

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Bruttozeit	Nettozeit	Männer Ges	Männer AK	Frauen Ges	Frauen AK	Start- Nr.
1	Schütt, Jannik	91	LG Nordheide	0:45:20 h	0:45:19 h	1	M-1	°	°	171
2	Subklew, Friedrich	83	BS Eichenbrink	0:45:32 h	0:45:31 h	2	M35-1	°	°	223
3	Deneke, Tilman	78	Physio-Buchholz.de	0:46:08 h	0:46:08 h	3	M40-1	°	°	41
4	Rohlf, Torben	77	Team Pirate	0:46:51 h	0:46:50 h	4	M40-2	°	°	1261
5	Schulze, Axel	65		0:47:04 h	0:47:03 h	5	M50-1	°	°	1266
6	Gerosa, John	70		0:47:20 h	0:47:19 h	6	M45-1	°	°	215
7	Kiehl, Thorsten	84	Airbus SG Hamburg	0:47:45 h	0:47:44 h	7	M30-1	°	°	98
8	Soblik, Hanns	77		0:48:26 h	0:48:22 h	8	M40-3	°	°	1265
9	Jansen, Thies	71	Airbus SG Hamburg	0:48:39 h	0:48:37 h	9	M45-2	°	°	88
10	v. Lossow, Christoph	74		0:49:02 h	0:49:02 h	10	M40-4	°	°	227
11	Jürgensen, Malte	68	Airbus SG Hamburg	0:49:55 h	0:49:53 h	11	M50-2	°	°	92
12	Schneider, Martin	81	Tri-Racer Blau-Weiß Buch	0:50:00 h	0:49:54 h	12	M35-2	°	°	208
13	Wolff, Manuel	80	Cool Runners	0:50:29 h	0:50:28 h	13	M35-3	°	°	236
14	Dees, Heiko	70		0:50:41 h	0:50:39 h	14	M45-3	°	°	38
15	Zaumbrecher, Joshua	00	TSV Apensen	0:50:52 h	0:50:51 h	15	MJ U20-1	°	°	197
16	Pfau, Dirk	70	Cool Runners	0:50:59 h	0:50:58 h	16	M45-4	°	°	237
17	Reichert, Steffen	79		0:51:05 h	0:51:02 h	17	M35-4	°	°	1267
18	Wiese, Marc	96		0:51:14 h	0:51:14 h	18	M U23-1	°	°	188
19	Zaumbrecher, Stefan	67	Buxtehuder SV	0:52:23 h	0:52:21 h	19	M50-3	°	°	198
20	Balduhn, Ann-Kathrin	95	LG Nordheide/HSV Stöckt	0:52:31 h	0:52:30 h	°	°	1	W-1	252
21	Flamm, Martin	68		0:52:38 h	0:52:37 h	20	M50-4	°	°	57
22	Mill, Dennis	81		0:52:53 h	0:52:50 h	21	M35-5	°	°	222
23	Göpel, Christian	62	LG Brunsberg	0:53:11 h	0:53:10 h	22	M55-1	°	°	67
24	Jaspersen, Mats	91	Die Lappen	0:53:15 h	0:53:12 h	23	M-2	°	°	279
25	Mahl, Ralf	62	Buxtehuder SV	0:53:28 h	0:53:23 h	24	M55-2	°	°	132
26	Wirnhier, Lars	72	MTV Pattensen	0:54:08 h	0:54:06 h	25	M45-5	°	°	191
27	Wiese, Tim	92		0:54:21 h	0:54:21 h	26	M-3	°	°	274
28	Fischell, Andreas	68	Siegerteam	0:54:33 h	0:54:31 h	27	M50-5	°	°	56
29	Müller, Björn	00	AEG	0:54:36 h	0:54:13 h	28	MJ U20-2	°	°	141
29	Backhaus, Tizian	01	Flori	0:54:36 h	0:54:14 h	28	MJ U18-1	°	°	65
31	Vorrath, Stefan	77	MTV Treubund Lüneburg	0:54:52 h	0:54:49 h	30	M40-5	°	°	183
32	Ring, Christian	73	Tesa Runner	0:54:55 h	0:54:37 h	31	M45-6	°	°	159
33	Radloff, Maik	79	MTV Pattensen	0:55:01 h	0:54:58 h	32	M35-6	°	°	154
34	Kreft, Charlotte	97		0:55:02 h	0:55:02 h	°	°	2	W U23-1	111

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Bruttozeit	Nettozeit	Männer Ges	Männer AK	Frauen Ges	Frauen AK	Start- Nr.
35	Lüllau, Claus	72	MTV Pattensen	0:55:24 h	0:55:21 h	33	M45-7	°	°	128
36	Gierach, Nils	86	Tus Nenndorf	0:55:31 h	0:55:29 h	34	M30-2	°	°	261
37	Ehlar, Volkert	68	MTV Pattensen	0:55:43 h	0:55:41 h	35	M50-6	°	°	244
38	Popin, Serban	80		0:55:49 h	0:55:23 h	36	M35-7	°	°	1263
39	Froede, Kai	65	VfL Jesteburg	0:55:51 h	0:55:47 h	37	M50-7	°	°	60
40	Dieckmann, Martin	63	Airbus SG Hamburg	0:55:53 h	0:55:49 h	38	M55-3	°	°	42
40	Martens, Frank	63		0:55:53 h	0:55:39 h	38	M55-3	°	°	262
42	Borufka, Martin	74	Tide Runners	0:56:14 h	0:56:11 h	40	M40-6	°	°	264
43	Holland, Michael	66	Eggis Laufftreff Tostedt	0:56:26 h	0:56:22 h	41	M50-8	°	°	83
44	Striepe, Paul	00	Flori	0:56:27 h	0:56:04 h	42	MJ U20-3	°	°	177
45	Seib, Phillip	92	Die Lappen	0:56:28 h	0:56:24 h	43	M-4	°	°	278
46	Suttrop, Björn	77		0:56:30 h	0:56:17 h	44	M40-7	°	°	232
47	Stabel, Gerold	97		0:56:31 h	0:56:17 h	45	M U23-2	°	°	248
48	Ehrich, Sven	70	TV Fischbek	0:56:32 h	0:56:24 h	46	M45-8	°	°	51
49	Wallner, Christoph	66	Brands Fashion 1	0:56:46 h	0:56:27 h	47	M50-9	°	°	185
50	Hirsch, Beatrice	98		0:56:47 h	0:56:46 h	°	°	3	W U23-2	256
51	Wildemann, Christine	83		0:57:13 h	0:57:05 h	°	°	4	W35-1	259
52	Wessel, Hans-Joachim	50	Airbus SG Hamburg	0:57:23 h	0:57:19 h	48	M65-1	°	°	187
53	Behrndt, Henrik	72	Airbus SG Hamburg	0:57:37 h	0:57:34 h	49	M45-9	°	°	20
54	Rudzinski, Carsten	70		0:57:39 h	0:57:25 h	50	M45-10	°	°	1262
55	Janzon, Ron	72		0:58:05 h	0:57:55 h	51	M45-11	°	°	89
56	Behrens, Christpher	80		0:58:07 h	0:57:59 h	52	M35-8	°	°	50
57	Heitmann, Rolf	64	Tri-Racer Blau-Weiß Buch	0:58:31 h	0:58:27 h	53	M50-10	°	°	246
57	Scheller, Oliver	73	Tri-Racer Blau-Weiß Buch	0:58:31 h	0:58:25 h	53	M45-12	°	°	201
59	Schneider, Lennart	96	Ts-Ninja Clan	0:58:34 h	0:58:28 h	55	M U23-3	°	°	169
60	Otten, Burkhard	70	LG Brunsberg	0:58:35 h	0:58:31 h	56	M45-13	°	°	145
61	Krumbeck, Andrea	69	VFL Suderburg	0:58:40 h	0:58:35 h	°	°	5	W45-1	115
62	v. Lossow, Ines	79		0:58:47 h	0:58:45 h	°	°	6	W35-2	226
63	Schoppe, Benedikt	87		0:59:16 h	0:59:06 h	57	M30-3	°	°	230
64	Lindemeier, Michael	85		0:59:19 h	0:58:58 h	58	M30-4	°	°	126
65	Bludau, Guido	63	LG Brunsberg	0:59:22 h	0:59:19 h	59	M55-5	°	°	25
65	Gogolin, Sven	75	Montessori Kinderhaus	0:59:22 h	0:58:58 h	59	M40-8	°	°	66
67	Pankow, Maximilian	02	Flori	0:59:34 h	0:59:12 h	61	MJ U18-2	°	°	146
68	Brockmann, Christina	84	Die Heidesprinter	0:59:36 h	0:59:33 h	°	°	7	W30-1	205

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Bruttozeit	Nettozeit	Männer Ges	Männer AK	Frauen Ges	Frauen AK	Start- Nr.
69	Hauschildt, Christian	73		0:59:37 h	0:59:22 h	62	M45-14	°	°	76
70	Pfau, Jan	97	Offlinevibe.de	0:59:55 h	0:59:42 h	63	M U23-4	°	°	235
71	Bartz, Christian	79	SV Holm-Seppensen	1:00:01 h	1:00:01 h	64	M35-9	°	°	225
72	Debey, Wiebke	93		1:00:03 h	0:59:57 h	°	°	8	W-2	37
73	Meyer, Michael	54	Tri-Racer Blau-Weiß Buch	1:00:10 h	1:00:05 h	65	M60-1	°	°	1268
74	Schmidthals, Matthias	67	SC Klecken	1:00:15 h	1:00:08 h	66	M50-11	°	°	166
75	Schwandt, Kay	73		1:00:19 h	1:00:06 h	67	M45-15	°	°	172
76	Dreves, Jens	73	Sonntagskicker	1:00:52 h	1:00:25 h	68	M45-16	°	°	46
77	Wollert, Jan	80	Airbus SG Hamburg	1:00:55 h	1:00:46 h	69	M35-10	°	°	277
78	Waterkamp, Stefan	73		1:01:22 h	1:01:13 h	70	M45-17	°	°	186
79	Gabriel, Niels	72	Siegerteam	1:01:25 h	1:01:22 h	71	M45-18	°	°	62
80	Falck, Jens	72	MTV Pattensen	1:01:28 h	1:01:24 h	72	M45-19	°	°	53
81	Östreich, Jan	87		1:01:33 h	1:01:25 h	73	M30-5	°	°	144
82	Gerhardt, Dirk	76	Todtglüsinger SV - Fitness	1:01:41 h	1:01:29 h	74	M40-9	°	°	64
83	Dehrmann, Peter	67	VfL Suderburg	1:01:44 h	1:01:39 h	75	M50-12	°	°	39
84	Umnus, Sven	84	MTV Pattensen	1:01:47 h	1:01:42 h	76	M30-6	°	°	181
85	Hecht, Armin	70	Sonntagskicker	1:01:57 h	1:01:31 h	77	M45-20	°	°	77
86	Redlich, Marcel	78		1:02:15 h	1:02:04 h	78	M40-10	°	°	249
87	Hinfner, Oliver	64	TSV Stelle	1:02:17 h	1:02:14 h	79	M50-13	°	°	81
88	Meister, Holger	60	LT Seeth-Ekholt	1:02:19 h	1:02:13 h	80	M55-6	°	°	136
89	Büchel, Vincent	01	Flori	1:02:32 h	1:02:10 h	81	MJ U18-3	°	°	31
90	Meier, Philip	68	MTV Pattensen	1:02:37 h	1:02:32 h	82	M50-14	°	°	254
91	Buck, Christian	79		1:02:39 h	1:02:24 h	83	M35-11	°	°	257
92	Pyhrr, Oliver	70	Spk. Harburg-Buxtehude	1:02:42 h	1:02:34 h	84	M45-21	°	°	152
93	Behn, Rudolf	57	TSV-Hitzacker	1:02:45 h	1:02:33 h	85	M60-2	°	°	204
93	Hvet, Damien	79	Die Lappen	1:02:45 h	1:02:41 h	85	M35-12	°	°	276
95	Köpp, Tobias	69		1:02:46 h	1:02:32 h	87	M45-22	°	°	106
96	Prüsmann, Hendrik	84	TV Welle	1:02:47 h	1:02:30 h	88	M30-7	°	°	255
97	Fleischer, Georg	82	KLA	1:02:51 h	1:02:39 h	89	M35-13	°	°	228
98	Schneider, Malte	98	Ts-Ninja Clan	1:02:54 h	1:02:48 h	90	M U23-5	°	°	170
99	Linde, André	78		1:02:56 h	1:02:50 h	91	M40-11	°	°	125
100	Crone, Thomas	66	Airbus SG Hamburg	1:03:03 h	1:02:53 h	92	M50-15	°	°	275
101	Fröhlich, Florian	82		1:03:04 h	1:02:50 h	93	M35-14	°	°	61
102	Allwardt, Nils	81		1:03:05 h	1:02:46 h	94	M35-15	°	°	7

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Bruttozeit	Nettozeit	Männer Ges	Männer AK	Frauen Ges	Frauen AK	Start- Nr.
103	Fleischer, Ane	82	KLA	1:03:08 h	1:02:56 h	°	°	9	W35-3	229
104	Dose, Frank	75	MTV Pattensen	1:03:17 h	1:03:15 h	95	M40-12	°	°	45
105	Pankratz, Klaus-Günter	52	LT Seeth-Ekholz	1:03:20 h	1:03:13 h	96	M65-2	°	°	147
106	Kuhlmann, Kai	68	Habicht-Runners	1:03:22 h	1:03:21 h	97	M50-16	°	°	118
106	Birkefeld, Tim	80	THW OV Stelle-Winsen	1:03:22 h	1:03:06 h	97	M35-16	°	°	218
108	Heldt, Stefan	73	Siegerteam	1:03:23 h	1:03:20 h	99	M45-23	°	°	78
109	Djudjic, Slobodan	39	LG Außenmühle	1:03:42 h	1:03:33 h	100	M75-1	°	°	43
110	Kruse, Sarah	95		1:03:44 h	1:03:28 h	°	°	10	W-3	117
111	Grimmel, Jürgen	61	Blau-Weiss Buchholz e.V	1:03:47 h	1:03:35 h	101	M55-7	°	°	272
112	Behringer, Mike	67	VfL Jesteburg	1:04:07 h	1:03:59 h	102	M50-17	°	°	18
113	Wolters, Dina	66		1:04:27 h	1:04:19 h	°	°	11	W50-1	1271
114	Felkner, Martin	78		1:04:31 h	1:04:16 h	103	M40-13	°	°	280
115	Gerdau, Holger	63		1:04:33 h	1:04:21 h	104	M55-8	°	°	239
116	Röhse, Jan-Hendrik	64		1:04:51 h	1:04:42 h	105	M50-18	°	°	161
117	Kulikov, Alexej	88		1:05:11 h	1:04:46 h	106	M30-8	°	°	119
118	Straube, Sven	78	Run with the Flow	1:05:12 h	1:04:47 h	107	M40-14	°	°	176
119	Severloh, Karsten	79		1:05:13 h	1:04:58 h	108	M35-17	°	°	211
120	Ohl, Jörg	63		1:05:24 h	1:05:09 h	109	M55-9	°	°	143
121	Balduhn, Karina	62		1:05:26 h	1:05:19 h	°	°	12	W55-1	253
122	Klein, Andre	84		1:05:35 h	1:05:26 h	110	M30-9	°	°	99
123	Hartmann, Matthias	66	PKE	1:05:36 h	1:05:11 h	111	M50-19	°	°	74
124	Cordes, Menso	80		1:05:38 h	1:05:16 h	112	M35-18	°	°	220
124	Herzberg, Amelie	90		1:05:38 h	1:05:17 h	°	°	13	W-4	219
126	Böttger-Wiedebach, Ralf	79		1:05:43 h	1:05:20 h	113	M35-19	°	°	27
127	Priebs, Christoph	79		1:05:44 h	1:05:20 h	114	M35-20	°	°	151
128	Brockmann, Achim	80	Die Heidesprinter	1:05:48 h	1:05:45 h	115	M35-21	°	°	206
128	Groth, Kristina	85		1:05:48 h	1:05:31 h	°	°	14	W30-2	269
130	Blehschmidt, Timo	80	Montessori Kinderhaus	1:06:18 h	1:05:53 h	116	M35-22	°	°	24
131	Wiese, René	83		1:06:24 h	1:06:04 h	117	M35-23	°	°	189
132	Haupt, Alexander	79		1:06:33 h	1:06:12 h	118	M35-24	°	°	75
133	Wittlinger, Hans	68		1:06:49 h	1:06:32 h	119	M50-20	°	°	194
134	de Jelski, Katja	65	Todtglüsiger SV	1:06:55 h	1:06:44 h	°	°	15	W50-2	268
135	Wilke, Christina	77		1:07:00 h	1:06:52 h	°	°	16	W40-1	190
136	Krüger, Nicolas	76	MTV Rottorf	1:07:01 h	1:06:40 h	120	M40-15	°	°	114

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137	Grothkopp, Thorsten	63	LG Brunsberg	1:07:06 h	1:06:53 h	121	M55-10	°	°	71
138	Martens, Silke	65	Team Erdinger Alkoholfrei	1:07:15 h	1:07:05 h	°	°	17	W50-3	134
139	Ungemach, Frank	68	TSV Stelle	1:07:23 h	1:07:20 h	122	M50-21	°	°	182
140	Kranzmair, Heiko	68	Buchholzer FC	1:07:30 h	1:07:15 h	123	M50-22	°	°	110
141	Meyer, Andreas	70	Blau-Weiss Buchholz e.V	1:07:34 h	1:07:18 h	124	M45-24	°	°	137
142	Hellmuth, Daniela	83	BSG Der Fahrradladen	1:07:37 h	1:07:31 h	°	°	18	W35-4	234
143	Matthies, Christian	81		1:07:48 h	1:07:30 h	125	M35-25	°	°	101
144	Grau, Christian	80	Fahrschule Fahrwerk	1:07:49 h	1:07:32 h	126	M35-26	°	°	238
145	Gierach, Jörn	59	Die Heidesprinter	1:07:56 h	1:07:51 h	127	M55-11	°	°	260
146	Mohns, Kai	70	Montessori Kinderhaus	1:08:02 h	1:07:38 h	128	M45-25	°	°	138
146	Jentz, Corinna	76	Montessori Kinderhaus	1:08:02 h	1:07:38 h	°	°	19	W40-2	90
148	Keßler-Mencke, Beate	62	TSV Auetal	1:08:28 h	1:08:13 h	°	°	20	W55-2	263
149	Krohn, Hauke	59	LT Seeth-Ekholt	1:08:34 h	1:08:29 h	129	M55-12	°	°	113
149	Sommer, Anja	66	LT Seeth-Ekholt	1:08:34 h	1:08:28 h	°	°	21	W50-4	173
151	Bauersfeld, Antje	56	Blau-Weiss Buchholz e.V	1:08:38 h	1:08:25 h	°	°	22	W60-1	16
152	Paul, Reiner	55	BSG HypoVereinsbank	1:08:40 h	1:08:27 h	130	M60-3	°	°	149
153	von Thienen, Lars	73	Just Go	1:08:45 h	1:08:26 h	131	M45-26	°	°	210
154	Schneider, Björn	69	Brands Fashion 1	1:08:53 h	1:08:34 h	132	M45-27	°	°	168
155	Dobberkau, Dennis	77	Brands Fashion 1	1:08:54 h	1:08:47 h	133	M40-16	°	°	44
156	Benecke, Dirk	78	Blau-Weiss Buchholz e.V	1:08:55 h	1:08:39 h	134	M40-17	°	°	270
157	Gerhards, Ellen	68	Brands Fashion 1	1:09:10 h	1:08:50 h	°	°	23	W50-5	63
158	Bartl, Doris	67	Tesa Runner	1:09:15 h	1:08:57 h	°	°	24	W50-6	14
159	Kämper, Nils	65	Tri-Racer Blau-Weiß Buch	1:09:17 h	1:09:12 h	135	M50-23	°	°	265
159	Kämper, Birte	66	Tri-Racer Blau-Weiß Buch	1:09:17 h	1:09:10 h	°	°	25	W50-7	266
161	Scheller, Ilona	72	Tri-Racer Blau-Weiß Buch	1:09:22 h	1:09:14 h	°	°	26	W45-2	200
162	Fehling-Gülzow, Kai	69		1:09:44 h	1:09:36 h	136	M45-28	°	°	55
163	Kovacs, Lars	82	Brands Fashion 2	1:09:51 h	1:09:44 h	137	M35-27	°	°	107
164	Andrzejewski, Sven	77	Team Pohl	1:10:05 h	1:09:59 h	138	M40-18	°	°	1269
165	Köhler, Nadine	91	BSG Spk. Harburg-Buxteh	1:10:06 h	1:09:47 h	°	°	27	W-5	102
166	Pohl, Patrick	77	Team Pohl	1:10:10 h	1:10:04 h	139	M40-19	°	°	1270
167	Bartl, Andreas	66	Tesa Runner	1:10:19 h	1:10:01 h	140	M50-24	°	°	13
168	Popin, Marie	83	AEG	1:11:02 h	1:10:37 h	°	°	28	W35-5	150
168	Behrens, Simon	85	AEG	1:11:02 h	1:10:36 h	141	M30-10	°	°	245
170	Bartels, Olaf	77		1:11:12 h	1:10:57 h	142	M40-20	°	°	12

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171	Zorn, Rolf	63	VfL Jesteburg	1:11:21 h	1:11:10 h	143	M55-13	°	°	1272
172	Rödder, Dr. Kilian	73	Gymnasium Winsen	1:11:40 h	1:11:40 h	144	M45-29	°	°	160
173	Scheel, Heike	65	Blau-Weiss Buchholz e.V	1:11:49 h	1:11:35 h	°	°	29	W50-8	165
174	Alvarez, Nora	55		1:11:54 h	1:11:45 h	°	°	30	W60-2	224
174	Allerding, Carmen	68	Stolpertruppe Winsen	1:11:54 h	1:11:47 h	°	°	30	W50-9	5
176	Frischer, Horst	46	VfL Jesteburg	1:12:03 h	1:11:50 h	145	M70-1	°	°	59
177	Röthke, Daniel	92	Die Dienstagsläufer	1:12:06 h	1:11:45 h	146	M-5	°	°	162
178	Sartori, Katja	95	Die Dienstagsläufer	1:12:17 h	1:11:57 h	°	°	32	W-6	163
179	Aulert, Harald	68	Tesa Runner	1:12:23 h	1:12:03 h	147	M50-25	°	°	11
180	Jakobs, Peter	67	SV MFFING	1:12:28 h	1:12:10 h	148	M50-26	°	°	258
181	Koop, Manfred	49	SG Geesthacht	1:12:32 h	1:12:24 h	149	M65-3	°	°	103
182	Struck, Alexander	68	TSV Buxtehude-Alt Kloster	1:12:58 h	1:12:36 h	150	M50-27	°	°	178
183	Hirschböck, Nicole	70	TSV Stelle	1:13:02 h	1:12:58 h	°	°	33	W45-3	82
184	Schmidhals, Nicole	70	SC Klecken	1:13:03 h	1:12:56 h	°	°	34	W45-4	167
185	Brenken, Ben	00	TSV Apensen	1:13:04 h	1:13:02 h	151	MJ U20-4	°	°	29
186	Wüpper, Kristina	77	TSV Elstorf	1:13:11 h	1:12:51 h	°	°	35	W40-3	195
187	Bergmeyer, Heike	65	TSV Buxtehude-Alt Kloster	1:13:22 h	1:13:04 h	°	°	36	W50-10	22
188	Suckow, Maria	68		1:13:35 h	1:13:17 h	°	°	37	W50-11	179
189	Henke, Harald	53		1:13:46 h	1:13:33 h	152	M65-4	°	°	273
190	Reumann, Hans-Joachim	65	LT Seeth-Ekholt	1:13:51 h	1:13:44 h	153	M50-28	°	°	158
191	Falk, Fritz	72	TSV Buchholz 08	1:14:01 h	1:13:34 h	154	M45-30	°	°	1264
192	Kröger, Tim	81		1:14:04 h	1:13:45 h	155	M35-28	°	°	112
193	Boesen, Kathrin	85		1:14:23 h	1:13:56 h	°	°	38	W30-3	26
194	Kruse, Nina	97	Die Dienstagsläufer	1:14:37 h	1:14:16 h	°	°	39	W U23-3	116
195	Frerichs, Hinrioh	57	FG Tangendorf	1:14:40 h	1:14:30 h	156	M60-4	°	°	271
196	Bensemman, Catrin	80		1:14:41 h	1:14:18 h	°	°	40	W35-6	240
197	Bensemman, Marc	79		1:14:42 h	1:14:19 h	157	M35-29	°	°	241
198	Göricke, Katja	70		1:14:45 h	1:14:29 h	°	°	41	W45-5	68
199	Ehrhorn, Lasse	96	Ts-Ninja Clan	1:14:50 h	1:14:44 h	158	M U23-6	°	°	49
200	Hinfner, Bianca	67	TSV Stelle	1:14:54 h	1:14:50 h	°	°	42	W50-12	80
201	Kettner, Thomas	55	LG Brunsberg	1:15:14 h	1:15:06 h	159	M60-5	°	°	97
202	Mahl, Susanne	90	Buxtehuder SV	1:16:05 h	1:16:01 h	°	°	43	W-7	133
203	Martin, Gabriel	71		1:16:11 h	1:15:46 h	160	M45-31	°	°	135
204	Kahnert, Michael	69		1:16:22 h	1:16:09 h	161	M45-32	°	°	94

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Bruttozeit	Nettozeit	Männer Ges	Männer AK	Frauen Ges	Frauen AK	Start- Nr.
205	Buxte, Betti	77		1:16:23 h	1:16:01 h	°	°	44	W40-4	33
206	Montens, Mareike	83		1:16:28 h	1:16:17 h	°	°	45	W35-7	140
207	Oberhokamp, Katja	90	Die Dienstagsläufer	1:16:38 h	1:16:19 h	°	°	46	W-8	142
207	Ahrens, Maxi Katharina	94	Die Dienstagsläufer	1:16:38 h	1:16:18 h	°	°	46	W-8	4
209	Kerschke, Thomas	77	PKE	1:16:43 h	1:16:19 h	162	M40-21	°	°	96
210	Kovacs, Timo	87	Brands Fashion 2	1:16:46 h	1:16:40 h	163	M30-11	°	°	108
211	Lühr, Sebastian	84		1:16:50 h	1:16:30 h	164	M30-12	°	°	127
212	Encina, Francisco	89		1:16:56 h	1:16:46 h	165	M-6	°	°	52
213	Albers, Peter	58		1:17:03 h	1:16:46 h	166	M60-6	°	°	267
214	Vorrath, Wilhelm	42	MTV Treubund Lüneburg	1:17:28 h	1:17:17 h	167	M75-2	°	°	184
215	Stöver, Inca	69		1:17:55 h	1:17:43 h	°	°	48	W45-6	242
216	Kovacs, Tom	59	Brands Fashion 2	1:17:56 h	1:17:49 h	168	M55-14	°	°	109
217	Möller, Michael	71		1:18:01 h	1:17:46 h	169	M45-33	°	°	139
218	Pantel, Nina	79	PKE	1:18:54 h	1:18:29 h	°	°	49	W35-8	148
219	Suwe, Michael	67	VfL Jesteburg	1:19:00 h	1:18:51 h	170	M50-29	°	°	180
220	Böckelmann, Hedi	50	LG Brunsberg	1:19:08 h	1:18:48 h	°	°	50	W65-1	247
221	Leu, Regina	54	Blau-Weiss Buchholz e.V	1:19:12 h	1:18:52 h	°	°	51	W60-3	124
222	Hilbig, Axel	59	SV Munster	1:20:01 h	1:19:52 h	171	M55-15	°	°	251
223	Behringer, Siegfried	46		1:20:11 h	1:20:03 h	172	M70-2	°	°	19
224	Hoffmann, Roland	59	FG Tangendorf	1:20:21 h	1:20:12 h	173	M55-16	°	°	203
225	Dohrn, Frank	58	AMTV Hamburg	1:20:28 h	1:20:07 h	174	M60-7	°	°	213
226	Koch, Johannes	87	PKE	1:20:47 h	1:20:22 h	175	M30-13	°	°	100
227	Zacher-Knabe, Jana	81		1:21:12 h	1:20:58 h	°	°	52	W35-9	196
228	Jordan, Holger-Wilhelm	45	FG Tangendorf	1:21:22 h	1:21:05 h	176	M70-3	°	°	202
229	Hassenstein, Axel	66		1:21:59 h	1:21:48 h	177	M50-30	°	°	250
230	Krüger, Anja	78	TSV Eintracht Hittfeld	1:22:03 h	1:21:45 h	°	°	53	W40-5	209
231	Schäftner, Udo	66	Airbus SG Hamburg	1:22:10 h	1:21:52 h	178	M50-31	°	°	164
232	Gülzow, Andrea	58	Brands Fashion 2	1:22:19 h	1:22:00 h	°	°	54	W60-4	72
233	Duft, Andrea	76	Die Duftis	1:22:46 h	1:22:33 h	°	°	55	W40-6	47
234	Starcke, René	66		1:22:57 h	1:22:33 h	179	M50-32	°	°	175
235	Stroschein, René	76	VARO Runners	1:23:07 h	1:22:46 h	180	M40-22	°	°	233
236	Köpfer, Axel	66		1:24:27 h	1:24:03 h	181	M50-33	°	°	243
237	Lemke, Achim	34		1:25:04 h	1:24:51 h	182	M80-1	°	°	231
238	Ingenhaag, Gottfried	61	VfL Jesteburg	1:25:39 h	1:25:27 h	183	M55-17	°	°	87

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Bruttozeit	Nettozeit	Männer Ges	Männer AK	Frauen Ges	Frauen AK	Start- Nr.
239	Staats, Regina	66	TSVE Immenbeck	1:26:49 h	1:26:29 h	°	°	56	W50-13	199
240	Reese, Christiane-Gesine	72	Für eine Handvoll Krümel	1:27:31 h	1:27:13 h	°	°	57	W45-7	157
241	Geuke, Dörte	73		1:27:34 h	1:27:17 h	°	°	58	W45-8	216
242	Kareth, Nina	74	Montessori Kinderhaus	1:28:15 h	1:27:51 h	°	°	59	W40-7	95
243	Flöter, Nils	74		1:28:32 h	1:28:18 h	184	M40-23	°	°	58
244	Wittlinger, Dana Marie	02	AEG	1:28:44 h	1:28:28 h	°	°	60	WJ U18-1	193
245	Kopp, Bozena	65		1:36:13 h	1:35:51 h	°	°	61	W50-14	105
246	Nowacki, Siegrid	54	TSV Altenmedingen	2:11:49 h	2:11:29 h	°	°	62	W60-5	221