

| Platz | Name, Vorname       | Jg | Verein / BSG / Ort            | Laufen    | Pos<br>L | Rad       | Pos<br>R | Zwischen-<br>zeit | Pos<br>ZZ | Laufen    | Pos<br>L | Gesamtzeit | Alters-<br>klasse | Start-<br>Nr. |
|-------|---------------------|----|-------------------------------|-----------|----------|-----------|----------|-------------------|-----------|-----------|----------|------------|-------------------|---------------|
| 1     | Lassen, Finn        | 96 | Kiel                          | 0:19:57 h | 2        | 0:30:34 h | 1        | 0:50:31 h         | 1         | 0:11:00 h | 3        | 1:01:31 h  | MAK 25            | 31            |
| 2     | Hansing, Oliver     | 90 | Hamburg                       | 0:19:58 h | 3        | 0:31:36 h | 3        | 0:51:34 h         | 2         | 0:11:25 h | 6        | 1:02:59 h  | MAK 30            | 21            |
| 3     | Milferstedt, Jörg   | 90 | TSV Brunsbüttel               | 0:19:22 h | 1        | 0:33:22 h | 7        | 0:52:44 h         | 4         | 0:11:13 h | 5        | 1:03:57 h  | MAK 30            | 68            |
| 4     | Poser, Sebastian    | 84 | Hamburg                       | 0:21:00 h | 5        | 0:31:46 h | 4        | 0:52:46 h         | 5         | 0:11:29 h | 7        | 1:04:15 h  | MAK 35            | 46            |
| 5     | Seifert, Michael    | 86 | Glückstadt                    | 0:21:03 h | 7        | 0:31:32 h | 2        | 0:52:35 h         | 3         | 0:11:45 h | 8        | 1:04:20 h  | MAK 35            | 52            |
| 6     | Zeidler, Alexander  | 89 | Hamburg                       | 0:21:01 h | 6        | 0:33:28 h | 8        | 0:54:29 h         | 7         | 0:11:05 h | 4        | 1:05:34 h  | MAK 30            | 64            |
| 7     | Decker, Pascal      | 93 | Hamburg                       | 0:21:57 h | 9        | 0:33:04 h | 6        | 0:55:01 h         | 8         | 0:10:52 h | 2        | 1:05:53 h  | MAK 30            | 12            |
| 8     | Schrum, Stefan      | 69 | Team Wiking / SGAB            | 0:21:44 h | 8        | 0:32:28 h | 5        | 0:54:12 h         | 6         | 0:12:06 h | 10       | 1:06:18 h  | MAK 50            | 59            |
| 9     | Thiem, Nina         | 79 | Ratzeburger SV - Triathlon    | 0:22:30 h | 11       | 0:37:02 h | 12       | 0:59:32 h         | 11        | 0:11:59 h | 9        | 1:11:31 h  | W AK 40           | 55            |
| 10    | Böttger, Inga       | 91 | RC Neumünster                 | 0:23:30 h | 13       | 0:35:27 h | 10       | 0:58:57 h         | 10        | 0:12:42 h | 15       | 1:11:39 h  | W AK 30           | 5             |
| 11    | Losch, Jessica      | 87 | Brunsbüttel                   | 0:22:16 h | 10       | 0:38:07 h | 18       | 1:00:23 h         | 12        | 0:12:08 h | 11       | 1:12:31 h  | W AK 35           | 36            |
| 12    | Völling, Marie      | 84 | Elmshorn                      | 0:23:36 h | 15       | 0:37:12 h | 13       | 1:00:48 h         | 13        | 0:12:37 h | 14       | 1:13:25 h  | W AK 35           | 61            |
| 13    | Rippstain, Benedict | 90 | Hamburg                       | 0:24:00 h | 16       | 0:34:51 h | 9        | 0:58:51 h         | 9         | 0:14:48 h | 25       | 1:13:39 h  | MAK 30            | 48            |
| 14    | Mommert, Nele       | 02 | TSV Brunsbüttel               | 0:20:23 h | 4        | 0:43:22 h | 34       | 1:03:45 h         | 20        | 0:10:30 h | 1        | 1:14:15 h  | W AK 20           | 41            |
| 15    | Burrichter, Kay     | 67 | Sparkasse Westholstein        | 0:23:34 h | 14       | 0:38:23 h | 21       | 1:01:57 h         | 15        | 0:12:23 h | 13       | 1:14:20 h  | MAK 55            | 9             |
| 16    | Stangl, Lisbeth     | 03 | Rendsburg                     | 0:22:54 h | 12       | 0:39:18 h | 24       | 1:02:12 h         | 16        | 0:12:15 h | 12       | 1:14:27 h  | W AK 20           | 54            |
| 17    | Bürger, Claudia     | 70 | SV Enge-Sande                 | 0:24:21 h | 17       | 0:37:23 h | 15       | 1:01:44 h         | 14        | 0:12:56 h | 16       | 1:14:40 h  | W AK 50           | 8             |
| 18    | Willers, Dominik    | 95 | Triabolos Hamburg e.V.        | 0:24:25 h | 18       | 0:38:09 h | 19       | 1:02:34 h         | 17        | 0:13:39 h | 18       | 1:16:13 h  | MAK 25            | 66            |
| 19    | Nehls, Natalie      | 96 | Triathlon Dänischer Wohld     | 0:25:17 h | 20       | 0:38:54 h | 22       | 1:04:11 h         | 22        | 0:13:20 h | 17       | 1:17:31 h  | W AK 25           | 43            |
| 20    | Ullmann, Nicole     | 75 | TSB Flensburg von 1865 e.V.   | 0:25:59 h | 24       | 0:38:06 h | 17       | 1:04:05 h         | 21        | 0:13:53 h | 19       | 1:17:58 h  | W AK 45           | 58            |
| 21    | Aul, Sven           | 69 | Oelixdorf                     | 0:25:28 h | 21       | 0:37:56 h | 16       | 1:03:24 h         | 18        | 0:14:39 h | 23       | 1:18:03 h  | MAK 50            | 2             |
| 22    | Schwarz, Markus     | 86 | Bad Bramstedt                 | 0:25:09 h | 19       | 0:38:15 h | 20       | 1:03:24 h         | 18        | 0:15:18 h | 28       | 1:18:42 h  | MAK 35            | 51            |
| 23    | Tiessen, Oliver     | 71 | Schleswig-Holstein Netz Triat | 0:25:56 h | 23       | 0:39:14 h | 23       | 1:05:10 h         | 23        | 0:14:10 h | 20       | 1:19:20 h  | MAK 50            | 56            |
| 24    | Knocke, Sven        | 86 | Premium Mobile Kuntz          | 0:28:56 h | 29       | 0:36:38 h | 11       | 1:05:34 h         | 24        | 0:14:53 h | 26       | 1:20:27 h  | MAK 35            | 28            |
| 25    | Jensen, Andre       | 97 | Owschlag                      | 0:25:36 h | 22       | 0:40:37 h | 26       | 1:06:13 h         | 26        | 0:14:26 h | 22       | 1:20:39 h  | MAK 25            | 25            |
| 26    | Groth, Tine         | 74 | Triathlon Dänischer Wohld     | 0:28:55 h | 28       | 0:37:16 h | 14       | 1:06:11 h         | 25        | 0:14:57 h | 27       | 1:21:08 h  | W AK 45           | 20            |
| 27    | Saltik, Altay Alp   | 71 | Hamburg                       | 0:27:27 h | 25       | 0:41:44 h | 30       | 1:09:11 h         | 27        | 0:14:46 h | 24       | 1:23:57 h  | MAK 50            | 49            |
| 28    | Labuj, Stefan       | 68 | MC Kollmar                    | 0:27:31 h | 26       | 0:42:20 h | 31       | 1:09:51 h         | 28        | 0:14:23 h | 21       | 1:24:14 h  | MAK 55            | 30            |
| 29    | Albers, Lena        | 95 | Wilster                       | 0:27:34 h | 27       | 0:42:49 h | 33       | 1:10:23 h         | 30        | 0:15:46 h | 29       | 1:26:09 h  | W AK 25           | 1             |
| 30    | Eggers, Inga        | 84 | TSV Breiholz                  | 0:29:30 h | 31       | 0:40:45 h | 27       | 1:10:15 h         | 29        | 0:17:00 h | 32       | 1:27:15 h  | W AK 35           | 14            |
| 31    | Mandel, Daniela     | 77 | Sport-Club Itzehoe            | 0:31:07 h | 34       | 0:39:45 h | 25       | 1:10:52 h         | 31        | 0:16:24 h | 31       | 1:27:16 h  | W AK 45           | 38            |
| 32    | Looff, Wencke       | 95 | Wilster                       | 0:29:43 h | 32       | 0:42:45 h | 32       | 1:12:28 h         | 33        | 0:16:04 h | 30       | 1:28:32 h  | W AK 25           | 35            |
| 33    | Säring, Dennis      | 78 | VfL Oldesloe                  | 0:31:06 h | 33       | 0:40:51 h | 28       | 1:11:57 h         | 32        | 0:17:46 h | 35       | 1:29:43 h  | MAK 45            | 50            |
| 34    | Tylkowski, Otto     | 45 | Erdinger Active Team          | 0:32:09 h | 35       | 0:41:00 h | 29       | 1:13:09 h         | 34        | 0:17:23 h | 33       | 1:30:32 h  | MAK 70            | 57            |
| 35    | Curth, Nadine       | 81 | Frankfurt                     | 0:29:09 h | 30       | 0:44:22 h | 35       | 1:13:31 h         | 35        | 0:17:36 h | 34       | 1:31:07 h  | W AK 40           | 10            |
| 36    | Ußner, Gabi         | 71 | Husum                         | 0:35:43 h | 37       | 0:44:25 h | 36       | 1:20:08 h         | 36        | 0:20:19 h | 37       | 1:40:27 h  | W AK 50           | 60            |
| 37    | Goldt, Katharina    | 95 | Tri Team Elbe                 | 0:33:23 h | 36       | 0:49:56 h | 37       | 1:23:19 h         | 37        | 0:18:02 h | 36       | 1:41:21 h  | W AK 25           | 18            |