

| Platz | Mannschaft | Gesamtzeit | Starter | Zeit |
|----------|-------------------------------|------------------|-------------------------------------------------------------------------------|--------------------------------------------------|
| 1 | Eckernförder MTV | 3:58:32 h | Joachim Ahrens Frank Springfeld Andreas Niebergall Karl-Heinz Büsing | 0:58:54 h 0:59:18 h 0:59:32 h 1:00:48 h |
| 2 | Bredenbeker Renntiere | 4:12:08 h | Stefan Rau Werner Nielson Kerstin Rau Elke Pohlmann | 0:53:05 h 1:05:11 h 1:06:56 h 1:06:56 h |
| 3 | BSG Peter Wolters | 4:27:57 h | Michael Westmann Simon Bruhse Daniela Plöhn Stefan Blohm-Sievers | 0:53:53 h 1:08:15 h 1:11:07 h 1:14:42 h |
| 4 | Eckernförder MTV Damen | 4:28:19 h | Mirjana Springfeld Anja Christ Stephanie Jeschkeit Maren Mittig | 1:00:41 h 1:07:54 h 1:09:52 h 1:09:52 h |
| 5 | Kath-Gruppe/TEA | 4:45:42 h | Jens Keen Matthias Gnoyke Indra Benz Jana Porsch | 1:00:56 h 1:06:01 h 1:16:26 h 1:22:19 h |