

Platz	Name, Vorname	Jg / Verein / BSG / Ort	Zeit	Gesamt Ges	Mann AK	Gesamt Ges	Frau AK	BSV Ges	Mann AK	BSV Ges	Frau AK	Start- Nr.
1	Carstens, Mirco	96 Bramstedter TS	0:35:38 h	1	M-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	768
2	Muluve, Paul	79 LBV PHÖNIX LÜ	0:36:50 h	2	M 40-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	706
B	2	Babusci, Luigi	80 BSG Siemens Ha	0:36:50 h	2	M 40-1	◦ ◦	◦ ◦	1	M 40-1	◦ ◦	707
4	Daleki, Wislaw	76 Daleki Hausservi	0:37:50 h	4	M 45-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	812
5	Rutgers, Laurin	91 FC St. Pauli Mar	0:38:23 h	5	M 30-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	758
B	6	Koudougou, Halidou	79 BSG Philips LG	0:38:32 h	6	M 40-3	◦ ◦	◦ ◦	2	M 40-2	◦ ◦	705
7	Reimann, Mirko	77 Erdinger Active T	0:38:41 h	7	M 45-2	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	698
8	Klein, Andreas	78 Muzungu Runner	0:39:41 h	8	M 45-3	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	814
9	Hartmann, Patrick	86 SG Wasserratter	0:40:26 h	9	M 35-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	734
10	Karroobee, Keyan	84 Laufwerk Runnin	0:40:33 h	10	M 35-2	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	808
B	11	Befuss, Bjoern	88 Erdinger Active T	0:40:40 h	11	M 35-3	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	827
B	12	Hoffmann, Elias	96 BSG Signal Idun:	0:40:47 h	12	M-2	◦ ◦	◦ ◦	3	M-1	◦ ◦	769
13	Waldhaus, Uwe	81 SV Werder Brem	0:40:53 h	13	M 40-4	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	717
B	14	Biermann, Christian	73 TuS Holstein Qui	0:40:58 h	14	M 50-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	682
B	15	Deppe, Jan	98 BSG Airbus SG	0:41:10 h	15	M-3	◦ ◦	◦ ◦	4	M-2	◦ ◦	770
16	Shunko, Yauheni	87 Hamburg	0:41:53 h	16	M 35-4	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	741
17	Storz, Michael	84 Hamburg	0:41:55 h	17	M 35-5	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	729
18	Walter, Uwe	65 Hamburg	0:42:53 h	18	M 55-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	646
19	Neumann, Alexander	89 Quickborn	0:43:04 h	19	M 30-2	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	751
B	20	Teegen, Sven	80 Itzehoe	0:43:33 h	20	M 40-5	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	712
B	21	Winkeler, Tobias	88 BSG Nordmark F	0:43:49 h	21	M 35-6	◦ ◦	◦ ◦	5	M 35-1	◦ ◦	746
B	22	Kurch, Sebastian	81 BSG Airbus SG	0:43:54 h	22	M 40-6	◦ ◦	◦ ◦	6	M 40-3	◦ ◦	715
23	Rose, Lennart	92 Quickborn	0:44:27 h	23	M 30-3	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	761
24	Wäbs, Luca	01 Quickborn	0:44:36 h	24	M-4	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	774
B	25	Mohr, Annika	96 Itzehoe	0:44:50 h	◦ ◦	◦ ◦	1	W-1	◦ ◦	◦ ◦	◦ ◦	592
B	26	Mohammed, Chalid	73 BSG Airbus SG	0:45:02 h	25	M 50-2	◦ ◦	◦ ◦	7	M 50-1	◦ ◦	683
27	Friedrichsen, Nils	78 BSG Schleswig-H	0:45:33 h	26	M 45-4	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	701
B	28	Girnus, Helge	89 Uetersen	0:45:46 h	27	M 30-4	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	748
B	29	Gehn, Marcel	94 BSG Nordmark F	0:45:50 h	28	M-5	◦ ◦	◦ ◦	8	M-3	◦ ◦	764
30	Kurch, Florian	85 Vechelde	0:45:53 h	29	M 35-7	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	820
31	Poon, Marianne	85 SG Wasserratter	0:45:55 h	◦ ◦	◦ ◦	2	W 35-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	574
31	Claudius, Stephan	59 MC Pirate	0:45:55 h	30	M 60-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	618
33	Maier, Viktor	54 TSV Wandsetal	0:46:04 h	31	M 65-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	810
34	Behrens, Christopher	84 Tri Michels Hamt	0:46:15 h	32	M 35-8	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	725
35	Steffen, Lutz	66 Tangstedt	0:46:31 h	33	M 55-2	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	651
36	Teichmann, Kay	71 BMTV	0:46:40 h	34	M 50-3	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	676

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B	37 Dürr, Johannes	85 SG Wasserratter	0:47:03 h	35 M 35-9	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	731
B	38 Handwerger, Jürgen	86 BSG Hamburger	0:47:08 h	36 M 35-10	◦ ◦	◦ ◦	9 M 35-2	◦ ◦	◦ ◦	◦ ◦	◦ ◦	733
B	39 Romero Ros, Alejandro	93 Hamburg	0:47:11 h	37 M 30-5	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	763
B	40 Zervas, Holger	63 BSG DZ HYP	0:47:25 h	38 M 60-2	◦ ◦	◦ ◦	10 M 60-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	634
	41 Moeller, Kerstin	84 Hamburg	0:47:43 h	◦ ◦	◦ ◦	3 W 35-2	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	568
	42 Tesch, Thomas	58 Open Sports Har	0:47:47 h	39 M 65-2	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	617
	43 Thele, Tobias	78 SG Wasserratter	0:47:51 h	40 M 45-5	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	815
	44 Harmann, Dirk	70 Hamburg	0:48:02 h	41 M 50-4	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	670
	45 Schwiersch, Marco	65 Schülp	0:48:38 h	42 M 55-3	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	644
	46 Schippmann, Oliver	70 Rellingen	0:48:46 h	43 M 50-5	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	671
	47 Wesche, Henning	86 Tangstedt	0:48:49 h	44 M 35-11	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	738
B	48 Brixel, Renke	83 BSG Krüss Optrc	0:49:06 h	45 M 40-7	◦ ◦	◦ ◦	11 M 40-4	◦ ◦	◦ ◦	◦ ◦	◦ ◦	723
	48 Richters, Timo	88 Erdinger Active T	0:49:06 h	45 M 35-12	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	745
	50 Willsch, Natalie	80 Ottenbüttel	0:49:09 h	◦ ◦	◦ ◦	4 W 40-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	558
B	50 Werner, Guido	68 TuS Holstein Qui	0:49:09 h	47 M 55-4	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	666
B	52 Werner, Kristina	82 BSG Krüss Optrc	0:49:20 h	◦ ◦	◦ ◦	5 W 40-2	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	561
B	53 Sauerzweig, Berith	84 Hamburg Runnin	0:49:23 h	◦ ◦	◦ ◦	6 W 35-3	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	569
B	53 Simon, Michael	87 BSG RUNNER'S	0:49:23 h	48 M 35-13	◦ ◦	◦ ◦	12 M 35-3	◦ ◦	◦ ◦	◦ ◦	◦ ◦	742
	55 Rothe, Michael	78 KT Triathlon	0:49:27 h	49 M 45-6	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	703
B	56 Kozieras, Norbert	50 BSG Ergo sports	0:49:31 h	50 M 70-1	◦ ◦	◦ ◦	13 M 70-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	609
	57 Fischer, Andreas	64 KT	0:50:11 h	51 M 55-5	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	636
	58 Homm, Louisa	10 Geschendorf	0:50:13 h	◦ ◦	◦ ◦	7 W JU14-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	605
	59 Öhrke, Sven	70 Quickborn	0:50:34 h	52 M 50-6	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	806
	60 Fraß, Dr. Alexander	82 Hamburg	0:50:36 h	53 M 40-8	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	719
	61 Harmann, Niklas	05 Hamburg	0:50:42 h	54 MJ U20-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	775
	62 Kutzner, Carsten	71 TuS Germania S	0:50:48 h	55 M 50-7	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	673
	63 Feidieker, Thomas	82 TuS Hasloh	0:50:50 h	56 M 40-9	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	817
	64 Viertel, Mirko	77 TuS Holstein Qui	0:50:51 h	57 M 45-7	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	700
	65 Andresen, Kathrin	92 Elmshorn	0:50:59 h	◦ ◦	◦ ◦	8 W 30-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	818
	66 Sagner, Theo	07 Hasloh	0:51:15 h	58 MJ U18-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	778
B	67 Mellmann, Dirk	77 BSG Lufthansa S	0:51:28 h	59 M 45-8	◦ ◦	◦ ◦	14 M 45-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	697
B	68 Tostmann, Michael	72 BSG BG Verkehr	0:51:36 h	60 M 50-8	◦ ◦	◦ ◦	15 M 50-2	◦ ◦	◦ ◦	◦ ◦	◦ ◦	681
B	68 Golembiewski, Andreas	60 Krüss OSH	0:51:36 h	60 M 60-3	◦ ◦	◦ ◦	15 M 60-2	◦ ◦	◦ ◦	◦ ◦	◦ ◦	826
	70 Pergande, Katharina	94 Quickborn	0:51:38 h	◦ ◦	◦ ◦	9 W-2	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	590
	71 Kool, Alexander	75 Norderstedt	0:51:44 h	62 M 45-9	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	692
	72 Brambring, Jens	72 Quickborn	0:51:56 h	63 M 50-9	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	679

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73	Goebel, Robert	67 Norderstedt	0:52:01 h	64 M 55-6	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	655
74	Thormählen, Tim	99 Ellerau	0:52:04 h	65 M-6	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	771
75	König, Rüdiger	59 SC-Itzehoe	0:52:09 h	66 M 60-4	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	620
76	Meier-Oetjen, Kristina	05 Reith	0:52:10 h	○ ○	10 WJ U20-1	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	600
77	Bennett, Annalies	82	0:52:15 h	○ ○	11 W 40-3	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	828
78	Heine, Dennis	74 Tornesch	0:52:20 h	67 M 45-10	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	689
79	Arnold, Detlef	64 KRAFT Runners	0:52:24 h	68 M 55-7	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	635
80	Bröse, Maik	77 #kommandofisch	0:52:25 h	69 M 45-11	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	695
81	Lilje, Sina	79 Buchholz	0:52:28 h	○ ○	12 W 40-4	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	553
82	Gaudlitz, Johanna	90 TuS Holstein Qui	0:52:35 h	○ ○	13 W 30-2	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	581
83	Harder, Laura	89 TuS Holstein Qui	0:52:37 h	○ ○	14 W 30-3	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	579
84	Uplegger, Anna	04 Ellerau	0:52:41 h	○ ○	15 WJ U20-2	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	598
B	85 Schult, Mario	73 BSG Olympus O	0:52:48 h	70 M 50-10	○ ○	○ ○	17 M 50-3	○ ○	○ ○	○ ○	○ ○	684
	86 Mysik, Oleksii	89 Opytnye Donetsk	0:52:52 h	71 M 30-6	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	805
	87 Sasse, Karsten	77	0:53:01 h	72 M 45-12	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	824
	88 Friedl, Thomas	63 DFK e.V.	0:53:04 h	73 M 60-5	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	630
	89 Eybächer, Susanne	83 Nützen	0:53:05 h	○ ○	16 W 40-5	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	562
B	90 Sietz, Jesper	00 Hamburg	0:53:08 h	74 M-7	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	772
	91 Ogan, Anton	66 Lauf um Dein Lel	0:53:12 h	75 M 55-8	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	811
	92 Riemenschneider, Hannes	84 BSG BG Verkehr	0:53:13 h	76 M 35-14	○ ○	○ ○	18 M 35-4	○ ○	○ ○	○ ○	○ ○	728
	93 Finkeisen, Martina	58 Happy Feet Itzeh	0:53:16 h	○ ○	17 W 65-1	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	506
	94 Steffen, Carina	03 Tangstedt	0:53:22 h	○ ○	18 W-3	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	597
B	95 Heidel, Oliver	62 Hamburg	0:53:39 h	77 M 60-6	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	626
	96 Swoboda, Peter	63 BSG Nordmark F	0:53:41 h	78 M 60-7	○ ○	○ ○	19 M 60-3	○ ○	○ ○	○ ○	○ ○	632
	97 Sietz, Andreas	68 Hamburg	0:53:48 h	79 M 55-9	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	664
	98 Jürs, Mathias	80 Hamburg	0:53:56 h	80 M 40-10	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	708
	99 Vierling, Heiko	68 Lauftreff Hambur	0:54:00 h	81 M 55-10	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	665
B	100 Koch, Constantin	88 Kiel	0:54:06 h	82 M 35-15	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	744
	101 Schmidt, Finn Ole	06 SC Ellerau	0:54:08 h	83 MJ U18-2	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	777
	102 Kunze, Barbara	66 BSG DZ HYP	0:54:09 h	○ ○	19 W 55-1	○ ○	○ ○	2 W 55-1	○ ○	○ ○	○ ○	516
	103 Uplegger, Thomas	71 Ellerau	0:54:10 h	84 M 50-11	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	677
	104 Schütt, Ines	77 Norderstedt	0:54:13 h	○ ○	20 W 45-1	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	543
B	105 Roloff, Stefan	62 ausdauerclub	0:54:18 h	85 M 60-8	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	627
	106 Köhn, Danilo	84 Pragsdorf	0:54:24 h	86 M 35-16	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	819
	107 Tilch, Peter	55 BSG HPA	0:54:26 h	87 M 65-3	○ ○	○ ○	20 M 65-1	○ ○	○ ○	○ ○	○ ○	614
	108 Brandt, Lyam	92 Quickborn	0:54:49 h	88 M 30-7	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	○ ○	760

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109	Fitz, Manni	67 SG Wasserratter	0:54:50 h	89	M 55-11	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	654
110	Gornik, Janina	00 Hamburg	0:54:51 h	◦ ◦		21	W-4	◦ ◦	◦ ◦	◦ ◦	◦ ◦	594
110	Siegele, Volker	77 SG Wasserratter	0:54:51 h	90	M 45-13	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	699
112	Borgwardt, Melinda	75 Quickborn	0:54:52 h	◦ ◦		22	W 45-2	◦ ◦	◦ ◦	◦ ◦	◦ ◦	538
113	Krüger, Evelyn	81 Ellerau	0:55:04 h	◦ ◦		23	W 40-6	◦ ◦	◦ ◦	◦ ◦	◦ ◦	559
114	Schütt, Tessa	00 Quickborn	0:55:16 h	◦ ◦		24	W-5	◦ ◦	◦ ◦	◦ ◦	◦ ◦	595
B 115	Tesch, Kataharina	58 Open-Sports Har	0:55:26 h	◦ ◦		25	W 65-2	◦ ◦	◦ ◦	3	W 65-1	813
116	Grupe, Florian	93 Quickborn	0:55:28 h	91	M 30-8	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	762
117	Beitz, Anne	84 Henstedt Ulzburg	0:55:37 h	◦ ◦		26	W 35-4	◦ ◦	◦ ◦	◦ ◦	◦ ◦	726
B 118	Lehmann, Sandra	87 BSG Krüss Optrc	0:55:56 h	◦ ◦		27	W 35-5	◦ ◦	◦ ◦	4	W 35-1	577
119	Althoff, Carsten	69 Beiersdorf Ag Ha	0:55:57 h	92	M 50-12	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	804
120	Gratz, Yvonne	84 Hamburg	0:55:58 h	◦ ◦		28	W 35-6	◦ ◦	◦ ◦	◦ ◦	◦ ◦	566
B 121	Ykema, René	64 BSG Krüss Optrc	0:56:00 h	93	M 55-12	◦ ◦	◦ ◦	21	M 55-1	◦ ◦	◦ ◦	638
122	Warnecke, Sophie	96 Hamburg	0:56:03 h	◦ ◦		29	W-6	◦ ◦	◦ ◦	◦ ◦	◦ ◦	593
122	McDonnell, Benjamin	90 Quickborn	0:56:03 h	94	M 30-9	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	756
124	Brack, Tanja	73 Lauftreff Quickbc	0:56:05 h	◦ ◦		30	W 50-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	535
125	Beitz, Michael	81 Henstedt Ulzburg	0:56:16 h	95	M 40-11	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	713
B 126	Kramer, Philipp	67 BSG Ergo sports	0:56:20 h	96	M 55-13	◦ ◦	◦ ◦	22	M 55-2	◦ ◦	◦ ◦	657
127	Jacobsen, Lotta	05 DLRG Quickborn	0:56:43 h	◦ ◦		31	WJ U20-3	◦ ◦	◦ ◦	◦ ◦	◦ ◦	801
127	Golchert, Joris	06 DLRG Quickborn	0:56:43 h	97	MJ U18-3	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	802
129	Albrecht, Jörg	65 SV Friedrichsgat	0:56:44 h	98	M 55-14	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	639
B 130	Knaack, Tobias	75 BSG Airbus SG	0:56:45 h	99	M 45-14	◦ ◦	◦ ◦	23	M 45-2	◦ ◦	◦ ◦	691
131	Flicker, Melanie	77 Hamburg	0:56:49 h	◦ ◦		32	W 45-3	◦ ◦	◦ ◦	◦ ◦	◦ ◦	542
132	Hohmann, Peter	59 SG Sparkasse H	0:57:01 h	100	M 60-9	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	619
133	Ross, Marcus	78 Buchholz i.d.N.	0:57:05 h	101	M 45-15	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	702
134	Wohlers, Regina	59 FC St. Pauli Mar	0:57:31 h	◦ ◦		33	W 60-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	507
135	Keck, Olga	75 DLRG Quickborn	0:57:44 h	◦ ◦		34	W 45-4	◦ ◦	◦ ◦	◦ ◦	◦ ◦	539
B 136	Seeling-Maaß, Meike	65 BSG Krüss Optrc	0:57:47 h	◦ ◦		35	W 55-2	◦ ◦	◦ ◦	5	W 55-2	513
136	Liebmann, Marc	68 MSV Duisburg	0:57:47 h	102	M 55-15	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	662
138	Saam, Christian	82 SG Wasserratter	0:57:50 h	103	M 40-12	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	721
139	Knickenberg, Lili	02 Flensburg	0:57:52 h	◦ ◦		36	W-7	◦ ◦	◦ ◦	◦ ◦	◦ ◦	596
140	Alvarez Tipan, Maria	74	0:58:05 h	◦ ◦		37	W 45-5	◦ ◦	◦ ◦	◦ ◦	◦ ◦	825
141	Klüwer, Berit	78 Quickborn	0:58:08 h	◦ ◦		38	W 45-6	◦ ◦	◦ ◦	◦ ◦	◦ ◦	551
B 142	Dickhaut, Joachim	65 BSG Krüss Optrc	0:58:42 h	104	M 55-16	◦ ◦	◦ ◦	24	M 55-3	◦ ◦	◦ ◦	642
143	Kruse, Oliver	80 Quickborn	0:58:43 h	105	M 40-13	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	709
B 144	Sievers, Susanne	67 BSG Ergo sports	0:58:55 h	◦ ◦		39	W 55-3	◦ ◦	◦ ◦	6	W 55-3	518

Platz	Name, Vorname	Jg / Verein / BSG / Ort	Zeit	Gesamt Ges	Mann AK	Gesamt Ges	Frau AK	BSV Ges	Mann AK	BSV Ges	Frau AK	Start- Nr.
145	Schloh, Konstantin	94 Quickborn	0:59:01 h	106	M-8	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	766
146	Gosch, Kerstin	69 TuS Holstein Qui	0:59:03 h	◦ ◦		40	W 50-2	◦ ◦	◦ ◦	◦ ◦	◦ ◦	525
147	Marguier, Mel	78 Hamburg	0:59:09 h	◦ ◦		41	W 45-7	◦ ◦	◦ ◦	◦ ◦	◦ ◦	552
148	Stubbe, Karsten	80 Pinneberg	0:59:20 h	107	M 40-14	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	711
149	Schenkies, Jens	80 Heidgrabener SV	0:59:37 h	108	M 40-15	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	710
B 150	Oltrogge, Hans-Jürgen	48 BSG Jungheinric	0:59:41 h	109	M 75-1	◦ ◦	◦ ◦	25	M 75-1	◦ ◦	◦ ◦	607
150	Teppner, Jonathan	09 Quickborn	0:59:41 h	109	M JU16-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	781
152	Lazar, Ciprian	80	1:00:02 h	111	M 40-16	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	807
153	Doormann, Ben	67 Quickborn	1:00:04 h	112	M 55-17	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	652
154	Büscher, Christoph	06 SC Ellerau	1:00:22 h	113	MJ U18-4	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	776
B 155	Steinhaus, Daniela	83 BSG Altonabe	1:00:30 h	◦ ◦		42	W 40-7	◦ ◦	◦ ◦	7	W 40-2	564
156	Jeschke, Nina	78 Tangstedt	1:00:33 h	◦ ◦		43	W 45-8	◦ ◦	◦ ◦	◦ ◦	◦ ◦	809
157	Bautz, Carolin	90 Quickborn	1:00:35 h	◦ ◦		44	W 30-4	◦ ◦	◦ ◦	◦ ◦	◦ ◦	580
B 157	Gaudlitz, Gunter	56 TuS Holstein Qui	1:00:35 h	114	M 65-4	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	615
B 159	Theis, Daniela	83 BSG Signal iduna	1:00:46 h	◦ ◦		45	W 40-8	◦ ◦	◦ ◦	8	W 40-3	565
160	Müller, Heike	86 Bünsdorf	1:00:49 h	◦ ◦		46	W 35-7	◦ ◦	◦ ◦	◦ ◦	◦ ◦	576
160	Humpfle, Frank	84	1:00:49 h	115	M 35-17	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	816
B 162	Schulte, Thorsten	82 Rettungsdienst K	1:00:59 h	116	M 40-17	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	803
B 163	Feldmann, Thomas	63 BSG Krüss Optic	1:01:03 h	117	M 60-10	◦ ◦	◦ ◦	26	M 60-4	◦ ◦	◦ ◦	629
164	Trefz, Annika	95 Hamburg	1:01:11 h	◦ ◦		47	W-8	◦ ◦	◦ ◦	◦ ◦	◦ ◦	591
165	Viétor, André	64 Harsefeld	1:01:12 h	118	M 55-18	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	637
166	Jasper, Birte	85 Borstel-Hohenrad	1:01:27 h	◦ ◦		48	W 35-8	◦ ◦	◦ ◦	◦ ◦	◦ ◦	571
167	Stengel, Uwe	60 Quickborn	1:01:29 h	119	M 60-11	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	624
168	Sadlowski, Jörg	64	1:01:30 h	120	M 55-19	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	821
169	Wagner, Yvonne	80 Norderstedt	1:01:49 h	◦ ◦		49	W 40-9	◦ ◦	◦ ◦	◦ ◦	◦ ◦	557
169	Dörwald-Eickelberg, Uli	52 Lauftreff Heidgra	1:01:49 h	121	M 70-2	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	611
171	Rosorius, Sarah	83 Hamburg	1:01:53 h	◦ ◦		50	W 40-10	◦ ◦	◦ ◦	◦ ◦	◦ ◦	563
171	Siebert, Hellmut	54 Hamburg	1:01:53 h	122	M 65-5	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	613
173	Meitzner, Nico	68 Bünsdorf	1:02:04 h	123	M 55-20	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	663
174	Langhammer, Stefanie	90 Hamburg	1:02:21 h	◦ ◦		51	W 30-5	◦ ◦	◦ ◦	◦ ◦	◦ ◦	823
175	Kremser, Sven	89 Hasloh	1:02:30 h	124	M 30-10	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	749
176	Behnke, Lia	93 Quickborn	1:02:35 h	◦ ◦		52	W 30-6	◦ ◦	◦ ◦	◦ ◦	◦ ◦	587
B 177	Timpe, Kerstin	68 BSG Krüss Optic	1:02:41 h	◦ ◦		53	W 55-4	◦ ◦	◦ ◦	9	W 55-4	523
178	Kohn, Anke	57 Erdinger Active T	1:02:47 h	◦ ◦		54	W 65-3	◦ ◦	◦ ◦	◦ ◦	◦ ◦	504
B 179	Marthiens, Ute	52 BSG Polizei Ham	1:02:53 h	◦ ◦		55	W 70-1	◦ ◦	◦ ◦	10	W 70-1	503
180	Remmers, Michael	59 Norderstedt	1:02:57 h	125	M 60-12	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	621

Platz	Name, Vorname	Jg / Verein / BSG / Ort	Zeit	Gesamt Ges	Mann AK	Gesamt Ges	Frau AK	BSV Ges	Mann AK	BSV Ges	Frau AK	Start- Nr.
181	Niedieck, Henrik	73 SG Wasserratter	1:03:17 h	126	M 50-13	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	829
182	Liebentraut, Sebastian	89 Zentrum für Juge	1:03:24 h	127	M 30-11	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	750
183	Ulrich, Dirk	65 Pinneberg	1:03:34 h	128	M 55-21	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	645
184	Befuß, Julia	89 Hamburg	1:03:47 h	◦ ◦		56	W 30-7	◦ ◦	◦ ◦	◦ ◦	◦ ◦	578
185	Wolff, Sandra	71 Alveslohe	1:03:49 h	◦ ◦		57	W 50-3	◦ ◦	◦ ◦	◦ ◦	◦ ◦	533
B	186 Niefanger, Thomas	63 BSG Airbus SG	1:03:50 h	129	M 60-13	◦ ◦		27	M 60-5	◦ ◦	◦ ◦	631
	187 Meergarten, Sönke	71 Hamburg	1:03:52 h	130	M 50-14	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	674
	188 Jung-Wohlleben, Dorothee	67 Lauftreff Quickbc	1:03:54 h	◦ ◦		58	W 55-5	◦ ◦	◦ ◦	◦ ◦	◦ ◦	517
	189 Klafs, Ute	71 DLRG Quickborn	1:04:00 h	◦ ◦		59	W 50-4	◦ ◦	◦ ◦	◦ ◦	◦ ◦	530
B	190 Lattmann, Cordt-Peter	67 BSG Krüss Optrc	1:04:05 h	131	M 55-22	◦ ◦		28	M 55-4	◦ ◦	◦ ◦	658
	191 von Heimburg, Manja	77 Groß Niendorf	1:04:27 h	◦ ◦		60	W 45-9	◦ ◦	◦ ◦	◦ ◦	◦ ◦	544
	192 Jasik, Agnes	78 Hamburg	1:04:34 h	◦ ◦		61	W 45-10	◦ ◦	◦ ◦	◦ ◦	◦ ◦	550
	193 Meier, Alice	84 Hamburg	1:04:40 h	◦ ◦		62	W 35-9	◦ ◦	◦ ◦	◦ ◦	◦ ◦	567
	194 Kubatta, Ulrike	90 Hamburg	1:04:44 h	◦ ◦		63	W 30-8	◦ ◦	◦ ◦	◦ ◦	◦ ◦	583
	195 Knappe, Corinna	75 Quickborn	1:04:51 h	◦ ◦		64	W 45-11	◦ ◦	◦ ◦	◦ ◦	◦ ◦	540
	195 Wukasch, Mirko	68 Quickborn	1:04:51 h	132	M 55-23	◦ ◦		◦ ◦	◦ ◦	◦ ◦	◦ ◦	667
	197 Gaudlitz, Ingrid	52 TuS Holstein Qui	1:05:01 h	◦ ◦		65	W 70-2	◦ ◦	◦ ◦	◦ ◦	◦ ◦	502
	198 Herbst, Kathrin	60 Hasloh	1:05:07 h	◦ ◦		66	W 60-2	◦ ◦	◦ ◦	◦ ◦	◦ ◦	509
	199 Hagemann, Anna	47 BSG NDR	1:05:18 h	◦ ◦		67	W 75-1	◦ ◦	◦ ◦	11	W 75-1	501
B	200 Lohstroh, Ellen	57 BSG HPA	1:05:39 h	◦ ◦		68	W 65-4	◦ ◦	◦ ◦	12	W 65-2	505
	200 Wolters, Peter	63 TuS Holstein Qui	1:05:39 h	133	M 60-14	◦ ◦		◦ ◦	◦ ◦	◦ ◦	◦ ◦	633
	202 Uplegger, Sabine	69 Ellerau	1:06:06 h	◦ ◦		69	W 50-5	◦ ◦	◦ ◦	◦ ◦	◦ ◦	527
	203 Becker, Mirco	85 Appen	1:06:07 h	134	M 35-18	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	730
	204 Klatt, Patrick	86 Norderstedt	1:06:51 h	135	M 35-19	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	735
	205 Schubring, Wolfgang	66 Lentföhrden	1:06:52 h	136	M 55-24	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	650
	206 Mohrdiek, Dirk	67 DLRG Quickborn	1:07:04 h	137	M 55-25	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	659
	207 Paetzold, Björn	89 slot	1:07:06 h	138	M 30-12	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	752
	208 Stribrny, Johanna	89 slot	1:07:07 h	◦ ◦		70	W 30-9	◦ ◦	◦ ◦	◦ ◦	◦ ◦	753
	209 Wulff, Britta	67 BSG Airbus SG	1:07:27 h	◦ ◦		71	W 55-6	◦ ◦	◦ ◦	13	W 55-5	519
B	210 Büchel, Thomas	76 BSV Holborn	1:07:36 h	139	M 45-16	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	693
	211 Dieck, Michael	81 Heede	1:07:43 h	140	M 40-18	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	714
	211 Dieck, Larissa	83 Heede	1:07:43 h	◦ ◦		72	W 40-11	◦ ◦	◦ ◦	◦ ◦	◦ ◦	724
	213 Spitzkofski, Thomas	82 Team ZOOT Euro	1:08:00 h	141	M 40-19	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	722
	214 Schatt, Michael	61 Segeberger RC \	1:08:01 h	142	M 60-15	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	625
	214 Yilmaz, Yasin	88 Erdinger Active T	1:08:01 h	142	M 35-20	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	747
	216 Fuchs, Holger	66 Hamburg	1:08:03 h	144	M 55-26	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	647

Platz	Name, Vorname	Jg / Ort	Verein / BSG	Zeit	Gesamt Ges	Mann	AK	Gesamt Ges	Frau	AK	BSV Ges	Mann	BSV Ges	Frau	Start- Nr.
217	Sommer, Mareike	85	Norderstedt	1:08:17 h	◦ ◦			73	W 35-10	◦ ◦			◦ ◦	◦ ◦	575
218	Wohlfomm, Christine	84	Hamburg	1:08:18 h	◦ ◦			74	W 35-11	◦ ◦			◦ ◦	◦ ◦	570
219	Gerlach, Marc Daniel	87	Norderstedt	1:08:19 h	145	M 35-21		◦ ◦		◦ ◦			◦ ◦	◦ ◦	739
219	Albrecht, Mandy	86	Norderstedt	1:08:19 h	◦ ◦			75	W 35-12	◦ ◦			◦ ◦	◦ ◦	822
221	Heins, Benjamin	85	Marschacht	1:08:30 h	146	M 35-22		◦ ◦		◦ ◦			◦ ◦	◦ ◦	732
222	Klepsch, Ilona	71	Hamburg	1:08:31 h	◦ ◦			76	W 50-6	◦ ◦			◦ ◦	◦ ◦	531
223	Rosenke, Valentina	69	Lauftreff Quickbc	1:09:07 h	◦ ◦			77	W 50-7	◦ ◦			◦ ◦	◦ ◦	526
224	Kudlek, Ulrich	49	Hamburg	1:09:52 h	147	M 70-3		◦ ◦		◦ ◦			◦ ◦	◦ ◦	608
225	Kaulich, Manuela	64	Rellingen	1:10:16 h	◦ ◦			78	W 55-7	◦ ◦			◦ ◦	◦ ◦	512
226	Schönfeldt, Dagmar	68	Hoisbütteler SV	1:11:14 h	◦ ◦			79	W 55-8	◦ ◦			◦ ◦	◦ ◦	522
227	Jacobsen, Kai	75	DLRG Quickborn	1:12:13 h	148	M 45-17		◦ ◦		◦ ◦			◦ ◦	◦ ◦	800
228	Wachsmann, Susan	60	Hamburg	1:12:33 h	◦ ◦			80	W 60-3	◦ ◦			◦ ◦	◦ ◦	510
228	Dmitrow, Greta	06	KGM Ellerau	1:12:33 h	◦ ◦			80	WJ U18-1	◦ ◦			◦ ◦	◦ ◦	601
230	Dmitrow, Paul	71	KGM Ellerau	1:12:50 h	149	M 50-15		◦ ◦		◦ ◦			◦ ◦	◦ ◦	672