133	0:55:20 h	113	2:33:59 h	M 45	802
124	Reese, Matthias	66	Team Erdinger Alkoholfrei	0:26:29 h	123	1:10:12 h	123	1:36:41 h	121	0:57:41 h	128	2:34:22 h	M 50	354
125	Kaletzki, Norbert	53	Laufgruppe Schwerin	0:25:19 h	105	1:12:49 h	137	1:38:08 h	130	0:56:34 h	118	2:34:42 h	M 65	295
126	tokarek, thomas	59	Team Erdinger Alkoholfrei	0:26:48 h	130	1:09:55 h	119	1:36:43 h	122	0:58:42 h	136	2:35:25 h	M 60	309
127	Schümann, Rebecca	92	Hamburg	0:24:37 h	99	1:15:31 h	152	1:40:08 h	141	0:55:35 h	115	2:35:43 h	W 20	290
M 128	Renken, Jens	64	HNT Triathlon	0:27:05 h	137	1:11:44 h	129	1:38:49 h	134	0:56:59 h	120	2:35:48 h	M 55	322
129	Nüske, Andreas	68	BSG DZ HYP	0:23:42 h	88	1:17:13 h	157	1:40:55 h	145	0:54:59 h	110	2:35:54 h	M 50	350
130	Sievers, Susanne	67	Sport-Club Itzehoe	0:28:08 h	144	1:05:07 h	81	1:33:15 h	108	1:03:10 h	151	2:36:25 h	W 50	258
131	Kmetsch, Stefan	70	BSG Commerzbank	0:27:00 h	134	1:10:32 h	125	1:37:32 h	126	0:59:00 h	138	2:36:32 h	M 45	374
132	Eggers, Mathias	70	Schenefeld	0:28:15 h	146	1:09:55 h	119	1:38:10 h	131	0:58:34 h	131	2:36:44 h	M 45	367
B 133	Plönsky, Katja	77	BSG Lufthansa SV	0:28:15 h	146	1:09:58 h	121	1:38:13 h	132	0:58:35 h	133	2:36:48 h	W 40	274
M 134	Prätsch, Dr. Ulrich	47	Triabolos Hamburg	0:27:20 h	141	1:06:25 h	88	1:33:45 h	112	1:03:17 h	152	2:37:02 h	M 70	293
135	Thun, Peter	56	SpVg Eidertal Molfsee	0:26:02 h	114	1:13:43 h	141	1:39:45 h	136	0:57:23 h	122	2:37:08 h	M 60	308
136	Steinke, Nadine	83	SG Wasserratten Norderstedt	0:27:02 h	135	1:11:50 h	131	1:38:52 h	135	0:58:42 h	136	2:37:34 h	W 35	281
137	Plantholz, Christian	69	Hamburg	0:28:52 h	150	1:07:53 h	105	1:36:45 h	123	1:01:47 h	144	2:38:32 h	M 50	352
B 138	Herrmann, Michael	61	BSG Deutsche Bank	0:25:35 h	110	1:15:50 h	154	1:41:25 h	146	0:57:32 h	126	2:38:57 h	M 55	315
139	Giese, Joerg	69	Rahlstedter SC	0:28:04 h	143	1:13:52 h	143	1:41:56 h	149	0:57:29 h	124	2:39:25 h	M 50	335
M 140	Engelbrecht-Hoch, Martina	64	TuS Holstein Quickborn	0:26:18 h	116	1:13:48 h	142	1:40:06 h	140	0:59:22 h	140	2:39:28 h	W 55	252
B 141	Lohmann, Rolf Michael	60	BSG SG Stern Hamburg	0:27:11 h	138	1:15:50 h	154	1:43:01 h	150	0:57:23 h	122	2:40:24 h	M 55	320
142	Granso, Carsten	84	Hamburg	0:29:08 h	152	1:14:17 h	146	1:43:25 h	154	0:57:35 h	127	2:41:00 h	M 35	832
B 143	Schaumann, Oliver	63	BSG Airbus SG HH	0:29:07 h	151	1:08:26 h	107	1:37:33 h	127	1:04:25 h	154	2:41:58 h	M 55	323
144	Pfeifer, Ringo	76	Quickborn	0:26:59 h	133	1:12:56 h	138	1:39:55 h	137	1:02:36 h	148	2:42:31 h	M 40	818
145	Wasikowski, Christian	82	Aukrug	0:26:21 h	118	1:11:39 h	128	1:38:00 h	129	1:04:59 h	158	2:42:59 h	M 35	849
146	Rohde, Eike	70	BSG Commerzbank	0:26:40 h	128	1:14:49 h	149	1:41:29 h	147	1:01:58 h	145	2:43:27 h	M 45	388
147	Schetzsch, Arwed	73	Rosengarten	0:28:35 h	148	1:14:34 h	148	1:43:09 h	152	1:00:30 h	142	2:43:39 h	M 45	391
148	Gräff, Arnold	88	Nidda	0:29:57 h	157	1:11:51 h	132	1:41:48 h	148	1:02:29 h	147	2:44:17 h	M 30	856
149	Knuth, Günther	51	Reinbek	0:31:10 h	162	1:08:48 h	112	1:39:58 h	138	1:04:31 h	155	2:44:29 h	M 65	296
150	Petersen, Johanna	81	Hamburg	0:25:41 h	111	1:20:33 h	163	1:46:14 h	158	0:58:36 h	134	2:44:50 h	W 35	279
B 151	Warnecke-Jerol, Margret	61	SV Polizei / BSG SG Stern	0:28:50 h	149	1:11:38 h	127	1:40:28 h	142	1:04:34 h	157	2:45:02 h	W 55	255
152	Ahrendt, Sophie	97	Hamburg	0:29:21 h	154	1:14:22 h	147	1:43:43 h	156	1:02:26 h	146	2:46:09 h	W 20	285
152	Müller, Hans-Werner	51	SG Stern	0:31:45 h	164	1:11:18 h	126	1:43:03 h	151	1:03:06 h	150	2:46:09 h	M 65	297
154	Baumert, Sandra	77	Hamburg	0:26:38 h	124	1:16:50 h	156	1:43:28 h	155	1:02:51 h	149	2:46:19 h	W 40	268
155	Weigmann, Carsten	73	BSG Johann-Comenius-Schu	0:25:50 h	113	1:14:08 h	145	1:39:58 h	138	1:07:58 h	161	2:47:56 h	M 45	398
156	Garbrecht, Nadine	83	Tri EMTV Elmshorn	0:30:31 h	158	1:10:06 h	122	1:40:37 h	143	1:07:42 h	160	2:48:19 h	W 35	277
157	Graupner, Jens	63	TZM	0:30:31 h	158	1:19:51 h	162	1:50:22 h	162	0:58:01 h	129	2:48:23 h	M 55	314
B 158	Jerol, Peter	58	SV Polizei / BSG SG Stern	0:29:31 h	155	1:14:57 h	150	1:44:28 h	157	1:04:20 h	153	2:48:48 h	M 60	303
159	Janßen, Uwe	60	TuS Holstein Quickborn	0:26:19 h	117	1:25:39 h	167	1:51:58 h	164	0:58:34 h	131	2:50:32 h	M 55	318
160	Dahl, Olaf	74	TS Harburg	0:31:22 h	163	1:14:58 h	151	1:46:20 h	159	1:09:14 h	163	2:55:34 h	M 45	366

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischen- zeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Alters- klasse	Start- Nr.
161	Neuefeind, Dieter	48	SG Wasserratten Nordersted	0:29:08 h	152	1:19:40 h	161	1:48:48 h	160	1:08:36 h	162	2:57:24 h	M 70	292
161	Bartl, Thomas	65	SG Wasserratten Nordersted	0:30:55 h	161	1:12:26 h	136	1:43:21 h	153	1:14:03 h	165	2:57:24 h	M 50	328
163	Baier, Christine	84	Team Pirate MC Pirate	0:29:31 h	155	1:23:55 h	166	1:53:26 h	165	1:04:31 h	155	2:57:57 h	W 35	276
164	Rieger, Michael	65	SG Wasserratten Nordersted	0:30:54 h	160	1:23:44 h	165	1:54:38 h	166	1:06:08 h	159	3:00:46 h	M 50	355
B 165	Kamrad, Hubert	55	HNT-Triathlon / BSG SG Ster	0:31:48 h	165	1:17:54 h	159	1:49:42 h	161	1:16:22 h	166	3:06:04 h	M 60	304
166	Rogge, Sarah	90	Tri-Sport Lübeck	0:33:50 h	167	1:21:33 h	164	1:55:23 h	167	1:11:13 h	164	3:06:36 h	W 20	288
167	Dahl, Kerstin	74	TS Harburg	0:33:45 h	166	1:17:59 h	160	1:51:44 h	163	1:19:25 h	167	3:11:09 h	W 45	261