

| Platz | Name, Vorname | Jg | Verein / BSG / Ort | Gesamtzeit | Alters- klasse | Start- Nr. |
|-------|--------------------|----|----------------------------------------|------------|-------------------|---------------|
| 1 | Käs, Saskia | 93 | Sauerland-Team TSV Solingen | 1:53:57 h | W | 19 |
| 2 | Lange, Bettina | 69 | TSV Bargeheide- Tri | 1:57:43 h | W50 | 21 |
| 3 | Schulz, Kathrin | 84 | TheRope | 2:05:22 h | W30 | 31 |
| 4 | Günther, Paula | 99 | Schleswig-Holstein Netz Triathlon Team | 2:12:27 h | W | 9 |
| 5 | Friesecke, Kathrin | 75 | VAF Triathlon | 2:29:11 h | W40 | 7 |