

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Schwimmen	Pos S	Rad	Pos R	Zwischen- zeit	Pos ZZ	Laufen	Pos L	Gesamtzeit	Alters- klasse	Start- Nr.
1	Lenz, Philipp	95	Triathlon Team Braunschweig	0:08:33 h	4	0:30:30 h	1	0:39:03 h	1	0:20:19 h	4	0:59:22 h	MAK 20	6
2	Teegen, Sven	80	SV Wiking Kiel	0:06:36 h	1	0:33:55 h	10	0:40:31 h	3	0:19:58 h	3	1:00:29 h	MAK 35	62
3	Lünnemann, Kurt	73	Itzehoe	0:07:27 h	3	0:33:42 h	6	0:41:09 h	4	0:20:21 h	5	1:01:30 h	MAK 45	3
4	Friedrich, Marco	87	SG Elbmarsch	0:09:40 h	12	0:32:17 h	3	0:41:57 h	5	0:21:35 h	10	1:03:32 h	MAK 30	43
5	Losch, Sören	89	Brunsbüttel	0:08:36 h	6	0:34:28 h	13	0:43:04 h	8	0:20:47 h	6	1:03:51 h	MAK 30	66
6	Schreiber, Andreas	73	TRIDATORS	0:08:33 h	4	0:31:26 h	2	0:39:59 h	2	0:24:11 h	24	1:04:10 h	MAK 45	29
7	Bischoff, Ole	88	Kiel	0:10:09 h	20	0:34:53 h	14	0:45:02 h	15	0:19:47 h	2	1:04:49 h	MAK 30	4
8	Schröder, Arne	87	Vereinigung orientierungslauf	0:11:42 h	43	0:33:26 h	5	0:45:08 h	17	0:19:42 h	1	1:04:50 h	MAK 30	28
9	Ermer, Alexander	82	Marner TV	0:09:42 h	13	0:33:54 h	9	0:43:36 h	10	0:21:48 h	11	1:05:24 h	MAK 35	15
10	Flechsigt, Maximilian	89	Tus Holtenau Kiel	0:10:33 h	26	0:34:06 h	12	0:44:39 h	14	0:20:53 h	7	1:05:32 h	MAK 30	77
11	Stampniok, Frank	83	Roots of compassion	0:10:12 h	21	0:32:49 h	4	0:43:01 h	7	0:22:50 h	14	1:05:51 h	MAK 35	68
12	Brütt, Nikolas	95	Team Sunshine	0:10:01 h	15	0:34:04 h	11	0:44:05 h	11	0:23:18 h	21	1:07:23 h	MAK 20	227
13	Zofka, Christian	72	Imsbach	0:09:15 h	9	0:33:51 h	8	0:43:06 h	9	0:24:22 h	26	1:07:28 h	MAK 45	13
14	Schönfelder, Christian	78	Barmstedter MTV	0:08:46 h	7	0:36:26 h	27	0:45:12 h	18	0:22:52 h	16	1:08:04 h	MAK 40	63
15	Radschun, Mathias	76	Kuden	0:10:52 h	31	0:36:37 h	28	0:47:29 h	27	0:20:54 h	8	1:08:23 h	MAK 40	2
16	Stadler, Jürgen	66	Post SV Uelzen	0:10:49 h	29	0:33:46 h	7	0:44:35 h	13	0:23:52 h	23	1:08:27 h	MAK 50	19
17	Hargesheimer, Jan	81	Hamburg	0:10:03 h	16	0:35:04 h	15	0:45:07 h	16	0:23:35 h	22	1:08:42 h	MAK 35	18
18	Ley, Björn	71	Meldorf	0:07:20 h	2	0:35:23 h	18	0:42:43 h	6	0:26:36 h	35	1:09:19 h	MAK 45	5
19	Koczyński, Patryk	87	Tus Holtenau Kiel	0:11:02 h	32	0:35:18 h	16	0:46:20 h	21	0:23:13 h	19	1:09:33 h	MAK 30	64
20	Steinhardt, Marc	71	Sport-Club Itzehoe	0:10:17 h	22	0:35:20 h	17	0:45:37 h	20	0:24:23 h	27	1:10:00 h	MAK 45	47
21	Harder, Jonas	84	Kiel	0:09:35 h	11	0:38:20 h	34	0:47:55 h	29	0:22:51 h	15	1:10:46 h	MAK 35	74
22	Hamkens, Boy-Jens	69	Kotzenbüll	0:13:03 h	48	0:35:56 h	23	0:48:59 h	33	0:22:25 h	12	1:11:24 h	MAK 50	32
23	Jegust, Thomas	68	MTV St.Michel	0:11:13 h	36	0:35:30 h	20	0:46:43 h	23	0:25:00 h	28	1:11:43 h	MAK 50	75
24	Sudmann, Sven	72	Kakenstorf Triathlon	0:08:51 h	8	0:35:27 h	19	0:44:18 h	12	0:27:37 h	38	1:11:55 h	MAK 45	25
25	Jochims, Ralf	64	SSV Süderdorf	0:10:07 h	18	0:39:05 h	38	0:49:12 h	34	0:23:16 h	20	1:12:28 h	MAK 55	69
26	Stelling, Max	59	SSV Süderdorf	0:10:03 h	16	0:39:19 h	39	0:49:22 h	36	0:23:07 h	18	1:12:29 h	MAK 60	58
27	Dieckmeyer, Oliver	80	Team Erdinger Alkoholfrei	0:11:35 h	42	0:35:45 h	22	0:47:20 h	26	0:25:39 h	31	1:12:59 h	MAK 35	83
28	Burrichter, Kay	67	Sparkasse Westholstein	0:11:14 h	38	0:40:28 h	45	0:51:42 h	42	0:21:22 h	9	1:13:04 h	MAK 50	60
29	Carstensen, Torsten	67	MTV Heide	0:12:56 h	46	0:36:43 h	29	0:49:39 h	37	0:24:12 h	25	1:13:51 h	MAK 50	52
30	Dugaro, Matthias	69	TSV Wedel	0:09:58 h	14	0:35:30 h	20	0:45:28 h	19	0:28:26 h	42	1:13:54 h	MAK 50	14
31	Hunold, Michael	65	Burg	0:10:22 h	24	0:38:08 h	33	0:48:30 h	31	0:26:25 h	34	1:14:55 h	MAK 50	55
32	Bolz, Stefan	65	LAV Husum	0:09:29 h	10	0:38:02 h	32	0:47:31 h	28	0:27:42 h	39	1:15:13 h	MAK 50	53
33	Regehr, Burghard	63	Ahfs-Schule	0:10:47 h	28	0:36:06 h	25	0:46:53 h	24	0:28:28 h	43	1:15:21 h	MAK 55	17
34	Gehrke, Thorsten	69	Meldorf	0:11:05 h	33	0:35:59 h	24	0:47:04 h	25	0:28:29 h	44	1:15:33 h	MAK 50	1
35	Bach, André	69	Norderstedt	0:10:43 h	27	0:37:31 h	31	0:48:14 h	30	0:27:20 h	37	1:15:34 h	MAK 50	23
36	Lau, Ingo	67	NHIL Racing	0:10:25 h	25	0:36:09 h	26	0:46:34 h	22	0:29:35 h	49	1:16:09 h	MAK 50	46
37	Koschek, Holger	69	Wedel	0:13:17 h	50	0:40:22 h	43	0:53:39 h	45	0:22:54 h	17	1:16:33 h	MAK 50	51
38	Suhr, André	82	Meldorf	0:11:31 h	40	0:43:06 h	50	0:54:37 h	47	0:22:26 h	13	1:17:03 h	MAK 35	8
39	Eickelberg, René	72	Brunsbüttel	0:10:51 h	30	0:38:30 h	35	0:49:21 h	35	0:28:58 h	45	1:18:19 h	MAK 45	20
40	Kohnagel, Steffen	62	MTV Herzhorn	0:11:47 h	44	0:38:30 h	35	0:50:17 h	39	0:28:12 h	41	1:18:29 h	MAK 55	26

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41	Jeppsson, Volker	82	Kleve	0:12:20 h	45	0:39:29 h	40	0:51:49 h	43	0:27:14 h	36	1:19:03 h	MAK 35	70
42	Englisch, Ingo	60	Barkenholm	0:10:08 h	19	0:39:45 h	41	0:49:53 h	38	0:29:26 h	48	1:19:19 h	MAK 55	7
43	Goos, Dirk	67	SV Brokdorf	0:10:19 h	23	0:38:39 h	37	0:48:58 h	32	0:31:17 h	56	1:20:15 h	MAK 50	45
44	Goppold, Peter	90	Heide	0:11:34 h	41	0:43:42 h	51	0:55:16 h	50	0:25:02 h	29	1:20:18 h	MAK 25	84
45	Thiedeitz, Kai	62	Eutin	0:13:05 h	49	0:40:59 h	47	0:54:04 h	46	0:26:22 h	33	1:20:26 h	MAK 55	76
46	Hennings, Manfred	61	Brunsbüttel	0:11:09 h	35	0:40:12 h	42	0:51:21 h	40	0:30:09 h	50	1:21:30 h	MAK 55	10
47	Timm, Michael	71	Team Erdinger Alkoholfrei	0:14:56 h	56	0:37:26 h	30	0:52:22 h	44	0:30:14 h	52	1:22:36 h	MAK 45	50
48	Ratzmer, Paul	98	Bokel	0:14:44 h	55	0:44:02 h	55	0:58:46 h	56	0:25:12 h	30	1:23:58 h	MAK 20	16
49	Sielaff, Dr. Steffen	61	Elmshorner MTV	0:11:25 h	39	0:43:46 h	53	0:55:11 h	49	0:29:04 h	46	1:24:15 h	MAK 55	78
50	Till, Thomas	56	Elsdorf-Westermühlen	0:11:05 h	33	0:44:24 h	56	0:55:29 h	51	0:29:21 h	47	1:24:50 h	MAK 60	34
51	Wagener, Horst	61	BSG Gaden	0:16:19 h	58	0:42:47 h	49	0:59:06 h	57	0:26:21 h	32	1:25:27 h	MAK 55	41
52	Dugaro, Jonah	96	TSV Wedel	0:14:28 h	53	0:40:31 h	46	0:54:59 h	48	0:30:42 h	54	1:25:41 h	MAK 20	39
53	Reinhold, Dirk	64	Glückstadt	0:13:50 h	52	0:44:01 h	54	0:57:51 h	53	0:27:54 h	40	1:25:45 h	MAK 55	61
54	Eckart, Jan Hendrik	72	Team Dickhäuter	0:11:13 h	36	0:40:26 h	44	0:51:39 h	41	0:34:24 h	58	1:26:03 h	MAK 45	59
55	Kulesa, Christian	65	TriOH	0:13:25 h	51	0:45:04 h	57	0:58:29 h	55	0:30:11 h	51	1:28:40 h	MAK 50	22
56	Soltau, Hauke	64	SG Dithmarschen Süd	0:15:51 h	57	0:42:36 h	48	0:58:27 h	54	0:30:52 h	55	1:29:19 h	MAK 55	67
57	Hoffmann, Christian	80	Pinneberg	0:13:02 h	47	0:43:44 h	52	0:56:46 h	52	0:33:03 h	57	1:29:49 h	MAK 35	30
58	Rademacher, Thomas	64	HSG Marne/Brunsbüttel	0:14:43 h	54	0:46:41 h	58	1:01:24 h	58	0:30:22 h	53	1:31:46 h	MAK 55	11