

| Platz | Name, Vorname | Jg | Verein / BSG / Staffel / Ort | Schwimmen | Pos S | Rad | Pos R | Zwischen- zeit | Pos ZZ | Laufen | Pos L | Gesamtzeit | Alters- klasse | Start- Nr. |
|-------|---------------|------------------------------|-------------------------------|-----------|----------|-----------|----------|-------------------|-----------|-----------|----------|------------|-------------------|---------------|
| VT | 1 | Svensson, Jan | 82 TriAs Flensburg | 0:08:04 h | 4 | 0:25:55 h | 1 | 0:33:59 h | 2 | 0:17:06 h | 2 | 0:51:05 h | AK4m | 273 |
| VT | 2 | Hansen, Nick | 95 Borener SV | 0:07:36 h | 2 | 0:26:13 h | 4 | 0:33:49 h | 1 | 0:17:43 h | 6 | 0:51:32 h | AK1m | 129 |
| VT | 3 | Schröder-Groeneveld, Leif | 89 Wittenseer Aktivteam | 0:08:07 h | 5 | 0:27:24 h | 9 | 0:35:31 h | 5 | 0:17:06 h | 2 | 0:52:37 h | AK2m | 260 |
| VT | 4 | Ketelsen, Nick | 95 Team Erdinger Alkoholfrei | 0:07:52 h | 3 | 0:26:52 h | 8 | 0:34:44 h | 3 | 0:18:27 h | 7 | 0:53:11 h | AK1m | 183 |
| VT | 5 | Sengstock, Marco | 77 USC Kiel | 0:09:13 h | 15 | 0:25:56 h | 2 | 0:35:09 h | 4 | 0:18:43 h | 10 | 0:53:52 h | MK1m | 50 |
| VT | 6 | Wichmann, Frank | 75 SG Athletico Büdelsdorf | 0:09:39 h | 23 | 0:26:41 h | 7 | 0:36:20 h | 8 | 0:18:45 h | 12 | 0:55:05 h | MK1m | 114 |
| VT | 7 | Hüsemann, Matthias | 77 Tv 01 Bohmte | 0:08:59 h | 11 | 0:26:35 h | 6 | 0:35:34 h | 6 | 0:19:38 h | 19 | 0:55:12 h | MK1m | 68 |
| VT | 8 | Johannsen, Finn | 87 MTV Leck | 0:10:08 h | 39 | 0:26:12 h | 3 | 0:36:20 h | 8 | 0:19:00 h | 14 | 0:55:20 h | AK3m | 8 |
| VT | 9 | Buck, Pascal | 92 SG Athletico Büdelsdorf | 0:08:14 h | 7 | 0:28:31 h | 21 | 0:36:45 h | 10 | 0:18:39 h | 9 | 0:55:24 h | AK2m | 34 |
| VT | 10 | Heinze, Stephan | 87 Team Triathlon Hamburger H | 0:09:21 h | 18 | 0:28:15 h | 18 | 0:37:36 h | 14 | 0:18:28 h | 8 | 0:56:04 h | AK3m | 246 |
| VT | 11 | Dittrich, Eric | 01 TC FIKO Rostock e.V. | 0:08:08 h | 6 | 0:29:31 h | 33 | 0:37:39 h | 15 | 0:18:44 h | 11 | 0:56:23 h | MJA | 262 |
| VT | 12 | Heesch, Frederik | 85 TrTeam Neumünster | 0:09:45 h | 31 | 0:26:27 h | 5 | 0:36:12 h | 7 | 0:20:13 h | 26 | 0:56:25 h | AK3m | 140 |
| VT | 13 | Lorenzen, Philip | 91 TSV Lindewitt | 0:09:43 h | 28 | 0:27:25 h | 10 | 0:37:08 h | 13 | 0:19:21 h | 16 | 0:56:29 h | AK2m | 207 |
| VT | 14 | Detlefsen, Torben | 77 Boren SV | 0:11:00 h | 73 | 0:28:21 h | 20 | 0:39:21 h | 32 | 0:17:29 h | 4 | 0:56:50 h | MK1m | 10 |
| ST | 15 | Oliver Chyra / Miguel Abella | Team Triathlon Hamburger H | 0:10:01 h | 38 | 0:29:21 h | 29 | 0:39:22 h | 33 | 0:17:38 h | 5 | 0:57:00 h | ST | 406 |
| VT | 16 | Groth, Markus | 74 Triathlon Dänischer Wohld | 0:08:57 h | 10 | 0:27:50 h | 14 | 0:36:47 h | 11 | 0:20:58 h | 31 | 0:57:45 h | MK1m | 268 |
| VT | 17 | Berles, Joshua | 01 TC FIKO Rostock e.V. | --- | --- | --- | --- | 0:36:52 h | 12 | 0:21:02 h | 32 | 0:57:54 h | MJA | 261 |
| VT | 18 | Almeida, Luis | 65 Tri Team Neumünster | 0:11:08 h | 78 | 0:27:32 h | 11 | 0:38:40 h | 24 | 0:19:27 h | 17 | 0:58:07 h | MK3m | 198 |
| VT | 19 | Heiden, Lasse | 79 USC Kiel | 0:09:36 h | 22 | 0:29:05 h | 25 | 0:38:41 h | 25 | 0:19:31 h | 18 | 0:58:12 h | AK4m | 196 |
| VT | 20 | Brzenczek, Jonas | 96 Tri-Sport Lübeck | 0:09:51 h | 33 | 0:28:33 h | 22 | 0:38:24 h | 20 | 0:19:56 h | 22 | 0:58:20 h | AK1m | 274 |
| VT | 21 | Schreiber, Thorsten | 79 EMTV Eckernförde | 0:09:24 h | 19 | 0:28:40 h | 24 | 0:38:04 h | 17 | 0:20:41 h | 30 | 0:58:45 h | AK4m | 31 |
| VT | 22 | Schlauderbach, Tobias | 88 USC Kiel | 0:09:08 h | 14 | 0:29:50 h | 37 | 0:38:58 h | 26 | 0:19:58 h | 24 | 0:58:56 h | AK2m | 238 |
| VT | 23 | Gomolka, Sebastian | 90 Kiel | 0:10:09 h | 40 | 0:30:17 h | 45 | 0:40:26 h | 42 | 0:18:52 h | 13 | 0:59:18 h | AK2m | 221 |
| VT | 24 | Nissen, Cornelia | 85 Trias Flensburg | 0:10:20 h | 48 | 0:28:03 h | 16 | 0:38:23 h | 19 | 0:21:09 h | 34 | 0:59:32 h | AK3w | 30 |
| VT | 25 | Surmont, Jean | 93 Triathlon dänischer wohld | 0:09:43 h | 28 | 0:30:07 h | 41 | 0:39:50 h | 38 | 0:19:56 h | 22 | 0:59:46 h | AK1m | 245 |
| VT | 26 | Messerschmidt, Leif | 78 TriVelos Flensburg | 0:10:23 h | 52 | 0:29:13 h | 26 | 0:39:36 h | 36 | 0:20:31 h | 29 | 1:00:07 h | AK4m | 189 |
| VT | 27 | Hagemann, Dennis | 81 Triabolas Hamburg e.V. | 0:10:12 h | 42 | 0:28:15 h | 18 | 0:38:27 h | 21 | 0:21:52 h | 44 | 1:00:19 h | AK4m | 42 |
| VT | 28 | Roa, Jon | 85 SG Tantalus Kiel | 0:10:55 h | 67 | 0:30:09 h | 43 | 0:41:04 h | 51 | 0:19:18 h | 15 | 1:00:22 h | AK3m | 133 |
| VT | 29 | Schneider, Matthias | 66 TriStars Felm | 0:10:20 h | 48 | 0:28:11 h | 17 | 0:38:31 h | 22 | 0:21:54 h | 46 | 1:00:25 h | MK3m | 99 |
| VT | 30 | Plumeyer, Tino | 82 ETV-Kanu-Kiel | 0:11:00 h | 73 | 0:29:54 h | 39 | 0:40:54 h | 46 | 0:19:40 h | 20 | 1:00:34 h | AK4m | 84 |
| VT | 31 | Hanke, Torsten | 68 USC Kiel | 0:10:55 h | 67 | 0:27:42 h | 13 | 0:38:37 h | 23 | 0:22:06 h | 49 | 1:00:43 h | MK2m | 23 |
| VT | 32 | Schütz, Sebastian | 78 Wittenseer Aktivteam | 0:08:18 h | 8 | 0:30:51 h | 55 | 0:39:09 h | 29 | 0:21:39 h | 39 | 1:00:48 h | AK4m | 67 |
| ST | 33 | Ronja-Samantha Petersen | Athletico Büdesldorf | 0:11:00 h | 73 | 0:28:00 h | 15 | 0:39:00 h | 28 | 0:21:50 h | 43 | 1:00:50 h | ST | 402 |
| ST | 34 | Thomas Sachse / Thomas S | Thomas und Carl | 0:09:28 h | 20 | 0:29:59 h | 40 | 0:39:27 h | 35 | 0:21:28 h | 37 | 1:00:55 h | ST | 403 |
| VT | 35 | Lankau, Tim | 78 RENDSBURGER TSV | 0:09:45 h | 31 | 0:29:40 h | 34 | 0:39:25 h | 34 | 0:21:43 h | 40 | 1:01:08 h | AK4m | 100 |
| VT | 36 | Schröder, Michael | 65 Möllner SV | 0:10:26 h | 56 | 0:27:32 h | 11 | 0:37:58 h | 16 | 0:23:26 h | 82 | 1:01:24 h | MK3m | 193 |
| VT | 37 | Köhnke, Lennart | 01 TC FIKO Rostock e.V. | 0:09:02 h | 13 | 0:30:10 h | 44 | 0:39:12 h | 30 | 0:22:29 h | 58 | 1:01:41 h | MJA | 263 |
| VT | 38 | Reimer, Ecki | 68 Stockelsdorf | 0:10:29 h | 57 | 0:29:22 h | 30 | 0:39:51 h | 39 | 0:22:07 h | 50 | 1:01:58 h | MK2m | 47 |
| VT | 39 | Probst, Matthias | 75 Borener SV | 0:10:25 h | 53 | 0:30:17 h | 45 | 0:40:42 h | 44 | 0:21:28 h | 37 | 1:02:10 h | MK1m | 19 |
| ST | 40 | Sönke Pahl / Moritz Rühma | The Powerman Alliance | 0:09:18 h | 17 | 0:29:41 h | 35 | 0:38:59 h | 27 | 0:23:19 h | 78 | 1:02:18 h | ST | 407 |

| Platz | Name, Vorname | Jg | Verein / BSG / Staffel / Ort | Schwimmen | Pos S | Rad | Pos R | Zwischen- zeit | Pos ZZ | Laufen | Pos L | Gesamtzeit | Alters- klasse | Start- Nr. |
|-------|------------------------------|----|------------------------------|-----------|----------|-----------|----------|-------------------|-----------|-----------|----------|------------|-------------------|---------------|
| VT 40 | Hanke, Nick | 99 | USC Kiel | 0:10:00 h | 37 | 0:29:20 h | 28 | 0:39:20 h | 31 | 0:22:58 h | 68 | 1:02:18 h | JUNM | 107 |
| VT 42 | Westmann, Michael | 77 | SG Athletico Büdelsdorf | 0:09:39 h | 23 | 0:31:15 h | 56 | 0:40:54 h | 46 | 0:21:44 h | 41 | 1:02:38 h | MK1m | 124 |
| VT 43 | Lange, Bernd | 53 | USC Kiel | 0:11:21 h | 85 | 0:29:50 h | 37 | 0:41:11 h | 55 | 0:21:46 h | 42 | 1:02:57 h | MK5m | 46 |
| VT 44 | Köhn, Stefan | 66 | USC Kiel | 0:09:42 h | 27 | 0:30:49 h | 54 | 0:40:31 h | 43 | 0:22:31 h | 59 | 1:03:02 h | MK3m | 26 |
| VT 45 | Thieme, Daniel | 73 | Borener SV | 0:10:11 h | 41 | 0:30:44 h | 52 | 0:40:55 h | 48 | 0:22:18 h | 54 | 1:03:13 h | MK1m | 57 |
| ST 46 | Michael Hartmann / Michae | | SCHRALA SH 1 | 0:08:49 h | 9 | 0:29:15 h | 27 | 0:38:04 h | 17 | 0:25:19 h | 120 | 1:03:23 h | ST | 386 |
| VT 47 | Wejer, Thomas | 81 | SG Athletico Büdelsdorf | 0:10:37 h | 60 | 0:30:30 h | 50 | 0:41:07 h | 53 | 0:22:18 h | 54 | 1:03:25 h | AK4m | 251 |
| VT 48 | Schoon, Tim | 77 | Ahrensburg | 0:11:51 h | 101 | 0:31:39 h | 66 | 0:43:30 h | 69 | 0:20:05 h | 25 | 1:03:35 h | MK1m | 219 |
| VT 49 | Blase, Danny | 88 | SG Athletico Büdelsdorf | 0:13:23 h | 132 | 0:30:29 h | 49 | 0:43:52 h | 78 | 0:19:44 h | 21 | 1:03:36 h | AK2m | 208 |
| VT 50 | Lenz, Stefan | 71 | VfL Oldesloe | 0:11:40 h | 98 | 0:29:26 h | 32 | 0:41:06 h | 52 | 0:22:37 h | 60 | 1:03:43 h | MK2m | 76 |
| VT 51 | Giegerich, Jonathan | 89 | Flensburg | 0:09:35 h | 21 | 0:31:46 h | 67 | 0:41:21 h | 58 | 0:22:41 h | 61 | 1:04:02 h | AK2m | 149 |
| ST 52 | Norbert Henke / Jörg Schnit | | Eckernförde | 0:09:14 h | 16 | 0:30:28 h | 48 | 0:39:42 h | 37 | 0:24:36 h | 108 | 1:04:18 h | ST | 394 |
| VT 53 | Kietzmann, Sebastian | 88 | Team Erdinger Alkoholfrei | 0:11:20 h | 83 | 0:30:48 h | 53 | 0:42:08 h | 60 | 0:22:13 h | 53 | 1:04:21 h | AK2m | 201 |
| VT 54 | Dannenberg, Hans-Peter | 62 | SG Athletico Büdelsdorf Danr | 0:10:15 h | 43 | 0:32:14 h | 73 | 0:42:29 h | 61 | 0:22:21 h | 57 | 1:04:50 h | MK4m | 190 |
| ST 55 | Olliver Kühle / Gerhard Lore | | Team B2K | 0:11:37 h | 96 | 0:28:37 h | 23 | 0:40:14 h | 40 | 0:24:37 h | 111 | 1:04:51 h | ST | 398 |
| VT 56 | Friedrich, Charlotte | 97 | 1. TCO "Die Bären" | 0:09:58 h | 35 | 0:32:47 h | 84 | 0:42:45 h | 63 | 0:22:11 h | 52 | 1:04:56 h | AK1w | 131 |
| VT 57 | Schrumm, Stefan | 69 | SV Wiking Kiel | 0:10:17 h | 46 | 0:30:38 h | 51 | 0:40:55 h | 48 | 0:24:03 h | 94 | 1:04:58 h | MK2m | 235 |
| VT 58 | Kielmann, Knud | 70 | USC Kiel | 0:10:33 h | 58 | 0:30:26 h | 47 | 0:40:59 h | 50 | 0:24:01 h | 93 | 1:05:00 h | MK2m | 104 |
| VT 59 | Dibbern, Fenja | 01 | SG Athletico Büdelsdorf | 0:09:01 h | 12 | 0:32:08 h | 71 | 0:41:09 h | 54 | 0:23:53 h | 92 | 1:05:02 h | WJA | 184 |
| VT 60 | Dietrich, Wladislaw | 92 | | 0:11:20 h | 83 | 0:32:16 h | 74 | 0:43:36 h | 71 | 0:21:27 h | 36 | 1:05:03 h | AK2m | 130 |
| VT 61 | Rosenau, Frank | 65 | TriVelos Flensburg | 0:12:08 h | 109 | 0:31:18 h | 59 | 0:43:26 h | 67 | 0:21:59 h | 48 | 1:05:25 h | MK3m | 231 |
| ST 62 | Ulrike Bähr / Astrid Boje-Ku | | USC 1plus1=3 | 0:10:56 h | 70 | 0:29:24 h | 31 | 0:40:20 h | 41 | 0:25:22 h | 121 | 1:05:42 h | ST | 400 |
| VT 63 | Kohls, Simone | 80 | Gettorfer TV | 0:13:53 h | 147 | 0:31:24 h | 61 | 0:45:17 h | 97 | 0:20:30 h | 28 | 1:05:47 h | AK4w | 77 |
| VT 64 | Hagge, Britta | 73 | USC Kiel | 0:11:07 h | 77 | 0:34:05 h | 114 | 0:45:12 h | 93 | 0:21:07 h | 33 | 1:06:19 h | MK1w | 66 |
| VT 65 | Mrugalla, Martin | 60 | Eckernförde | 0:09:59 h | 36 | 0:31:21 h | 60 | 0:41:20 h | 57 | 0:25:03 h | 116 | 1:06:23 h | MK4m | 115 |
| VT 66 | Bargemann, Leon | 99 | GYMKRO | 0:13:15 h | 127 | 0:32:46 h | 83 | 0:46:01 h | 107 | 0:20:24 h | 27 | 1:06:25 h | JUNM | 155 |
| VT 67 | Bock, Benjamin | 99 | GYMKRO | 0:10:44 h | 63 | 0:34:30 h | 122 | 0:45:14 h | 95 | 0:21:14 h | 35 | 1:06:28 h | JUNM | 156 |
| VT 68 | Lottmann, Anne | 84 | Hamburg | 0:09:44 h | 30 | 0:31:34 h | 63 | 0:41:18 h | 56 | 0:25:22 h | 121 | 1:06:40 h | AK3w | 109 |
| VT 69 | Fromme, Roland | 62 | LG POWER-Schnecken Kiel | 0:10:53 h | 66 | 0:33:06 h | 88 | 0:43:59 h | 80 | 0:22:42 h | 62 | 1:06:41 h | MK4m | 85 |
| VT 70 | Kubillus, Fynn | 99 | TSV Bargteheide Triathlon | 0:09:40 h | 25 | 0:34:21 h | 118 | 0:44:01 h | 82 | 0:22:43 h | 63 | 1:06:44 h | JUNM | 179 |
| VT 71 | Hildebrandt, Jule | 01 | TSV Bargteheide Triathlon | 0:10:15 h | 43 | 0:33:26 h | 98 | 0:43:41 h | 73 | 0:23:04 h | 71 | 1:06:45 h | WJA | 180 |
| VT 72 | Knappe, Sina | 86 | USC Kiel | 0:11:32 h | 93 | 0:31:56 h | 68 | 0:43:28 h | 68 | 0:23:19 h | 78 | 1:06:47 h | AK3w | 118 |
| VT 73 | Nosenko, Andreas | 72 | Henstedt - Ulzburg | 0:10:55 h | 67 | 0:33:07 h | 89 | 0:44:02 h | 83 | 0:23:05 h | 72 | 1:07:07 h | MK2m | 61 |
| VT 74 | Otten, Christoph | 79 | Allways Ultra | 0:10:46 h | 64 | 0:33:40 h | 105 | 0:44:26 h | 87 | 0:22:43 h | 63 | 1:07:09 h | AK4m | 212 |
| VT 75 | Heese, Gerhard | 67 | VfL Oldesloe | 0:11:28 h | 89 | 0:33:50 h | 108 | 0:45:18 h | 98 | 0:21:52 h | 44 | 1:07:10 h | MK3m | 254 |
| ST 76 | Tomke Kleine / Joseph Par | | Eckernförder MTV | 0:11:30 h | 91 | 0:32:38 h | 79 | 0:44:08 h | 85 | 0:23:15 h | 76 | 1:07:23 h | ST | 405 |
| VT 77 | Holst, Arno | 65 | Trivelos Flensburg | 0:13:17 h | 128 | 0:30:08 h | 42 | 0:43:25 h | 66 | 0:24:04 h | 95 | 1:07:29 h | MK3m | 27 |
| VT 78 | Landsberger, Nina | 77 | USC Kiel | 0:10:20 h | 48 | 0:34:07 h | 115 | 0:44:27 h | 88 | 0:23:03 h | 70 | 1:07:30 h | MK1w | 101 |
| VT 79 | Lenhart, Johannes | 76 | Triabolos | 0:10:35 h | 59 | 0:33:10 h | 92 | 0:43:45 h | 74 | 0:23:50 h | 91 | 1:07:35 h | MK1m | 106 |
| VT 80 | Siedler, Mike | 74 | 1. Flensburger LT | 0:12:07 h | 108 | 0:31:58 h | 69 | 0:44:05 h | 84 | 0:23:36 h | 86 | 1:07:41 h | MK1m | 232 |

| Platz | Name, Vorname | Jg | Verein / BSG / Staffel / Ort | Schwimmen | Pos S | Rad | Pos R | Zwischen- zeit | Pos ZZ | Laufen | Pos L | Gesamtzeit | Alters- klasse | Start- Nr. |
|--------|------------------------------|----|------------------------------|-----------|----------|-----------|----------|-------------------|-----------|-----------|----------|------------|-------------------|---------------|
| VT 81 | Füser, Bastian | 77 | Barkelsby | 0:11:59 h | 103 | 0:32:40 h | 81 | 0:44:39 h | 89 | 0:23:13 h | 75 | 1:07:52 h | MK1m | 145 |
| VT 81 | Korthals, Tim | 73 | RSC Probstei e.V. | 0:10:25 h | 53 | 0:33:07 h | 89 | 0:43:32 h | 70 | 0:24:20 h | 102 | 1:07:52 h | MK1m | 241 |
| VT 83 | Claessen, Holger | 65 | TriStars Felm | 0:09:41 h | 26 | 0:32:49 h | 85 | 0:42:30 h | 62 | 0:25:32 h | 124 | 1:08:02 h | MK3m | 73 |
| ST 84 | Knut Gebhard / Jan Müller / | | Goosefeld | 0:13:20 h | 129 | 0:31:36 h | 65 | 0:44:56 h | 90 | 0:23:09 h | 73 | 1:08:05 h | ST | 390 |
| VT 85 | Hüsemann, Markus | 75 | Eckernförde | 0:11:57 h | 102 | 0:32:01 h | 70 | 0:43:58 h | 79 | 0:24:12 h | 98 | 1:08:10 h | MK1m | 69 |
| VT 86 | Harder, Jonas | 84 | Wittenseer Aktivteam | 0:10:43 h | 62 | 0:34:48 h | 130 | 0:45:31 h | 101 | 0:22:49 h | 65 | 1:08:20 h | AK3m | 257 |
| VT 87 | Jaster, Sven | 70 | Team Velo Center Kiel | 0:11:01 h | 76 | 0:29:46 h | 36 | 0:40:47 h | 45 | 0:27:45 h | 157 | 1:08:32 h | MK2m | 111 |
| ST 87 | Tina Eichler / Gisbert Spiek | | GTS | 0:10:25 h | 53 | 0:33:52 h | 109 | 0:44:17 h | 86 | 0:24:15 h | 101 | 1:08:32 h | ST | 387 |
| ST 89 | Carsten Laue / Freya Laue | | USC Kiel | 0:10:17 h | 46 | 0:31:16 h | 57 | 0:41:33 h | 59 | 0:27:03 h | 146 | 1:08:36 h | ST | 396 |
| VT 90 | Blodau, Marco | 74 | USC Kiel | 0:11:37 h | 96 | 0:31:32 h | 62 | 0:43:09 h | 65 | 0:25:44 h | 127 | 1:08:53 h | MK1m | 123 |
| VT 90 | Carstensen, Eike | 69 | SV Enge-Sande | 0:13:23 h | 132 | 0:33:34 h | 100 | 0:46:57 h | 122 | 0:21:56 h | 47 | 1:08:53 h | MK2w | 147 |
| VT 92 | Neumann, Hauke | 70 | SG Athletico Büdelsdorf | 0:11:30 h | 91 | 0:33:55 h | 111 | 0:45:25 h | 100 | 0:23:32 h | 85 | 1:08:57 h | MK2m | 74 |
| VT 93 | Kraut, Norbert | 67 | Poseidon | 0:10:15 h | 43 | 0:33:36 h | 102 | 0:43:51 h | 77 | 0:25:07 h | 118 | 1:08:58 h | MK3m | 218 |
| VT 94 | Wegert, Christof | 66 | Team mobilcom-debitel Gmbf | 0:13:36 h | 139 | 0:33:04 h | 87 | 0:46:40 h | 118 | 0:22:20 h | 56 | 1:09:00 h | MK3m | 91 |
| VT 95 | Jefferys, Campbell | 75 | Hamburg | 0:11:50 h | 100 | 0:31:17 h | 58 | 0:43:07 h | 64 | 0:26:03 h | 130 | 1:09:10 h | MK1m | 143 |
| VT 96 | Brombacher, Stephanie | 89 | USC Kiel | 0:10:59 h | 72 | 0:34:44 h | 128 | 0:45:43 h | 104 | 0:23:42 h | 87 | 1:09:25 h | AK2w | 137 |
| VT 97 | Carstensen, Thies | 90 | Ammersbek | 0:10:56 h | 70 | 0:34:16 h | 116 | 0:45:12 h | 93 | 0:24:20 h | 102 | 1:09:32 h | AK2m | 247 |
| VT 98 | Georges, Marianne | 92 | USC Verein Kiel | 0:11:13 h | 81 | 0:34:36 h | 125 | 0:45:49 h | 105 | 0:23:45 h | 89 | 1:09:34 h | AK2w | 142 |
| VT 99 | Rohr, Stefan | 82 | Brodersby | 0:13:24 h | 136 | 0:33:20 h | 96 | 0:46:44 h | 119 | 0:22:55 h | 66 | 1:09:39 h | AK4m | 6 |
| VT 100 | Franke, Andreas | 72 | Wasserfreunde Eckernförde | 0:10:20 h | 48 | 0:33:40 h | 105 | 0:44:00 h | 81 | 0:25:54 h | 128 | 1:09:54 h | MK2m | 2 |
| VT 101 | Jens, Philip | 99 | GYMKRO | 0:14:24 h | 159 | 0:31:34 h | 63 | 0:45:58 h | 106 | 0:24:04 h | 95 | 1:10:02 h | JUNM | 167 |
| VT 102 | Regelmann, Richard | 87 | Buxtehude | 0:11:14 h | 82 | 0:35:04 h | 132 | 0:46:18 h | 112 | 0:23:48 h | 90 | 1:10:06 h | AK3m | 248 |
| VT 102 | Sommerfeld, Peter | 01 | TC FIKO Rostock e.V. | 0:12:33 h | 111 | 0:32:42 h | 82 | 0:45:15 h | 96 | 0:24:51 h | 114 | 1:10:06 h | MJA | 264 |
| VT 104 | Voigt, Jan | 66 | BSH Triathlon SH-Netz | 0:12:58 h | 120 | 0:33:29 h | 99 | 0:46:27 h | 115 | 0:23:42 h | 87 | 1:10:09 h | MK3m | 72 |
| VT 105 | Fries, Holger | 72 | Eckernförde | 0:12:46 h | 116 | 0:33:19 h | 95 | 0:46:05 h | 108 | 0:24:12 h | 98 | 1:10:17 h | MK2m | 150 |
| VT 106 | Putzer, Jörg | 67 | SG Athletico Büdelsdorf | 0:11:09 h | 79 | 0:32:29 h | 78 | 0:43:38 h | 72 | 0:26:51 h | 139 | 1:10:29 h | MK3m | 126 |
| VT 107 | Sönnichsen, Marike | 88 | USC Kiel | 0:11:59 h | 103 | 0:34:23 h | 120 | 0:46:22 h | 113 | 0:24:12 h | 98 | 1:10:34 h | AK2w | 110 |
| VT 108 | Roubaud, Richard | 61 | mobilcom-debitel GmbH | 0:14:02 h | 152 | 0:33:37 h | 103 | 0:47:39 h | 127 | 0:22:56 h | 67 | 1:10:35 h | MK4m | 88 |
| VT 109 | Braun, Andreas | 65 | SG Wasserratten Norderstedt | 0:10:41 h | 61 | 0:34:37 h | 126 | 0:45:18 h | 98 | 0:25:22 h | 121 | 1:10:40 h | MK3m | 98 |
| VT 110 | Vogler, Mats | 00 | GYMKRO | 0:12:38 h | 114 | 0:34:35 h | 124 | 0:47:13 h | 124 | 0:23:29 h | 84 | 1:10:42 h | MJA | 175 |
| VT 111 | Ewert, Lars | 01 | TSV Bargteheide Triathlon | 0:07:11 h | 1 | 1:03:32 h | 198 | 1:10:43 h | 199 | 0:00:01 h | 1 | 1:10:44 h | MJA | 206 |
| VT 112 | Kalthoff, Ludwig | 58 | Bochum | 0:12:57 h | 119 | 0:32:12 h | 72 | 0:45:09 h | 92 | 0:25:36 h | 126 | 1:10:45 h | MK4m | 152 |
| ST 113 | Svenja Hansen / Arvid Reite | | Waabs | 0:11:26 h | 87 | 0:34:46 h | 129 | 0:46:12 h | 110 | 0:24:36 h | 108 | 1:10:48 h | ST | 389 |
| ST 113 | Kerstin Selmer / Birgit Selm | | Kiel | 0:16:19 h | 181 | 0:32:20 h | 76 | 0:48:39 h | 136 | 0:22:09 h | 51 | 1:10:48 h | ST | 391 |
| VT 115 | Hornig, Thorsten | 68 | HSG Schülp/Westerrönfeld | 0:12:34 h | 112 | 0:33:38 h | 104 | 0:46:12 h | 110 | 0:24:37 h | 111 | 1:10:49 h | MK2m | 78 |
| VT 116 | Lange, Nicola | 63 | USC Kiel | 0:10:46 h | 64 | 0:33:01 h | 86 | 0:43:47 h | 75 | 0:27:04 h | 147 | 1:10:51 h | MK3w | 45 |
| ST 117 | Rene Zabel / Matthias Kubi | | Fit im Schuh | 0:13:08 h | 125 | 0:33:15 h | 93 | 0:46:23 h | 114 | 0:24:29 h | 106 | 1:10:52 h | ST | 399 |
| VT 118 | Zander, Frank | 79 | Bundeswehr | 0:14:18 h | 158 | 0:32:16 h | 74 | 0:46:34 h | 116 | 0:24:22 h | 104 | 1:10:56 h | AK4m | 236 |
| VT 119 | Wenzlawe, Maja | 72 | Triathlon Team Buxtehude | 0:13:20 h | 129 | 0:33:24 h | 97 | 0:46:44 h | 119 | 0:24:31 h | 107 | 1:11:15 h | MK2w | 186 |
| VT 120 | Petersen, Marco | 67 | Eckernförde | 0:14:13 h | 157 | 0:33:52 h | 109 | 0:48:05 h | 130 | 0:23:15 h | 76 | 1:11:20 h | MK3m | 102 |

| Platz | Name, Vorname | Jg | Verein / BSG / Staffel / Ort | Schwimmen | Pos S | Rad | Pos R | Zwischen- zeit | Pos ZZ | Laufen | Pos L | Gesamtzeit | Alters- klasse | Start- Nr. |
|--------|-------------------------------|----|------------------------------|-----------|----------|-----------|----------|-------------------|-----------|-----------|----------|------------|-------------------|---------------|
| VT 121 | Voss, Dieter | 60 | Triathlon Flensburg | 0:13:21 h | 131 | 0:35:11 h | 133 | 0:48:32 h | 135 | 0:22:58 h | 68 | 1:11:30 h | MK4m | 71 |
| VT 122 | Straub, Björn | 75 | Barkelsby | 0:11:59 h | 103 | 0:33:08 h | 91 | 0:45:07 h | 91 | 0:26:34 h | 137 | 1:11:41 h | MK1m | 200 |
| VT 123 | Koch, Alexander | 73 | Triathlon Dänischer Wohld | 0:14:29 h | 160 | 0:33:15 h | 93 | 0:47:44 h | 129 | 0:24:10 h | 97 | 1:11:54 h | MK1m | 214 |
| VT 124 | Koch, Thorsten | 72 | KSH Team | 0:11:11 h | 80 | 0:32:38 h | 79 | 0:43:49 h | 76 | 0:28:26 h | 167 | 1:12:15 h | MK2m | 65 |
| VT 125 | Präßler, Christian Fritjof | 83 | Hamburg | 0:13:06 h | 124 | 0:36:02 h | 139 | 0:49:08 h | 139 | 0:23:22 h | 80 | 1:12:30 h | AK3m | 225 |
| VT 126 | Oldenburg, Hannes | 99 | GYMKRO | 0:13:50 h | 143 | 0:35:55 h | 138 | 0:49:45 h | 146 | 0:23:10 h | 74 | 1:12:55 h | JUNM | 170 |
| VT 127 | Zapel, Malte | 74 | GYMKRO | 0:09:56 h | 34 | 0:36:48 h | 148 | 0:46:44 h | 119 | 0:26:16 h | 134 | 1:13:00 h | MK1m | 177 |
| VT 128 | Bolz, Stefan | 65 | LAV Husum | 0:11:43 h | 99 | 0:34:23 h | 120 | 0:46:06 h | 109 | 0:27:05 h | 148 | 1:13:11 h | MK3m | 12 |
| VT 129 | Brückner, Thomas | 67 | TV Moritzburg | 0:13:47 h | 141 | 0:34:21 h | 118 | 0:48:08 h | 131 | 0:25:15 h | 119 | 1:13:23 h | MK3m | 240 |
| VT 130 | Trampe, Ulf | 52 | NTSV Strand 08 | 0:12:01 h | 107 | 0:33:35 h | 101 | 0:45:36 h | 102 | 0:28:04 h | 164 | 1:13:40 h | MK6m | 125 |
| VT 131 | Höcker, Tim | 00 | GYMKRO | 0:13:49 h | 142 | 0:35:22 h | 135 | 0:49:11 h | 140 | 0:24:36 h | 108 | 1:13:47 h | MJA | 166 |
| VT 132 | Müller, Christopher | 99 | GYMKRO | 0:12:48 h | 117 | 0:36:46 h | 147 | 0:49:34 h | 145 | 0:24:42 h | 113 | 1:14:16 h | JUNM | 169 |
| ST 132 | Heilwig Hinrichs / Kai Hinric | | LTV Kiel-Ost | --- | | --- | | 0:47:03 h | 123 | 0:27:13 h | 152 | 1:14:16 h | ST | 388 |
| VT 134 | van der Wurff, Saskia | 90 | Wittenseer Aktivteam | 0:12:22 h | 110 | 0:34:56 h | 131 | 0:47:18 h | 125 | 0:27:00 h | 145 | 1:14:18 h | AK2w | 256 |
| VT 135 | Frommholz, Reiner | 71 | sv holtsee | 0:15:30 h | 170 | 0:33:57 h | 112 | 0:49:27 h | 144 | 0:24:54 h | 115 | 1:14:21 h | MK2m | 93 |
| VT 136 | Metzlaff, Dennis | 76 | mobilcom-debitel GmbH | 0:14:09 h | 155 | 0:32:27 h | 77 | 0:46:36 h | 117 | 0:27:46 h | 158 | 1:14:22 h | MK1m | 90 |
| VT 137 | Staake, Alexander | 85 | EMTV Eckernförde | 0:14:35 h | 161 | 0:34:17 h | 117 | 0:48:52 h | 137 | 0:25:32 h | 124 | 1:14:24 h | AK3m | 270 |
| VT 138 | Conrad, Kurt | 60 | Eckernförde | 0:14:41 h | 162 | 0:33:42 h | 107 | 0:48:23 h | 134 | 0:26:03 h | 130 | 1:14:26 h | MK4m | 33 |
| VT 138 | Huth, Andreas | 66 | Lübeck | 0:11:35 h | 95 | 0:34:02 h | 113 | 0:45:37 h | 103 | 0:28:49 h | 174 | 1:14:26 h | MK3m | 194 |
| VT 140 | Wieben, Svante | 71 | Team Blickpunkt | 0:11:26 h | 87 | 0:36:02 h | 139 | 0:47:28 h | 126 | 0:27:12 h | 150 | 1:14:40 h | MK2m | 53 |
| VT 141 | Appelmans, Vivien | 95 | TriTeam UniBw | 0:13:01 h | 121 | 0:34:38 h | 127 | 0:47:39 h | 127 | 0:27:22 h | 153 | 1:15:01 h | AK1w | 266 |
| VT 142 | Diezmann, Verena | 77 | LTV Kiel-Ost | 0:13:23 h | 132 | 0:37:19 h | 151 | 0:50:42 h | 153 | 0:24:28 h | 105 | 1:15:10 h | MK1w | 132 |
| VT 143 | Braun, Barbara | 74 | SG Wasserratten Norderstedt | 0:12:34 h | 112 | 0:36:22 h | 142 | 0:48:56 h | 138 | 0:26:26 h | 135 | 1:15:22 h | MK1w | 97 |
| VT 144 | Eggers, Markus | 72 | keiner | 0:13:52 h | 145 | 0:35:31 h | 136 | 0:49:23 h | 143 | 0:26:05 h | 132 | 1:15:28 h | MK2m | 239 |
| ST 145 | Frank Köster / Frank Köster | | Lübeck | 0:13:41 h | 140 | 0:34:32 h | 123 | 0:48:13 h | 133 | 0:27:33 h | 155 | 1:15:46 h | ST | 393 |
| VT 146 | Appelmans, Jürgen | 63 | | 0:13:11 h | 126 | 0:36:54 h | 149 | 0:50:05 h | 148 | 0:26:00 h | 129 | 1:16:05 h | MK3m | 267 |
| ST 147 | Lena Springfield / Camille A | | Eckernförder MTV | 0:11:59 h | 103 | 0:38:02 h | 160 | 0:50:01 h | 147 | 0:26:31 h | 136 | 1:16:32 h | ST | 404 |
| VT 148 | Krüger, Katrin | 73 | Tri-Sport Lübeck | 0:11:28 h | 89 | 0:36:44 h | 146 | 0:48:12 h | 132 | 0:28:41 h | 172 | 1:16:53 h | MK1w | 249 |
| ST 149 | Claudia Bieber / Jörn Schar | | Griesheim | 0:16:24 h | 183 | 0:37:39 h | 155 | 0:54:03 h | 165 | 0:23:27 h | 83 | 1:17:30 h | ST | 408 |
| VT 150 | Mackeprang, Kerstin | 62 | LG POWER-Schnecken Kiel | 0:12:52 h | 118 | 0:37:35 h | 154 | 0:50:27 h | 149 | 0:27:06 h | 149 | 1:17:33 h | MK4w | 86 |
| VT 151 | Sinke, Maren | 00 | GYMKRO | 0:15:03 h | 165 | 0:37:48 h | 156 | 0:52:51 h | 161 | 0:25:03 h | 116 | 1:17:54 h | WJA | 174 |
| VT 152 | Fleischer, Mona | 99 | GYMKRO | 0:13:56 h | 148 | 0:36:32 h | 144 | 0:50:28 h | 150 | 0:28:00 h | 162 | 1:18:28 h | JUNW | 160 |
| VT 153 | Borchers, Kurt | 63 | Dannenberg Training | 0:14:05 h | 154 | 0:35:12 h | 134 | 0:49:17 h | 142 | 0:29:13 h | 177 | 1:18:30 h | MK3m | 37 |
| VT 154 | Heyduck, Vito | 00 | GYMKRO | 0:16:02 h | 176 | 0:39:14 h | 167 | 0:55:16 h | 172 | 0:23:22 h | 80 | 1:18:38 h | MJA | 164 |
| VT 155 | von Petersdorff, Rike | 00 | GYMKRO | 0:13:57 h | 151 | 0:36:33 h | 145 | 0:50:30 h | 151 | 0:28:13 h | 165 | 1:18:43 h | WJA | 176 |
| VT 156 | Ansorge, Harald | 76 | Kummerfeld | 0:13:04 h | 123 | 0:37:27 h | 152 | 0:50:31 h | 152 | 0:28:14 h | 166 | 1:18:45 h | MK1m | 80 |
| VT 157 | Hammer, Silke | 68 | Henstedt-Ulzburg | 0:11:34 h | 94 | 0:39:51 h | 171 | 0:51:25 h | 156 | 0:27:57 h | 161 | 1:19:22 h | MK2w | 43 |
| VT 158 | Wölk, Katharina | 86 | | 0:14:03 h | 153 | 0:37:57 h | 157 | 0:52:00 h | 157 | 0:28:01 h | 163 | 1:20:01 h | AK3w | 269 |
| VT 159 | Brinkmann, Sonja | 86 | Hamburg | 0:16:06 h | 179 | 0:37:00 h | 150 | 0:53:06 h | 164 | 0:26:58 h | 144 | 1:20:04 h | AK3w | 197 |
| VT 160 | Polzin, Jan-André | 84 | Kiel | 0:12:45 h | 115 | 0:40:02 h | 174 | 0:52:47 h | 160 | 0:27:29 h | 154 | 1:20:16 h | AK3m | 138 |

| Platz | Name, Vorname | Jg | Verein / BSG / Staffel / Ort | Schwimmen | Pos S | Rad | Pos R | Zwischen- zeit | Pos ZZ | Laufen | Pos L | Gesamtzeit | Alters- klasse | Start- Nr. |
|--------|---------------------------|----|------------------------------|-----------|----------|-----------|----------|-------------------|-----------|-----------|----------|------------|-------------------|---------------|
| VT 161 | Lange, Sebastian | 93 | Eckernförde | 0:16:22 h | 182 | 0:36:31 h | 143 | 0:52:53 h | 162 | 0:27:56 h | 160 | 1:20:49 h | AK1m | 82 |
| VT 162 | Schröder-Groeneveld, Mani | 45 | Wittenseer Aktivteam | 0:13:25 h | 137 | 0:35:47 h | 137 | 0:49:12 h | 141 | 0:31:48 h | 185 | 1:21:00 h | MK7m | 259 |
| VT 163 | Wannagat, Heinz | 71 | | 0:15:51 h | 173 | 0:36:17 h | 141 | 0:52:08 h | 158 | 0:29:08 h | 176 | 1:21:16 h | MK2m | 41 |
| VT 164 | Baur, Solveig | 77 | | 0:14:10 h | 156 | 0:39:55 h | 173 | 0:54:05 h | 166 | 0:27:12 h | 150 | 1:21:17 h | MK1w | 265 |
| VT 165 | Bredtmann, Tim | 99 | GYMKRO | 0:16:02 h | 176 | 0:39:00 h | 163 | 0:55:02 h | 170 | 0:26:43 h | 138 | 1:21:45 h | JUNM | 157 |
| VT 166 | Weber, Simone | 84 | München | 0:13:56 h | 148 | 0:40:37 h | 175 | 0:54:33 h | 168 | 0:27:43 h | 156 | 1:22:16 h | AK3w | 17 |
| VT 167 | Berger, Ralf | 64 | Gettorf | 0:15:53 h | 174 | 0:39:45 h | 170 | 0:55:38 h | 177 | 0:26:52 h | 140 | 1:22:30 h | MK3m | 49 |
| VT 168 | Eschholz, Guido | 66 | St. Pauli Weinklub | 0:16:50 h | 188 | 0:38:01 h | 159 | 0:54:51 h | 169 | 0:27:52 h | 159 | 1:22:43 h | MK3m | 252 |
| VT 169 | Vollbehr, Carsten | 69 | Triathlon Dänischer Wohld | 0:15:06 h | 168 | 0:37:58 h | 158 | 0:53:04 h | 163 | 0:29:54 h | 180 | 1:22:58 h | MK2m | 210 |
| VT 170 | Petter, Ulla | 62 | Triathlon Dänischer Wohld | 0:13:23 h | 132 | 0:39:16 h | 168 | 0:52:39 h | 159 | 0:30:27 h | 182 | 1:23:06 h | MK4w | 128 |
| VT 171 | Bade, Patricia | 73 | Sv Holtsee | 0:17:47 h | 192 | 0:39:09 h | 166 | 0:56:56 h | 181 | 0:26:13 h | 133 | 1:23:09 h | MK1w | 92 |
| VT 172 | Gahn, Alexander | 00 | GYMKRO | 0:15:08 h | 169 | 0:39:07 h | 165 | 0:54:15 h | 167 | 0:29:13 h | 177 | 1:23:28 h | MJA | 162 |
| VT 173 | Hübner, Lisa | 98 | Westensee | 0:13:52 h | 145 | 0:37:30 h | 153 | 0:51:22 h | 155 | 0:32:11 h | 190 | 1:23:33 h | JUNW | 136 |
| VT 174 | Föh, Heino | 63 | Koselfeld | 0:16:25 h | 184 | 0:39:03 h | 164 | 0:55:28 h | 175 | 0:28:37 h | 171 | 1:24:05 h | MK3m | 188 |
| VT 175 | Wucherpennig, Ulfert | 71 | Lutterbek | 0:11:21 h | 85 | 0:39:51 h | 171 | 0:51:12 h | 154 | 0:32:59 h | 194 | 1:24:11 h | MK2m | 22 |
| VT 176 | Lemm, Mara | 93 | EMTV | 0:13:35 h | 138 | 0:41:50 h | 181 | 0:55:25 h | 173 | 0:28:54 h | 175 | 1:24:19 h | AK1w | 215 |
| VT 177 | Schubert, Meik | 63 | Westerrönfeld | 0:17:01 h | 190 | 0:38:09 h | 161 | 0:55:10 h | 171 | 0:29:44 h | 179 | 1:24:54 h | MK3m | 81 |
| VT 178 | Schönhammer, Miriam | 91 | München | 0:15:04 h | 166 | 0:41:23 h | 179 | 0:56:27 h | 180 | 0:29:55 h | 181 | 1:26:22 h | AK2w | 16 |
| VT 179 | Teterin, Andrej | 76 | Los Intocables | 0:15:32 h | 171 | 0:42:34 h | 184 | 0:58:06 h | 185 | 0:28:28 h | 169 | 1:26:34 h | MK1m | 191 |
| VT 180 | Annighöfer, Lukas | 00 | GYMKRO | 0:15:49 h | 172 | 0:42:28 h | 183 | 0:58:17 h | 187 | 0:28:26 h | 167 | 1:26:43 h | MJA | 154 |
| VT 181 | Lucht, Soenke | 64 | TSV05 NMS | 0:18:17 h | 194 | 0:40:43 h | 176 | 0:59:00 h | 188 | 0:28:28 h | 169 | 1:27:28 h | MK3m | 120 |
| VT 182 | von Renteln, Kai | 65 | Hamburg | 0:16:08 h | 180 | 0:39:19 h | 169 | 0:55:27 h | 174 | 0:32:20 h | 191 | 1:27:47 h | MK3m | 28 |
| VT 183 | Köpke, Rainer | 44 | Quickborn | 0:16:52 h | 189 | 0:38:44 h | 162 | 0:55:36 h | 176 | 0:32:51 h | 193 | 1:28:27 h | MK7m | 56 |
| VT 184 | Bahl, Ulrike | 83 | Haby | 0:15:04 h | 166 | 0:41:54 h | 182 | 0:56:58 h | 182 | 0:31:49 h | 186 | 1:28:47 h | AK3w | 79 |
| VT 185 | Werner, Astrid | 66 | Borener SV | 0:15:59 h | 175 | 0:41:19 h | 178 | 0:57:18 h | 183 | 0:31:56 h | 187 | 1:29:14 h | MK3w | 11 |
| VT 186 | Wolter, Frank | 69 | Team Wolter | 0:13:02 h | 122 | 0:43:08 h | 186 | 0:56:10 h | 179 | 0:33:28 h | 196 | 1:29:38 h | MK2m | 122 |
| VT 187 | Frenz, Emma | 00 | GYMKRO | 0:17:34 h | 191 | 0:43:26 h | 188 | 1:01:00 h | 193 | 0:28:47 h | 173 | 1:29:47 h | WJA | 161 |
| VT 188 | Herbst, Kaja | 00 | GYMKRO | 0:18:12 h | 193 | 0:44:44 h | 196 | 1:02:56 h | 196 | 0:26:53 h | 141 | 1:29:49 h | WJA | 163 |
| VT 189 | Lorengel, Ingrid | 62 | Team ERDINGER alkoholfrei | 0:13:56 h | 148 | 0:43:36 h | 189 | 0:57:32 h | 184 | 0:33:00 h | 195 | 1:30:32 h | MK4w | 83 |
| VT 190 | Willmann, Anton | 00 | EckernfördeGammelby | 0:19:06 h | 196 | 0:44:39 h | 195 | 1:03:45 h | 198 | 0:26:55 h | 142 | 1:30:40 h | MJA | 209 |
| VT 190 | Schüler, Tim Lukas | 00 | Eckernförde | 0:19:06 h | 196 | 0:44:38 h | 194 | 1:03:44 h | 197 | 0:26:56 h | 143 | 1:30:40 h | MJA | 217 |
| VT 192 | Förtsch, Nadine | 82 | Eckernförder MTV | 0:16:41 h | 187 | 0:43:06 h | 185 | 0:59:47 h | 191 | 0:31:09 h | 184 | 1:30:56 h | AK4w | 284 |
| VT 193 | Eble, Sabrina | 88 | Hamburg | 0:16:03 h | 178 | 0:43:20 h | 187 | 0:59:23 h | 190 | 0:32:06 h | 188 | 1:31:29 h | AK2w | 229 |
| VT 194 | Flashaar, Sarah | 84 | Hamburg | 0:14:48 h | 163 | 0:41:06 h | 177 | 0:55:54 h | 178 | 0:35:41 h | 198 | 1:31:35 h | AK3w | 224 |
| VT 195 | Kramer, Heiko Wolf | 80 | Norderstedt | 0:13:51 h | 144 | 0:44:25 h | 192 | 0:58:16 h | 186 | 0:33:39 h | 197 | 1:31:55 h | AK4m | 233 |
| VT 196 | Schlünsen, Sophie | 95 | Team Erdinger Alkoholfrei | 0:16:29 h | 185 | 0:44:36 h | 193 | 1:01:05 h | 194 | 0:31:01 h | 183 | 1:32:06 h | AK1w | 139 |
| VT 197 | Claviez, Isabel | 00 | GYMKRO | 0:16:32 h | 186 | 0:43:37 h | 190 | 1:00:09 h | 192 | 0:32:07 h | 189 | 1:32:16 h | WJA | 159 |
| VT 198 | Koch, Inga | 76 | Triathlon Dänischer Wohld | 0:15:02 h | 164 | 0:43:58 h | 191 | 0:59:00 h | 188 | 0:35:57 h | 199 | 1:34:57 h | MK1w | 108 |
| VT 199 | Hinz, Peter | 62 | Team Blickpunkt | 0:21:04 h | 198 | 0:41:44 h | 180 | 1:02:48 h | 195 | 0:32:48 h | 192 | 1:35:36 h | MK4m | 54 |
| VT 200 | Cizinski, Uwe | 56 | CEVENTOURS | 0:19:03 h | 195 | 0:55:57 h | 197 | 1:15:00 h | 200 | 0:36:34 h | 200 | 1:51:34 h | MK5m | 58 |