

| Platz | Name, Vorname | Jg | Verein | Gesamtzeit | Altersklasse | Start-Nr. |
|-------|------------------------|------|-----------------------------|------------|--------------|-----------|
| 1 | Sievers, Maila | 2003 | Ahrensburger TSV | 0:10:12 h | SiC | 754 |
| 2 | Dietzel, Leann | 2003 | SG Wasserratten Norderstedt | 0:10:16 h | SiC | 708 |
| 3 | Hanke, Mari Finn | 2004 | SpVg Eidertal Molfsee | 0:10:36 h | SC | 661 |
| 4 | Kiel, Simon | 2003 | TSV Bargteheide Triathlon | 0:10:48 h | SC | 504 |
| 5 | Krikau, Hagen | 2004 | SG Athletico Büdelsdorf | 0:10:57 h | SC | 668 |
| 6 | Makoschey, Johan | 2003 | SC Itzehoe | 0:10:58 h | SC | 676 |
| 7 | Nikolaïski, Jannis | 2003 | TSV Bargteheide Triathlon | 0:11:05 h | SC | 617 |
| 8 | Mull, Bente | 2004 | TSV Bornhöved | 0:11:11 h | SC | 546 |
| 9 | Fischer, Lukas | 2004 | SpVg Eidertal Molfsee | 0:11:12 h | SC | 677 |
| 10 | Krohn, Janka | 2004 | TSV Bargteheide Triathlon | 0:11:14 h | SiC | 729 |
| 11 | Schulz, Leonie Therese | 2003 | VfL Oldesloe | 0:11:17 h | SiC | 753 |
| 12 | Pietsch, Joel | 2003 | TSV Bargteheide Triathlon | 0:11:26 h | SC | 650 |
| 13 | Tietgen, Svea | 2003 | VfL Oldesloe | 0:11:28 h | SiC | 995 |
| 14 | Thiede, Franziska | 2003 | TSV Bargteheide Triathlon | 0:11:44 h | SiC | 983 |
| 15 | Meier, Sander | 2003 | TSV Bargteheide Triathlon | 0:11:52 h | SC | 919 |
| 16 | Kückendahl, Vera | 2004 | VfL Oldesloe | 0:11:53 h | SiC | 730 |
| 17 | Krohn, Thore | 2004 | TSV Bargteheide Triathlon | 0:12:01 h | SC | 526 |
| 18 | Kallies, Yannick | 2003 | TSV Bornhöved | 0:12:02 h | SC | 500 |
| 19 | Steffens, Jan Felix | 2004 | VfL Pinneberg | 0:12:10 h | SC | 696 |
| 20 | Spross, Malin Finja | 2004 | TSV Lola | 0:12:14 h | SiC | 763 |