

| Platz | Name, Vorname | Jg | Verein / BSG / Ort | Schwimmen | Pos S | Rad | Pos R | Zwischen- zeit | Pos ZZ | Laufen | Pos L | Gesamtzeit | Alters- klasse | Start- Nr. |
|-------|---------------------|----|----------------------------|-----------|----------|-----------|----------|-------------------|-----------|-----------|----------|------------|-------------------|---------------|
| 1 | Wehrmann, Heidi | 73 | Schönkirchen | 0:20:23 h | 8 | 0:45:33 h | 2 | 1:05:56 h | 4 | 0:20:23 h | 1 | 1:26:19 h | W40 | 38 |
| 2 | Reichardt, Lena | 89 | MRRC | 0:17:30 h | 3 | 0:46:47 h | 3 | 1:04:17 h | 2 | 0:22:23 h | 2 | 1:26:40 h | Frauen | 65 |
| 3 | Schulte, Mareike | 91 | Schwelmer Sport Club | 0:14:55 h | 1 | 0:47:47 h | 4 | 1:02:42 h | 1 | 0:25:17 h | 8 | 1:27:59 h | Frauen | 71 |
| 4 | Schlatter, Elvira | 66 | Tri Endurance Germany | 0:21:13 h | 14 | 0:44:29 h | 1 | 1:05:42 h | 3 | 0:24:06 h | 5 | 1:29:48 h | W50 | 118 |
| 5 | Paulsen, Inga | 83 | TriVelos Flensburg | 0:17:13 h | 2 | 0:49:08 h | 5 | 1:06:21 h | 5 | 0:26:54 h | 13 | 1:33:15 h | W30 | 43 |
| 6 | Weingardt, Yvonne | 86 | TriVelos Flensburg | 0:17:57 h | 4 | 0:50:37 h | 9 | 1:08:34 h | 6 | 0:26:20 h | 12 | 1:34:54 h | W30 | 114 |
| 7 | Philipp, Rebecca | 90 | Hamburg | 0:20:10 h | 7 | 0:52:54 h | 13 | 1:13:04 h | 12 | 0:23:33 h | 4 | 1:36:37 h | Frauen | 90 |
| 8 | Stabenau, Birgit | 74 | Hamburg | 0:23:03 h | 15 | 0:49:54 h | 7 | 1:12:57 h | 11 | 0:24:13 h | 6 | 1:37:10 h | W40 | 16 |
| 9 | Schmidt-Grabis, Ute | 65 | Uetersen | 0:20:51 h | 12 | 0:49:40 h | 6 | 1:10:31 h | 7 | 0:27:15 h | 15 | 1:37:46 h | W50 | 111 |
| 10 | Helmert, Katharina | 96 | Wissen | 0:19:56 h | 5 | 0:54:01 h | 17 | 1:13:57 h | 14 | 0:24:16 h | 7 | 1:38:13 h | Frauen | 57 |
| 11 | Kascheike, Kirsten | 79 | Mittelangeln | 0:23:51 h | 17 | 0:51:31 h | 10 | 1:15:22 h | 15 | 0:22:52 h | 3 | 1:38:14 h | W30 | 60 |
| 12 | Göttsche, Mirja | 80 | Hamburg | 0:20:48 h | 11 | 0:51:56 h | 11 | 1:12:44 h | 9 | 0:25:58 h | 10 | 1:38:42 h | W30 | 82 |
| 12 | Richter, Tini | 76 | Hamburg | 0:20:33 h | 10 | 0:52:11 h | 12 | 1:12:44 h | 9 | 0:25:58 h | 10 | 1:38:42 h | W40 | 106 |
| 14 | Petrich, Laura | 89 | Hamburg | 0:20:07 h | 6 | 0:53:09 h | 14 | 1:13:16 h | 13 | 0:27:04 h | 14 | 1:40:20 h | Frauen | 63 |
| 15 | Bauer, Anne | 93 | Tri-Sport Lübeck | 0:20:25 h | 9 | 0:50:18 h | 8 | 1:10:43 h | 8 | 0:30:12 h | 18 | 1:40:55 h | Frauen | 10 |
| 16 | Kurzbach, Ulrike | 67 | AMTV Hamburg | 0:23:58 h | 18 | 0:53:20 h | 15 | 1:17:18 h | 17 | 0:27:45 h | 17 | 1:45:03 h | W50 | 110 |
| 17 | Jochim, Katja | 71 | TV Lemgo | 0:23:29 h | 16 | 0:57:10 h | 19 | 1:20:39 h | 19 | 0:25:22 h | 9 | 1:46:01 h | W40 | 58 |
| 18 | Oltmanns, Ina | 62 | Triathlon Team Buxtehude | 0:25:38 h | 20 | 0:53:28 h | 16 | 1:19:06 h | 18 | 0:27:17 h | 16 | 1:46:23 h | W50 | 42 |
| 19 | Conrad, Anke | 67 | BSG Justiz Hamburg/VfL Bör | 0:20:53 h | 13 | 0:55:22 h | 18 | 1:16:15 h | 16 | 0:34:26 h | 19 | 1:50:41 h | W50 | 9 |
| 20 | Winter, Zuzana | 78 | Frankfurt am Main | 0:24:22 h | 19 | 1:02:21 h | 20 | 1:26:43 h | 20 | 0:38:36 h | 20 | 2:05:19 h | W30 | 115 |
| 21 | Herzog, Lea | 88 | Greifswald | 0:30:30 h | 21 | --- | --- | --- | --- | --- | --- | 2:09:25 h | Frauen | 64 |