

| Platz | Name, Vorname | Jg | Verein / BSG / Ort | Schwimmen | Pos S | Rad | Pos R | Zwischen- zeit | Pos ZZ | Laufen | Pos L | Gesamtzeit | Alters- klasse | Start- Nr. |
|-------|---------------------|----|----------------------------|-----------|----------|-----------|----------|-------------------|-----------|-----------|----------|------------|-------------------|---------------|
| 1 | Ortfeld, Lentje | 07 | Tri-Sport Lübeck | 0:03:19 h | 1 | 0:11:36 h | 5 | 0:14:55 h | 1 | 0:04:07 h | 3 | 0:19:02 h | W SB | 418 |
| 2 | Heinze, Jesper | 07 | Triathlon Dänischer Wohld | 0:03:55 h | 6 | 0:11:17 h | 4 | 0:15:12 h | 2 | 0:04:05 h | 2 | 0:19:17 h | M SB | 437 |
| 3 | Sievers, Malte | 08 | Ahrensburger TSV | 0:04:15 h | 10 | 0:11:09 h | 1 | 0:15:24 h | 3 | 0:04:04 h | 1 | 0:19:28 h | M SB | 432 |
| 4 | Than, Caroline | 07 | Sport-Club Itzehoe | 0:04:16 h | 11 | 0:11:11 h | 2 | 0:15:27 h | 4 | 0:04:15 h | 8 | 0:19:42 h | W SB | 416 |
| 5 | Hamm, Jonas | 07 | USC Kiel | 0:03:58 h | 7 | 0:11:42 h | 7 | 0:15:40 h | 6 | 0:04:14 h | 6 | 0:19:54 h | M SB | 436 |
| 6 | Sandau, Sarah | 08 | TSV Bornhöved | 0:03:45 h | 2 | 0:12:00 h | 10 | 0:15:45 h | 9 | 0:04:13 h | 5 | 0:19:58 h | W SB | 409 |
| 7 | Helmvoigt, Ryan | 07 | SG Wasserratten Nordersted | 0:03:59 h | 8 | 0:11:57 h | 9 | 0:15:56 h | 11 | 0:04:08 h | 4 | 0:20:04 h | M SB | 440 |
| 8 | Schreber, Finja | 07 | SG Athletico Büdelsdorf | 0:03:51 h | 5 | 0:11:36 h | 5 | 0:15:27 h | 4 | 0:04:43 h | 13 | 0:20:10 h | W SB | 411 |
| 9 | Möhrke, Hennes | 07 | TSV Quellenhaupt | 0:04:26 h | 16 | 0:11:15 h | 3 | 0:15:41 h | 8 | 0:04:34 h | 11 | 0:20:15 h | M SB | 438 |
| 10 | Kallies, Sophie | 07 | TSV Quellenhaupt Bornhövec | 0:03:49 h | 4 | 0:11:51 h | 8 | 0:15:40 h | 6 | 0:04:44 h | 15 | 0:20:24 h | W SB | 406 |
| 11 | Rittel, Lasse | 08 | USC Kiel | 0:04:33 h | 19 | 0:12:28 h | 13 | 0:17:01 h | 14 | 0:04:14 h | 6 | 0:21:15 h | M SB | 439 |
| 12 | Flohr, Zoé | 08 | SG Wasserratten Nordersted | 0:04:08 h | 9 | 0:12:49 h | 15 | 0:16:57 h | 13 | 0:04:34 h | 11 | 0:21:31 h | W SB | 403 |
| 13 | Meyer, Elena | 07 | TSV Bargtheide -Tri | 0:03:48 h | 3 | 0:12:01 h | 11 | 0:15:49 h | 10 | 0:06:07 h | 29 | 0:21:56 h | W SB | 415 |
| 14 | Hartz, Tjark Leo | 08 | USC Kiel | 0:04:29 h | 17 | 0:12:26 h | 12 | 0:16:55 h | 12 | 0:05:12 h | 24 | 0:22:07 h | M SB | 442 |
| 15 | Schwarz, Bette | 08 | TSV Bornhöved | 0:04:54 h | 24 | 0:12:33 h | 14 | 0:17:27 h | 15 | 0:04:46 h | 17 | 0:22:13 h | W SB | 401 |
| 16 | Friedrichsen, Jonas | 08 | SG Wasserratten Nordersted | 0:04:38 h | 21 | 0:13:03 h | 19 | 0:17:41 h | 18 | 0:04:47 h | 18 | 0:22:28 h | M SB | 434 |
| 17 | Joost, Marit | 07 | TSV Bargtheide -Tri | 0:04:16 h | 11 | 0:13:19 h | 21 | 0:17:35 h | 17 | 0:04:54 h | 21 | 0:22:29 h | W SB | 414 |
| 18 | Rosenberg, Summer | 07 | Sport-Club Itzehoe | 0:04:29 h | 17 | 0:12:59 h | 17 | 0:17:28 h | 16 | 0:05:18 h | 25 | 0:22:46 h | W SB | 417 |
| 19 | Jenzewski, Noah | 08 | Sport-Club Itzehoe | 0:05:17 h | 28 | 0:13:11 h | 20 | 0:18:28 h | 21 | 0:04:21 h | 9 | 0:22:49 h | M SB | 443 |
| 19 | Supper, Jan | 07 | | 0:05:04 h | 27 | 0:13:00 h | 18 | 0:18:04 h | 19 | 0:04:45 h | 16 | 0:22:49 h | M SB | 450 |
| 21 | Mandel, Johann | 07 | Sport-Club Itzehoe | 0:04:36 h | 20 | 0:13:54 h | 24 | 0:18:30 h | 22 | 0:04:28 h | 10 | 0:22:58 h | M SB | 441 |
| 22 | Voges, Lukas | 07 | SG Wasserratten Nordersted | 0:04:22 h | 14 | 0:13:49 h | 23 | 0:18:11 h | 20 | 0:05:11 h | 23 | 0:23:22 h | M SB | 444 |
| 23 | Bach, Emilia | 08 | SG Wasserratten Nordersted | 0:04:23 h | 15 | 0:14:19 h | 27 | 0:18:42 h | 24 | 0:04:49 h | 19 | 0:23:31 h | W SB | 407 |
| 24 | Stuhr, Elina | 08 | SG Wasserratten Nordersted | 0:04:39 h | 22 | 0:14:09 h | 26 | 0:18:48 h | 26 | 0:04:49 h | 19 | 0:23:37 h | W SB | 419 |
| 25 | Biermann, Anne | 07 | USC Kiel | 0:05:21 h | 30 | 0:13:24 h | 22 | 0:18:45 h | 25 | 0:05:18 h | 25 | 0:24:03 h | W SB | 408 |
| 26 | Möhrke, Jonte | 08 | TSV Quellenhaupt | 0:05:48 h | 33 | 0:12:50 h | 16 | 0:18:38 h | 23 | 0:05:31 h | 28 | 0:24:09 h | M SB | 402 |
| 27 | Ulka, Ronja | 07 | TSV Bargtheide -Tri | 0:06:02 h | 35 | 0:14:31 h | 29 | 0:20:33 h | 29 | 0:05:24 h | 27 | 0:25:57 h | W SB | 420 |
| 28 | Igel, Tim | 07 | TSV Quellenhaupt | 0:06:59 h | 40 | 0:14:25 h | 28 | 0:21:24 h | 32 | 0:04:43 h | 13 | 0:26:07 h | M SB | 430 |
| 29 | Rybka, Cenny | 07 | Reimer-Bull-Schule | 0:05:17 h | 28 | 0:14:02 h | 25 | 0:19:19 h | 27 | 0:06:51 h | 36 | 0:26:10 h | M SB | 447 |
| 30 | Reh, Jana | 07 | Reimer-Bull-Schule | 0:04:59 h | 25 | 0:14:49 h | 30 | 0:19:48 h | 28 | 0:06:24 h | 32 | 0:26:12 h | W SB | 427 |
| 31 | Hempel, Pauline | 08 | TSV Bargtheide -Tri | 0:05:29 h | 31 | 0:15:05 h | 31 | 0:20:34 h | 31 | 0:06:11 h | 30 | 0:26:45 h | W SB | 413 |
| 32 | Krüger, Nathalie | 08 | Tri-Sport Lübeck | 0:04:17 h | 13 | 0:16:16 h | 34 | 0:20:33 h | 29 | 0:06:40 h | 34 | 0:27:13 h | W SB | 410 |
| 33 | Schnoor, Yannik | 07 | Reimer-Bull-Schule | 0:05:44 h | 32 | 0:16:05 h | 33 | 0:21:49 h | 35 | 0:06:54 h | 37 | 0:28:43 h | M SB | 424 |
| 34 | Stademann, Lotta | 07 | Reimer-Bull-Schule | 0:04:51 h | 23 | 0:17:00 h | 37 | 0:21:51 h | 36 | 0:06:54 h | 37 | 0:28:45 h | W SB | 425 |
| 35 | Mandel, Rasmus | 08 | Sport-Club Itzehoe | 0:05:55 h | 34 | 0:15:43 h | 32 | 0:21:38 h | 33 | 0:07:15 h | 40 | 0:28:53 h | M SB | 433 |
| 36 | Bennabi, Safija | 08 | Reimer-Bull-Schule | 0:06:17 h | 38 | 0:17:39 h | 40 | 0:23:56 h | 39 | 0:05:01 h | 22 | 0:28:57 h | W SB | 421 |
| 37 | Hegeler, Rebekka | 08 | Sport-Club Itzehoe | 0:05:02 h | 26 | 0:16:44 h | 35 | 0:21:46 h | 34 | 0:07:39 h | 41 | 0:29:25 h | W SB | 404 |
| 38 | Kolster, Jorge | 08 | Reimer-Bull-Schule | 0:06:04 h | 36 | 0:16:57 h | 36 | 0:23:01 h | 37 | 0:06:40 h | 34 | 0:29:41 h | M SB | 445 |
| 39 | Schnoor, Joelle | 08 | Reimer-Bull-Schule | 0:06:15 h | 37 | 0:17:21 h | 39 | 0:23:36 h | 38 | 0:06:21 h | 31 | 0:29:57 h | W SB | 423 |
| 40 | Baumann, Finn | 07 | Reimer-Bull-Schule | 0:07:13 h | 41 | 0:17:15 h | 38 | 0:24:28 h | 41 | 0:06:30 h | 33 | 0:30:58 h | M SB | 446 |

| Platz | Name, Vorname | Jg | Verein / BSG / Ort | Schwimmen | Pos S | Rad | Pos R | Zwischen- zeit | Pos ZZ | Laufen | Pos L | Gesamtzeit | Alters- klasse | Start- Nr. |
|-------|---------------|----|--------------------|-----------|----------|-----------|----------|-------------------|-----------|-----------|----------|------------|-------------------|---------------|
| 41 | Mönch, Paula | 07 | Reimer-Bull-Schule | 0:06:18 h | 39 | 0:17:39 h | 40 | 0:23:57 h | 40 | 0:07:05 h | 39 | 0:31:02 h | W SB | 426 |